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In the book "Designing Your Life," authors Bill Burnett and Dave Evans explore how design thinking can be applied to create a fulfilling life. The concept of design thinking involves approaching problems as designers do, through experimentation, wayfinding, prototyping, and constant iteration. This approach can help individuals build a career and life that is constantly creative, productive, and full of possibility. According to the authors, designing your life is about intention and making deliberate choices about what you want your life to look like and feel like. It's not just about achieving a specific goal, but also about creating a plan to make that happen. By letting go of realism, probability, and process, individuals can dream big and give themselves permission to dwell in possibility. Debbie Millman, a renowned designer and author, emphasizes the importance of intentionality in designing one's life. She suggests making deliberate choices about what you want to feel, who you want to love, and how you want to live. By doing so, individuals can uncover their true desires and transform them into intentions that shape their actions. The book "Designing Your Life" offers a practical approach to creating a well-lived, joyful life. Through experimentation, wayfinding, prototyping, and iteration, individuals can design a career and life that is fulfilling and meaningful. By embracing design thinking, people can create a life of constant creativity, productivity, and possibility. The authors' approach has been praised by experts in the field, including Daniel Pink and David Kelley. The book has become a #1 New York Times bestseller and has inspired a class at Stanford University based on its principles. The book's lessons have also been applied to various workshops and certifications, making it a valuable resource for anyone looking to design their life. In summary, "Designing Your Life" offers a powerful approach to creating a fulfilling career and life through the application of design thinking principles. By embracing experimentation, wayfinding, prototyping, and iteration, individuals can build a life that is constantly creative, productive, and full of possibility.Design Matters: Empowering Creative Lives Through Inspiring Conversations ========== Debbie Millman, a renowned educator and designer, has been dubbed one of the "most creative people in business" by Fast Company. Her podcast, Design Matters, has become a beacon for creatives worldwide, boasting an impressive 15-year run. Initially launched as a live internet radio program on February 4th, 2005, from two telephone landlines, it has since evolved into a multi-award-winning platform. Hosted by Millman, the show delves into the lives of incredibly creative individuals, including designers, writers, artists, and thought leaders. Each in-depth conversation features a guest's origin story, obstacles faced, choices made, and remarkable achievements. This unique format allows listeners to gain valuable insights into the lives of those who inspire us most.