

## RELAXATION & CARE

# DISCOVER OUR SPA AND TREAT YOURSELF WITH A RELAXING MOMENT.

#### CALIFORNIAN MASSAGE

Gentle, deep and enveloping, this massage eliminates tension and promotes a state of deep relaxation. It's a real moment of letting go.

#### SWEDISH MASSAGE

Specially designed to relieve accumulated muscular tension. This massage is ideal after sport, stress or intense activity.

## SPECIAL JET LAG MASSAGE light back

This treatment will relieve muscular tension in your back, shoulders, neck and arms. Ideal for upper body tension.

## SPECIAL JET LAG MASSAGE light leg

This treatment is ideal for eliminating feelings of heaviness. It facilitates blood return, drains and helps eliminate toxins. Ideal after some sport or a walk.

60 mn ou 2x 30mn : 125 euros 90 mn : 180 euros

8 a.m. to 8 p.m. by reservation at reception, subject to availability cancellations made less than 2 hours before the massage will be billed.