



YOU MAY BE RESTED AND TRUSTED BUT NOT DISCIPLINED...

PROFILE DESCRIPTION

Based on how you evaluated yourself, you may be rested and trusted but you may not be disciplined.

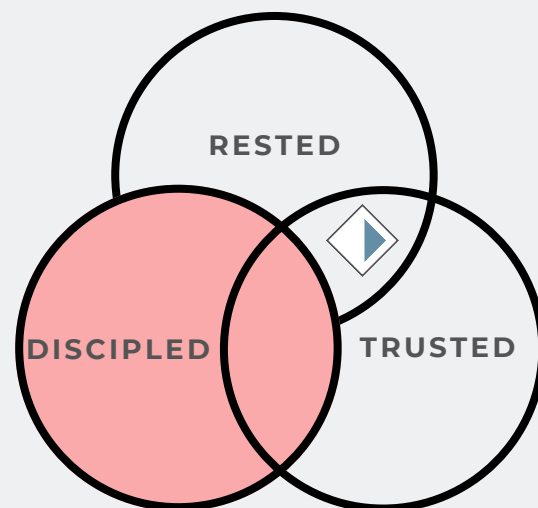
Use the self-examination checklist below and the symptoms listed in the margin to help better understand potentially challenging areas of your life and ministry.

SELF EXAMINATION

Check the following if it is relatable:

- ☐ You may have the talent and the charisma to lead effectively from the stage and the trust and support from your leadership but deep inside you may not really know who you are or if you truly believe the words you sing.
- ☐ You find it challenging to articulate the Gospel and other theological concepts. This can cause confusion in your own life about faith and confusion with those who come to you with questions.
- ☐ There may be some sin in your life that are hidden from others. This can be slowly eating away at you.
- ☐ You feel like your prayer life is non-existent. As a result, you may feel distant from God.

HEALTH CHECK



SYMPTOMS

Symptoms may include (note any that you are experiencing):

> Pride

You experience pride in one of two ways. One way you may be experiencing pride is that you, consciously or unconsciously, believe that you are above correction or questioning because of your talent and experience.

The other way is that you think about your image and reputation more than others. The opinions of others dominate your thought life and hinder you from entering into deep relationships with people. You are more focused on yourself than on the Lord and what He wants to do through you.

> Hidden Sin/Addiction

There may be secret sin in your life that no one knows about. You may be afraid to share it with someone because you fear it may ruin your reputation or you may lose your job. These types of sins are typically ways in which we distract ourselves from painful or uncertain realities.

SELF EXAMINATION - CONTINUED...

- ☐ You may be rested, not overworked, feeling comfortable in your role. But there is potentially a nagging, low-hum anxiety under the hood that steals your peace or true spiritual rest.
- ☐ You may feel that when you lead worship, it isn't genuine. There is a desire to feel connected to what you are doing but leading worship feels like performing.
- ☐ There is a chance that your "off-stage" life is not known to anyone. As a result, there may be a lack of accountability in your life. There may also be a lack of wisdom in your life and your theological depth may be limited to basic concepts.
- ☐ You struggle with comparing yourself to other worship leaders. This can cause you to be cynical towards other churches and even towards worship itself.
- ☐ You may be aware that something needs to change. There may be areas of your life that need to experience growth and restoration. You may be longing for spiritual growth and discipleship but you aren't sure where to find it or who to ask about it.

SYMPTOMS - CONTINUED...

> Guilt & Shame

You feel that everything, when it comes to ministry, depends on you and rests on your shoulders. This burden you carry, whether you've been asked to or not, prevents you from stopping and resting because you forget that God's work is God's work. This is also a form of pride in which you can begin to believe that no one can do it as well as you.

> Imposter Syndrome

You are experiencing ongoing stress-related sickness or poor health with not many explanations.

> Loneliness

You have unreasonable expectations of your volunteers or other church staff members because you expect them to work as hard as you do.

CONCLUSION

If any of these resonate with you, **YOU ARE NOT ALONE!** The goal of naming these dynamics is restoration, not condemnation. The Lord sees you and loves you. He wants you to experience rest and joy in Him and in serving Him!

Our team would love to encourage you on your journey. Learn how to engage with our ministry in the margin!

HELPFUL RESOURCES

[DISCIPLED RESOURCE](#)

We pray that this was helpful to you. The purpose of this diagnostic assessment is to open ourselves up to what God wants to continue to do in us and through us. This requires an honest knowledge of who we are and where we struggle.

But know this! You are loved by the Creator of the Universe. And He has chosen you to serve Him in this incredible way. He is always with you.

WORSHIP LEADER

HEALTH CHECK

HOW LIKEWISE WORSHIP CAN HELP

We love coming alongside leaders in the area of discipleship. Here are a few ways we would love to connect with you:

- **1 on 1 Care, Mentorship, & Discipleship**
If you are a leader who is looking for a discipleship relationship like the one described in the resources, we would love to connect with you. Our staff is available to you and would love to get to know you. We also have incredible partner ministries that are available to you. This is totally FREE! Our heart is to be a resource for you. To connect with our team, fill out [this form](#).
- **Annual Retreat** - You're invited to attend our annual restorative retreat designed for you to get the rest you need. Your spouse is welcome to join you as well. More info [here!](#)
- **Monthly Gatherings** - If Likewise is in your city, we invite you to join us for our FREE monthly gathering. Come connect with other leaders and remember that you aren't alone! Check out our [event calendar!](#)
- **Likewise Academy** - If you're looking for resources to help you grow other leaders, visit our [Academy!](#)
- **Vocal Coaching** - We offer accessible and affordable vocal coaching! Info [here!](#)

LIKEWISE WORSHIP
HEALTHY LEADERS
HUMBLE WORSHIP
ONE CHURCH

