



RESTING IN MINISTRY

You **CAN** experience rest in Jesus **WHILE** serving Jesus.

“Come to me, all who labor and are heavy laden, and I will give you rest.” - Matthew 11:28

Does this promise apply to ministry leaders?
YES.

REFLECTION QUESTIONS

Are you experiencing His rest?

If you aren't experiencing rest in ministry, how do you explain or justify that in light of Matthew 11:28?

Your rest depends on your unchanging identity, not your ministry activity. So, who are you?

I AM ACCEPTED...

- John 1:12... I am God's child. I am accepted...
- John 15:15... As a disciple, I am a friend of Jesus Christ.
- Romans 5:1... I have been justified.
- 1 Corinthians 6:17... I am united with the Lord, and I am one with Him in spirit.
- 1 Corinthians 6:19-20... I have been bought with a price and I belong to God.
- 1 Corinthians 12:27... I am a member of Christ's body.
- Ephesians 1:3-8... I have been chosen by God and adopted as His child.
- Colossians 1:13-14... I have been redeemed and forgiven of all my sins.
- Colossians 2:9-10... I am complete in Christ.
- Hebrews 4:14-16... I have direct access to the throne of grace through Jesus Christ.

I AM SECURE...

- Romans 8:1-2... I am free from condemnation.
- Romans 8:28... I am assured that God works for my good in all circumstances.
- Romans 8:31-39... I am free from any condemnation brought against me and I cannot be separated from the love of God.
- 2 Corinthians 1:21-22.. I have been established, anointed and sealed by God.
- Colossians 3:1-4... I am hidden with Christ in God.
- Philippians 1:6... I am confident that God will complete the good work He started in me.
- Philippians 3:20... I am a citizen of heaven.
- 2 Timothy 1:7... I have not been given a spirit of fear but of power, love and a sound mind.
- 1 John 5:18... I am born of God and the evil one cannot touch me.

I AM SIGNIFICANT...

- John 15:5... I am a branch of Jesus Christ, the true vine, and a channel of His life.
- John 15:16... I have been chosen and appointed to bear fruit.
- 1 Corinthians 3:16... I am God's temple.
- 2 Corinthians 5:17-21... I am a minister of reconciliation for God.
- Ephesians 2:6... I am seated with Jesus Christ in the heavenly realm.
- Ephesians 2:10... I am God's workmanship.
- Ephesians 3:12... I may approach God with freedom and confidence.
- Philippians 4:13... I can do all things through Christ, who strengthens me.

Source: Dr. Neil Anderson, *Freedom in Christ Ministries* <http://www.ficm.org/whoiam.htm>

Ask yourself these questions:

A. Which of these truths are easier for you to believe and accept as true of you?

B. Which are harder?

C. Which are the most meaningful to you?