



YOU MAY BE DISCIPLED AND RESTED BUT NOT TRUSTED...

PROFILE DESCRIPTION

Based on how you evaluated yourself, you may be rested and disciplined but not trusted.

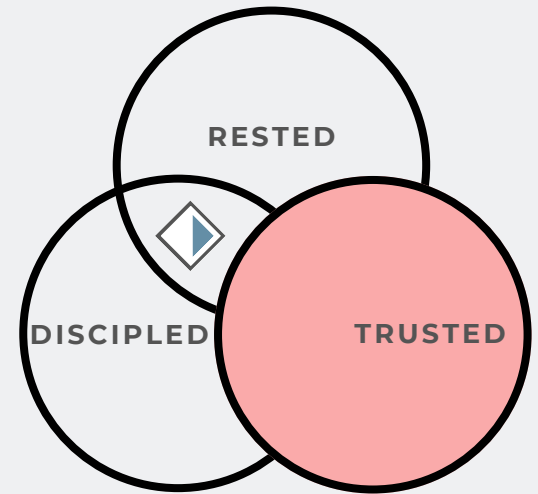
Use the self-examination checklist below and the symptoms listed in the margin to help better understand potentially challenging areas of your life and ministry.

SELF EXAMINATION

Check the following if it is relatable:

- ☐ You may be required to fit a certain "mold" as determined by the church leadership.
- ☐ You feel creatively constrained and that your opportunity to lead the way God is leading you in limited.
- ☐ You feel frustrated and apathetic towards ministry because you may have the spiritual depth, the passion and the heart, but you lack the trust from leadership.
- ☐ You feel like you are a "cog in a wheel" or a means to an end when it comes to what happens on Sunday morning.
- ☐ You feel like you don't have influence over the direction or culture of the church, particularly when it comes to music and services.
- ☐ You may not feel appreciated or valued by church staff or leadership. Even though you believe that you have helpful wisdom or gifts, they are not sought out.

HEALTH CHECK



SYMPTOMS

Symptoms may include (note any that you are experiencing):

> Apathy

You are feeling apathetic towards your ministry role and your volunteers.

> Cynicism

You are growing in cynicism because your ideas may not be heard. Deep down you may believe that you have a better way of doing things but that it doesn't matter.

> Boredom

You are bored. Once you have mastered the "routine" of Sunday morning, you may no longer feel challenged or inspired to grow. You have hit the proverbial "ceiling."

SELF EXAMINATION - CONTINUED...

- ☐ You may feel like the music monkey that continually repeats the same motion over and over again with a smile on your face. But deep down, you aren't sure how much longer you can perform the same routine. This "routine" may be set forth by leadership or tradition. Either way, your input may not be sought out and therefore your opportunity to be creative may be small or nonexistent.
- ☐ You may also have a different philosophy of worship from your leadership that creates tension. You may not have control over the general goals, aims, and methods of your services in addition to these small details that accompany them. These unspoken disagreements cause frustration and resentment over time.
- ☐ You may not have a close relationship with your Senior Pastor.
- ☐ You may feel like you are unable to address some of the concerns you have.
- ☐ You don't feel as though you can lead worship the way God is inspiring you to.
- ☐ You feel like you have hit a ceiling when it comes to growth because there is no more room for you to try new things. You may feel like you have "mastered" the Sunday performance.

WORSHIP LEADER HEALTH CHECK



SYMPTOMS - CONTINUED...

> Anger & Frustration

You feel anger towards your situation and this perceived lack of trust. This anger may be causing you to engage less with staff and it may start to seep into your conversations with volunteers.

> Feeling Stuck

You feel stuck in your situation. From the outside it might look great. You may be paid well, get enough weekends off, and are respected by your volunteers and congregation. But deep down the suppression of your creativity, or the difference in worship philosophy, weighs heavy making it hard to stay in your situation.

> Feeling Underappreciated

You feel like your church leadership doesn't value your gifts and ideas. You may also feel like musical worship itself isn't highly valued in your church and therefore it receives less attention.

CONCLUSION

If any of these resonate with you, **YOU ARE NOT ALONE!** The goal of naming these dynamics is restoration, not condemnation. The Lord sees you and loves you. He wants you to experience rest and joy in Him and in serving Him!

Our team would love to encourage you on your journey. Learn how to engage with our ministry in the margin!

HELPFUL RESOURCES

[TRUSTED RESOURCE](#)

[HARD CONVERSATIONS](#)

We pray that this was helpful to you. The purpose of this diagnostic assessment is to open ourselves up to what God wants to continue to do in us and through us. This requires an honest knowledge of who we are and where we struggle.

But know this! You are loved by the Creator of the Universe. And He has chosen you to serve Him in this incredible way. He is always with you.

WORSHIP LEADER

HEALTH CHECK

HOW LIKEWISE WORSHIP CAN HELP

We love coming alongside leaders who don't feel trusted. Here are a few ways we would love to connect with you:

- **1 on 1 Care, Mentorship, & Discipleship**
If you are not feeling trusted and would like to process hard conversations and your unique situation with someone, we would love to walk alongside you. This is totally FREE! Our heart is to be a resource for you. To connect with our team, fill out [this form](#)!
- **Annual Retreat** - You're invited to attend our annual restorative retreat designed for you to get the rest you need. Your spouse is welcome to join you as well. More info [here](#)!
- **Monthly Gatherings** - If Likewise is in your city, we invite you to join us for our FREE monthly gathering. Come connect with other leaders and remember that you aren't alone! Check out our [event calendar](#)!
- **Academy** - If you're looking for resources to help you grow other leaders, visit our [Academy](#)!
- **Vocal Coaching** - We offer accessible and affordable vocal coaching! Info [here](#)!



LIKEWISE WORSHIP
HEALTHY LEADERS
HUMBLE WORSHIP
ONE CHURCH