



U doodista naafada

Buuga 5 aad ee Xuquuqda
Perth Health and Care Services



Af-Ingiriisi Fudud

Erayada adag



Buugan waxa uu leeyahay erayo adag.

Marka ugu horeysa ee aan qorno eray adag

- eraygu waa **buluug**
- waxaan qornaa macnaha erayga adag.

Waxaad ka heli kartaa buugan caawimo



Waxaad heli kartaa qof kaa caawiya

- akhriska buugan
- ogaatid waxa uu buugani ku saabsan yahey
- hel macluumaad dheeraad ah.





Ku saabsan buuggan

Buugan waxa iska leh Perth Health and Care Services.



Buugani waxa uu ku saabsan yahay u **doodista naafada.**

U doodista naafada micnaheedu waa in aad caawimo ka heshid qof lagu kalsoon yahay si aad



- fariintaada gudbisid



- baahiyahaaga loo buuxiy

- fahamka macluumaadka.

Yaa kuu doodi kara?

Waxaad waydiisan kartaa qof aad ku kalsoon tahay inuu kuu doodo.



Waxaa laga yaabaa inaad weydiisid

- xubin qoys



- saaxiib



- shaqaale taageero



- u doode ka socda **urur u doodo**.



Ururada u dooda waa kooxo dad ah oo khabiir ku ah u doodista dadka naafada ah.



Waxa jira ururo badan oo u dooda naafada oo ku caawin kara.



Macluumaadka lagala soo xidhiidhayo waxay ku yaalaan dhamaadka buugan.

Muxuu samayn karaa u doodahaagu?

U doode ayaa kaa caawin kara inaad ka qayb qaadato



- telefoonnada la waco



- kulamada.

U doode ayaa kaa caawin kara inaad **cabaasho** samayso.



Cabashada waxay la macno tahay inaad tiraahdo kuma faraxsana adeeg ama badeecad.



U doodaha waa inuu

- sameeya waxa adiga kuu fiican



- ka fakara baahiyahaaga marka hore



- ixtiraam xuquuqdaada



- xushmeeyo xuquuqda dadka kale ee ku lugta leh cabashadaada.



Macluumaad dheeraad ah

Wixii macluumaad dheeraad kala xidhiidh
Perth Health and Care Services.



Barta www.perthhealthcare.net.au

Wax badan ka baro NDIS bartooda internetka



Barta ndis.gov.au



Wac 1800 800 110
Isniinta ilaa Jimcaha

limaylka enquiries@ndis.gov.au

Twitter [Twitter@NDIS](https://twitter.com/NDIS)

Facebook [facebook/NDISAus](https://facebook.com/NDISAus)

**Komishanka Hagida Ilaalinta tayada ee
NDIS**



Barta

ndiscommission.gov.au



Wac

1800 035 544

Wicitaan ku bilaasha

1800 800 110

Isniinta ilaa Jimcaha



Sidii loo heli lahaa u doode gudaha WA

Advocacy WA Bunbury

08 9721 6444

Catholic Archdiocese of Perth

08 6104 3600

Citizen Advocacy Perth West Inc Osborne Park

08 9445 9991

Kin Advocacy Centre Osborne Park

08 9388 7455

Midland Information Debt and Legal Advocacy

08 9250 2123

People with Disabilities West Perth

08 9420 7279

Sussex Street Community Law Service Inc

East Victoria Park

08 6253 9500

UnitingCare West Victoria Park

1300 663 298

Welfare Rights & Advocacy Service Perth

08 9328 1751

**Haddi aad dhago la'dahay ama maqalka
iyo hadalku kaa liito**

Adeegso National Relay Service (Adeegga dadka dhagaha'la isla markaana maqalka iyo hadalku ka liito ee heer qaran) oo sii Shaqaalaha lambarka taleefanka aad dooneysid inaad wacdid.

nrschat.nrscall.gov.au/nrs/internetrelay



Wac 1800 555 727

**Haddii aad u baahan tahay in lagaa caawiyo
ku hadalka ama fahamka Af-Ingiriisiga**

Nagala soo xidhiidh Adeegga Turjumaada iyo Af-celinta ama TIS.



Wac 131 450

Waydii TIS inay wacdo lambarka aad dooneysid inaad wacdid

Buugani waa Shuraako ay ku yahiin



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