



## **Disability Advocacy**

**Rights book 5**

**Perth Health and Care Services**



**Easy English**

## Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

## You can get help with this book



You can get someone to help you

- read this book
- know what this book is about
- find more information.



## About this book



This book is from Perth Health and Care Services.



This book is about **disability advocacy**.

Disability advocacy means you get help from a trusted person to



- get your message across

- have your needs met



- understand information.

## Who can be your advocate?

You can ask someone you trust to be your advocate.



You might ask

- a family member



- a friend



- a support worker



- an advocate from an **advocacy organisation**.



Advocacy organisations are groups of people who are experts at advocacy for people with disability.



There are many advocacy organisations that might help you.



Contact information is at the end of this book.

## What can your advocate do?



An advocate can help you take part in

- phone calls



- meetings.

An advocate can help you make a **complaint**.



A complaint means you say you are **not** happy with a service or product.



An advocate should

- do what is right for you



- think about your needs first



- respect your rights



- respect the rights of other people involved in your complaint.



## More information

For more information contact  
Perth Health and Care Services.



Website [www.perthhealthcare.net.au](http://www.perthhealthcare.net.au)

## The NDIS



Website [ndis.gov.au](http://ndis.gov.au)



Call 1800 800 110  
Monday to Friday

Email [enquiries@ndis.gov.au](mailto:enquiries@ndis.gov.au)

Twitter [Twitter@NDIS](https://twitter.com/NDIS)

Facebook [facebook/NDISAus](https://facebook.com/NDISAus)

## The NDIS Quality and Safeguards Commission



Website [ndiscommission.gov.au](https://www.ndiscommission.gov.au)



Call 1800 035 544

Free call 1800 800 110  
Monday to Friday





## Help to find an advocate in WA

Advocacy WA Bunbury

08 9721 6444

Catholic Archdiocese of Perth

08 6104 3600

Citizen Advocacy Perth West Inc Osborne Park

08 9445 9991

Kin Advocacy Centre Osborne Park

08 9388 7455

Midland Information Debt and Legal Advocacy

08 9250 2123

People with Disabilities West Perth

08 9420 7279

Sussex Street Community Law Service Inc

East Victoria Park

08 6253 9500

UnitingCare West Victoria Park

1300 663 298

Welfare Rights & Advocacy Service Perth

08 9328 1751



**If you are deaf or have a hearing or speech impairment**

Use the National Relay Service and give the officer the phone number you want to call.

[nrschat.nrscall.gov.au/nrs/internetrelay](https://nrschat.nrscall.gov.au/nrs/internetrelay)



Call 1800 555 727

**If you need help to speak or understand English**

Contact us through the Translating and Interpreting Service or TIS.



Call 131 450

Ask the TIS to call the number you want to call.

This project is a partnership of



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