**Focus on Mental Illness Referral Form**

**Guidelines and Factsheet**

**Important –** please read before completing the Referral form. The more information that you provide us with, the easier it will be for us to quickly process the referral.

The information you give on this form will be kept PRIVATE and CONFIDENTIAL, in accordance with Focus on Mental Illness’ Confidentiality Policy. For more details on how we use your information and our privacy statements, please refer to our website (www.

We accept self, family and agency referrals. Please do not hesitate to contact us should you need any support completing this form, we are here to help.

Should you need urgent medical help, please:

* **call 999** for an ambulance
* go straight to [A&E](https://www.mind.org.uk/information-support/guides-to-support-and-services/crisis-services/accident-emergency-ae/), if you can
* or call your mental health professional, if you have their number.

**What happens next:**

When we receive your completed Referral form, we will email or text you, normally within a few days, to acknowledge receipt of your form. We will then be in touch to invite you to contact one of our staff to arrange a one to one appointment. We can normally offer an appointment within 2-3 weeks. At this appointment we will discuss and explore your needs with you. You can be assured you will be provided with a confidential and professional service at all times. You may be offered information about local services which may be able to assist you. If appropriate, you will be advised of what Focus on Mental Illness can offer

**Who we can support:**

We can offer support to islanders affected by severe mental illness and their families. Our vision is for every person in Jersey with a severe mental illness to have the opportunity to fulfil their potential and participate in, and contribute to, all aspects of life. Severe mental illness (SMI) is defined by the severity of impact on a person’s ability to manage day to day life, and the length of time one is affected by it. Schizophrenia and Bipolar Disorder (this list is not exhaustive) are commonly classed as severe mental illness.

Currently we offer the following support:

* Information and Signposting
* Evidence-based therapeutic Family Work aimed at equipping families to support their loved ones in their recovery journey and generally improving family cohesion.
* User Participation to ensure that the concerns of those affected by severe mental illness are heard and respected at every level. The work of this group will influence the establishment of our ‘user support groups’ to bring people together to support recovery and improve the impact of symptoms.
* Training for a better public understanding of severe mental illness by seeking to ensure that its key differences from other aspects of mental health and well-being are well educed.

**What we do not do:**

We cannot offer services to people whose primary need isn’t related to a severe mental illness. Please visit the online [Mental Health Network](https://www.gov.je/Health/Mental/Pages/MentalHealthNetwork.aspx) for information, advice and support on all aspects of mental health.

**Focus on Mental Illness Referral form**

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| **Details of person referred:**  Full name Click or tap here to enter text. DOB Click or to enter a date.  Address Click or tap here to enter text.  Email Click or tapn here to enter text. Phone number Click or tap here to enter text.  Is it okay to leave a message? Yes  No  Referral type Choose an item. |

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| **Details of Referrer:**  Referrers Name Click or tap here to enter text. Phone NumberClick or tap here to enter text.  Role Click or tap here to enter text. Organisation Click or tap here to enter text.  Address Click or tap here to enter text.  Email Click or tap here to enter text. |

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| **Mental Illness:**  Do you have a diagnosis? If yes, what is your diagnosis?  Click or tap here to enter text.  If you have a diagnosis, do you agree with it?  Yes  No  Briefly describe your mental illness  Click or tap here to enter text. | **Support Needs:**  What do you think will help you to manage your mental illness and move towards recovery?  Click or tap here to enter text. |

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| **Physical Health and other issues:**  Are there any physical health or other issues you think we should know about?  Click or tap here to enter text. |

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| **Current Support**  Please give details of any support you have (e.g. psychiatrist, Social Worker, CPN, Family member, Peer Support Worker/Trainer, Charity worker) | | | |
| Role | Name | Service | Telephone Number/Email |
| Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. |
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| **What are you interested in accessing at Focus on Mental Illness?**  Choose an item. |

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| **Risk issues**  If there are risk issues for you, we can usually still offer you our support. By telling us about these risks, you help us to ensure our services are safe for yourself and others.  Do you have any history of risk to yourself or others, for example self-harm, attempted suicide, self-neglect, violence to others, theft? Yes  No  If yes, please give details, and whether or not this is a current risk.  Click or tap here to enter text.  Please enclose a risk assessment, if you have one. |

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| **How did you hear about us?**  Click or tap here to enter text. |

Signature of person being referred: Date: Click or tap to enter a date.

Signature of referrer: Date: Click or tap to enter a date.

*(By signing this form you are confirming that the person being referred is aware of this referral and that we will share information contained in this form with them)*

**Thank you for completing this form.**

*Please return the completed form to:*

Email: [info@focusmi.org](mailto:info@focusmi.org)

Post: The office, Fairview Farm, La Rue des Pigneaux, St. Saviour, JE2 7UP

*Any information provided by service users by whatever means will be processed in compliance with the Data Protection (Jersey) Law 2018 for the purposes of giving support and assistance. Such information may be shared with members of the Focus on Mental Illness team and used anonymously for the purpose of collating data to evidence outcomes. We only keep your information as long as is reasonable and necessary for the relevant activity, which may be to fulfil statutory obligations.*