

Wellness Forum Health Product Price List

Cookbooks

Great Salad Dressings	\$5.00
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Food Bars

Chocolate Crunch	\$3.00
Chocolate Peanut Crunch	\$3.50

Dry Mixes

Desserts

Lean and Healthy Oatmeal Bars	\$7.50
Chocolate Decadence Bars	\$7.50
Whole Grain Applesauce Cake	\$6.50
Mmmmm Chocolate Cake	\$7.00
Chocolate Cream Pudding	\$5.00

Breads

Whole Grain Corn Bread	\$5.49
Millet Sunflower Seed Bread	\$6.75
QuickMix	\$6.95
QuickMix Gluten Free	\$8.95

Soups

Brown Rice Vegetable Soup	\$7.75
Certainly Not Chicken Broth	\$6.75
Tomato Soup, Large	\$8.95
Tomato Soup, Individual	\$1.99
DELicious Instant Potato Soup, Large	\$7.49
DELicious Instant Potato Soup, Individual	\$1.99

Cereals

Multigrain Cereal	\$6.95
Granola	\$6.95

Meat Substitutes

Millet Loaf	\$7.99
Taco Taco Tempeh Taco Mix	\$9.95

Other

Curried Lentils and Rice	\$7.95
Delightfully Not Cheese Sauce	\$5.75
Biryani	\$7.95

Smoothie Ingredients

Superfoods Smoothie Mix	\$25.00
Wellness Forum Green Tea	\$34.00
Golden Flax Seeds	\$4.75
Brewer's Yeast	\$5.00

Personal Care Products

Shampoo	\$8.99
Conditioner	\$8.99
Bath Gel	\$9.99
Lotion	\$11.99

See <https://wellnessforumhealth.com/shop/> for ingredients, additional recipes, and photos.