



PROGRAMMES & WORKSHOPS

Transforming lives by:

- Challenging problematic behaviour
- Building positive attitudes to learning and career progression
- Empowering young people to create solutions to local problems
- Developing positive relationships with peers and people in authority

We support young people to make better decisions by encouraging:

- Confidence and motivation
- Resilience and emotional intelligence
- Self-esteem and empathy
- Cultural Identity and self-awareness



THE ISSUES WE TACKLE

On completion of our programmes young people will:

- Develop improved methods of responding to challenging situations
- Understand social and legal repercussions of anti-social and violent behaviour
- Explore how the environment disproportionately affects people of colour locally and globally
- Progress young people into industries in which they poorly represented
- Develop early financial literacy and promoting entrepreneurialism

Other facets of young peoples lives we support are:



For over 20 years, Voyage has delivered programmes and workshops that have transformed countless lives. Our bespoke programmes and activities are delivered in a community college setting by people who exude experience, cultural relevance, and a solid history of proven engagement methods.

Our lived experience facilitators are trained in cognitive behavioural therapy methods and have the requisite skills and qualifications to work with groups with a range of aspirations, behavioural challenges, adverse childhood experiences and neurone diverse individuals.

Who we work with

GREEN:

Academically able individuals who exhibit varying levels of disengagement from school, community, or their families and as such are at risk of under-performing.

YELLOW:

High potential individuals with greater difficulties at school and problematic relationships. They may be on the peripheries of exclusion, associate with risky peers and are at risk of becoming NEET.

RED:

Young people who are lacking motivation and exhibiting challenging behaviours. They are significantly disengaged from school and community and are creating considerable disruption and risk. They may have destructive relationships and are likely to leave school early, develop mental health issues and engage in criminal behaviour.

SKILLED AND EXPERIENCED STAFF

Our Pearson's accredited courses focus on engaging young people with:

Bite-sized sessions raising awareness of legal issues, triggers for poor mental health and the impact on young people and their families. Core components include:

- Know Your Rights
- Stop and Search
- Joint enterprise
- School exclusion

Workshops cover the three core themes of PSHE Education: Health and Wellbeing, Relationships and Living in the Wider World. They also raise awareness of community support services and how to access them.

Workshops are delivered in assemblies or classroom sessions for 30–90 minutes. They are appropriate for young people aged 13–15. Young people can explore topical issues like:

Community safety, Mental Health, and Managing Transitions into Higher Education or how to access Positive Peer Groups to Transform Thinking

1. Young Leaders for Safer Cities – BTEC Level 2 Award
Giving young people the opportunity and skills to navigate social and educational exclusion, negative peers and become agents for change, relationships.

2. Young Leaders for Sustainable Cities – BTEC Level 2 Award
Giving young people the opportunity and skills to access and become leaders in a fast-growing industry that lacks diversity.

Our YLFSC courses are developed by Voyage providing the valuable insights of its lived experienced team supported by extensive community, education, and employment partners.

Our courses support young people to:

- Improve their ability to articulate challenges and create solutions
- Learn about leadership, citizenship, and social responsibility
- Improve their critical thinking skills, enabling them to make better decisions about their lives and the future
- Improve their understanding of the motivations and actions of those in authority, such as the police, teachers, and employers.

Our programmes can be delivered in a variety of settings including schools', community centres, homes and other facilities that young people feel safe in. Voyage traditional supports young people in groups with, ideally, a ratio of one tutor to 8–10 young people depending on risk levels.

For our course they must complete over 100 guided learning hours. It is best suited for young people aged 13–15 typically those in year 9.

Voyage Community Leadership Hubs

In response to increasing demand for our services, we have established a number of Leadership Hubs in Hackney and we aim to grow this in other London boroughs.

Hubs are designed to support young people on an ongoing basis, they happen weekly and offer the chance for people aged 11–15 to participate in leadership actives, sport and debates. Our hubs act as an incubator for our leadership qualifications.



HORIZONS PLUS – AT RISK YOUNG PEOPLE

Horizons Plus workshops transform offending and challenging behaviours and helps young people develop their own solutions and personalised development plans.

The course and individualised workshops help those at great risk of leaving school early and participating in offending behaviour. Through interactive workshops, classroom learning and focused skill building, Voyage encourages gang exit, positive peer relations and pathways to careers.

Participants create personalised development plans, set weekly goals, targets and ambitions supported by access to mentoring to achieve them.

Horizons Plus aims to challenge negative mind sets and promote:

- Self-awareness and managing personal feelings
- Gang exit and positive peer relations
- Emotional intelligence and the impact of actions on others
- Decision-making over education, training and employment
- Relationships with, and empathy for, authority figures

Horizons Plus is for people aged 14–21 with the most challenging behaviour, who have been excluded, on various criminal behaviour orders and can be included as part of community sentence court order.

Horizons Plus is a 30-hour programme for up to 12–15 young people. The programme can be offered in schools, community centres or within youth Justice teams or within young offender institutes.

Issues covered:
Community safety, skill building, mental health, transitions, and positive peer relations



Our newest workshop series focuses on helping young people to progress in mainstream learning. We tackle the issues that prevent them from forming positive relationships and integrating in schools.

It aims to help young people to:

- Navigate challenging environments
- Make better decisions affecting their next steps
- Avoid participating in negative peer groups
- Understand the legal implications of risky activities

It is for young people aged 13–16 who are at risk of leaving school early. With seven sessions over 15 hours, it can be delivered in any setting.

Issues covered: navigating community safety, understanding mental health, and assisting transitions into higher education or the world of work.

Progression and transition planning

As the young people complete their structured courses and workshops, they are invited to Voyages impactful community programmes assisting progression into higher education and the world of work. These are some of the elements:

Professional and Peer Mentoring

Voyage offers professional mentoring supported by City of London corporations and high net worth individuals. Young people undertake mentoring awareness training before being paired and supported by professionals. All mentors are focused on setting career progression goals and all complete safeguarding, risk awareness and DBS checks.

Work experience programmes

As young people generate a passion for progression, they are invited to access valuable and unique work experience opportunities from corporate companies based in the city of London. These opportunities are available between June to August each year and the young people undergo specific employability awareness training before joining corporate companies for up to 4–6 weeks. All young people are paid the London Living Wage and secure important referees and acknowledgements.

Youth Advisory Board (YAB)

Voyage values its young leaders and as they rise into Sixth Form and higher education, they are invited to join the Youth Advisory Board. The YAB acts as a vibrant network consulting and researching Voyage expansion strategies, policy development and supporting corporate companies meet their diversity targets. YAB members represent the highest pinnacle of youth involvement at Voyage and many progress towards red brick and international universities before returning as Trustees.

SAFER IN THE CITY

WHAT ARE THE KEY BENEFITS AND IMPACT OF OUR PROGRAMMES?

- Raised confidence and public speaking capabilities
- Increased social responsibility and willingness to help peers and communities
- Better attitudes to learning and to people in authority
- Improved decision making and ability to avoid risky situations
- Ability to develop healthier relationships with peers and professionals
- Stronger and more compelling CVs and referees to aid progression

“The young people of Voyage should be proud of their achievements; I know they all have the capacity to make great change in their lives – and their communities.”

Cllr Antoinette Bramble,
Children and Young People Board (Chair), Hackney Council



Speak to us for more information and enrollment
Call 020 7613 8343 or email admin@voyageyouth.com

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