

COURTSIDE

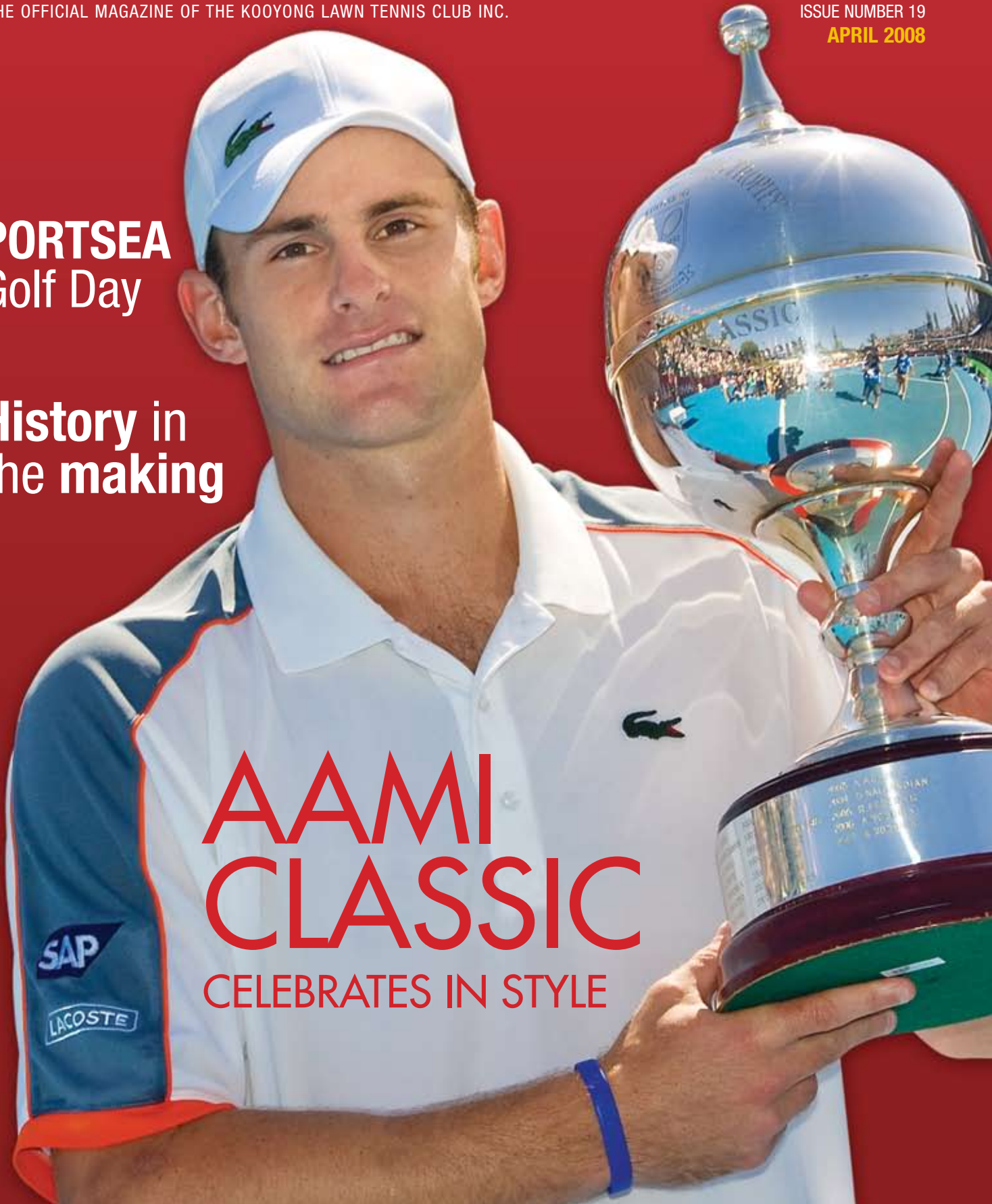
THE OFFICIAL MAGAZINE OF THE KOORYONG LAWN TENNIS CLUB INC.

ISSUE NUMBER 19
APRIL 2008

PORTSEA
Golf Day

**History in
the making**

**AAMI
CLASSIC**
CELEBRATES IN STYLE



2008 Champions' Dinner

Join us for a night of celebration as we look back on the sporting achievements of our members over the past twelve months.



Friday 23rd May at 7pm

The Kooyong Room

**Section Presentations for
Tennis, Squash, Billiards
& Snooker and Bridge**

Contact reception for more information

KOORYONG

BEYOND 2010

A green graphic element consisting of two curved lines, one above the other, forming a partial circle or swoosh.

Dear Member,

On behalf of the Kooyong Lawn Tennis Club Council, I would like to thank you for your interest and input into **Kooyong – Beyond 2010**, the proposed \$12 million development of our Club's services and facilities.

With the outcome of the ballot now decided, it is with great pleasure that we announce the project has received overwhelming support, with 86% of votes received in favour of the development.

The purpose of **Kooyong – Beyond 2010** is simple - to better meet the needs of our Members through the delivery of quality facilities and services.

The Council will now proceed with this exciting new project with the knowledge that our membership strongly endorses the redevelopment.

The process between now and the planned project commencement in February 2009 includes further refinement of the building plans with ongoing discussions between the Building Development Committee, interested club Members, project consultants and the full Kooyong Council.

Your committee understands the importance of keeping you informed leading up to and during the construction phase and aims to achieve this with a combination of Web and Courtside articles, emails, notices, and Member information sessions.

This significant investment in the future of the Club will ensure the Kooyong Lawn Tennis Club remains a leading provider of sporting and recreational opportunities for decades to come. Most importantly, it will enhance the attractiveness and value, current and prospective Members attach to a Kooyong membership.

Kind regards

A handwritten signature in black ink, appearing to read 'Ian Hill'.

Ian Hill - **President**

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A MESSAGE FROM THE CEO

Kooyong has been extremely busy since our last Courtside.

The Member vote for the clubhouse development program was a strong endorsement of the project and early in the New Year we received planning approval. Work is well under way on the detailed design in preparation for commencement of work at the beginning of 2009.

The AAMI Classic was possibly the most successful on record with a full house again enjoying a great final day. It is a wonderful sight to see a capacity crowd enjoying Kooyong's continuing attachment to international tennis.

The Club continues to produce its own champions and the Club Championships produced excellent tennis across the two weeks of competition. We salute Jay Salter on his seventh men's championship and congratulate Sally Peers on continuing a family tradition, by winning her first women's championship.

The installation and commissioning of our water storage and reticulation is providing valuable water resources for our courts and insures they are maintained in optimum condition.

The year has clearly started well and we look forward to reporting to you in the coming months on exciting times ahead at Kooyong.



Chris Brown
CEO - Kooyong Lawn Tennis Club

PRESIDENT'S REPORT



AAMI Classic

Kooyong Lawn Tennis Club's connection with International tennis was once again on show to the world during the 2008 AAMI Classic in January.

Despite player illness and injury we were able to secure several high profile replacement players at short notice with one, Marcus Baghdatis, progressing to the Saturday final where he was eventually defeated by three time champion Andy Roddick in an entertaining match.

Despite some extremely hot days the event was a huge success with record crowds and the strongest corporate support in the event's history.

Contract Extension

It is no coincidence that since AAMI's appointment as the major sponsor the event has grown in stature and now exists as the premier lead up event to the Australian Open.

I am pleased to be able to advise members that tournament partners, Colin Stubs Enterprises and Kooyong Lawn Tennis Club, are well advanced in negotiations for a contract extension with AAMI.

We hope to be able to make an announcement in the near future and we look forward to another wonderful event in 2009.

Water Management

There was much excitement at Kooyong on Monday the 18/02/2008 when water from the newly commissioned water tank came online coinciding with the start of the 2008 Monday Night Tennis Competition.

The water flowed hard and fast: a shandy of creek water, run off water and bore water.

The introduction of the water tank will result in a significant reduction in the Club's use of potable water, a key goal of the Council.

Laser Levelling

After a postponement, due largely to concerns regarding tightening water restrictions, the laser levelling program will recommence at the end of the grass court season with courts 10 – 14 targeted for returfing with Legend Couch.

Club Championships

The Club Championships were successfully completed over two weekends with Jay Salter winning his 7th Men's Singles Championship, a remarkable achievement.

Also congratulations to Sally Peers who has now joined her mother, Liz, on the Women's Singles Championship honour board.

In fact congratulations to every member who chose to compete in this year's Club Championships from social grade through to Open. With over 360 entries it was another fantastic Club event.

Kooyong Beyond 2010

The Kooyong 2010 Building Development Committee has completed several major project phases in the lead up to the planned February 2009 project commencement.

The committee, in conjunction with architect Bruce Henderson, continue to refine aspects of the plan, as presented to Members late last year, taking into account Member and committee feedback.

The Kooyong Foundation

The Club is indeed fortunate to have an experienced Kooyong Foundation Board actively working to help the development of junior tennis in Australia through various talent identification camps and player pathway events including the Wayne Arthurs Cup and Alicia Molik Cup.

The Kooyong 2010 development plan also includes substantial space for displaying more memorabilia, like the current John Bromwich and Nancye Bolton displays, in a living museum format.

Portsea Golf Club

Our relationship with Portsea Golf Club will develop further with the appointment of committee member Peter Carew as the project leader.

The initial Member offer has been embraced by a number of our Members and only stands to expand as more Members learn about the Member benefits. Members interested in learning more should contact our CEO, Chris Brown.

Retiring Councillor

Richard Smith announced his retirement from the Kooyong Lawn Tennis Club committee at the February meeting after ten years of service to the Club.

Richard's sharp mind and persuasive orations will be sorely missed.

We also welcome Richard Kennett onto the Council. Richard's extensive business background will be of great value to the Club.

Club Management

Our management team continues to do a sterling job balancing the needs of a diverse membership demographic.

It is pleasing to see so many families making use of the Club and introducing their children, our future Members, to the Club.

It is also pleasing to hear from our senior Members how thrilled they are to be part of a vibrant Club.

The social aspect of Club membership has continued to prosper with the Crèche, Bridge, Young Members, Social Committee and the RCH Auxiliary and others holding successful club dinners and events during 2007 and the early part of 2008.

All in all 2008 has started the way 2007 ended with the club in full swing and moving forward with great confidence and purpose. On behalf of the Council we trust all Members make use of all the benefits membership of Kooyong entails.



Ian Hill
President - Kooyong Lawn Tennis Club

THEBIPOLAREXPEDITION

Kooyong member Tim Silk may need his tennis racquets strapped to his feet as he treks to both the North and the South Pole for charity.

Tim, a neuroscience researcher, has started up a non-for-profit initiative aimed at raising awareness and money for research into Bipolar Disorder.

THEBIPOLAREXPEDITION will trek the last degree of latitude to the South Pole in November 2008 and last degree to the North Pole in April 2009.

Tim said, 'The trek will be the experience of a lifetime for participants as more humans have been into space than have trekked to the North Pole and more people have scaled the summit of Mount

Everest than have reached the South Pole from the Antarctic coast'.

A documentary will be filmed to capture the highs and lows of the journey.

The experience is open to people whose lives have in some way been affected by Bipolar Disorder including people diagnosed with Bipolar Disorder, family members and people from the medical community.

The participants will have the chance to join a privileged few who have had the world literally spinning below their feet. Tim said, 'It will demonstrate that people with Bipolar Disorder can still achieve extraordinary things and lead full and successful lives'.

For those not inclined to trekking, **THEBIPOLAREXPEDITION** is also running a spectacular 13 night cruise to cross the Antarctic Circle to see the splendour that the remote continent has to offer.

10% of each voyage fare will be donated to the Bipolar Expedition fund. All money raised will be distributed as grants for research that contributes to a better understanding of the brain mechanisms underlying Bipolar Disorder.

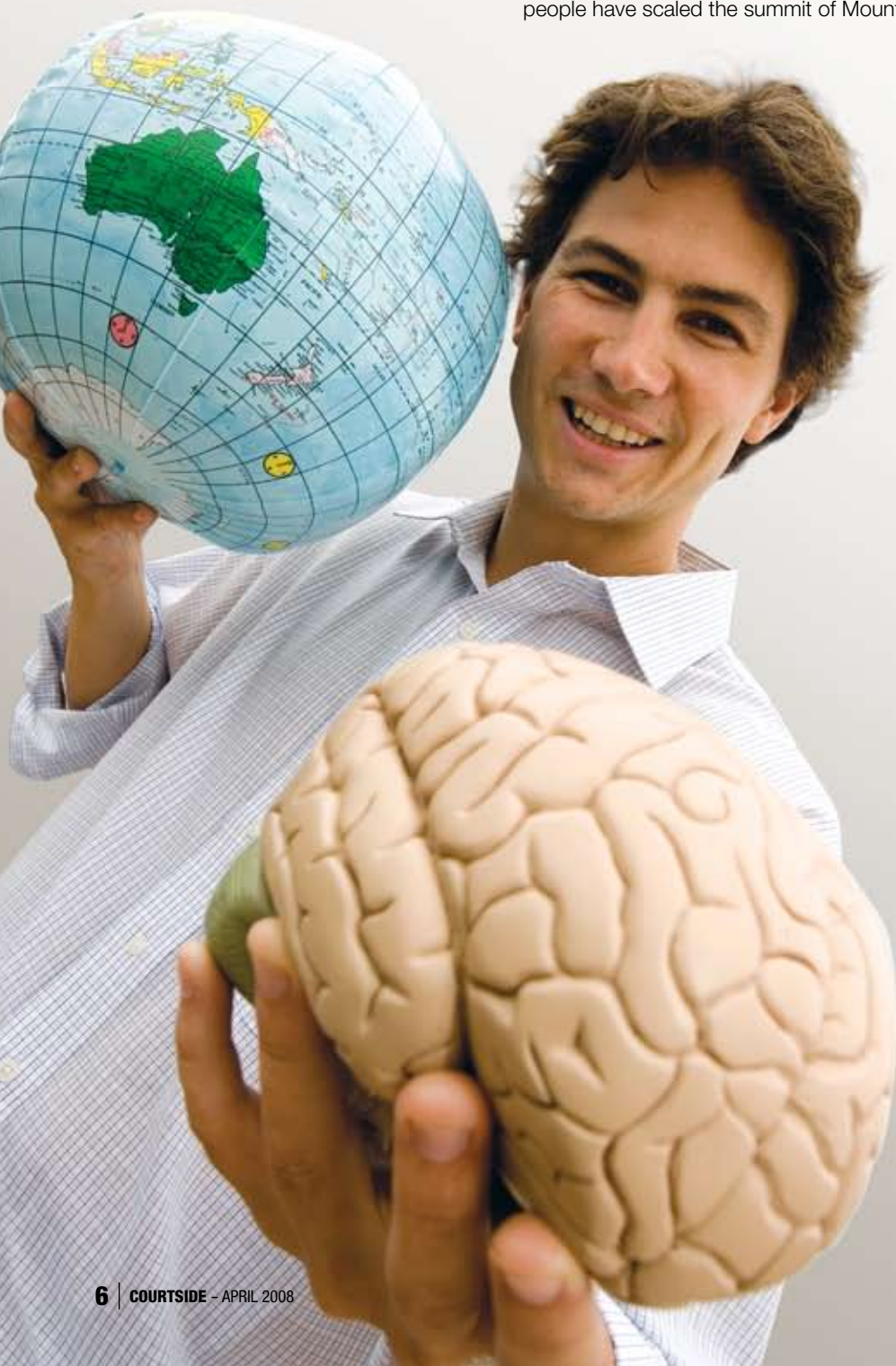
This is a unique opportunity to make a positive difference to those affected by Bipolar Disorder while discovering Antarctica through Peregrine's world-leading program of exploration.

Bipolar Disorder affects more than 1 in 200 people, however a staggering 70% of patients are misdiagnosed and a third of people go for ten years or more before being correctly diagnosed.

The Australian Rotary Health Research Fund and the Black Dog Institute have partnered with **THEBIPOLAREXPEDITION** to join them in their vision.

THEBIPOLAREXPEDITION are now seeking sponsors and participants keen to make a difference. Please visit www.bipolarexpedition.org for more information.

The adventure is sure to be just as extreme as the condition itself!



GROUND UPDATE

The work program for court maintenance this year will be significantly assisted by the establishment of our water storage tank and reticulation systems.

This will greatly assist our upkeep of courts at a time when indications have been given by the government that water restrictions will continue for some time into the future.

The storage tank has a capacity of 370,000 litres and can be filled by water drawn from several sources including the creek, the bore and reclaimed stormwater.

It will enable our grounds staff to commit to a full program of maintenance on the grass courts again this year, which will include programs of baseline replacement and continuation of the successful program of re-turfing into the winter months.

This year the re-turfing program will see the Club laser level courts 10 to 14 and lay Legend Couch. This will re-establish though the spring and should be well prepared for the heavy riggers of demand through the Summer season.

Prior to the closure of the grass courts maintenance programs have been scheduled for the en tout cas courts and our staff will work with our contractors to prepare and maintain these courts ahead of the busier winter periods when activity transfers from the grass.



Water Management update

Members are no doubt pleased to see the substantial 370,000 litre tank at the rear of the property which draws from several sources including the creek, bore and storm water.

It was a very pleasing day when we were able to complete commissioning of the tank and reticulation equipment.

The system feeds our court reticulation and the results have been very pleasing with water pressure better than the original lines serviced by potable water.

Old services have also been maintained, which allows us to alternate between both sources.

It is however intended that the majority of water use in future will be drawn from the storage tank. This will achieve water efficiency and reduction in dependence on potable water.

This is a sound strategy for the Club in light of the State Government's announcement of continuation of water restrictions well into the future.

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AAMI CLASSIC CELEBRATES IN



STYLE



Andy Roddick made it a hat trick of AAMI Classic titles when he defeated Marcos Baghdatis in front of another sell out crowd at Kooyong.

In a high quality contest Roddick eventually overcame the determined Cypriot, who was appearing in the AAMI Classic for the first time, 7/5 6/3.

And in the play off for third and fourth it was Marat Safin finishing off his preparation for the Australian Open in style with a comfortable win over Fernando Gonzalez 6/3 6/3.

The AAMI Classic celebrated its 20th year in style despite the late withdrawals of Roger Federer, Tommy Haas and David Nalbandian to illness and injury.

They were replaced in the field with Nikolay Davydenko, Marcos Baghdatis and young Australian Bryden Klein to add to the line up of Roddick, Marat Safin, Andy Murray, Ivan Ljubicic and Fernando Gonzalez.

The event began with beautiful weather and a huge first day crowd in to see all eight players in action and it kicked off with Marcos Baghdatis taking on Nikolay Davydenko.

It was a great match to get the AAMI Classic started as both players got the feel for the freshly laid Plexichushion surface.

With the first two sets being split, it was Baghdatis who eventually took over in the third set to win the match 6/4 4/6 6/1 and book a place in the semi final.

Wednesday's second match saw the two time defending champion Andy Roddick take on Ivan Ljubicic and it was all one way traffic as Roddick continued his winning form here at Kooyong with a 6/3 6/0 win.

In the third match for the day Marat Safin took on young gun Andy Murray and it was the big Russian who came out firing.

Safin was too good for the youngster as he went on to win 6/1 6/4 and was looking forward to his semi final encounter with Andy Roddick.

In the last match of the first day we saw up and coming Australian Bryden Klein take on 2007 Australian Open runner up Fernando Gonzalez and it was a surprisingly tight match as the 2007 Australian Open Junior Champion took it up to his more fancied opponent despite losing 7/6 6/4 and ending a fantastic day of tennis.

On day 2 the heat took its toll with Nikolay Davydenko pulling out of his match against Bryden Klein but all of the other matches went on as scheduled.

Andy Murray turned around his defeat at the hands of Marat Safin on day one to defeat Ivan Ljubicic in a tough encounter.

After losing the first set in a tie breaker Murray was able to take hold of the match in the second and third sets to get his first win on the board 6/7 6/4 6/2.

In the first semi final Andy Roddick booked his spot in his fourth consecutive final with a convincing 6/3 6/3 victory over Marat Safin.

Similar conditions prevailed on day three as the heat continued to make it difficult for the players.

The second semi final was up first and the 2006 and 2007 Australian Open runners-up battled it out for a shot at the title against Andy Roddick.

Marcos Baghdatis got off to a flying start against Fernando Gonzalez and dominated the set to win 6/2.

Gonzalez worked himself into the match in the second set but Baghdatis showed his class towards the end of the set to eventually win the match 6/2 7/5 and move into his first AAMI Classic final.

In the second match on day three, young Aussie Bryden Klein faced off with Andy Murray and despite losing the first set 6/2 Klein played himself into the contest in the second set but Murray never really looked like he had lost control of the match.

The second set went to a tiebreaker and it was Murray who dominated from the outset as he managed his second win for the event 6/2 7/6.

Klein could be proud of his efforts throughout the week as he managed to compete with some of the biggest names in the game gaining him some much sought after experience.

In the last match on day three it was all one-way traffic in the first set as Nikolay Davydenko ran riot against Ivan Ljubicic to win 6/0.

In the second set Ljubicic got himself back into the match but the damage had been done as Davydenko finally overcame the big Croat 6/0 7/6.

The final day was another wonderful event and Andy Roddick became just the second player to have won three consecutive titles here at Kooyong after Michael Chang won between 1995 and 1997.

This event continues to go from strength to strength and we look forward to hosting world class tennis action at Kooyong's AAMI Classic again in 2009.

NATIONAL HONOURS FOR KOORYONG JUNIORS

Kooyong's Sally Peers and Mark Verryth have been included in the Australian Institute of Sport's 2008 AIS Pro Tour Program announced recently.

This is another huge step for these promising young stars as they continue on from helping Australia to win both the Junior Fed Cup and Junior Davis Cup in 2007.

The program had some fantastic results last year with AIS Head Coach, Brent Larkham, foreseeing a bright future for our next generation of stars.

'In 2007 our AIS athletes achieved career-best rankings, and in 2008 we are looking forward to more successes and having more players in the top 100,' said Larkham.

Tennis Australia's Director of Tennis, Craig Tiley, said, 'It is great to welcome one of our top players, Samantha Stosur, to the program, as well as a group of our most promising juniors. Mark Verryth, Sally Peers and Olivia Rogowska were all members of our champion Optus Australian Junior Davis Cup and Fed Cup teams in 2007, and I'm sure the AIS Pro Tour program will be of great benefit to them as they continue their transition into senior ranks.'

Girls selected to National U/14 Team

Kooyong has also had three girls selected to represent their country for the 14/u World Junior Teams Qualifying Tournament announced recently by Tennis Australia.

Molly Polak and Viktorija Rajicic have been selected in the three player team to compete in Shenzhen, China in April and Stefani Stojic has been named as first alternate.

The girls will compete against other teams from the Asia/Oceania region and hope to qualify for the World Finals in the Czech Republic in August.

Four teams will qualify from the region to compete in the finals.



The Australian boys' team won the final last year defeating the Czech Republic in the final.

Wayne Arthurs Cup a Huge Success

Waverley Tennis Association's team of Daniel Nickels, Stephanie Raux, Long Nguyen and Noelleda Ah San won the 2007 Wayne Arthurs Cup at Kooyong in December.

The under 10 event sponsored by AAMI and the Kooyong Foundation saw 64 of the State's top junior tennis players in action in the round robin teams event.

Despite a long rain delay on the first day, the Waverley team dropped only one set from their 30 matches over the weekend to win the event from 15 other teams.

The recently-retired Wayne Arthurs presented the winning team with their trophies after a wonderful showcase of Victoria's stars of the future.

Sally Peers in action during the Club Championships

PORTSEA GOLF DAY

A group of Kooyong Members challenged the heat and the course to enjoy the inaugural Kooyong golf day at Portsea Golf Club on Sunday 16th March.

On arrival, Portsea club professional Ross Moodie conducted a coaching clinic to assist the group to hone their skills before attacking the course.

Portsea members hosted lunch and then paired up with Kooyong Members in groups for an afternoon game of golf.

It is planned that regular days will be organized for golf at Portsea and other events will take place between the Clubs.

There was great discussion between shots about the new Portsea clubhouse and a healthy competition is developing between the Clubs to complete their own project first.

The new clubhouse will offer a wonderful facility and Kooyong Members interested in the opportunity to enjoy playing rights and the Portsea facilities should follow up quickly as there is a limit of only 150 places available.

For further information contact Club CEO Chris Brown on 9822 3333 to discuss the opportunity further.



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HISTORY IN THE MAKING



*Sally Peers, (inset) Jay Salter,
Paul & Karen Kleverlaan,
Michael Wood & Hugh French*



Jay Salter and Sally Peers, you'll recognise one as the now seven time Club Champion, equaling the great Max Senior's record, but the other you should take note of as she now joins her famous mother on the honour boards at Kooyong.

Sally may have a few titles less than her mum, Elizabeth, fourteen to be exact, but she is now entrenched in the history of this great Club and at just sixteen years of age she is off to a great start in the chase for the record.

Currently ranked number 74 in the world in juniors and 680 in the world in women's tennis, Sally is making a name for herself both at home and overseas and it was fantastic to see her play and win her home Club Championships title.

Not only did she win the title but she had to beat two of the more experienced and talented players in the field to win the event.

In the semi final she faced long time State Grade number one and top seed Lisa D'Amelio and came through with flying colours winning 6/4 6/3 in a tight encounter but she had to do it all again in the final.

Facing the second seed, Adriana Szili, in the final, Sally found the going tough as Adriana got off to a flying start and despite fighting her way back into the set it was Adriana who won the first set 6/4.

Despite being down a set Sally continued to fight in what was to be a close contest throughout as Adriana drew on all her experience to try to end the match in straight sets.

Sally battled gallantly to win the second set 6/3 and continued to fight tooth and nail with Adriana in the deciding set and with history beckoning Sally was able to find a way to win and join her mother in the history books of Kooyong Lawn Tennis Club with a famous victory 4/6 6/3 6/4.

The men's event was also history making with another victory for Jay Salter as he continues his march towards the record, which he has now equaled with Max Senior.

Seven Club Championships from seven attempts in eight years is an unbelievable record for the reigning State Grade Player of the Year and there is no end of his dominance in sight as he continues to destroy any challenger in his path.

Jay gave up just 18 games in his four matches and it was his fellow State Grade captain, Paul Arber, who attempted to stop the run in the final but to no avail.

Both of these experienced campaigners knew each other well and knew what to expect but it has always been hard to stop Jay on grass here at Kooyong and this match was no different.

Jay got off to a flying start and never relinquished the lead as he won the first set 6/4 despite Paul throwing everything at the now seven-time champion.

With the title within his grasp Jay continued his run of success as he wrapped up the match in straight sets with a 6/4 6/3 victory.

In the Men's Open Doubles final it was Paul Arber and Steve Gay who overcame top seeds Jay Salter and Paul Kleverlaan in the tightest of contests 6/4 7/6.

Salter and Kleverlaan were hot favourites to win the event but couldn't get past the determined play of the number two seeds who proved to be that little bit better on the day.

In the Women's Open Doubles final it was the mother and daughter combination of Elizabeth and Sally Peers up against the experienced State Grade pairing of Lisa D'Amelio and Adriana Szili.

D'Amelio and Szili were the top seeds and started well as they skipped out to an early lead but the set remained fairly tight throughout with break point opportunities available to both pairs.

In the end the top seeds were able to take the first set 6/4 and continued on their winning ways in the second set to win 6/1 and take out their first doubles title together at the Club.

The Mixed Doubles final was a great match with Paul and Karen Kleverlaan taking out the title over defending champions Cam Dickinson and Emily Arnott 6/4 6/4.

With the sun setting and just a few matches left on court this was a fantastic way to finish the 37th Annual Club Championships.

All the results can be seen opposite.

CLUB CHAMPIONSHIPS WINNERS LIST

Men's Open Singles Jay Salter - (6/4 6/3)

Men's Open Doubles
Paul Arber/Steve Gay - (6/4 7/6)

Ladies' Open Singles
Sally Peers - (4/6 6/3 6/4)

Ladies' Open Doubles
Lisa D'Amelio/Adriana Szili - (6/4 6/1)

Men's 50 & Over Singles
Dennis Mihelyi - (7/6 6/4)

Men's 50 & Over Doubles
Glenn Busby/Graeme Heath - (6/1 6/2)

Men's 60 & Over Doubles
Robert McLauchlan/Graeme Addison - (6/4 6/3)

Men's 100 & Over Doubles
Bryan Burrell/Ken Cooper - (6/4 3/6 6/4)

Men's A Grade Singles
Andrew Whittington - (7/5 3/0 ret)

Men's A Grade Doubles
Glenn Busby/Andrew Whittington - (6/2 6/2)

Men's B Grade Singles David Cox - (6/4 7/5)

Men's B Grade Doubles
Rob Dalton/Phil McCall - (6/4 6/3)

Ladies' B Grade Singles
Hannah Arnold - (6/3 6/4)

Ladies' B Grade Doubles
Judy Mullen/Bridget Laird - (6/3 6/2)

Men's C Grade Singles
Paul Tuddenham - (6/1 6/4)

Men's C Grade Doubles
Rob Stewart/John Clarke - (4/6 7/6 6/3)

Ladies' C Grade Singles
Siobhan Stagg - (6/1 6/0)

Men's D Grade Singles
Patrick Montgomery - (6/0 6/3)

Men's D Grade Doubles
Andrew Fried/Lloyd Saville - (6/4 6/0)

Ladies' D Grade Singles
Janine Ross - (6/4 2/6 6/1)

Ladies' D Grade Doubles
Caroline Brand/Stephanie Holland - (6/2 6/3)

Men's Social Doubles
Peter Carew/Andrew Wallace-Smith - (6/4 6/2)

Open Mixed Doubles
Karen Kleverlaan/Paul Kleverlaan - (6/4 6/4)

B Grade Mixed Doubles
Kerin Tulloch/Sean Kierce - (6/1 6/1)

C Grade Mixed Doubles
Angela Wong/Michael Louey - (6/1 6/2)

D Grade Mixed Doubles
Anne Saville/Lloyd Saville - (6/2 6/0)

Junior Boy's Singles U/21
Michael Wood - (6/1 6/4)

Junior Girl's Singles U/21
Nicole Parkes - (6/3 6/4)

U/14 Boys Singles
Lochlan Greene - (4/6 6/4 6/3)

U/14 Girls Singles
Belinda Woolcock - (6/2 6/2)

U/14 Boys Doubles
Daniel Badov/Nicholas Hoare - (7/6 6/3)

U/16 Boys Singles John Meadows - (6/4 7/5)

U/16 Girls Singles Sophie Vickers - (6/1 6/3)

U/16 Boys Doubles
David Holland/John Meadows - (6/2 6/4)

U/16 Girls Doubles
Belinda Woolcock/Siobhan Stagg - (6/3 6/7 10/3)



Food & Beverage News

The kitchen has just come off a huge Christmas and New Year period with both the restaurants and function rooms extremely busy.

It makes us all in the kitchen very proud that we are so busy in the restaurants as it shows that we must be doing something right because you keep coming here for lunch and dinner and we are getting busier each year.

The AAMI classic this year was by far the biggest on record. The Kooyong room was booked out weeks in advance and everyone enjoyed the days, which were a huge success.

We have just introduced a new a la carte menu in the Racquet Club, and we have been a little bit more adventurous with this menu and by all accounts it is going down well with the Members and their guests.

Our next promotion will be centred on Gippsland so look out for the dates as we are going to use some fantastic foods, complimented by wonderful local wines.

Kevin Ley
Executive Chef

- CHEF'S TIP -

When making poached eggs add a touch of white vinegar to the simmering water before you drop the eggs in.

Also, if you stir the water before you put the eggs in, the spinning motion make the white stick together. And always use fresh eggs for poaching as older ones have more water in them and are not as good.

Also, I know I have noted this before, but at this time of the year make sure you follow all the safe food handling techniques. Turn your fridge down a bit, don't defrost food out on the kitchen bench and wash your hands before you touch food.



Breakfast

NOW AVAILABLE ON WEEKENDS



Come down to the Club from 7.30am on weekends to try out our new breakfast menu.

Choose from a selection of cooked and continental breakfast options while enjoying the surrounds of your Club.

STAFF NOTES

We are pleased to introduce our new staff and announce other appointments.

We welcome Helena Gouras to our bar & bistro staff. Helena will be a friendly face helping members with that early morning coffee or needs through lunch or later times of the day.

Alisha Ayres has joined the Functions Department in the position of Functions Assistant and Chris Wilkinson has commenced as Finance & Admin Assistant.

Both are well known to members and have been popular members of the bar & bistro staff.

Chris recently returned from London where in worked in banking and hospitality management after completing his Finance Degree.

Finally, congratulations to Melinda Beaugeard who has completed ten years working front of house at Kooyong. We thank Mel for her efforts over the years at the Club.



New Council Member – Richard Kennett

Kooyong President Ian Hill has announced that Richard Kennett has joined the Council to fill the casual vacancy left by the retirement of Richard Smith.

'Richard has been a member of the Club since 1997 and is a regular tennis player and user of both the pool and gym. He holds a Masters in Business Administration and currently manages his own private property and investment business. He has also been a Director of Network Ten Limited and Elders Rural Finance New Zealand and will be a welcome addition to the Council,' said Ian.

Ian also noted the substantial contribution made by Richard Smith during his 10-year term on Council.

'Richard has provided tremendous service and dedication to the Kooyong Lawn Tennis Club and on behalf of the Members I thank him for his efforts and involvement,' he said.



DRESS CODE - SHOES

TENNIS

- White socks shall be worn whilst playing tennis.
- Tennis shoes shall be predominantly white in colour.
- Tennis shoes shall be those designed for tennis.
- Any shoe that is likely to cause damage to the surface of a tennis court shall not be worn. In particular, no shoe with a ripple or studded sole or with a raised heel shall be worn.
- Shoes designed for running, jogging or cricket shall not be worn.
- Any shoe that is likely to damage or mark the surface of a squash court shall not be worn.





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UNITED SERVICES RECREATION CLUB

HONG KONG



The USRC opened in 1911 to cater for the growing military presence in Hong Kong following the leasing of the New Territories to the British for 99 years in 1898. The Club was established to provide a recreational haven for officer-class personnel and their families.

The occupation of Hong Kong by Japanese forces in December 1941 led to the Club's temporary closure. Reports of wartime Hong Kong are sparse but it is believed that the Club was utilized by the Japanese, whose headquarters were established at the Diocesan Girls School across the road.

After the war, the British military regained control of the Club (minus the golf course which made way for the Queen Elizabeth Hospital and adjacent buildings). Thereafter, the Club continued to serve mainly armed services and related personnel until the expiry of the 99-year lease and handover of Hong Kong to China in July 1997.

As 1997 approached, however, British armed services numbers in Hong Kong

gradually declined and their places in the Club were replaced by civilians including, increasingly, members from the Hong Kong Chinese community.

After 1 July 1997, ownership of the Club passed to the People's Liberation Army (PLA). As the PLA had no use for the facilities, they have allowed the Club to be run by and for its members. The Club is now administered as a limited company with a wholly civilian membership, and enjoys a freedom of operation similar to that of other recreation clubs in Hong Kong.

The USRC has a proud sporting history, which continues to be maintained - the USRC competes for honours in the Hong Kong sporting scene much as the military teams did in years gone by.

Unlike some other clubs, the USRC has sought to maintain membership numbers at moderate levels that will enable its members to enjoy the space, ample greenery and timeless ambiance of this unique facility.

Conveniently nestled in central Kowloon, yet veiled by its rich flora, is the United

Services Recreation Club. Located mere steps from the hustle and bustle of Jordan, the club is situated in a uniquely lush, park-like setting featuring superb sporting and recreational facilities for individuals or the whole family.

The club offers a wide abundance of sports, activities, events and services for every age and inclination, all managed by a friendly and professional staff. For most sports and activities, classes or coaching is available from experienced and knowledgeable trainers.

At the heart of the club are three outdoor swimming pools: one for infants, one for toddlers and a full adult-sized facility, all with lawn space aplenty. Steps away are four floodlit tennis courts, air-conditioned squash courts, and a luxurious lawn bowling pitch recognised as one of the finest playing fields in Hong Kong.

Inside the clubhouse is a meticulously restored billiards room with a full-sized table. Children's activities abound, with designated indoor and outdoor play areas, supervised playgroups and other stimulating offerings.



Unwind in the following venues:

- **Venetian Cafe:** An airy cafe with a full international menu and views to the lawn bowling green.
- **The Poolside Cafe:** Enjoy the casual comfort of a raised-lawn poolside terrace for an alfresco ambience of snacks and drinks.
- **The Grill Room and Upper Lounge:** Elegant fine-dining atmosphere with superb views of the pools and wooded grounds.
- **The Gunner Bar:** A restored English-style pub right down to the darts and backgammon. Yesterday's feeling with contemporary touches, such as hide-away big-screen cable and satellite TV.

Fitness, leisure, or both -- the choice is yours. In addition to tennis, squash, lawn bowling and swimming, the club offers the following pursuits:

- Outdoor golf driving range
- Covered putting green
- Fitness training/Gym familiarisation, in a purpose-built facility featuring weight and aerobic workout equipment
- Aqua Aerobics
- Taekwondo
- Stott Pilates, a core muscle-strengthening program
- Yoga
- Tai Chi
- Playgroups, featuring a variety of children's activities
- Bridge
- Hong Kong league football via club teams Sociables and the Blues

If you would like a letter of introduction to the United Services Club or any of our other reciprocal clubs please contact the office on 9822 3333.



Reciprocal Clubs Information for Members

As a member of the Kooyong Lawn Tennis Club you have the opportunity to enjoy the benefits of reciprocal arrangements we have in place with 29 prestigious clubs around Australia and the world.

These agreements allow members to enjoy many of the same comforts and amenities found at KLTC while travelling outside of Victoria.

We would like to encourage members to take advantage of these reciprocal arrangements during your travels. On your return, we would be interested in learning of your impressions of the service and facilities.

This information will also assist us in finding ways to continue to improve the quality of our service and facilities to KLTC members.

Additionally, as a part of our efforts to broaden member opportunities, we are always looking for new clubs to add to the KLTC reciprocal club network.

If we currently do not have a reciprocal club in an area that you travel to often, please let us know of a club of interest and we will endeavour to investigate reciprocity with them.

Please contact Kate Anderson, KLTC Membership Administrator on (03) 9822 3333 or kanderson@kooyongltc.asn.au, prior to your departure from Melbourne to make arrangements for a letter of introduction for any clubs you intend to visit.

This enables us to advise the reciprocal club of your visit in advance to ensure they are prepared for your arrival. We can also provide you with an information sheet detailing the clubs facilities and services.

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TAKING THE FINAL STEP



Will this be the year the Kooyong girls take the final step to pennant glory?

After two trips to the final and several near misses in the semi finals over the past few years, the Kooyong girls are well placed to push for a first ever State Grade pennant for the Club.

The line up will be the best the Club has ever put together in both talent and depth and with some exciting youngsters pushing through in Grade 1 the girls look to have an exciting opportunity in front of them.

After finishing last season strongly with a huge win in the semi final against Grace Park, Kooyong was beaten convincingly in the final with three of our top four players missing due to several unforeseen circumstances and it will be this burning desire to go one better which should provide the girls with all the motivation they need.

Lisa D'Amelio joins the team this season and her experience will be a huge bonus to the Club having been involved in successful State Grade teams at Dingley over the years.

The biggest addition to the line up will be Sally Peers who brings a new look to the team in both singles and doubles and her success over the past twelve months has been nothing short of spectacular.

Sally's win in the Club Championships, against quality opposition, proved she is no longer a potential star of the future but she is now a star in her own right and her continual improvement will be of great value to the team.

Her availability will be the big unknown throughout the season but any matches she is able to play will enhance the performance of this side.

Karolina Wlodarczak and Adriana Szili return to the team from 2007 as does Stephanie Wiltshire and Maddison Springall, which gives the team a great balance of youth and experience following last season's success.

Emily Arnott will captain the team again after successfully returning to the court after a terrible car crash and we wish her all the best in her return to the pennant scene.

Her leadership was sorely missed in the final last year and she'll be as excited as any of the girls to have another shot at the title in 2008.

MCC and Grace Park should again prove to be big hurdles for the girls to overcome but with their depth and talent they should go into these battles with confidence.

Royal South Yarra were also tough to beat towards the end of last season and with Olivia Rogowska playing well should again be in contention at finals time.

Kooyong will also start to look towards the future with Molly Polak, Viktorija Rajicic, Alexandra Nancarrow and Stefani Stojic all knocking on the State Grade door and ready for an opportunity.

Hopefully these girls can keep the pressure on our top team to perform and work with each other to win this year's State Grade pennant.

Editor's Prediction: With a fit and firing team Kooyong should be well placed at the end of the home and away season. Top two is a must for this talented line up and depth shouldn't be an issue throughout the season.

Expect a spot in the final and from there anything can happen but this side has all the weapons to be able to take the final step in 2008.



From top: Lisa D'Amelio, Adriana Szili and Emily Arnott

WHO WILL STEP UP THIS YEAR?



From top left: Captain's Paul Arber and Jay Salter, Will McNamee (bottom)

What is harder than conquering the mountain? Doing it again the following year.

Kooyong will again field two teams in the Men's State Grade competition and are hoping that both will be competitive enough to put themselves in a position to make the finals.

As we found out last year, finals bring out the best in players and we saw the undefeated Kooyong team captained by Jay Salter knocked out in the semi finals by Paul Arber's Kooyong team who eventually went on to win the title.

Lee Pearson was amazing during the finals last year and he was a huge reason for his team winning the pennant.

Paul Arber's team will again feature Lee Pearson at number one and David Bidmeade at number two but the question marks concerning this side will be how fast the younger players improve throughout the year.

Will McNamee and Jarryd Maher will step into the number three and number five spots respectively and their contribution will have a large influence on the fortune of the team.

With Bidmeade likely to be away playing tournaments for a large part of the year

McNamee will need to step up and beat some of the competitions toughest players including the likes of Jay Salter and Ben Ellwood.

We know Paul Arber will be the rock of this team as he always gives a consistently good performance for the team in both singles and doubles and it will be up to Arber and Pearson to guide these young stars through the season.

Matthew Coghlan will also play in this side in a limited role this year due to work commitments and we'll also see Matthew Carroll play matches on his return from US College tennis.

Jay Salter's team, who went through the season undefeated before being unceremoniously dumped out of the finals, has kept hold of their experienced players but will rely on some fresh youth to take them the next step this year.

Richard Fromberg, Marinko Matosevic and Jay Salter will hold down the top three spots but Marinko will only play a handful of games due to his busy touring schedule overseas.

Andrew Gregory, Jason Lee, Michael Turlejski, Matt Fox and Alasdair Graetz will be relied upon to take this team to the title it should have won last year.

Gregory is a fantastic edition to this team having played in the Australian Open Junior Championships earlier this year while Graetz will return from US College tennis in the middle of the year.

Fromberg and Salter will be looking to win the title that has eluded them for the past two years in what many consider disappointing circumstances.

Going out in the semi finals last year after an all conquering year and losing the final in 2006 to a Dingley team they should have beaten should be motivation enough to go that extra step in 2008.

The development of the youth in both of these teams will be a highlight this year as several more youngsters knock on the door in Grade 1 hoping for an opportunity.

The Tran, Wood, Keighery, Stafford, Whittington and Heffernan's of this Club are just around the corner and hoping to show their wares on the big stage.

Editor's Prediction: Jay Salter's team is sure to be top two if they stay healthy with Fromberg and Salter leading the way and Gregory sure to be a revelation at this level.

Paul Arber's team's fortunes lay with Will McNamee and Jarryd Maher, if these two can produce winning records for the season and step up in the doubles then there is no reason why this team can't challenge for the title again in 2008.



Junior Tennis News



On Saturday mornings Kooyong has two teams in Section 1, three teams in Section 3 and two teams in Section 4.

The ladders are unavailable at this stage but most of these teams are well in contention for the finals at this early point in the season.

On Sunday morning Lucas Stanboulgtis' Section 1 team are currently in 4th spot on the ladder while in Section 2 Daniel Warwick and Josh Rawlings' teams are in 4th and 5th respectively.

In Section 3 Sam Fowler's team is sitting in 2nd spot on the ladder while Sarah McIlraith's team in Section 4 are right in contention in 6th at the moment.

In Section 5 Kooyong's two teams captained by Simon Hardham and Hamish Jones are currently in 5th and 6th places respectively.

Alexander Galligan's Section 7 team is just outside the top four in 5th spot while Nicholas Montgomery's team is in 8th spot in the same section.

In Section 8 Laetitia Wiseman's team is sitting comfortable in 2nd place on the ladder while Januz Zecevic's team in Section 11 is also in 2nd place.

In Section 12 Sophie Scott's team is currently in 8th place while Cindy Tamber's team in Section 14 is sitting just outside the top four in 5th place.

We wish all our teams the best of luck for the remainder of the season.

Junior tennis at Kooyong continues to flourish and it is exciting to see several of Kooyong's best young players start to make the transition from junior competition to senior pennant competition as we'll see in late April.

This is an exciting time for the Club as we start to produce some homegrown talent capable of progressing through the senior pennant ranks in the years to come.

It was also great to see so many of the kids and parents attend the recent presentation night featuring Wayne Arthurs.

Kooyong's junior tennis teams have begun their February to June season and after five rounds many of the teams are performing well.

The Club is fielding 7 teams on Saturday mornings and 13 teams on Sunday mornings across 4 different venues.

Summer Competition

Congratulations must go to Steve Avery's team on winning the Summer Bayside Men's Rubbers Section 1 grand final.

Not only did they win but they also didn't lose a match all season, which is an incredible achievement.

Well done to the whole team on a wonderful season representing the Club.

John Vesely's team, which played in the same section, was unfortunately beaten by Steve Avery's team in the semi finals.

The sad story of the Summer came from Grant Harvey's team in Section 2 Men's Rubbers who were unfortunately beaten in the final by a team they had beaten twice during the season.

Caption: The winning team from left: Bryce Mitchelson, Steve Avery, Anthony Forster, Ronnie Gerandasi and Neil Sebastian.



KOORYONG'S pennant profiles

Lisa D'Amelio

Age: 26

Grade: State

Play L/H or R/H:

Right Handed



Tennis Achievements:

WTA 363, #10 National Ranking, College Tennis Player

Most admired sportsperson/why?

Patrick Rafter: Sportsmanship

Greatest influence on tennis career/why?

Richard Cahill- Junior days at Endeavour Hills TC

Greatest sporting moment witnessed?

Geelong '07' Go Cats

Reason for playing for Kooyong?

Great club, team mates and tradition about the club.

What qualities do you admire in people?

Honesty, Goodness

If you weren't a tennis player what would you be?

Teacher

What do you do outside tennis?

Socialise wherever possible

How much time do you spend developing your tennis each week?

More time spend developing others games as a coach at the moment. I like to set aside a couple of sessions a week at this point in my career

Projected finish for your pennant team this season? Premiers

Sacrifices required to play tennis at a high level?

Income, family/friends at times: Social opportunities, Disciplined fitness and nutrition

Michael Wood

Age: 17

Grade: 1

Play L/H or R/H:

Right Handed



Tennis Achievements:

2007 18/U Victorian Schoolboys Champion (singles)
QF BMW Mens Open singles
SF Victorian Metro Champs Open singles
2008 Kooyong Club champs U/21 singles winner
SF Kooyong Club Champs Open singles

Most admired sportsperson/why?

Anthony Mundine because he backs himself and lives up to his talk.

Greatest influence on tennis career/why?

Parents because they always supported me and motivated me to keep going.

Greatest sporting moment witnessed?

Geelong Vs Collingwood 2008 Preliminary Final

Reason for playing for Kooyong?

The tradition and prestige of the club.

What qualities do you admire in people?

Confidence, Determination, Will to win

If you weren't a tennis player what would you be?

Footy Player or Tri-athlete

What do you do outside tennis?

Spend time with mates, watch movies, play lots of sport, go to the gym, lots of exercise

How much time do you spend developing your tennis each week?

8 Hours

Projected finish for your pennant team this season? 1st

Sacrifices required to play tennis at a high level?

Late nights, playing other sports competitively.

KOOYONG INTERNATIONAL TENNIS ACADEMY

At K.I.T.A. we are now looking at a new phase in our programs and direction. In the last 4-5 years we have seen almost all of our older players move on to either College in America or travelling overseas looking to challenge themselves on the world professional stage.

As a result, without still losing any focus on our current older players, we are going to place a big emphasis on trying to bring on some of our very promising 8-10 and 10-12 year old players. This



will be an exciting time for us as we have some very talented young players who with hard work and dedication will be great future ambassadors for Kooyong.

Further to this, in the overall development of all our players, we are looking at organising as many tournaments as possible, especially twilight weekend tournaments. These are so important to the players and their development as many players have limited opportunities to improve their skills, confidence and experience under tournament conditions, as families get busier and busier. These tournaments will be advertised to all coaching and club members alike.

Our Monday and Friday in-house competitions for players who have just started or are nearly ready for Saturday and Sunday competition have been going really well. John McInnes, one of our coaches who has had over 30 years experience in coaching, has done a fantastic job with this program and this will see more players starting competition with confidence and a greater knowledge of what is involved.

As well our kinder and pre-school 3-5 year old program is gaining momentum. This sees the young ones getting more involved with learning concepts such as basic co-ordination, technical, movement and listening skills. The ladies programs are continuing to grow with participants using the sessions for not only for improving their skills but also for fitness and social opportunities. There has been a big increase in ladies organising a group of 4 - 8 of their friends and making a morning out of it.

Helen, our Program Director, is, for those who are not sure, located in the Pro Shop and can help you with all of your coaching needs. Whether you are a beginner, advanced, young or mature, need a private or semi private lesson, group or squads; full time/part time program Helen will do her utmost in trying to accommodate your needs. The direct coaching telephone number is 98246860.

Also now in the PRO SHOP is Kevin Furst, our Manager, who has had over 20 years experience in this field. He has dealt with assisting professionals right through to beginners and has a great amount of knowledge and understanding of players needs.

The shop is now open for extended hours, has a 24-hour, and if needed less time, turn around for RESTRINGING and offers a wide range of clothing. If there is something that we haven't got we will do our best to get it in, we look forward to assisting you with all of your tennis requirements.

COACHES CORNER

Quite often players and parents of players ask me, "What can we do about opponents who aren't consistent with their line calling?"

Today, unfortunately, there are many pressures on players both internally and externally that may see incorrect calling of shots. Things such as, parents expectations of their son or daughter having to win because of the time, effort and money that goes into the player, places a lot of pressures on players; then there are players knowing they are not good enough and will win at any cost even if they have to call incorrect line calls; there are even parents telling their child to call anything that is close out; as well there are the players who because they want to win so badly that they honestly believe they see balls out when they were in.

Whatever the cause, which there are many more than the above, what options does a player have against the player who is at the receiving end of continual bad calls.

(1) Players can do the same back to their opponent back. "This is not the right thing to do".

This only ever causes a lot of conflict and anger, which turn matches into ugly confrontations; quite often involving parents and the outcome is not pleasant for anyone.

(2) Do nothing and accept the call.

This allows the player doing the incorrect calling to dominate the match and know they can get away with it at any time. If the match is close, the player at the receiving end of the calls will come off extremely upset, annoyed, frustrated and even feel dejected in playing tennis anymore.

(3) Talk to the opponent in a confident, but "NOT" confrontational manner

This is the only real way of solving the issue and parents **MUST** stay out of it. Players need to give their opponent a one time benefit of the doubt, although, they can ask the opponent, are they sure it was out if they themselves clearly saw the ball in, which hopefully will make them more hesitant in doing it again. On the second time the player needs to call for the referee and explain the situation.

Unfortunately though, in junior tournaments, what tends to happen is the referee stays for 3-4 games, if you're lucky and then everything is fine. Once the referee leaves, the incorrect calling can often happen again. At this stage the referee needs to be called again and in most circumstances the referee will stay

the whole match or try and organise an umpire, which is difficult.

The thing that players must do at this time is, maintain their composure, not get involved in an argument, not lose their concentration and stay focused. By getting the referee, players soon get noticed for incorrect line calling and referees/tournament officials and other players are aware and come down hard on these players when there is any disagreement.

Unfortunately these situations have the potential to turn quite ugly, players need to take control of the situation and this is why parents must stay away and **EDUCATE** the players of the proper procedure. It is so important that the player remains calm, keeps in control of what they know is right and by doing so this shows your opponent that you are mentally strong and not going to put up what is being tried on them.

Hopefully it doesn't happen again the next time you play the opponent, as they know you won't put up with it. By the parents not getting involved their son/daughter will become stronger mentally as long as they follow the correct procedure. It is going to happen overseas, so if players are going to reach that level they need to be able to deal with it here and come out on top.

MIDWEEK LADIES REPORT

The mid week ladies are well and truly underway for the year with Tuesday's MEMRLTA competition completed for another season.

In A1 Sue Taylor's team finished the season in 3rd but unfortunately lost their semi final.

In A3 Jo Koffman's team finished in 7th spot on the ladder while Fleur Cameron's A5 team finished in 6th place.

Also in A5 was Genevieve White's team which finished in 7th spot on the ladder and in B1 Cathy Klemen's team finished in 9th place on the ladder.

The Bayside competition for both Wednesday and Thursday mornings started in late January and Kooyong is fielding 3 teams on Wednesday mornings and 6 teams on Thursday mornings.

In Section 1 on Wednesday mornings Caroline Hassan's team is currently sitting on top of the ladder, as is Jody Cody's team in Section 2.

In Section 6 Mary O'Sullivan's team is sitting just outside the top four in 5th place on the ladder after 5 rounds.

On Thursday mornings Kerin Tulloch's Section A team is just inside the top four early in the season.

Anne Kaiser's Section 1 team is currently in 8th place while Gill Gleeson's Section 3 team is sitting in 4th spot on the ladder.

In Section 4 Susie Gaye-Anderson's team is currently 4th and Gena Ferguson's Section 5 team is in 3rd spot on the ladder.

Anne Fitzpatrick's Section 7 team rounds out the teams on a Thursday morning and they are currently on top of their ladder.

We wish all the ladies luck for the rest of the season.



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KEVIN FURST
Pro Shop Manager

Billiards & Snooker REPORT

by Alistair Macindoe

The A Grade snooker season has started recently. The competition is stiff, and a fuller report will appear in the next issue of Courtside.

QUOTE OF THE MONTH

"it is seldom that I gaze upon the verdant baize of that green island without feeling certain that billiards will exert its sublime attraction as long as man shall seek his place in the greater game and celebration of existence itself."

- final words of Billiards by John Grissim 1979

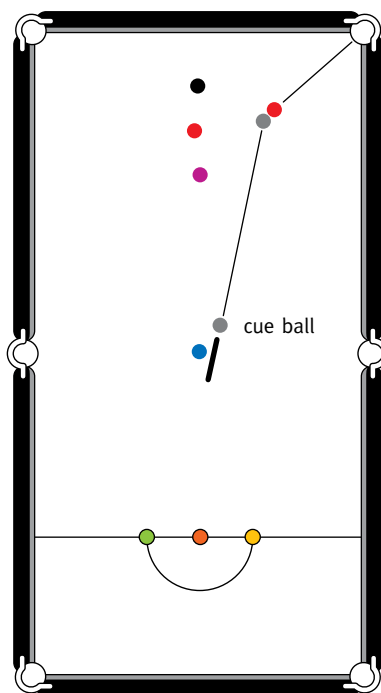


DIAGRAM 1

SHOT OF THE MONTH

How to judge the potting angle

Working out the potting angle in snooker uses the theory illustrated below. In diagram 1 we are faced with a typical pot – not straight and not such that a very thin contact is required when the cue ball (coloured grey in the diagram) hits the red ball. The required contact will momentarily have the cue ball and the red placed as in diagrams 1 and 2. Note that the touching balls are lined up in the direction of the pocket. The force transmitted from the cue ball makes the red ball roll towards the pocket.

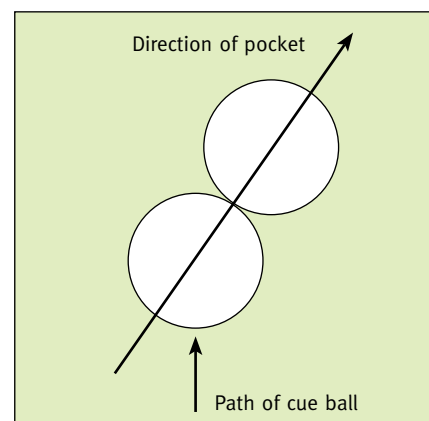


DIAGRAM 2

This theory is of use to the expert player when the cue ball is very close to the red ball. The rest of the time, however, it is better to apply what you learn from hours and hours of diligent practice.



50 year Members' Dinner

Monday, 7th July 2008

Celebrating 50 wonderful years
of membership at Kooyong

Details coming soon

SQUASH REPORT

In the recent spring season we won 4 pennants, including Ladies Premier grade - the first time in 70 years of competitive squash at KLTC.

In Club Circuit, underdogs A2 were down 2 rubbers to nil, but two amazing matches by Dave Thiele and Austen Diggle both winning in straight, grabbed the flag from MCC.

C3 accounted for favourites Sandringham thanks to a stunning match from Aidan Nania winning 9/0 9/1 9/0.

Our E2 team walloped Sandringham in probably the shortest finals match ever, Richard Bowman, Mike Poole & Adam Flett conceding only 13 points between them.

The junior section of the Club continues to gather momentum with Selena Shaikh winning both the Mountain Districts & Gippsland Open State 2 titles. Harrison Sinatra won the Gippsland Open B grade title.

Club Championships

The 2008 Kooyong Squash Club Championships were held on 15 March.

The Ladies Open was fought out between 2007 Club Champion, Melody Francis and up and coming junior Sarah Cardwell, with Melody eventually claiming the title defeating Sarah 3 games to 1.

The Men's Open Final looked like being a tight battle between Kooyong Squash Club Coach, Mark Ikin and Josh Cardwell until Josh had to retire with an injury.

The Men's B grade event provided some enthralling matches and interesting results, with Pat Barron making his way to the final only to be defeated by experienced club stalwart John Mathieson.

Thank you to the Club Championships Director, Amanda Ikin, for facilitating a well-organised and very enjoyable event.

Also, thank you to Churchview Estate Premium Wines for sponsoring the event for the 2nd year running.



Squash Club Championships Results

Men's Open – Mark Ikin defeated Josh Cardwell (retired hurt)

Ladies Open – Melody Francis defeated Sarah Cardwell 9/3 9/3 3/9 9/4

Men's A – Robert Templeton defeated Pat Barron 9/5 9/5 9/0

Men's B – John Mathieson defeated Pat Barron 9/3 9/1 9/3

Men's C – Chris Purbrick defeated Nick Alves 9/4 9/2 9/5

Men's D – Mike Daglish defeated Richard Bowman 9/5 9/3 9/0

Junior Boys – Robert Templeton defeated Harrison Sinatra 9/3 9/5 9/2

Junior Girls – Sarah Cardwell defeated Selena Shaikh 9/0 9/0 9/2

The annual Handicap squash tournament, where all players start with a handicap so that everyone has an equal chance of winning the tournament, is scheduled to be played in April/May.

Exact dates of the event are yet to be confirmed. Look out for the entry form on the notice boards and make sure you get your entry in early for what will be another great squash event.

The Kooyong Junior Squash Competition for term 2 will start on Saturday 10 April and run every Saturday 9.30-11.30am.

The Development Squad takes place on Tuesday and Thursday afternoons.

For information on these programs on to arrange a private coaching lesson please contact Mark Ikin on Tel: 0418 542 965 or markikin@bigpond.com.



C3 winning team from left: Mike Daglish, Bert Armstrong, Nick Foster, Aidan Nania and Kevin Finch

The Social Committee



Left to right: Some members of the Social Committee: Claire Fitzpatrick, Pamela Fuller, Jessica Jasper, Glenda Collins & Simonette Cunningham and spouses.

The Bistro was another great success and thank you to all who participated – we enjoyed meeting you all. Due to popular demand we have arranged another two tennis afternoons later in the year.

Some photos from our Xmas Party are attached. Guests were greeted by the Social Committee with glasses of champagne and dressed in the glamorous theme and everyone had a memorable night!

The evening was enhanced by 'Pip Avent', an extremely talented musician from Castlemaine and accompanied by his fabulous jazz band of 5.

2008 Calendar

Please diarise now:

Mixed Doubles Tennis Round Robin
– Sunday, 4th May

Wine Master Class learn about Macedon Ranges Wine Region
– Friday, 25th July

'JJ' John Jeffries Memorial Tennis Round Robin
– Sunday, 5th October

Christmas Party
– Saturday, 6th December

Please come along to our events – it's a great way to meet people and join in the fun.

Our functions are advertised on the notice boards in the club, at reception and on the website – you need to register your email on the website. See you in 2008.

Rosie Waite-Garrison
President

We held our AGM in November 2007 and our new office bearers are: Vice-President – Claire Fitzpatrick, Treasurer – Pamela Fuller, Secretary - Jessica Jasper and general members – Glenda Collins, Simonette Cunningham, Mary Bernard and Mary Stevens.

The Committee would like to thank Mary S for all her work as Treasurer over the years and we look forward to a rewarding year.

2008 has bounced off to a great start with a Mixed Doubles Round Robin Tennis afternoon held on Sunday, 2nd March.

Thirty-four players competed in our beautiful autumn weather on our famous grass courts. Congratulations to the following winners:

GROUP 1:
Natalie Postma and Peter Gard
(Winners)

Harold and Dianne Coles
(Runners-up)

Group 2:
Nadine Delbridge and Shane
(Winners)

Jessica and Terry Jasper
(Runners-up)

Group 3:
Szu Hoo Lee & Michael Dowd
(Equal First)

Margot McCluskey & Tony Michaels
(Equal First)

Fiona Chandler & Hal Hiramatsu
(Runners-up)





Royal Children's Hospital Auxiliary

A fantastic black-tie dinner dance with the 20 piece Rathdowne Street Big Band was held in the Kooyong Room on the 16th of November 2007 raising \$3933 for the Royal Children's Hospital wish-list.

This is the second year in a row this great band has donated their time for an evening and they have offered to again play for the Royal Children's Hospital Auxiliary's 70th Birthday dinner dance on Friday 13th of June.

Put that date in your diary and come along and join the celebrations. All profits go to the Royal Children's Hospital and all members and friends are welcome.

On March 3rd a ladies tennis day was held raising \$6400 for the RCH. Thank you to all the committee members and helpers who donated their time to serve luncheons and organize courts.

Thank you to Kooyong who allow the courts to be used for this charity day and also to St Kevin's College and Scotch College who have their courts on standby in case of inclement weather.

There is a card day in the Kooyong Room coming up on the 28th April. Lunch and wine will be served and it is already SOLD OUT.

Any Club member who would like to come along to any future function or meeting of the RCH Auxiliary or assist the Committee by donating goods for raffle prizes is most welcome to contact Sandra Williams on 9818 4735.

Thank you to all the staff and the CEO, Chris Brown, at Kooyong who work so capably with the Committee at all functions.

Sandra Williams
RCH President



Crèche News

Our 11th year in the Crèche at Kooyong is well underway with more babies than ever before! Sue and Gill and the girls continue to provide an attentive, fun and creative environment for our children while parents work on their fitness.

This year, the Club and Committee are pleased to announce an alternative booking programme for Crèche families. Permanent Bookings for the term can now be made as an alternative to the longstanding casual system. For more details, enquire at the ProShop.

The Committee has organised our fundraising events for the year and all Club Members are invited.

FRIDAY 2ND MAY

Parents Tennis Night.

Play & Bistro dinner and drinks.
Numbers limited to 30.

TUESDAY 3RD JUNE

Present Buying Night at Variety Toys.

Stock up your gift stash for kid's parties.

FRIDAY 29TH AUGUST

Ladies Tennis Night.

Numbers limited to 30.

SUNDAY 30TH NOVEMBER

Kooyong Kids Christmas Party.

TUESDAY 2ND DECEMBER

Christmas Presents Night at Variety Toys.

Great opportunity to buy Christmas gifts at wholesale prices.

Caroline Redman
Crèche Committee

RCH Calendar of Events for 70th Birthday Year

CARD DAY

– 28th April (Sold out)

70TH BIRTHDAY DINNER DANCE – 13th June

CARD DAY

– 25th August

LUNCHEON AND HAT PARADE – 13th October

AROUND THE CLUB

Wine and Food Society

Members welcomed the opportunity to dine in the Committee Room Dining Room at the Melbourne Cricket Club recently.

This room is in a central position in the stand overlooking the oval.

Our menu for this wonderful dinner can be seen below:

- Menu -

Entrée

Sautéed king prawns served with swimmer crab tossed in a citrus frize sumac salad and warm lemon vinaigrette.

Main

Roast turkey breast filled with bacon, sage and cranberry stuffing presented on glazed roasted vegetables.

Desert

Traditional Christmas pudding served with vanilla custard and King Island double cream.

Or

King Island Cheese consisting of roaring forty blue and black label double cream brie accompanied with muschel grapes and fig paste.

- Wines -

Entrée

Ninth Island Riesling, Tamar Valley, Tasmania, 2005

MCC Members Reserve Chardonnay, Adelaide Hills, South Australia, 2006

Main

Vasse Feliz Cabernet Merlot, Margaret River, Western Australia, 2004

Shelmerdine Shiraz, Heathcote, Victoria, 2005

BRIDGE NEWS

We are all off to a running start with a very hectic programme organised for 2008. This Schedule can be viewed at our dedicated website page at www.kooyong.com.au

Just a reminder that Duplicate is every Tuesday evening commencing 7.30 p.m. The day time bridge has been suspended for now.

The biggest event of our Calendar is the Sunday Congress which this year will be held on 18th May. It is becoming very popular with the wider Bridge Community and we often need to run a Waiting List. It is a Red Point Event, Swiss Pairs and lunch is provided.

Over the next few months we will play against Royal South Yarra and Eastern Golf Club. Tuesday 6th May will be dedicated to Bridge For Brain Research Challenge and June 17th and 24th we will play off for the Borin Trophy.

At the end of year Party we thanked George Lehrian for his long term as our very successful Treasurer and welcomed Bruce Higgs to be our new Treasurer. We thank them both for their efforts on our behalf.

The latest Promotions are as follows:

Graduate Master - Yoko Rose, Alicia Simonson

Club Master - Irene Hinsley, Jill Seale

Local Master - Anthea Gedge, Marg Harding, Ben Hayden

Regional Master* - Margery Douglas

National Master** - Pauline Baker

Everybody is welcome at our very friendly Bridge Club.

Leeron Branicki
President, Bridge Club



Our 2007 Trophy Winners:- Irene Hinsley and Nancy Heffernan & Constance Bruce and Jillian Griffith.

Our long serving retiring Treasurer, George Lehrian.



HEALTH CLUB NEWS

Become part of the Kooyong Health Club in 2008. Workout whilst enjoying world class facilities amongst friendly sports minded members and not to mention a picturesque view of beautifully manicured grass tennis courts. An exciting time ahead with new development plans to enlarge the gymnasium and establish a studio for lifestyle activities.

Yoga – A message from Steve

Were you aware that Kooyong offers Yoga to its members and their guests? If you have ever thought about it or tried it before and lapsed, now is an ideal opportunity to book in for a class.

Despite the mystery surrounding Yoga, it really is a very simple practice. Based upon ancient wisdoms, the Gita style of Yoga taught at Kooyong has been validated by Western science and proven to be extremely effective in relieving stress, rebalancing the hormones and encouraging deep sleep and relaxation.

Members who regularly practice at Kooyong swear by the effectiveness of the Gita style of yoga. Increased flexibility, better digestive function, a greater sense of calm and clarity of thinking are just some of the benefits ascribed to the practice.

Steven Georgiou, who teaches at Kooyong, has over 22 years experience, is senior examiner of the teacher training programme at the Gita School of Yoga and holds numerous post graduate qualifications. 'I have never been presented with a student who could not do yoga or benefit from the practice' he said. 'Each class is simple to follow, with hundreds of variations possible for every posture, so no matter how inflexible you think you are, you will always be able to achieve and succeed.'

Yoga is a lifestyle choice - like choosing to eat a healthy diet as opposed to junk food. The benefits are quantifiable and

unique to each individual. It's not weird, it's not about chanting or sitting cross legged for an hour. Your class will include limbering of the body by gentle stretching, 10 postures and relaxation. It's a balanced, practical approach - extremely beneficial for active sports people who wish to increase flexibility and mobility. More than anything else, it is a 1 hour oasis - time out in a non judgemental, supportive and nurturing environment.

Classes are held on Monday and Wednesday nights. Average and beginners level (1 hour class) at 7.00pm till 8.00pm, and for those wishing to extend themselves further, Advanced (1 hour class) at 8.00pm Wednesday.

To book please contact the Pro Shop.

Pilates

Four years ago I attended my first Pilates class, it was held at Kooyong in the small room under the stadium and Margaret Scotti was the instructor. Four years later, only the venue has changed. We now meet in the Squash Court, but Marg Scotti is still there and so am I. So are a number of the others who began at the same time as I did.

What is it about Pilates that I like? The simple answer is that it makes me feel good. Essentially it is an exercise style that involves training muscles to improve one's posture and alignment. By focusing on core strength, the little muscles in the body are enhanced so that they are more able to support the larger ligaments, tendons and joints.

What are the benefits? I am aware of better muscle tone, increased strength and flexibility and improved overall mobility. There is an added bonus – the focus on breathing is great for improving circulation and reducing stress.

All in all – I like how it makes me and my body feel. That's why I'm still taking Pilates classes and as Virginia Woolf once said, "Won't it be great when we get a room of our own!"

- Desley Peters (Kooyong Member)



Sarah Costi
Fitness Instructor / Personal Trainer

Massage

Members of Kooyong Lawn Tennis Club have exclusive access to remedial and relaxation massage therapy with the on-site massage therapist Eva. Swedish massage is available for rejuvenation or deep tissue treatment for injury management and prevention. Rebates apply for most Private Health Funds upon presentation of a signed receipt.

Bookings are available through the Pro-Shop.

**Tuesday & Thursday nights
from 5.30pm to 9.00pm**

Saturday 10.00am to 2.00pm

Personal Training

Sarah Costi has recently started at the club updating Health Appraisals and Program Show-throughs. Sarah is also an aerobics instructor, which gives her the combined training knowledge of an Aerobic and Anaerobic instructor. Sarah specialises in strength training for women of all ages and is available for one on one or two on one personal training sessions.

Anyone wishing to enquire on any area of the Health Club or activities, can contact Health Club Manager, Michael Kull, directly on 0419003762.

DIARY DATES

APRIL 2008

18 President's Lunch
featuring former Test cricketer Rodney Hogg

28 RCH Auxiliary Card Day (Sold out)

MAY 2008

2 Crèche Parents Tennis Night

4 Social Committee Mixed Doubles tennis Round Robin

11 Mother's Day Lunch (*see ad at bottom of page*)

18 Bridge Sunday Congress

23 The 2008 Champions' Dinner
Come and celebrate the achievements of another wonderful sporting year at the Club.

JUNE 2008

3 Crèche Present Buying Night at Variety Toys

13 RCH Auxiliary 70th Birthday Dinner

20 President's Lunch
- featuring former AFL star Luke Darcy as guest speaker

21 Young Members' Annual Wimbledon Ball

JULY 2008

7 50 Year members' Dinner - *hosted by Tony Charlton*

28 New Members' Night

Congratulations

The Club would like to congratulate one of our long-standing members on recently receiving the Medal of the Order of Australia (OAM).

Mr Robert Moran, who has been a member of Kooyong for nearly 54 years, was recently awarded an OAM for his service to the community through the establishment of the Myeloma Foundation of Australia and support for people with cancer and their families.

Myeloma is a cancer of the plasma cells in the bone marrow. It accounts for 1% of all cancers and 15% of blood cancers.

Although there is no cure it is an eminently treatable disease and the last decade has seen a revolution in treatment options.

Once the average rate of survival was 2 years. Today many patients lead full lives for years, even decades, after diagnosis due to the hard work Robert has put into the establishment of this Foundation.

Robert has also served as Auditor, Church Warden and fundraiser for St Mark's Anglican Church in Camberwell for many years.

Congratulations on this much-deserved award and we wish Robert luck in his continued work as President of the Myeloma Foundation of Australia.



*Mother's
Day lunch*

Sunday 11th May 2008
The Kooyong Room
12 midday – 3.00pm

Gourmet buffet lunch
Drinks at bar prices

\$50 for adults and \$25 for children
(13 years and under)

Complimentary glass of champagne
on arrival for all mothers

Fabulous entertainment provided

FUNCTIONS AT *Kooyong*

NEW MENUS IN 2008



TRY OUR EXCITING NEW FUNCTIONS MENU

Introducing brunches and hi teas with a larger variety of cocktail party, lunch and dinner menus.

The exclusive new Presidential menu is also a wonderful way to showcase your function at Kooyong.

Contact Renee Reid for more information on
9822 3333 or rreid@kooyongltn.com.au or take
a virtual tour at www.kooyong.com.au



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