SAN YSIDRO INTERNAL MEDICINE RESIDENCY

---------GENERAL PROGRAM SCHEDULE---------

- **Year One:** 5 blocks of general medical floors
- **Year Two:** 4 blocks of general medical floors
- **Year Three:** 3 blocks of general medical floors
- Each block is 4 weeks – an outpatient block is scheduled every 3rd block to facilitate access to continuity clinic patients

---------INPATIENT ROTATIONS---------

- **General Medical Floor:** Each month is divided into 2 weeks of rounding 8 am to 4 pm and 2 weeks of admitting 4 pm to 10 pm. No home calls. Residents will do 4 overnight calls from 10 pm to 6 am in the hospital. There are 7 hospitalist rounding teams and 4 admitting teams.
- **ICU:** 12 hour shifts in the ICU, residents will be on days or nights depending on their class year
- Other rotations include: Cardiology, Hematology/Oncology, Nephrology, Pulmonology, Infectious Disease, Palliative Care, and Endocrinology

---------OUTPATIENT CONTINUITY CLINIC---------

- Most clinic experiences are at the San Ysidro Health Center on Beyer Boulevard, but it is possible to have continuity clinic days at many of our other San Ysidro Health clinic sites throughout San Diego County
- Outpatient electives include Pain Medicine, Geriatrics (PACE), HIV/AIDS Clinic, Rheumatology, LGBTQ Clinic, TB Care

---------EDUCATIONAL ACTIVITIES---------

- **Morning report** from 11 am to 12 pm Monday through Thursdays at Scripps Chula Vista
- **Grand Rounds** on Tuesday 8-9 am
- **Morbidity and Mortality** conference once monthly
- **Noon conference** 12:30-1:30 Monday through Thursday via Teams
- **Didactics** with MKSAP and Medstudy as well as guest lectures from 12:30-4:30 on Fridays at SYH Precision Park
- **Journal Club** three Mondays each month
- **Sim Lab at UCSD**
**SAN YSIDRO INTERNAL MEDICINE RESIDENCY**

--- RESEARCH ---

- We offer a formalized research project with protected time during clinic months.

You will work with faculty and with a mentor who is an expert in the area of your project (cardiologist, pulmonologist, etc).

- **Year One:** Determine research project, do literature review, develop and submit IRB proposal
- **Year Two:** Collect and analyze data
- **Year Three:** Finalize project abstract, submit to conferences

--- BENEFITS ---

- $58,240 for PGY-1, competitive with Scripps Mercy Internal Medicine Residency
- Spanish Immersion 2 days a week for 12 weeks during intern year in place of noon conference
- $200/month meal stipend added to paycheck
- $600 per categorical year educational stipend for books and other expenses
- Residents receive a computer, cell phone, phone headset, and Dragon dictation software
- POCUS training and a Butterfly handheld ultrasound are provided
- MKSAP and Medstudy are provided
- California training license cost is covered
- Step 3/Level 3 cost is covered
- Funding is available for travel to medical conferences
- Sick leave is 10 days per categorical year
- Vacation is 4 weeks per categorical year
- 4 pair of scrubs and monogrammed white coats are provided
- Business cards are provided