Working for The Future

A Report on Recruiting and Retaining Gen Z

And How Gen Z is Driving Workplace Transformation
Report breakdown

*Gen Z in the Workplace*
impact | challenges | current approach | our approach

*The 4 Tenets of Gen Z Recruitment and Retention*
expectations | transparency | respect | connection

*Change in action: Communicating with Gen Z*
how to communicate effectively with Gen Z

*Conclusion*
future of the workplace | appendix | methodology | special thanks
Gen Z are rapidly becoming a force in the workplace.

30%

By 2030, Gen Z is estimated to make up 30% of the workforce (and already 27% by 2025).¹

Gen Z'ers are also bucking the trend set by Millennials to join the workforce late. The teen rate of employment (aged 16-19) is up to 33%, up from 26% of Millennials teens.²

¹: 70+ statistics on Gen Z spending habits for 2022 - Lexington Law
²: Millennial teens fled the workforce. Why are Gen Z teens coming back? - The Washington Post
Companies are facing unrivaled challenges around Gen Z recruitment and retention.

With the cost of a new hire hovering at 40% of an employee’s base salary and averaging 42 days for recruitment, recruitment and retention issues around Gen Z in the workplace create major financial challenges for organizations. With current signs pointing to more “reshuffling”, these financial problems may increase for organizations that fail to appropriately integrate young employees into the workplace.¹

27% of Gen Z expect to work for their first full-time employer for 2 years or less.²

80% job transitions are up 80% year over year for Gen Z in “the Great Reshuffle” vs 50% for Millennials³

31% of Gen Z and younger millennials reported the lowest engagement of all during the first quarter of 2022⁴

Gen Z could change jobs up to 10 times between the ages of 18 and 34, based on a survey of U.S. students⁵.

1: Average Cost Per Hire [2022]: All Cost Of Hiring Statistics – Zippia
3: LinkedIn job listing updates (2021)
4: If Your Co-Workers Are ‘Quiet Quitting,’ Here’s What That Means – WSJ
5: How will Gen Z change the workplace? | Zurich Insurance
The current approach to Gen Z workforce strategy is harmful.

Research companies, other "Gen Z consultants" and news outlets continue to highlight the differences and extremes surrounding Gen Z in the workforce, creating articles that pin generations against each other and stimulate aggressive responses from people that feel threatened by change.

This approach fortifies in-group and out-group sentiments and furthers the generational workplace divide.

It pins change as an upheaval of societal norms.
But Gen Z has been changing these "norms" across all facets of society.

Gen Z has demonstrated time and again that they have the power to affect change. Creating needed change in the workforce will be no different.
WE BELIEVE

Gen Z is leading a workplace transformation based on shared values across all generations.

and by understanding how to recruit and retain Gen Z, we deepen our understanding of the forces shaping the future of work.
QUESTION
How can organizations create cohesive Gen Z workforce strategies?
The 4 Tenets of Gen Z Recruitment and Retention

*the keys to building effective and inclusive workplace strategies for Gen Z and beyond*
1. Expectations
Establishing clear expectations enables Gen Z to prepare for the challenges they may face in the workplace.

98% 41%

of Gen Z agree that it is important to have clear expectations of the role before starting a new job (P9) with nearly 9 in 10 Gen Z'ers strongly agreeing

of Gen Z say day-to-day expectations are what they are most interested in learning about before starting a new job (P6) tied for #1 answer with salary details

If expectations are so important for Gen Z, then

What do clear expectations look like?
What do Gen Z want clear expectations on?
And why are clear expectations so critical?
Gen Z wants clear expectations on day-to-day responsibilities, long-term objectives, and the real time commitment required for the job.

Q: What is 1 thing you wish every company told you before working there?

a sample of 20 open-ended responses to Q1

78% of total responses were related to expectations.
Salary and benefit details are as important to Gen Z as knowing the day to day expectations.

Q: what is most important to know before starting a job?

“Anything that they can provide on expectations of the role would be”
- f, 23

“The most important information to receive before an internship is what is expected of you in your role”
- M, 23

In an interview it is important to talk about, “Learning what kind of expectations the job or employer has for the everyday and then also as a career at that company.”
- f, 22

Before starting an internship she would want to know “responsibilities and what we are actually going to be doing there”
- f, 22

Before starting a full time job, “I would have liked to have known what was going to be expected of me in the day to day”
- f, 23

“I want to know what I’m expected to be working on, and a full run down of what this experience is going to look like”
- f, 23

What are you most interested in learning about before starting a new job?

- day to day expectations 41%
- opportunities for growth 16%
- salary and benefits details 41%
- PTO 3%

n=415 respondents
P6 in appendix

Day to day expectations are more important than learning about opportunities for growth or vacation time, and equally as important as salary details.
EXPECTATIONS: KEY GEN Z WORKPLACE INSIGHTS

Why are clear expectations so critical to the Gen Z workplace experience?

Creating an internal locus of control

Clear expectations offer Gen Z an internal locus of control that creates more mental and emotional stability around the workplace, reduces anticipatory anxiety in an increasingly uncontrollable world and gives them the best shot at success.

Finding mental and emotional stability

Protecting emotional and mental well-being in the workplace is a priority for a generation that has been plagued by mental health challenges. By establishing clear expectations around key stressors, employers can help Gen Z create mental and emotional stability in the workplace that are foundational to psychological safety.
2. Transparency
TRANSPARENCY: KEY GEN Z WORKPLACE INSIGHTS

Transparency relieves stress for Gen Z because it takes away the worry for what the future will hold.

45% of Gen Z believe full transparency on next steps and timeline would improve the interview process the most

#1 answer choice on MC question (P1)

If transparency is so important, then

What does transparency look like?

What do Gen Z want employers to be transparent on?

And why do Gen Z want employers to be transparent?
TRANSPARENCY: KEY GEN Z WORKPLACE INSIGHTS

Gen Z wants to see transparency in timelines, salaries, and opportunities for growth.

“I’ve seen how networking can get someone from point A to point B”
- F, 22

“If you do not have the opportunity to network that would be killer”
- M, 23

Gaining transparency into not only the details of the role, but also the opportunities available for growth heavily influence Gen Z job decisions.

While these responses show nuances into the different ways transparency can manifest in the workplace for Gen Z, they all similarly point out a need for more openness with this generation.

P2 in appendix
TRANSPARENCY: KEY GEN Z WORKPLACE INSIGHTS

Salary transparency holds the #1 influence on job decisions for Gen Z.

Q: What is the #1 factor influencing your decision on accepting a job offer

Graphical display of responses to Q2

Q: Agree or Disagree: I would accept a job I don't like because the salary is good

68%

P10 in appendix

52% of Gen Z responded with pay-related answers as the most important factor influencing whether they accept a job offer (Q2).

Companies that are transparent with their salaries will have better luck recruiting Gen Z employees.

They can do this by listing salaries or salary ranges within job listings and on websites to help get rid of the taboo around talking about salary.
Normalizing salary transparency on TikTok

@salarytransparentstreet has inspired generation-wide conversations around salary transparency. They have over 843.5K followers and 15M likes on their videos.

With salary transparency being something Gen Z wants to see more of from companies, it is no surprise that people have taken to Tiktok to make this information more accessible.

Pay transparency is "the right thing to do. It shows you’re good to people." - Jessica Zwaan, Chief Operating Officer of Whereby.
TRANSPARENCY: KEY GEN Z WORKPLACE INSIGHTS

Transparent employers play helpful roles in the Gen Z recruitment process.

In today's world Gen Z can go online and learn anything they want within minutes. The seemingly unlimited amount of information available from online resources and social media enable this generation to make more informed decisions about their everyday lives. Yet this same level of access is also a curse - for information overload and analysis paralysis lead paradoxically to less action.

Transparent employers play a similar role as "authentic" brands; enabling Gen Z to make informed and confident decisions rooted in trust.

Before starting a full-time job, Gen Z wants to know “anything you can’t Google”

- M, 22
3. Respect
RESPECT: KEY GEN Z WORKPLACE INSIGHTS

Workplace respect for Gen Z means honoring boundaries, valuing contributions and protecting mental health.

34% of Gen Z say their anxiety is an emotional barrier to workplace success.¹

If workplace respect is important, then

What does respect look like to Gen Z?
What do Gen Z want employers to respect?
And why do Gen Z want employers to establish respect?

RESPECT: KEY GEN Z WORKPLACE INSIGHTS

Work-life balance is a critical part of Gen Z's desire to feel respected in the workplace.

what we are hearing online

what we heard from Gen Z

“I have a life outside of work, so I want to be able to know what that work life balance is”

- F, 24

“I'm only in touch with my boss on days scheduled to work, so I'm very strict about having work life balance”

- M, 23
Respecting Gen Z means not only showing them you value their work, but also giving them reasons to value the work they do.

42% of Gen Z say genuinely liking the job would most encourage them to return to a company after the internship. 
P3 in appendix

24% of Gen Z say knowing the company truly values [them] would most encourage them to return to a company after an internship. 
P3 in appendix

Interview quotes

“I want to feel valuable at my job in the day to day activities”
- F, 23

I would be inclined to return to a company “knowing that the work I would do would be valued and that I can find value in my own work as well”
- F, 22

I want feedback after an internship because “it is nice to be assured that you are good at your job”
- M, 22

During my internship, “They set expectations, but they never looked at me like, ‘oh I’m the intern’, they definitely saw me as an equal”
- M, 23

I’m not considering leaving my current role because “they really make it clear what my tasks are doing and the overall goals, it is really rewarding to me to see my impact”
- F, 23

Gen Z’ers talking about happiness and jobs in the comment section of a TikTok video
Respect in the workplace promotes positive mental health for a generation facing a daunting mental health crisis.

42% of Gen Z would quit their job due to burnout and a lack of work-life-balance.¹

46% of Gen Z workers feel stressed all or most of the time.²

38% of Gen Z workers have taken time off work to deal with anxiety and stress.²

82% of Gen Z workers want their jobs to offer mental health days.¹

Gen Z experiences additional mental health challenges in the workplace, and they want their employers to take steps to mitigate this. Knowing their employers respect them and respect the decisions they make to protect their mental well-being is very important.

¹ Gen Z in the Workplace- Survey by TalentLMS and BambooHR
² Many Gen Z and millennial workers feel employers only pay lip service mental health | Fortune
Culture study: Quiet Quitting
CULTURE STUDY: QUIET QUITTING

Quiet quitting demonstrates how shared generational sentiments are being both spoken up for and negatively framed.

Quiet quitting is a trending topic that promotes the idea of saying no to hustle culture and not going above and beyond for your job. After speaking out on the topic, Gen Z'ers are also being framed for a seemingly lazy approach to work. Yet it's clear from the follow-up response that this is a sentiment shared widely by many.
**CULTURE STUDY: QUIET QUITTING**

Quiet quitting really unveils a universal desire for balance and respect in the workplace.

This case study highlights how Gen Z is willing to speak up in different ways for issues that many generations feel, but may not have voiced in this manner. It is also an example of the division and hatred that can arise from framing this as a Gen Z challenge compared to a people challenge.
4. Connection
Gen Z highly values social workplace connections.

More Gen Z’ers prefer to communicate with members of their team before starting a new job than their direct supervisor, signaling the strong demand for personal connections in the workplace.

“You might not interact with your hiring manager as much as you will interact with someone underneath them, like someone who has similar responsibilities to you. It would be nice to have a contact on the team, like an onboarding buddy”
- F, 23

“I think your peers are kind of like who you go to before you go to your boss, and knowing them and talking with them beforehand just makes the work experience better. It makes it less like work and cooler, more like a group project.”
- M, 22

if connections are so important, then
Who do Gen Z most want to form connections with?
What is important to Gen Z when making connections?
Why do workplace connections have a different meaning for Gen Z?

Who would you most want to communicate with before starting a new job?

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Members of the team you’ll join</td>
<td>59%</td>
</tr>
<tr>
<td>Other new hires</td>
<td>11%</td>
</tr>
<tr>
<td>Direct supervisor</td>
<td>24%</td>
</tr>
<tr>
<td>Designated HR contact</td>
<td>6%</td>
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</tbody>
</table>

n=438 respondents
P4 in appendix
Could work besties be real besties?

Q: What is the most important thing you want to know about a new co-worker?

Gen Z think it is important learn more about a co-workers personal life than their professional life.

45% of Gen Z wants to know information about a new co-worker's personality or their interests/life outside of work.

Gen Zers want to know whether or not they are going to be just co-workers or whether there could also be an opportunity for a new friendship.

They want to know right away whether or not this new person is someone that could potentially become their next #workbestie and even their real bestie.

37% That is not to say that Gen Z does not care about what someone is like in the office as well, as 37% of Gen Zers want to know things about what someone is like to work with, such as work ethic and communication styles.
Connection: key Gen Z workplace insights

COVID disrupted Gen Z professional and personal growth, fueling desires for both professional and social connection in the workplace.

78% of 18-24 year olds reported that their professional lives were impacted by COVID, in a study by the ADPResearch.

But what often gets overlooked in these studies is that the workplace also offers social connections. For a generation that lost pivotal high school and college years from the pandemic, these social opportunities in the workplace cannot be overlooked.

While logistics was the #1 answer option (see expectations section), 45% of Gen Z selected either a group chat or a full company event, showing just how important it is to develop those connections in the workplace.

“My favorite internships were the ones where I got to meet the most people”
-F, 22

“We weren’t even sure if it was going to be in person, so the virtual communication aspect of it was very important. I’m very glad that we did because it made it so I kind of knew some of the people coming in.”
-M, 22

<table>
<thead>
<tr>
<th>What would be most beneficial to you before starting a new internship?</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group chat with other new people</td>
<td>30%</td>
</tr>
<tr>
<td>Info on housing and the location</td>
<td>20%</td>
</tr>
<tr>
<td>Logistics on materials, onboarding, etc</td>
<td>38%</td>
</tr>
<tr>
<td>A full company event</td>
<td>15%</td>
</tr>
</tbody>
</table>

n=401 respondents

PS in appendix

A group chat with other new people and a full company event were favored over logistics on materials, onboarding, etc., showing that connections can be equally or even more important than information providing clear expectations and transparency.

1: New study says gen Z workers hardest hit professionally by economic impact of pandemic - The Economic Times (indiatimes.com)
Change in action: communicating with Gen Z in the workforce

How can organizations appropriately communicate with this generation to begin enacting change?
Despite being digital natives, Gen Z prefers workplace info that is concise and easy to read over video or audio formats.

In 10 interviews we asked Gen Z'ers how they prefer to communicate with employers.

Overall, Gen Z prefers written electronic communication through email, Slack, Microsoft Teams, or another similar platform.

“I prefer email over a phone call, I feel like I can gather my thoughts before I respond to it. I can think about what I want to say and then respond” - F, 24

"I think group chats that have a distinctive reply function can be helpful. So like things like Slack, or WeChat, or WhatsApp do that, and iMessage does that as well now" - F, 22

Written information gives Gen Z the ability to consume on their own terms, and refer back to important information when needed.
GEN Z COMMUNICATION PREFERENCES

To stand out when recruiting Gen Z, follow up ASAP after an interview

During the interview process, Gen Z wants to be in contact with an employer as soon as possible following the interview. Waiting a long time after an interview creates additional anxiety and stress for Gen Z.

Here is what Gen Z'ers have to say about when they wanted communication after an interview:

"Immediately after I want a timeline for hearing back"- F, 22

"I want to hear back within 1 day"- F, 23

"After an interview I want to hear back within a day or two"- M, 22

"ASAP- I do not like a lot of time between"- M, 23

"1-2 weeks after interview for contact"- F, 22

"I prefer to hear back within a 2-week window"- M, 23
Frequent and intentional contact before starting a new job helps Gen Z feel welcomed and ready to join.

Weekly contact with Gen Z before starting a new job helps to create feelings of excitement and enthusiasm for the job for Gen Z’ers, without leaving them feeling overwhelmed.

“The more I hear from (a company), the more enthusiastic and happy they seem to be that I’m coming on the team”- F, 24

"Important to have constant communication without bombarding me"- F, 23

Before starting fulltime job, “I would have liked a little newsletter to be kept in the loop”- M, 22
Daily check-ins help facilitate all 4 of the key tenets.

While working at a job or internship, Gen Z wants to check in with their supervisor every day. Daily check-ins help to facilitate each of the 4 key tenets; creating clear expectations, being transparent with feedback and opportunities for growth, respecting contributions and strengthening social connections.

Here is what Gen Z’ers have to say about communication once starting a job:

"I need to be in contact everyday, let me know what to do and see what else needs done. Constant communication. Line out a plan" - M, 23

"If in person I would want to see someone every day, if virtual or hybrid at least twice a week follow ups, once a week isn’t enough, daily would be best" - F, 22

"Daily-2 times a week contact. I want to feel a part of the team." - F, 22

"Someone who directly oversees me should often check in, like an open line of communication every day or every other day." - M, 22

"Daily check ins with a supervisor make me feel more supported" - F, 22

"Every time I’m online I want to be in contact with someone" - F, 23
Gen Z is distracted by design; effective workplace communication is written, frequent and intentional.

With screen time doubling that of millennials, rates of diagnosed ADHD and ADD at all-time highs (and undiagnosed attention deficits likely affecting more), communicating with Gen Z is a difficult challenge for many employers. The Gen Z world is distracted by design; social media intentionally targets our eyes, and to create effective, memorable and useful communication in the workplace, it should be written, frequent and intentional.

The average Gen Z mobile screen time in 2021

6 hours and 48 minutes

which is

2.9x Boomers
2.3x Gen X
1.9x Millennials

Attention deficit is on the rise

+31%

increase in diagnosed ADHD from 2011 to 2017 among Americans aged 2-18 (Additude).

source: The Gen Z Screen Time Report by dcdx
Takeaways and the future of the workplace
Key takeaways / cheat sheet

Expectations
1. Establishing clear expectations enables Gen Z to prepare for the challenges they may face in the workplace.
2. Gen Z wants clear expectations on day-to-day responsibilities, long-term objectives, and the real time commitment required for the job.
3. Why? Clear expectations create an internal locus of control for Gen Z and contribute to higher levels of mental and emotional stability in the workplace.

Transparency
1. Gen Z wants to see transparency in timelines, salaries, and opportunities for growth.
2. Salary transparency holds the #1 influence on job decisions for Gen Z.
3. Transparent employers play helpful roles in the Gen Z recruitment process.
4. Why? Transparency relieves stress for Gen Z because it takes away the worry for what the future will hold.

Respect
1. Workplace respect for Gen Z means honoring boundaries, valuing contributions and protecting mental health.
2. Work-life balance is a critical part of Gen Z’s desire to feel respected in the workplace.
3. Respecting Gen Z means not only showing them you value their work, but also giving them reasons to value the work they do.

Connections
1. Gen Z highly values social workplace connections.
2. Gen Z look to learn more about a co-workers personal life than their professional life.
3. Why? COVID disrupted professional and personal growth, creating strong needs for both types of workplace connections.

Communication
1. Despite being digital natives, Gen Z prefers workplace info that is concise and easy to read over video or audio formats.
2. To stand out when recruiting Gen Z, follow up ASAP after an interview.
3. Frequent and intentional contact before starting a new job helps Gen Z feel welcomed and ready to join.
4. Daily check-ins help facilitate all 4 of the key tenets.
The Future of the Workplace

Reports on the future of work tend to focus on the logistics; remote vs hybrid vs in-person, automation and AI, etc. We base our predictions on the 4 core tenets that Gen Z are using to drive generation-wide changes in the workplace.

The workplace of the future is shaped equally by employees and employers.

There has been a shift in power since Gen Z began entering the workforce from employer to employee. Demands for clear expectations, transparency, respect and connection will cause workplaces unwilling to adapt to lose access to high quality talent.

The workplace of the future plays a pivotal role in addressing the mental health crisis.

With a third of life spent in the workplace, the ability of these spaces to impact the current mental health crisis is unparalleled in magnitude. Workplaces not only have the ability - they have the responsibility - to reverse the trend, and create spaces that build strong work life balance, facilitate social connections inside and outside of work, and give Gen Z opportunities to passionately remove themselves from the toxicity of being constantly online.
Appendix
Methodology

dcdx conducted both the quantitative and qualitative research for this report. The qualitative and quantitative sample of respondents was collected through The Loop, dcdx's in-house network of 75,000+ Gen Z'ers.

Funding for this research was provided by Abode, who were not permitted to approve findings from the research and were contractually prevented from having any edit privileges or contingencies over the report. While some of the findings of this study aligned with Abode' vision of recruiting and retaining Gen Z, this research aimed solely to deeper understandings of the ways in which companies can more effectively recruit and retain Gen Z talent in the workforce, and was not aligned to any one vision for the current state of or the future of work.

While the possibility always exists for bias in commissioned research, both Abode and dcdx sought to ensure the accuracy and objectivity of these findings that we believe to be novel, accurate, and generalizable.

**Qualitative methodology:**
- Social listening and secondary research
- 10 interviews
- 3 open ended questions
- Case studies

**Quantitative methodology:**
- 10 multiple choice poll questions
Appendix

Interviewee demographics

Total interviews: 10

Age of interviewees

Open ended/poll respondent estimated demographics

Estimation Method

Sampling method: Non-probabilistic sampling

Type of non-probabilistic sampling: Layered river sampling

% of estimated respondents between 14-26: 99%

Sample Demographics

Sample demographic estimates are collected quarterly and used to estimate both the broader population data and enable subgroup sampling estimates.

Age
Average: 21.7
Median: 23
Range: 19-24

Gender identity
Non-binary: 1.4%
Female: 47.5%
Male: 51.1%
Appendix

Poll 1: Which of the following would improve the interview process the most?
- 12.37% (71) A space dedicated to info about the company and role
- 11.50% (66) A personal note after the interview
- 31.53% (181) Tips from someone who was in your spot and got the job
- 44.60% (256) Full transparency on next steps and timeline
574 responses
15.80% response rate

Poll 2: What would benefit you the most during an internship?
- 38.05% (183) more networking opportunities
- 17.67% (85) more 1:1 check-ins with your supervisor
- 17.05% (82) more recognition for your work
- 27.23% (131) clearer responsibilities and goals
481 responses
21.78% response rate

Poll 3: What would encourage you most to return to a company after an internship?
- 17.14% (85) the company culture
- 16.53% (82) good relationships w/ co-workers
- 24.40% (121) knowing the company truly values you
- 41.94% (208) genuinely liking the job
496 responses
22.22% response rate

Poll 4: Who would you most want to communicate with before starting a new job?
- 58.68% (257) Members of the team you’ll be joining
- 11.42% (50) Other new hires
- 23.52% (103) Direct supervisor
- 6.39% (28) Designated HR contact
438 responses
18.82% response rate

Poll 5: What would be most beneficial to you before starting a new internship?
- 29.94% (104) group chat with other new people
- 20.20% (81) info on housing and the location
- 38.40% (154) logistics on materials, onboarding, etc
- 15.46% (62) a full company event
401 responses
18.03% response rate

Poll 6: What are you most interested in learning about before starting a new job?
- 40.72% (169) day to day expectations
- 15.90% (66) opportunities for growth
- 40.72% (169) salary and benefits details
- 2.65% (11) PTO information
415 responses
20.31% response rate

Poll 7: What do you prefer most when getting information about a new job?
- 34.90% (141) info with lots of details
- 50.74% (205) info that is concise and easy to read
- 3.22% (13) info that i can listen to via audio clip
- 11.14% (45) Info that i can watch in a video
404 responses
18.63% response rate
Appendix

Poll 8: How often do you want to hear from your new employer prior to starting a job?

- 8.61% (36) Everyday
- 69.38% (290) 1–2 times a week
- 16.51% (69) Every other week
- 5.50% (23) Once a month

418 responses
24.23% response rate

Poll 9: Before starting a new job, it is important to have clear expectations of the role.

- 88.10% (370) Strongly agree
- 9.76% (41) Somewhat agree
- 0.95% (4) Somewhat disagree
- 1.19% (5) Strongly disagree

420 responses
23.62% response rate

Poll 10: I will accept a job I don’t like because the salary is good.

- 14.36% (106) Strongly agree
- 54.34% (401) Somewhat agree
- 21.41% (158) Somewhat disagree
- 9.89% (73) Strongly disagree

738 responses
30.81% response rate

Open ended 1
What is one thing you wish every company told you before working there?
50 responses
4.1% response rate

Open ended 2
What is the #1 factor influencing your decision on accepting a job offer?
187 responses
4.71% response rate

Open ended 3
What is the most important thing you want to know about a new coworker?
112 responses
4.81% response rate