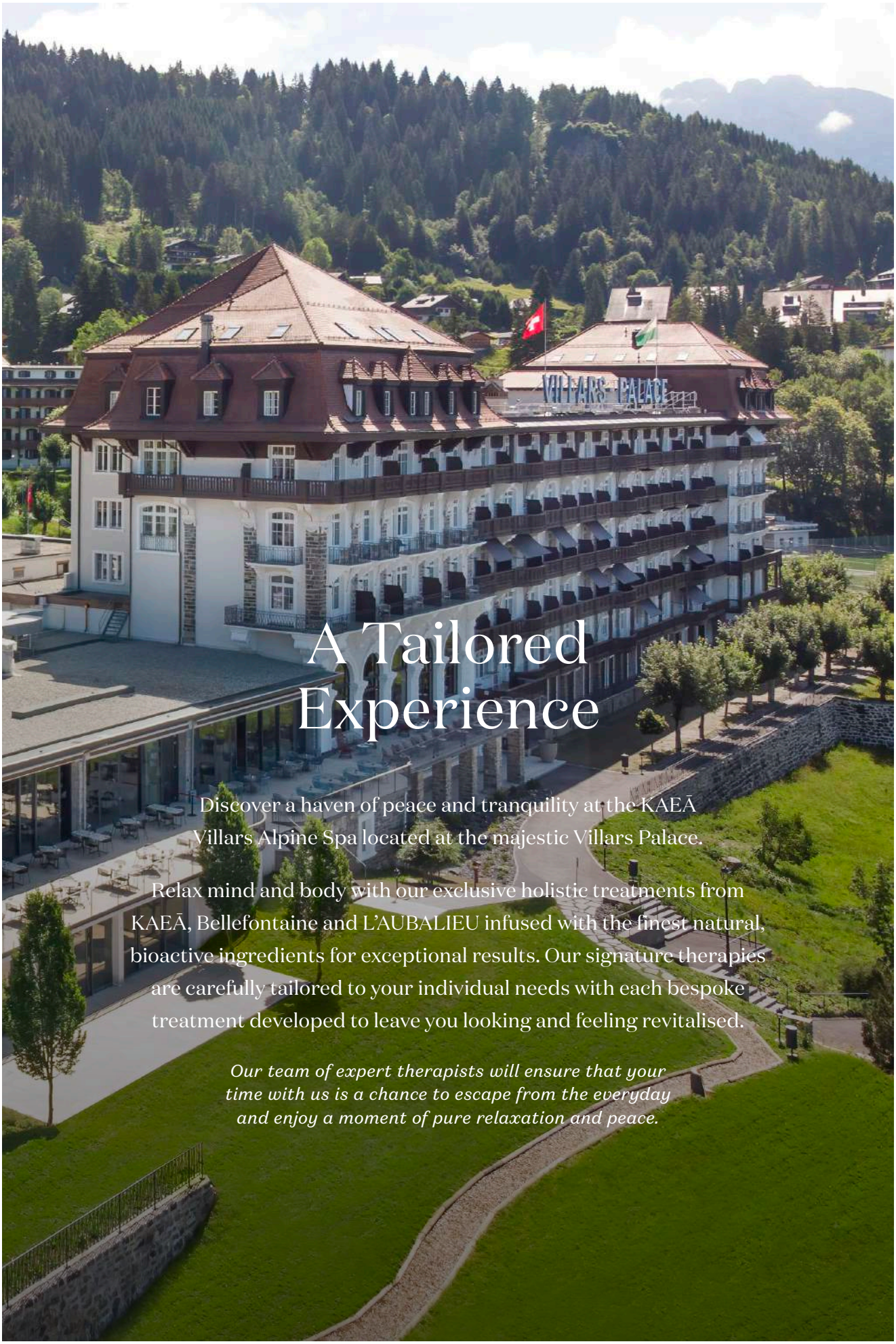
kaeā

VILLARS ALPINE SPA



A Tailored Experience

Discover a haven of peace and tranquility at the KAEĀ Villars Alpine Spa located at the majestic Villars Palace.

Relax mind and body with our exclusive holistic treatments from KAEĀ, Bellefontaine and L'AUBALIEU infused with the finest natural, bioactive ingredients for exceptional results. Our signature therapies are carefully tailored to your individual needs with each bespoke treatment developed to leave you looking and feeling revitalised.

Our team of expert therapists will ensure that your time with us is a chance to escape from the everyday and enjoy a moment of pure relaxation and peace.

Where Tranquility & Beauty Align

Set against the backdrop of the breathtaking Swiss mountains, bathed by glacial waters and surrounded by open green plains, the Villars Palace is a place of true beauty and tranquility. The KAEĀ Villars Alpine Spa serves to enhance that feeling of peace with a calming space devoted to your wellbeing and relaxation.

We have selected the finest products that support our precious environment and reduce our impact on the natural world. From recyclable materials to the responsible sourcing of our ingredients, we ensure that we leave a lighter footprint on the planet.

Each treatment at the KAEĀ Villars Alpine Spa is specially adapted to support your body's needs and bring you a deep sense of wellbeing. Our carefully curated range of beauty products have been chosen to create a unique sensory experience that will leave you reconnected, revitalised and perfectly rebalanced.

Come and explore the KAEĀ Villars Alpine Spa. With four individual cabins, each equipped with its own bathroom, a dedicated manicure and pedicure room, two private spas with bathtub, as well as two expansive spa suites featuring their own massage rooms, there is no better place to enjoy a moment of indulgence and peace. Our light-filled space features state-of-the-art fitness equipment, while our water trail will take you on an immersive, uplifting journey.

There is no better place to reconnect with nature and find your moment of serenity.

FACE TREATMENTS

Inspired by New Zealand's unique landscape, KAEĀ brings together powerful, performance-led, botanically-active skincare and targeted, results-driven treatments while supporting the biodiversity of New Zealand's precious flora and fauna.

We use only the finest natural native plants and botanicals in our products, each chosen for their skin healing properties and incredible ability to restore vitality to the skin, elevating your experience at the KAEĀ Villars Alpine Spa to a new level of sensorial indulgence.

Face Treatments /
KAEĀ

the sculptor

A high-performing, uplifting facial featuring natural sculpting techniques for visible and sustained results

This luxurious facial starts with a thorough cleanse and gentle exfoliation, before a deep-tissue facial massage using specialised facial sculpting and lymphatic drainage techniques. This performance-led facial using Kaeā's cell-nourishing, collagen-boosting, bio-active ingredients will leave your skin feeling uplifted, rejuvenated and radiant.

Time

60 minutes | CHF 240.-
90 minutes | CHF 290.-

the restorer

A deeply relaxing, restorative facial for rejuvenated skin and a soothed mind

This therapeutic treatment is so much more than a facial and can be individually tailored to your skin's concerns. Featuring high-performance balms and oils extracted from New Zealand's superhero native plants, this facial will help restore your skin's natural strength, leaving it looking rejuvenated. Revered for their skin-healing properties and high in antioxidants, these incredible ingredients, including UMF 15+ Mānuka honey, will help soothe and purify your skin. Through gentle resurfacing, calming massage and lymphatic drainage, this relaxing facial will leave your skin feeling softened, hydrated and radiant.

Time

60 minutes | CHF 240.-
90 minutes | CHF 290.-

the retreat*

Naturally lift and restore for a revitalised and rejuvenated complexion

Indulge yourself in a series of tailored facial treatments to help achieve visible targeted results. This proven repeat experience gives your skin a meaningful boost, restores your natural beauty and intensifies the sculpting benefits for longer lasting results. A KAEĀ skincare specialist will tailor-make a facial programme to best meet your needs.

Time

3 x 60 minutes | CHF 720.-
+ 20% discount on a KAEĀ product of your choosing

6 x 60 minutes | CHF 1440.-
+ 20% discount on a KAEĀ product of your choosing + gift: the KAEĀ cleanser

**to be redeemed within 12 months of purchase*

+90mins *(the sculptor, the restorer)*

Indulge in a full 90 minute experience to bring together the benefits of full body tension release combined with our highly effective sculptor facial or restorer facial. Starting with a relaxing back massage targeting key pressure points, this treatment will further help alleviate areas of tension and improve blood and lymphatic flow, leaving you feeling restored and revived. Tailored to your skin's needs, this is a high-performance treatment for body, face and mind

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Face Treatments /

Bellefontaine Switzerland

Luxurious Caviar Treatment Time Defyer

This deluxe treatment with an exclusive encapsulation of three Caviars extracts, enriched with its precious oil, is a high-tech treatment that prevents and treats the visible signs of aging, thanks to our new synergy of ultra-targeted anti-aging components and massages. The skin is left comforted, radiant, visibly smoother, and firmer, while fine lines and wrinkles are diminished.

Time

90 minutes | CHF 400.-

Cellstemine Anti-Aging with precious Edelweiss cells

Besides the amazing anti-aging performance, this treatment releases muscle tension thanks to energizing, detoxifying and stimulating massage techniques: the face, neck and décolleté are reshaped for an optimal rejuvenating effect. Skin is left looking plumped and smoothed, facial contours are reshaped and the skin texture is refined.

Time

90 minutes | CHF 350.-

Bespoke 360 degrees

After a careful analysis of your skin, your beauty therapist selects the Bellefontaine targeted products tailored to your needs and expectations in order to obtain an optimal bespoke result: the skin is rebalanced for an immediate and long-lasting result. Your skin is glowing with freshness and health. The skin appears brighter and more radiant.

Time

60 minutes | CHF 280.-
90 minutes | CHF 350.-

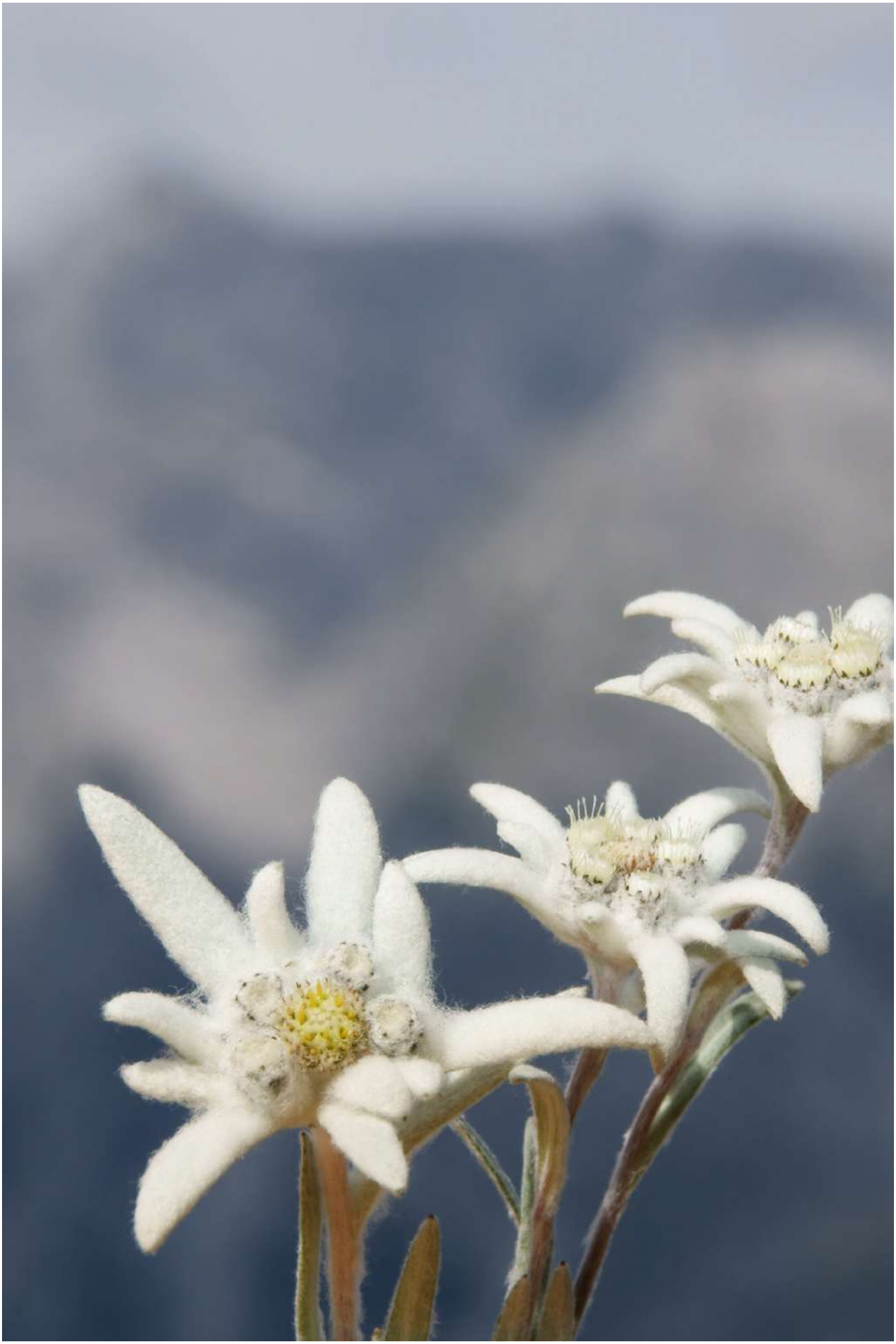
Vitality Men

A tonifying booster for tired and dehydrated skin. Includes deep cleansing that eliminates impurities for smooth and healthy-looking skin.

Time

60 minutes | CHF 250.-
90 minutes | CHF 330.-

Bellefontaine
SWITZERLAND



Face Treatments /

L'AUBALIEU

Harmony & Light

After a session of aromatherapy, your skin will be purified, exfoliated, and sublimated by the vaporization of precious mists with floral hydrolats. A tonic massage and the targeting of acupressure points will boost cellular renewal. Perfected by a moisturizing mask, your unified skin will regain its radiance and velvet touch.

Your "Harmony & Light" facial and massage is part of a holistic approach, whose philosophy aims to rebalance the flow of body and mind for a skin in total harmony. This global approach uses our products rich in concentrated botanical extracts, selected for their known effectiveness in traditional medicine, but also aromatherapy and a mindfulness treatment to awaken and harmonize your senses.

Time

75 minutes | CHF 280.-

L'AUBALIEU
SWISS LABORATORY

BODY TREATMENTS

Body Treatments / KAEĀ

the rebalancer

A powerful and rebalancing body treatment featuring our signature blend KAEĀ massage oil and a combination of specialised massage techniques to release tension, stimulate muscle recovery and enhance wellbeing. Following an in-depth consultation, your expert KAEĀ therapist will customise the treatment to your individual needs for a truly bespoke experience. Starting with a back massage, key pressure points are addressed to relax muscles and increase blood and lymphatic flow. Each Rebalancer treatment is finished with a facial massage using KAEĀ's powerful multi-nutrient enriched face balm to leave your skin hydrated and muscles and mind truly relaxed.

Extend the benefits of this restorative treatment by choosing a full 90 minute experience which features tailored body brushing to help increase lymphatic drainage and improve fluid retention for smoother, more supple skin or a hot stone massage to reduce inflammation in the skin's soft tissue and release tension in muscles for the ultimate in relaxation and rebalancing.

Time

60 minutes | CHF 240.-
90 minutes | CHF 290.-

Body Treatments /

The Palace Effect

The Bespoke

Relaxing, energizing...
Tell us what you want and experience an ultimate bespoke massage.

Time

30 minutes | CHF 110.-
60 minutes | CHF 195.-
90 minutes | CHF 245.-

The Hot Stones

This deeply relaxing massage uses heated stones that serve as an extension of the therapist's hands, gliding over the skin to release tension and promote your well-being. The heat from the stones improves blood and lymph circulation, while softening muscles and warming the entire body.

Time

75 minutes | CHF 250.-

The Bellefontaine Cold Stones Massage

This massage uses cold stones and a heavy legs relieving concentrate from Bellefontaine on your legs to increase the blood circulation. A super moisturising gel mask will be used on your face to increase the complexion of your skin and to oxygenate it.

Time

60 minutes | CHF 250.-

The Reflexology

Pamper your feet with a stimulating massage that focuses on the reflex points on the soles of the feet. This massage technique relaxes tired feet and improves health and overall well-being.

Time

30 minutes | CHF 100.-
60 minutes | CHF 175.-

The Mom-to-be

Specifically designed for the pregnant women. This soft and enveloping massage of the whole body, acts mainly on tensions and muscular pains, reducing the discomfort of heavy legs. Your skin is nourished and moisturized, limiting the appearance of stretch marks.

Time

60 minutes | CHF 195.-

Deep Tissue Massage

Relax muscles and tendons, offer many benefits such as increased joint movement, better posture, as well as feeling of well-being.

Time

Back Neck and Shoulders

| 30 minutes | CHF 130.-

Full Body

60 minutes | CHF 220.-
90 minutes | CHF 270.-

Hands & Feet Care /

The Palace

“La Colline”

Nail shaping, cuticle care with an oil and moisturise cream application.

Time

30 minutes | CHF 70.-

“La Montagne”

Nail shaping, cuticle care, sweet scrub, cream application to moisturise.

Time

With soft gel application | 75 minutes | CHF 125.-

With or without nail polish | 60 minutes | CHF 100.-

Kids Manicure “Les doigts de fée”

Nail shaping, cuticule care and application of nail polish water based formula.

Until 12 years old.

Time

30 minutes | CHF 50.-

Laying of Gel

Nail shaping, cuticule care and laying of gel.

Time

45 minutes | CHF 95.-

Soft Gel – Take off

Removal soft gel, do not accept hard gel, acrylics, and capsule.

Time

30 minutes | CHF 35.-

KAEĀ Spa joins forces with “OPI” nail products for pigment-rich nails rich in pigments, with a good with good durability and resistance to and shock-resistant.

Travel Rituals

Space Mission

Start to fly into the space with a relaxing massage with almond oil free fragance following by a rainbow bubble bath under the stars.

Bath bomb maker gifted at the end of the treatment.

Time

45 minutes | CHF 165.-

For a child under 16, an accompanying adult is required.

Bellefontaine sails to Egypt

Travel to the land of the Pharaohs and relax with a shea butter body scrub followed by a donkey milk and honez bath, a black mud wrap and a Bespoke Bellefontaine facial.

Time

2h15 | CHF 580.-

KAEĀ New Zealand

The ultimate luxury experience in total relaxation and revitalisation, offering exceptionally powerful, botanically-active ingredients for skin and body wellbeing. Harnessing the unique power of New Zealand's native ingredients, this therapeutic signature treatment includes deep relaxation, full body massage and a tailor-made facial using specialised massage techniques to meet your skin's needs. The ultimate all-sensory treatment for deep nourishment and rejuvenation of body and mind.

Time

2h15 | CHF 460.-

Bespoke For You

At the KAEĀ Vilalrs Alpine Spa, we place an emphasis on creating treatments that are bespoke to you. Our team of highly trained therapists ensure that every moment is tailored to your needs so you can look and feel your very best.

Create your own tailored treatment protocol and match our therapies to your life. From a relaxing massage to a reviving Oak Moss Sugar Scrub and facial. Or perhaps The Elements treatment to soothe away a day on the piste, allow our therapists to guide you and create an unforgettable spa experience.

Add ons /

Extend the Pleasure

Anti-Fatigue Remineralizing Body Wrap | Bellefontaine

Especially recommended after muscular efforts, this treatment activates the microcirculation, improves detoxification, moisturizes the skin and relaxes. You instantly regain a feeling of vitality and lightness.

Time

30 minutes | CHF 130.-

The Elements | KAEĀ

Discover the unique benefits of a KAEĀ facial treatment with this targeted, express 15-minute rescue facial.
An effective results-driven treatment developed to help your complexion recover from the effects of exposure to the elements, it envelops the skin in a blend of potent botanical oils and balms, each chosen for their natural affinity to the skin which absorb readily for enhanced efficacy. Using powerful, plant-based New Zealand ingredients, this facial will deeply moisturise, nourish and revitalise your skin and leave you feeling ready to face another day on the slopes. A great introduction to the beautiful, reparative properties of KAEĀ skincare.

Time

15 minutes | CHF 70.-

Deluxe Scrubs

- **Sweet oak moss**
- **Salty fern & underwood**
- **Shea Butter**

Our handmade Swiss scrubs are made of coconut oil and organic refined shea butter. Application of a moisturising Edelweiss body oil after exfoliation.

Time

45 minutes | CHF 150.-

On Request

We offer different types of waxing. Please specify your wishes at the reception desk.

FOR YOUR COMFORT

Reward bookings

For every eighth body or face treatment booked a complimentary treatment is offered*.

**Treatment to be chosen by spa based on value spent.*

External guests

Admission for treatments every day between 10am and 8pm subject to availability. Daily entry is from 9am to 9pm.

Children

Access to our water trail and fitness centre is reserved for those over 16 years old.

Your stay with us

We aim to provide a peaceful setting for all spa guests, and so we ask you to please keep your mobile devices on silent. Please also limit the taking of photos and videos. We are committed to protecting the privacy of our users. KAEĀ Spa is a sanctuary of peace and tranquility, so please consider your fellow guests and keep noise to a minimum so as not to disturb them. Smoking is not permitted. The spa team reserves the right to refuse access to anyone whose dress or behaviour may disturb or endanger other guests at the spa or surrounding areas.

Pregnant women

Not all treatments are recommended during this special time and massages should only be performed after three months (12 weeks). Our spa team will be pleased to guide you with the most suitable treatments.

Arrival

We recommend that you arrive up to 30 minutes before your treatment starts in order to complete a brief consultation form and change. Then enjoy 60 minutes of relaxation in our beautiful spa facilities.

Valuables

Lockers are available on request although we kindly ask you not to bring valuables. The management accepts no responsibility in case of loss or theft.

Dress code

Bathing suits are required for use in thermal areas. Bathrobes and slippers are available in your room. Towels are at your disposal in the water trail.

Allergies and special care

Please advise us of any health problems, allergies or injuries that may interfere with your use of the spa facilities or affect your treatment when making your reservation.

Aftercare

We recommend that you avoid direct sunlight and sunbathing after any massage, facial for at least six hours. To extend your spa experience at home, a variety of products are available to purchase at the Spa reception.

Payment

For hotel guests, all treatments will be charged to your room and will appear on your account when you check out of the hotel. Major credit cards or cash are accepted at the Spa reception. Please note that all treatments include 7.7% VAT.

Food and drink

Outside food is not permitted.

Lateness & cancellation policy

A 50 % charge will be incurred for any treatment not cancelled at least 5 hours prior to your scheduled time for a treatment and 24 hours for travel rituals.

In case of late arrival, we will do our best to offer you a full treatment. Please be aware that your late arrival may result in the reduction of your treatment time as a courtesy to our next guest.

KAEĀ

VILLARS ALPINE SPA

Opening hours

The KAEĀ Spa is open daily and treatments
are provided from 10:00 am to 8:00 pm.

Reservations

For enquiries or reservations, please dial the Spa key as indicated on your phone screen
or **call us** +41 (0)24 496 22 23 or **email** wellness@var.ch or **website** https://spa.var.ch
Reservations are recommended to guarantee your preferred treatment time.