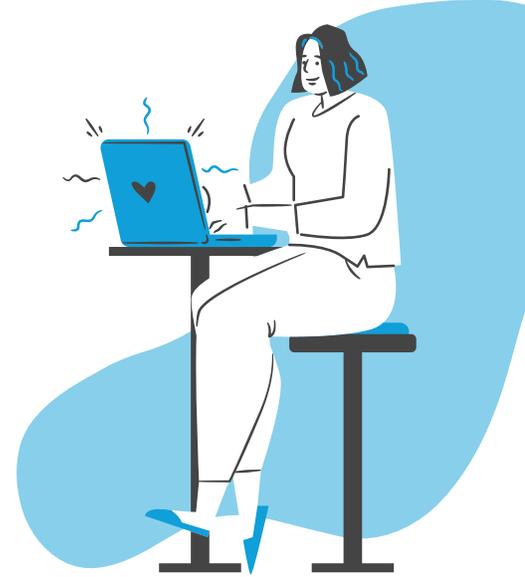


HOW NEUROFIT HELPED A STROKE SURVIVOR TO GET THEIR LIFE BACK



Maysyn's Story

ABOUT MAYSYN

At only 24-years old, the life of this West Coast of Canada resident was changed forever as she became the victim of 2 strokes that left her on life support. Her recovery journey was just beginning as she left the hospital that saved her life.

MAYSYN'S CHALLENGES

After fighting for her life in the hospital and inpatient rehabilitation and therapy programs, Maysyn was discharged with several challenges still to overcome.

THE CHALLENGE

- Difficulty controlling **impulsivity** and low **motivation**.
- Poor **coordinated movement** and motor control.
- Reduced **short term** and **working memory** capacity.
- Easily **distracted** and **shorter attention span**
- Difficulty following directions or **processing information**.



IMPACT ON LIFE

- Increased **mood volatility** and **frustration**.
- **Loss of independence** and difficulty in tasks like cooking and writing.
- Easily **forgot important info** like phone numbers, and grocery lists.
- Unable to **participate in conversations** with friends and family
- Difficulty in following recipes or navigation/maps when hiking.



Maysyn wanted to get back to the **active member of her community**, workplace, and family that she once was. She wanted to be more **independent** and **strengthen her mind**, and be able to advocate that recovery is possible for others like her.

Unfortunately, her area had limited numbers and kinds of options to address these concerns. Many were prohibitively expensive. Others required too much travel to access at all.



THE SOLUTION

Neurofit and Maysyn's team of care providers came together to address what was important to her, in particular: **accessibility**, staying engaged and **maintaining a challenge** for herself, and being able to **evaluate progress at any time**.

Ultimately Maysyn chose Neurofit because:

- It personalized to her unique needs, and automatically adapted to her abilities.
- Easy to access information, and remote availability to work around her life.
- She was able to engage in new ways with therapy to build consistency, independence, and confidence to take on new challenges.

MAYSYN'S OUTCOMES

Over 4 weeks, with daily use.

57%

IMPROVEMENT IN MEMORY

Others like her have seen a **61%** improvement, on average.

34%

IMPROVEMENT IN ATTENTION

Others like her have seen an **28%** improvement, on average.

82%

IMPROVEMENT IN PROCESSING

Others like her have seen an **81%** improvement, on average.

I believe as a young stroke survivor, I need to be constantly challenged, and I'm happy to say Neurofit does that for me.