

Only 100%
Eg PLANT
BASED

Tamagoyaki

Nutritional Info

	per 100 g	
Energy	122	kcal
Protein	8.1	g
Fat	2.8	g
- saturated fat	0.5	g
- trans fat	0	g
Cholesterol	0	mg
Carbohydrate	15.8	g
Dietary Fibre	5	g

Contains Soy*



No!



Yes