



The unexpected truth about the ways environment changes biology, psychology, and behavior







**Dr. Gustavo Grodnitzky** is a speaker, consultant, psychologist, and author whose diverse background brings a unique and multidimensional perspective to his global clients. After obtaining his Ph.D. in clinical and school psychology, he completed post-docs in both cognitive therapy and forensic psychology. He previously ran an inpatient drug rehabilitation unit in a correctional institution and an outpatient mental health center.

Since the year 2000, Dr. Gustavo has focused on engagements with corporate clients and has worked with Global 1000 companies around the world, as well as with smaller, often family run, businesses. As a professional speaker and consultant, he has delivered more than 2,000 presentations on a variety of topics, including corporate culture, emotional intelligence, building trust in organizations, and integrating multigenerational workforces.

Dr. Gustavo's recent book, *Culture Trumps Everything: The Unexpected Truth about the Ways Environment Changes Biology, Psychology, and Behavior*, investigates the powerful ways that organizational culture impacts the creation of "quintessence" in organizations. It is this quintessence – the balance of connectedness, trust, shared common language and time perspective in an organization's culture – that ultimately determines the success and sustainability of organizations. If we want to ensure the best possible outcomes for ourselves and our organizations, we must focus on developing an organizational culture that fosters quintessence – and leads to success for all stakeholders – because...culture trumps everything.

When not traveling to see clients or give presentations, Dr. Gustavo lives with his dog and cat in Denver, Colorado.



### **EXERCISE:**

Creating a subculture with two new rules:

1.

2.

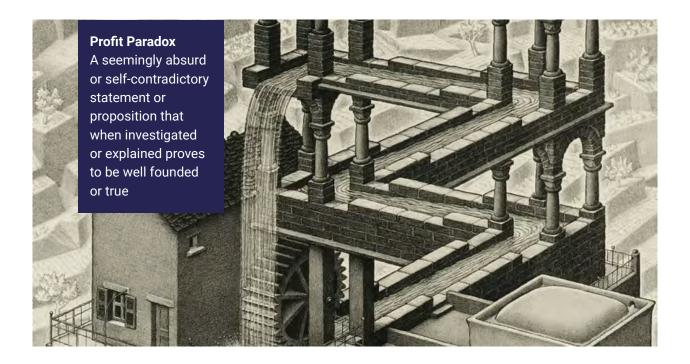


- 1. Culture-Shift Steps
- 2. Profit Paradox
- 3. Culture Factors
- 4. Results
- 5. Debrief

### **Keep Track!**

Anytime you observe one of the following steps during the meeting, please make a note here for discussion at the end of the program.

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<b>3.</b> ₄	.2. Be supportive. Be understanding	
3.5	.3. Use Leadership Superpowers	
<u> </u>	ioi ose readership superpowers	
lor	onitor the behavior over time	
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### **Profit Paradox**



### **Paradox**

Classic Capitalism vs. Social Capitalism Shareholders vs. Stakeholders

Factors of Production: Capital, Labor, Land



Profit follows performance for all stakeholders

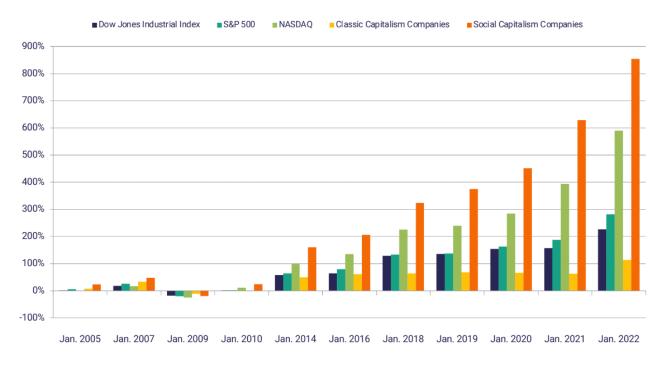
### **KEY FEATURES:**

Classic Capitalism:

Social Capitalism:

### **Profit Paradox**

### **PROFIT COMPARISON**



©"Culture Trumps Everything" by Gustavo Grodnitzky, Ph.D.

### **KEY TAKEAWAYS:**

1.

2.

3.

### **Culture Trumps Psychology**

**ABCs of LAW ENFORCEMENT** 

A	Average to above average intelligence	
В	<b>Behavior</b> that is free from psychopathology	
C	Conscientiousness	
KEY TA	AKEAWAYS:	
1.		
2.		
3.		
<b>.</b>		
WHAT	ABOUT CULTURE FIT?	

### **Epigenetics**



### **KEY TAKEAWAYS:**

1.

2.

3.

### **Epigenetics**











- Epigenetics do change
- Changed by how we live (what we do, eat, drink and how we manage stress/adversity)

#### **KEY TAKEAWAYS:**

1.

2.

3.



#### **Culture** Factor

### **Connectedness**

### COMPETITIVE DRIVES ARISE WHEN PRIMARY DRIVES ARE STIFLED



### **Culture** Culture | 1 Factor |

### **Connectedness Exercise**

### Connectedness can be demonstrated in variety of ways







**Cognitive** 

**Physical** 

**Emotional** 

#### **EXERCISE:**

1.	1.	1.
2.	2.	2.
Conclusion:	Conclusion:	Conclusion:
Action:		

Culture Factor

### Connectedness

COGNITIVE

- Taking the perspective of others
- Understanding their circumstances
- Understanding their challenges



DR. GUSTAVO

#### **Culture** Factor

### **Belong — Cause**



### **CAUSE**

- Meaning
- Significance
- Big Picture
- Purpose
- Profit?

### How does what you do:

- Change the world?
- · Change human experience in the world?

**MISSION:** 

**CAUSE:** 

#### Culture | Factor

### **Belong - Cause**

SMITH CORONA | 100 year history of innovation



Culture | Factor

### **Belong** — Cause

**SMITH CORONA + ACER** 



**EXERCISE: DEBRIEF VIDEO** 

### $\underset{\text{Factor}}{^{\text{Culture}}} \mid 5$

### **Quintessence**

#### THE FIFTH ELEMENT



### **Cultivating a Culture of Success**

**DEBRIEF** 



**Connectedness** 



Quintessence

Relationships Cause

### Ritualize a new Behavior in the NEXT 30 DAYS

Complete the following plan to ritualize a new behavior, then execute over the next 30 days.

Display the Behavior What is the behavior:	
xperience the Behavior	
Performance standard, responsibility, authority. What behaviors will <b>you</b> com	
to ensure members of your culture <u>experience the</u> <u>behavior</u> you want to see?	,
itualize the Behavior	
Accountability. What backsliding or obstacles do you anticipate? How will you o	vercome them?
Be supportive. Be understanding. What words or phrases will you use to demon	nstrate that you're
supportive and understanding?	
Use Leadership Superpowers: Recognition, praise, and gratitude. When will yo	ou show recognition
praise and gratitude? How will you communicate it?	
Ionitor the behavior	
What signals and metrics will you use to ensure the behavior is being ritualized?	

#### Ritualize a new Behavior in the NEXT 30 DAYS

Complete the following plan to ritualize a new behavior, then execute over the next 30 days

1. Display the Behavior What is the behavior:

Working collaboratively and sharing responsibility for accomplishments. IE. "Joe and I worked on this..."

#### 2. Experience the Behavior

Performance standard, responsibility, authority. What behaviors will you commit to in order to ensure members of your culture experience the behavior you want to see?

- I will strongly encourage work in conference rooms rather than an office.
- I'll ask in meetings for team members to share the outcomes of their collaboration.
- I'll ask questions like "who are you working with on this project?" a standard question of discussion.

#### 3. Ritualize the Behavior

Accountability. What backsliding or obstacles do you anticipate? How will you overcome them?

<<ple><<ple><<ple>out>></ple>

Be supportive. Be understanding. What words or phrases will you use to demonstrate that you're supportive and understanding?

- Oooh, that wasn't exactly what we agreed to. Can we try that again?
- That was a good effort but didn't quite make our standard. Let's try that again?
- That was really close. I know you can do it because you've done it before

Use Leadership Superpowers: Recognition, praise, and gratitude. When will you show recognition, praise and gratitude? How will you communicate it?

In meetings, I'll ask for a team member to recognize someone else that they collaborated with this week and I'll praise both the recognizer and the recipient. "Thank you for being so collaborative and sharing the credit, that is exactly who we are."

#### 4. Monitor the behavior

What signals and metrics will you use to ensure the behavior is being ritualized?

- Are team members giving credit to others?
- Are they taking credit themselves, always working alone?

### **Culture Transformation Academy**

## **GMC** GENERATIONS MASTER CLASS

### Maximize the performance of Gen Zs & Millennials in the workplace

Gen Y (Millennials) are stepping into critical leadership and decision-making roles, wanting to change the world and the organizations they are part of. Gen Z is surging with creativity, passion, and the drive to succeed. But what motivates, retains, and builds loyalty in these younger generations versus older generations in the workplace?



#### **Product Overview**

In this five-part, self-paced online course, learn how to engage the largest generation in today's workforce — the future leaders of your company. Dr. Gustavo will teach you specific, concrete steps to motivate, compensate, attract, and retain these high-caliber recruits. Become a leading, destination workplace by understanding and leveraging Gen Zs and Millennials in the workplace.

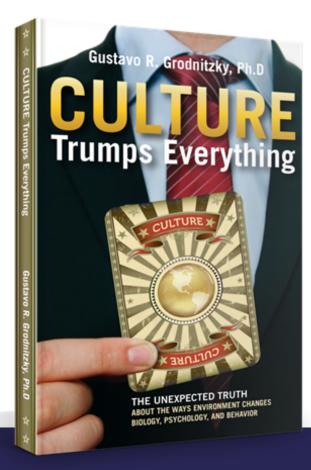
This program will provide a roadmap to steer your culture toward one that creates raving fan employees - particularly your millennial employees.

Participants will learn clear, specific, and concrete steps you can use to more effectively motivate, compensate, recruit and retain these future leaders.

drgustavo.com/online-courses

# Thank You

**KEYNOTES** WORKSHOPS **MASTERCLASSES** 



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