

Stories of Native Americans

History

Stories of Native Americans

Grade(s) 1 (suitable 2 3)



About the Course

Grade 1 students read tales of their nation's indigenous people. The captain ideas in this course are that 1) "Native Americans" are not one people group, but many, with very diverse cultures, languages, and ways of living, and 2) Their cultures and ways of living were heavily informed by the geography of where they settled, since they could only use what was available naturally for food, shelter, water, and clothing. Teachers are highly encouraged to research the tribes that lived near your home in addition to the ones you will read about this year. Look for museums, living history shows, state and national parks, etc., where you can see artifacts and hear stories. Pretend play and scouting activities that reflect the books are also highly encouraged. You'll also find suggestions for afternoon occupations included on the right column of the lesson.



Scheduling

Stories of Native Americans

GRADE	MIN.	xWK	MORN.	TEACH.	TOPIC (S)	BOOK(S)
1	10	1	*		US History	The Very First Americans, Frozen Land, Tales the Totems Tell

_ = afternoon

* = morning

= full teacher attention

= half teacher attention

= little teacher attention

Weekly View

Day 1	Day 2	Day 3	Day 4	Day 5
		Stories of Native Americans		



Planning & Prep

LINKS: Click text or scan the QR code in the top corner of the lesson plan pages to view online resources associated with the lessons.

Responsibility for previewing all links rests with the teacher. All links were checked at the time of publication; however, websites change frequently and may contain objectionable content. Please report broken links by contacting us through our website.

☐ Go through the lessons and decide if you want to print the images provided in links. Store these with lesson plans for easy access.



Books & Resources

- ☐ The Very First Americans
- ☐ Frozen Land
- ☐ Tales the Totems Tell



Quick Links (not live in Sample)

- ∞ Master Program
- ∞ Master Supply List
- ∞ Foundations: Relational Ideas
- ∞ Foundations: Relational Methods
- ∞ Further Resources by Subject and Topic
- ∞ Scheduling Resources

Click THIS text
or scan the QR
code for links.



Stories of Native Americans

How To Teach



Prepare

Read through the lesson and gather any materials or find any necessary links. If you have not already read the book, you may want to read the selected pages in advance.



Recap

Connect back to the previous lesson. Ask students to give a summary of what they remember. (Full narration is not necessary.)



Introduce

Use a picture, map, or engaging question to peak the students interest in the day's lesson. If necessary, you may talk about one or two unfamiliar words that will be crucial to understanding.



Read

Read the day's passage aloud.



Narrate

Have students retell the passage orally.



Discuss

Give the student an opportunity to share thoughts on the lesson and any connections made. You could ask them what they thought about the passage or ask an open-ended question.

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Term 1

WEEK 1 Lesson 01

☐ 01 The Very First Americans: The First Americans

→ INTRO

Point to Iraq (Tigris and Euphrates Rivers) on a globe. This is where the Garden of Eden is believed to have been. From there, where could people spread out and walk as the population grew? Point to North America. Could they walk here? How do you think they might have gotten here?

→ READ, NARRATE, & DISCUSS

The Very First Americans p.1
"Long, long ago" – "The name stuck."

→ LOCATE

Find the Bering Strait on the globe.

• BRUSH DRAWING – Illustrate a scene from story.
The Very First Americans p.1

WEEK 2 Lesson 02

☐ 02 Frozen Land: People of the Tundra

→ INTRO

When the first people came to America, some stayed in the frozen north (see picture). Humans need food, water, shelter, and the right clothing to survive. How might you get these things if you lived here? Find the Hudson Bay on a globe. This is where our story takes place. Is it near where you live?

∞ Image Link: Frozen Tundra

→ READ, NARRATE, & DISCUSS

Frozen Land p.1-8
"As the sun" – "be a fish."

• BRUSH DRAWING – Illustrate a scene from story.
Frozen Land

WEEK 3 Lesson 03

☐ 03 Frozen Land: Caribou and Other Animals

→ INTRO

What kinds of animals do you think live near Kenalogak? What do you think they might eat?

→ READ, NARRATE, & DISCUSS

Frozen Land p.9-16
"Kenalogak loves" – "the wolf skin."

• SCOUTING
Go to a natural area near your home. Imagine you are a Native American living in that place. How would you find or make food, water, shelter, and clothing so you could survive?

Stories of Native Americans

Click THIS text or
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links.



Term 1

WEEK 4 Lesson 04

□ 04 Frozen Land: Making an Igloo

→ INTRO

What do you like to do when you spend time with your grandparents?
Are there any special stories or songs they like to share? Today,
Kenalogak's grandparents are coming for a visit.

→ READ, NARRATE, & DISCUSS

Frozen Land p.17-27

"Playing outside" – "snow and ice."

WEEK 5 Lesson 05

□ 05 Story: The Owl and the Lemming

→ INTRO

This is a "trickster tale" from the Eskimo/Inuit people. Lots of cultures
have these kinds of stories. In the video, you will hear Inuit language
and music. See if you can figure out why this kind of story is called a
"trickster tale."

→ VIEW & NARRATE

∞ Video Link: Owl and Lemming

• BRUSH DRAWING – Illustrate a
scene from story.
The Owl and the Lemming

WEEK 6 Lesson 06

□ 06 The Very First Americans: People of the Pacific Northwest

→ INTRO

Not all of the first Americans stayed in the frozen north. Look at this
picture. How is the land different from where Kenalogak lives? What do
you think people who settled here may have used for food, water,
shelter, and clothing?

∞ Image Link: Pacific Northwest

→ READ, NARRATE, & DISCUSS

The Very First Americans p.3-8

"Tribes like the Chinook," – "rich he was."

• BRUSH DRAWING – Illustrate a
scene from story. Paint a
picture of the village.
The Very First Americans p.5-6

WEEK 7 Lesson 07

□ 07 The Very First Americans: Comparing Two Ways of Life

→ VIEW & DISCUSS

Study the picture. Talk about some of the differences you notice
between how these people live and how Kenalogak's family lives. If
Kenalogak came for a visit to this village, what might she find strange?
If one of these children were to visit Kenalogak, what would she need
to do differently to survive?

The Very First Americans p.5-6

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Term 1

WEEK 8 Lesson 08

☐ 08 Totem Poles

→ LOCATE

Find British Columbia on a globe. Is it very close to Hudson Bay? Is it close to where you live? The people we will learn about today live here.

→ INTRO

In this video, we learn about totem poles and other parts of the culture of the Pacific Northwest tribes.

→ VIEW & DISCUSS

∞ Video Link: Pacific Northwest People

• BRUSH DRAWING – Illustrate a scene from story. Paint a totem pole.

WEEK 9 Lesson 09

☐ 09 Totem Tales

→ READ, NARRATE, & DISCUSS

Tales the Totems Tell (PDF)

"The First Totem Pole" p.1-9

"When Ramlaryaek" – "the totem pole."

WEEK 10 Lesson 10

☐ 10 Totem Tales (cont.)

→ READ, NARRATE, & DISCUSS

Tales the Totems Tell (PDF)

"The Raven and the Indians" p.10-17

"Of all the" – "touched the moon."

• BRUSH DRAWING – Illustrate a scene from story.
Tales the Totems Tell "The Raven and the Indians"

WEEK 11 Lesson 11

☐ 11 Catch-Up Day

→ CATCH UP

Use this time to catch up on lessons in this or another course, or explore Extra Helpings.

WEEK 12 Lesson 12

☐ 12 Exam Week

→ EXAMS

Answer question(s) related to course.

Questions will come from:

The Very First Americans, Frozen Land, & Tales the Totems Tell

Stories of Native Americans

Examination

Term 1

GRADE 1

- Tell about the people of the frozen tundra OR Tell about the people of the Pacific Northwest.
- Tell the story of the Owl and the Lemming OR Tell the story of the Raven and the Indians.

Stories of Native Americans

Extra Helpings

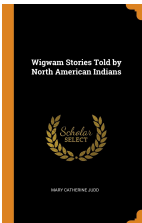

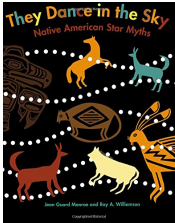
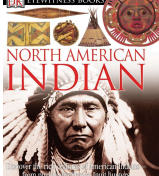
Projects & Activities

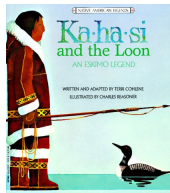
For students with a high level of interest.

Term 1

- ☐ Go fishing.
- ☐ Play the "Slippery Stick Game."
- ☐ Make a totem pole out of an empty paper towel roll. Can you use it to tell the story of your family?
- ☐ Visit a museum or learning center for people of the Pacific Northwest.

Books, Games, and More

RESOURCE	INFORMATION	SCOPE	BUY/FREE
	Wigwam Stories Told by North American Indians by Mary Catherine Judd ISBN/ASIN 342201379 → This is a collection of traditional stories from various indigenous tribes. This book is in the Public Domain and can be accessed on Hathitrust.org.	Term 1 Term 2 Term 3	<u>\$29.00</u>
	The Book of Nature Myths for Children by Florence Holbrook ISBN/ASIN 1482037114 → This book contains 53 nature myths, mostly from Native American traditions.	Term 1 Term 2 Term 3	<u>\$8.00</u>
	They Dance in the Sky: Native American Star Myths by Jean Guard Monroe & Ray A. Williamson ISBN/ASIN 618809120 → This book tells the Native American stories behind constellations. It would be particularly good for those with high interest and some background in astronomy.	Term 1 Term 2 Term 3	<u>\$9.00</u>
	North American Indian by David Murdoch ISBN/ASIN 9780756610814 → Children will enjoy looking at pictures of Native American artifacts as they read about the many diverse tribes.	Term 1 Term 2 Term 3	<u>\$13.00</u>

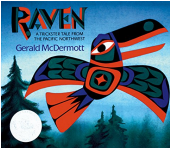


Ka-ha-si and the Loon: An Eskimo Legend by Terri Cohlene
ISBN/ASIN 816723591

Term 1

[\\$23.00](#)

→ In this beloved Eskimo legend, an idle sleepyhead becomes the champion who saves his people from famine and disaster.

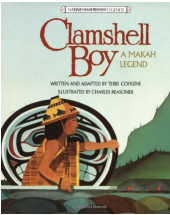


Raven: A Trickster Tale From the Pacific Northwest by
Gerald McDermott
ISBN/ASIN 152024492

Term 1

[\\$8.00](#)

→ Raven, the trickster, wants to give people the gift of light. But can he find out where Sky Chief keeps it? And if he does, will he be able to escape without being discovered? His dream seems impossible, but if anyone can find a way to bring light to the world, wise and clever Raven can!



Clamshell Boy: A Makah Legend by Terri Cohlene
ISBN/ASIN 816723613

Term 1

[\\$22.00](#)

→ This book retells the legend of Clamshell Boy, who rescues a captured group of children from the dreaded wild woman Ishcus; includes information on the customs and lifestyle of the Makah Indians.