Myopia Managed:
Six Questions to Ask Your Child’s Optometrist

Myopia, or short sightedness, gets worse over time, and can even lead to serious, sight-threatening eye diseases that impact your child’s success. That’s why talking with your child’s optometrist about new treatment options for myopia is important to limit the disease’s progression. We’re here to make sure you’re prepared for that conversation by equipping you with questions to help guide the discussion.

1. How often should my child receive a comprehensive eye examination?

2. What is myopia and what are the signs and symptoms? Will it get worse as they get older?

3. What factors can contribute to myopia progression and are there any long-term consequences?

4. Are there any tips and tricks I can use to reduce the risk of myopia or limit the disease’s progression in my child?

5. If my child is diagnosed with myopia, what treatment options currently exist to slow its progression beyond traditional glasses and contact lenses?

6. Of existing treatment options, which one makes the most sense for my child, and what does that treatment plan look like?

Learn more about myopia and GMAC on our website by scanning our QR code.

The Global Myopia Awareness Coalition (GMAC), formed in early 2019, is composed of leading ophthalmic companies and eye health associations with the goal of promoting public awareness of myopia in children as a treatable disease, encouraging parents to regularly get comprehensive eye examinations for their children, and advocating for the use of treatments that have been shown to slow the progression of myopia.

References: