

Matthew Miller, Physical Therapist

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Education:

University of Florida Health: Gainesville, Florida

- Sports Physical Therapy Residency (ABPTRFE Accredited)
- August 2019 – August 2020

Western University of Health Sciences: Pomona, California

- Doctor of Physical Therapy (DPT)
- August 2015 – August 2018

Weber State University: Ogden, Utah

- Bachelor of Science (BS) – Human Performance Management
- August 2009 – April 2012

Professional Experience:

Irvine Orthopedic Sports Therapy: Irvine, California

- Physical Therapist
- Sports/Orthopedics (Outpatient)
- May 2021 – Current

Movement for Life Physical Therapy: San Luis Obispo, California

- Physical Therapist
- General Orthopedics (Outpatient)
- September 2020 – May 2021

UF Health – Shands (Orthopedic Sports Medicine Institute): Gainesville, Florida

- Sports Physical Therapy Resident / Physical Therapist
- Sports/Orthopedics (Outpatient)
- August 2019 – August 2020

Elite Motion Physical Therapy & Sports Medicine: Arcadia, California

- Physical Therapist
- General Orthopedics (Outpatient)
- February 2019 – July 2019

Kaiser Foundation Rehabilitation Center: Vallejo, California

- Student Physical Therapist / PNF Program Resident – Inpatient Neurological Rehabilitation
- General/Spinal Cord Injury Unit
- January 2018 – July 2018; October 2018 – December 2018

Licenses:

- Physical Therapy Board of California: Licensed Physical Therapist
 - License Number: 296009
 - Issuance Date: 11/29/2018
 - Expiration Date: 8/31/2024

Certifications:

Sports Clinical Specialist: SCS

- American Board of Physical Therapy Specialties
- July 2021 – June 2031

Emergency Medical Responder: EMR

- American Heart Association
- July 2020 – July 2024

November 2022

Certified Strength and Conditioning Specialist: CSCS

- National Strength and Conditioning Association
- December 2014 – December 2023

Registered Strength and Conditioning Coach: RSCC

- National Strength and Conditioning Association
- January 2015 – January 2023

Strength and Conditioning Coach Certified: SCCC

- Collegiate Strength and Conditioning Coaches Association
- May 2015 – May 2025

Certified Sports Nutritionist: CISSN

- International Society of Sports Nutrition
- September 2017 – September 2023

Certified PNF Therapist: IPNFA – Level V

- International Proprioceptive Neuromuscular Facilitation Association
- December 2018 (Does not expire)

Level I Weightlifting/Sports Performance Coach: USAW-L1

- United States of America Weightlifting
- May 2014 – July 2023

Certified in Personalized Blood Flow Restriction: ORS-PBFR

- Owens Recovery Science
- May 2019 (Does not expire)

Functional Range Conditioning Mobility Specialist: FRCms

- Functional Anatomy Seminars
- September 2021 (Does not expire)

Publications:

- Blood Flow Restriction Training for Subacromial Pain: Two Case Reports (Lead Author)
 - Journal of Orthopedic and Sports Physical Therapy – Cases
 - Volume 2; Number 2; May 2022
 - Co-Authors:
 - Giorgio Zeppieri Jr., MPT, SCS, CSCS
 - Kevin Farmer, MD
 - Federico Pozzi, PT, MA, PhD

Presentations:

- Blood Flow Restriction: A Case Series of Recreational Female Athletes with Subacromial Shoulder Pain
 - APTA Combined Sections Meeting (2021)
 - February 2021
 - AASPT Team Concept Conference (2020)
 - December 2020
 - Co-Authors:
 - Giorgio Zeppieri Jr., MPT, SCS, CSCS
 - Federico Pozzi, PT, MA, PhD

References: Available upon request.