

# Virtual breastfeeding and baby feeding support covered by our health plan



Feel good about feeding your baby!

- 1:1 virtual support from certified baby feeding experts, when you need it
- Fully covered by our health plan

Get help with:

- Breastfeeding  
Latch and positioning; Low supply or oversupply; Cracked or sore nipples; Pumping
- Formula feeding  
Formula and bottle prep; Pace feeding; Combo feeding
- Transitions  
Prenatal baby feeding plan; Returning to work; Traveling; Introducing solid foods; Weaning

Care provided by

**SimpliFed**

To get started:

Text BABY to **888-458-1364**

or

Scan QR Code

