

Inset Day Outline

Our Inset Days deliver a wealth of hands-on activity ideas for each phase and cover everything your staff could need to get started with outdoor learning. By the end of the day staff will have a deep understanding of how to combine curriculum objectives with delivering activities in your current outdoor space, feel prepared to take their lessons outside and therefore empowered to enrich learning with all of the benefits outdoor learning has to offer.

By the end of the day you can expect your staff to have covered:

- An understanding about what curriculum-based outdoor learning is, as well as its similarities and differences to other outdoor learning approaches and how it fits into the school curriculum.

- Outdoor Maths activity ideas for each phase

Covering key areas of number, geometry and measure, all using natural resources and classroom equipment so your staff can give them a go the very next day!

- Establishing behaviour for learning outdoors.

How to help your children differentiate between 'play time' in your outdoor space and 'learning time' - productive routines, setting boundaries and managing risk-benefit assessments amongst everyday workload.

- Boundary games for each phase

Key in supporting staff to deliver high quality outdoor learning - staff will have the chance to experience a range of boundary games throughout the day and receive a full list in the Inset handbook to implement with their own classes.

- Outdoor PSHE activities for each phase

Focusing on emotions, social relationships, personal well-being and mental health - prepare to get a little bit muddy for these!

- Theory and studies around the benefits of outdoor learning

An opportunity to reflect on how these benefits could impact on your own classes and deepen understanding of the impact a connection with nature has on children's well-being.

- Taking poetry outdoors

Experience the opportunities your outdoor space holds for collaborative working and to develop your children's language skills.



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- Outdoor English activities for each phase

Introducing class texts, understanding plot and using language effectively for imagery. We will show you how to use your outdoor space to hook children's interest into your focus fiction texts!

- Detailed guidance on risk-benefit assessments

By the end of the day your staff will have a completed risk-benefit assessment ready for use in your own outdoor space, plus you will have developed a balanced view of risk assessing and understand how to effectively manage health and safety outdoors.

- Utilising your outdoor space

It can be difficult to spot the potential in a space that you view every day, we will work with your team to point out areas of your outdoor space that are under utilised and share ideas for the types of learning they could facilitate.

- Outdoor Science activities for each phase

Providing first hand experiences of science outdoors focused on living things and habitats. We will share a range of activity ideas appropriate for covering the curriculum for each age phase.

- Outdoor mindfulness and art

Build an interaction with nature in your outdoor space - this activity provides an opportunity for your team to reflect on their own well-being having undertaken their training day outdoors. This discussion point really hits home the potential outdoor learning holds in providing a holistic learning approach that cares for the child as a whole.

The day aims to empower your staff to ask questions, address concerns and perhaps even reflect on their own resistance towards outdoor learning. We know that an effective training day should leave your team feeling inspired, without any extra workload and cover all practicalities to apply the approach to the classroom. This is exactly what we aim to do, with the hopes that your staff step outside their classroom doors to take their lessons outside the very next day!

