

Anishnaabe Kwewag Gamig Inc.

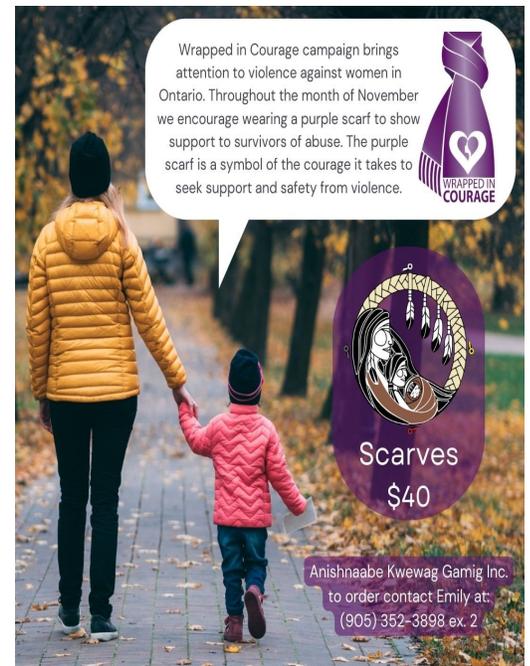
Missing and Murdered Indigenous Women and Girls

October 4th is the National Day of Action for Missing and Murdered Indigenous Women and Girls

The Missing and Murdered Indigenous Women and Girls (MMIWG) Inquiry concluded June 2019, by asserting that the ongoing systemic neglect and legacy of colonial violence imposed upon Indigenous women and girls constitutes genocide. Despite this, three years later, Indigenous women and girls continue to be violated and marginalized at rates much higher than those in the general population.

October 4th, as we observe the National Day of Action for Missing and Murdered Indigenous Women and Girls, we add our voice to the collective call to bring an end to the injustices suffered by Canada's Indigenous Women and Girls. On this day, we honour the lives of missing and murdered Indigenous women, girls and gender diverse people, we must also remember the grieving families, by creating change and committing to ending the violence that disproportionately impacts Alderville and all Indigenous communities.

Today help support the healing for the Indigenous families. If you are non-indigenous become an ally, help advocate for change, help support and comfort a loved one who may be struggling, or take the time learn more about the underlying causes of this terrible violence and the ways you can be involved in making a difference. Have those sometimes uncomfortable conversations.



Halloween Safety Tips

Hallowe'en can be beyond exciting for children and teenagers alike! Staying up late, dressing up and lots of candy—what's not to love? The excitement can also mean that kids are distracted, hyper and determined to make the most of the night. Parents need to make sure that their kids stay visible, don't eat any candy before it's inspected at home, and that they follow the rules of the road. And for older teens, that they are practising safety if they are out in a group. Continuation on next page.

Phone: 905-352-3708

Toll Free: 1-800-388-5171

Text: 905-376-6342

Webchat: www.akgshelter.ca

The Crisis/Support Line is available 24/7 to Women, Men and Youth who are seeking information or support for themselves, friends, family or neighbors. All calls are confidential.

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Costumes:

Keep it bright! Dark colours are obviously harder to see at night, so dress your kids up in bright costumes or add reflective accessories to darker get-ups: think glow sticks, or adding reflective tape, or patches to costumes and Trick or Treat bags for greater visibility. It's also a good idea to carry a flashlight.

Pick the right size and wear comfortable well-fitting shoes. Make sure that your child's costume fits properly. Hems should be well above the ground to avoid tripping and to give children a full range of motion.

When shopping for costumes, wigs and accessories ensure that costumes are made of flame-resistant non-flammable fabrics. Hemming costumes will help to prevent tripping, entanglement, or contact with flames; however, costume materials should be flame proof. Remember that Jack-o-Lanterns are often lit up with a real flame/candle. Try opting for costumes with 100% synthetic fabrics like nylon, acrylic and polyester. Try to avoid loose capes and glittery fabric, which tends to be more flammable. Practice the "Stop-Drop-Roll" fire safety drill before going out. And to cut the risk, consider lighting your pumpkin with a battery powered tea light or led "candle".

Break out the make-up! Since masks can limit or block vision, consider using non-toxic face paint or makeup as a safer alternative. Test it out first to make sure that your child doesn't have a skin reaction. And of course, be sure to wash it all off before tucking them in.

Never use fake (or real) knives, guns, or swords which look real. If props are used, make sure that the *do not look authentic* and that they are soft and flexible to avoid injury.

Trick or Treaters 12 and under

Should always have a trusted adult with them when going door to door.

Stay on the Step. Kids should be reminded to never enter a stranger's home or approach an unknown vehicle.

Follow the rules of the road. Set a good example and only cross at established crosswalks. Look both ways before crossing the road and try and walk on sidewalks when possible. And if you are driving, take it slow.

Check it all out. Before you let your kids dive in, dump the entire candy bag out and inspect it all. Throw out any packages that look like they've been tampered with or opened and any homemade or repackaged goods. **Be alert to allergens if you've got a child with serious allergies or food sensitivities.**

Choose Wisely. Remember that you don't have to hit every house on the block. Look for well-lit locations with pumpkins on display.

Secure emergency identification discreetly on Halloween clothing or in a bracelet in case a child is separated from their adult.

Tweens and Teens 13 and older

Go as a group. Older kids and teens should always travel together in a group.

Plan a set route. Adults should plan with and review an acceptable route with their children and teens should stick to that route. Choose a familiar area or neighborhood. Check in by phone regularly and have a set curfew/specific time that they are to return home.

Remind your child to never enter a home, apartment, or car to get a treat. Pick well-lit locations with a pumpkin on display.

Carry a mobile phone for communication.

As a reminder, openly discuss appropriate and inappropriate behaviour at Hallowe'en time.

Have a safe and spooky Hallowe'en!

Nishnaabemowin Hallowe'en Words

Kosmaanan: Pumpkins Disewin/Tasenwan/Tisewin: Hallowe'en



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