

# vida

## Curriculum Topics – Level 04

A social enterprise creating financially confident,  
capable and courageous young women.



# Our Curriculum

Our flexible curriculum system allows schools to customise their own workshop package by combining together several topics taught across five series, listed below.

## Series

## What will students learn?

### *So, what's the big deal?*

Here, we set the stage by exploring the importance of financial literacy to build independence. This series is used to open our first workshop/the workshop bundle.

### *Money & Mindset*

In this series, students will develop budgeting skills, savings mindsets and learn more about how their consumption choices affect our economy.

### *Basics with the Bank*

Topics include inflation, interest rates, compound interest, the differences between credit and debit cards and savings and transaction accounts.

### *Investing Essentials*

Students are introduced to share market basics, the importance of diversification and how to create an investing portfolio.

### *For your Financial Future*

Our final series builds on the concepts above to best prepare students for their money journey after they leave the classroom, exploring topics such as superannuation, tax, BNPL, HECS, financial scams...and more!



# Curriculum Level – 04

Here, we arm students with the knowledge to seek financial guidance and lay the foundations for a healthy financial future throughout adulthood!

## Choose a mix of topics to build your perfect workshop!

- 🍀 We aim to cover at least two topics (listed in white boxes below) per workshop.
- 🍀 Each topic includes at least 10-15 mins of content, plus some interactive activities.
- 🍀 Schools are also welcome to suggest any topics not covered on this list.

### LEVEL 4

Recommended for Year 12 and/or university students (18-25 years).

Topics from our *For your Financial Future* series are the core focus for this final level.

We highly recommend combining topics covered at Level 3 with Level 4 topics in a workshop bundle!

- 💰 To buy, rent or rent-vest? Demystifying the property market!
- 💰 How to do your tax return
- 💰 She's a queen: how to start your own business/side-hustle
- 💰 What do financial advisers do?
- 💰 How much does it cost to move out of home?
- 💰 The safe stash of cash: how to build your first emergency fund!
- 💰 You, insured: private health and life insurance basics
- 💰 Mystery coins: bitcoin, crypto and NFTs explained!
- 💰 **Careers mini-series:**
  - How to smash a job interview!
  - How can I ask for a pay rise?
  - How does salary packaging and sacrificing work?
- 💰 Money and relationships: when and how should we talk to our partners about money?
- 💰 Build back better: how we can recover from debt spirals!
- 💰 From CEOs to IPOs: how we navigate financial news

- Please note the distinction between 'Curriculum Level' (which refers to vida's tiered system of content) versus 'Year Level', which refers to the traditional secondary school class year levels (i.e. Years 9, 10, 11 and 12).



## Ask yourself this...

Are you willing to stand by and watch Australia's future face of poverty become female?

*Because we certainly aren't.*

**Let's continue the conversation about transforming the financial futures of Australia's young women.**

## Stay connected with us!



[info@vidamelb.com](mailto:info@vidamelb.com)  
For general inquiries



[schools@vidamelb.com](mailto:schools@vidamelb.com)  
For schools and parents



[organisations@vidamelb.com](mailto:organisations@vidamelb.com)  
For tertiary and local organisations



[partnerships@vidamelb.com](mailto:partnerships@vidamelb.com)  
Partner with us!



[www.vidamelb.com](http://www.vidamelb.com)



VIDA Melbourne



v-i-d-a



@vidamelb



**vida**  
2021 & 2022

