**Weightlifting Scotland**

**Selection Policy as of Jan 1st, 2020 (Weightlifting Scotland reserve the right to change or amend this policy)**

1. **Eligibility to compete at Scottish Competitions**

**The Criteria**

For Lifters wishing to compete for Scotland at any Scottish Championships which include the following

Scottish Development Cup – Scottish Youths – Scottish Un18s – Scottish Junior Un20 – Scottish Un23 – Scottish Championships.

They must:

1. Be a resident of Scotland for 1 year prior to the competition taking place.
2. Proof of residency of non-citizen or non-residents will be asked for in the case of the 1 year prior to the competition.
3. Scottish born citizens or of Scottish parentage while living abroad can enter Scottish competitions.
4. Athletes must achieve all the selection criteria and standards set out by Weightlifting Scotland.
5. **Scottish Competitions**

Weightlifting Scotland Selection Policy, as a condition of entry to compete in Scottish Competitions, all lifters must:

1. Comply with the doping rules of WADA and UK Anti-Doping Agency
2. Must not be currently under disqualification or suspension by the Federation, or their respective Affiliated Commonwealth Games Association (CGA) or International Federation (IF) or under the World Anti-Doping Code.
3. Comply with all applicable rules and regulations of the Federation, their respective IFs and the World Anti-Doping Code as may be modified and applied by Weightlifting Scotland to ensure that the overriding principles of Weightlifting Scotland are observed.
4. Lifters that have been sanctioned for doping can lift again in Scottish Competitions after their sanction period has finished.
5. Only Scottish competitions that have been sanctioned by Weightlifting Scotland can be used for rankings and records.
6. It is the responsibility of Weightlifting Scotland to ensure that their athletes are fully aware of and comply with the eligibility rules of Weightlifting Scotland.