

# TOGETHER TIME

September 4, 2022

ANIMATED

## Big Idea

God gives me  
comfort when I feel sad.

## Look in the Bible

**Bible Story: Elijah Flees** – 1 Kings 19:1-18

**Read Together:** Psalm 42:3-5; Psalm 56:8

## Questions

- Why was Elijah running for his life?
- Why was Elijah so sad?
- What things did God do to comfort Elijah?
- Read Psalm 56:8. How does this help you know God cares about your feelings?
- What things does God do to comfort people?
- What will you do the next time you feel sad?
- How can you comfort someone who is sad?

## Family Activity: Stop Motion Movie

Download an app like Stop Motion Studio (free). Work together to make your own stop motion movie using today's Big Idea or the Memory Verse. Scan this QR code to see an example. Send your finished movie to someone who needs some encouragement.

You can also send it to [children@cag.org](mailto:children@cag.org). We would love to see it too!



## Memory Verse for September

"May the God of hope fill you with all joy and peace as you trust in Him."

Romans 15:13