

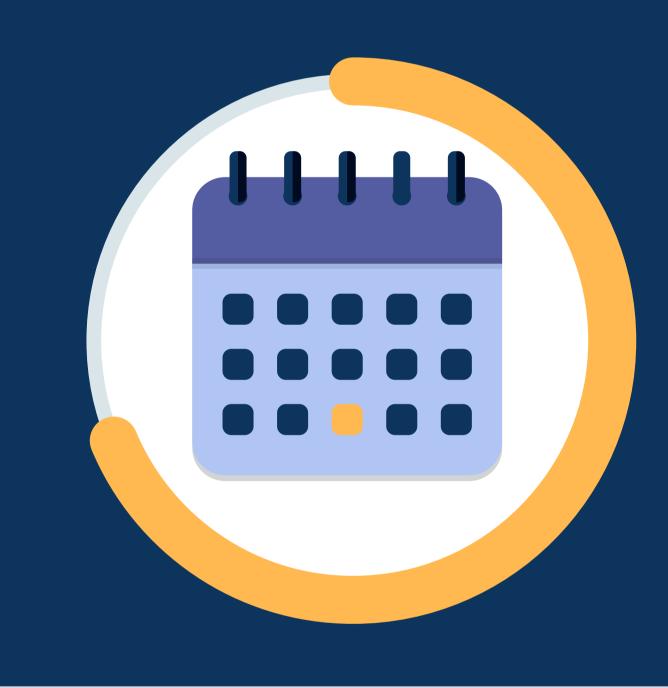
## Introduction to Ageism in the Workplace



Taking time to figure out where discrimination might already exist is a valuable exercise. One-on-one conversations can help you discover so much more about daily office life and the experiences of older people

## ALMOST 65% OF WORKERS

say they have experienced age-based discrimination (HBR).
Ageism has far-reaching implications, such as physical isolation, loneliness, financial insecurity, and premature death





Ageism in the workplace means talent is missed and valuable experience is overlooked

## IT'S ALSO POSSIBLE THAT PEOPLE INTERNALISE AGEISM AND DIRECT IT TOWARDS THEMSELVES

Contributions from people of all ages are valuable, and diversity of experience and perspective is so important. Effective collaboration is not related to age