



Dai Sesshin from June 19 to 25, 2023 at Chironico, Switzerland

Dai-Sesshin check-in / end:

Monday, June 19: check-in: 2pm – 3pm
Sunday, June 25: end around 10am

This is a very intensive Zen training with a strict daily schedule especially for experienced students. But - since it is possible to do part-time attendance – it is also for brave new students who have some experience in zazen.

Registration:

Please send registration to Myoen Nicole Ciucci
Email: info@zentraining.ch
Mobile: 0041-797014116 or Home: 0041-625353233

Registration deadline April 23, 2023!

Fee:

Dai Sesshin: CHF 620.00 for the entire training, accommodation and meals.

Please transfer the attendance fee to the following bank account after receiving the confirmation of participation. However, the participation is only valid with the transfer; if the fee is not transferred by the deposit deadline, your place will be given to people on the waiting list.

Please note that the transfer fee and/or currency exchange fee will be at your expense!

IBAN: CH37 0900 0000 1574 4735 8

PostFinance AG

Zentraining.ch, 6780 Airolo Switzerland

BIC: POFICHBEXXX

Clearing-Nr.: (BC) 900

purpose: Sesshin June 2023

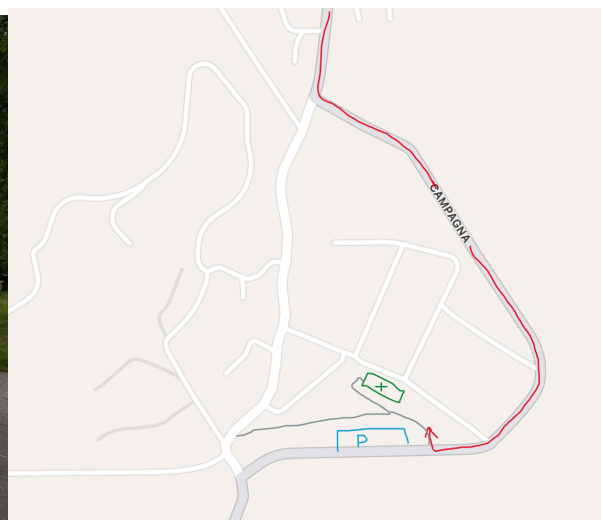
Deadline for transfer is May 12, 2023!

Part-time attendance at sesshin is possible with at least one overnight stay. Please contact Myoen Nicole Ciucci if you want to participate part-time.

It is also possible to book a **long stay** for the entire period from **June 17 to July 2** for CHF 920.00. The days before Sesshin, June 17 and 18, and between Sesshin and Shugendo, June 26 and 27, have no official program and can be used to explore the region individually. Meals are not included on these days. There is a small grocery store in the village and the accommodations have cooking facilities. On the morning of June 28th, the accommodations must be cleared and cleaned by 12:00 noon!

Location: Sala Multiuso, Via Campagna, 6747 Chironico, Switzerland (see building on this photo it is easily recognizable from the road Via Campagna: green rectangle on the map)

For travel information contact Myoen Nicole Ciucci



For Sesshin please bring:

- Hakama and gi or black pants and white shirt
- White tabi or sock to wear during the morning chanting. Also warm socks in case of cold.
- Jihatsu set (for formal meals) with white cloth and dark colored wrapping
For a small fee of CHF 5.00 we have some sets to borrow; first come, first served!
- Chop sticks
- Korinji Okyo book if you possess one
- Appropriate outdoor clothing (rain jacket, solid shoes, hat, sunscreen)
for samu (outdoor work practice)
- Water bottle
- Eventually sleeping bag (beds with mattress are available)
- Pajamas
- Toiletry
- Flashlight
- NO electronic devices (mobile, personal computer,...)
- There will be an emergency number: 0041-797014116 (Myoen)
- Zafu: meditation pillows (zabuton: floor cushions are provided)

Dana: (voluntary donation)

A voluntary donation for support and maintenance of Korinji will be gladly welcome.

Please contact Jiko Ruth Zimmermann at check-in.

For more information visit www.korinji.org.

Teacher: Meido Moore Roshi



Guiding teacher of the Korinji Rinzai Zen Community and Abbot of the Korinji monastery:

www.korinji.org

Meido Roshi teaches and practices in the USA as well as in Europe.