<table>
<thead>
<tr>
<th>1</th>
<th>Ethanolamine Phospholipids (Total)</th>
<th>%</th>
<th>Percentile (%)</th>
<th>Z</th>
<th>Z-Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>1a</td>
<td>Total Phosphatidylethanolamines (PEs)</td>
<td>17%</td>
<td>0 50 100</td>
<td>-0.9</td>
<td>0.0</td>
</tr>
<tr>
<td>1b</td>
<td>Total ethanolamine plasmalogens (PLEs)</td>
<td>61%</td>
<td>0 50 100</td>
<td>-0.1</td>
<td>0.0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>2</th>
<th>Ethanolamine Phospholipids (DHA)</th>
<th>%</th>
<th>Percentile (%)</th>
<th>Z</th>
<th>Z-Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>2a</td>
<td>PtdEtn 38:6 (16:0/22:6, DHA)</td>
<td>11%</td>
<td>0 50 100</td>
<td>-1.1</td>
<td>0.0</td>
</tr>
<tr>
<td>2b</td>
<td>PtdEtn 40:6 (18:0/22:6, DHA)</td>
<td>6%</td>
<td>0 50 100</td>
<td>-1.1</td>
<td>0.0</td>
</tr>
<tr>
<td>2c</td>
<td>PlsEtn 36:6 (16:0/22:6, DHA)</td>
<td>62%</td>
<td>0 50 100</td>
<td>-0.1</td>
<td>0.0</td>
</tr>
<tr>
<td>2d</td>
<td>PlsEtn 40:6 (18:0/22:6, DHA)</td>
<td>50%</td>
<td>0 50 100</td>
<td>-0.3</td>
<td>0.0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>3</th>
<th>Choline Phospholipids (Total)</th>
<th>%</th>
<th>Percentile (%)</th>
<th>Z</th>
<th>Z-Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>3a</td>
<td>Total Phosphatidylcholine (PCs)</td>
<td>25%</td>
<td>0 50 100</td>
<td>-0.6</td>
<td>0.0</td>
</tr>
<tr>
<td>3b</td>
<td>Total Choline Plasmalogens (PLCs)</td>
<td>77%</td>
<td>0 50 100</td>
<td>0.5</td>
<td>0.0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>4</th>
<th>Choline Phospholipids (DHA)</th>
<th>%</th>
<th>Percentile (%)</th>
<th>Z</th>
<th>Z-Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>4a</td>
<td>PtdCho 38:6 (16:0/22:6,DHA)</td>
<td>38%</td>
<td>0 50 100</td>
<td>-0.4</td>
<td>0.0</td>
</tr>
<tr>
<td>4b</td>
<td>PtdCho 40:6 (18:0/22:6, DHA)</td>
<td>54%</td>
<td>0 50 100</td>
<td>-0.2</td>
<td>0.0</td>
</tr>
<tr>
<td>4c</td>
<td>PlasCho 38:6 (16:0/22:6,DHA)</td>
<td>84%</td>
<td>0 50 100</td>
<td>0.8</td>
<td>0.0</td>
</tr>
<tr>
<td>4d</td>
<td>PlasCho 40:6 (18:0/22:6,DHA)</td>
<td>87%</td>
<td>0 50 100</td>
<td>1.2</td>
<td>0.0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>5</th>
<th>Dietary Fatty Acids</th>
<th>%</th>
<th>Percentile (%)</th>
<th>Z</th>
<th>Z-Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>5a</td>
<td>PtdEtn 36:1 (18:0/18:1, OA/Omega-9)</td>
<td>32%</td>
<td>0 50 100</td>
<td>-0.3</td>
<td>0.0</td>
</tr>
<tr>
<td>5b</td>
<td>PtdEtn 36:2 (18:0/18:2, LA/Omega-6)</td>
<td>51%</td>
<td>0 50 100</td>
<td>-0.1</td>
<td>0.0</td>
</tr>
<tr>
<td>5c</td>
<td>PtdEtn 38:4 (18:0/20:4, AA/Omega-6)</td>
<td>23%</td>
<td>0 50 100</td>
<td>-0.7</td>
<td>0.0</td>
</tr>
<tr>
<td>5d</td>
<td>PtdEtn 40:6 (18:0/22:6, DHA/Omega-3)</td>
<td>6%</td>
<td>0 50 100</td>
<td>-1.1</td>
<td>0.0</td>
</tr>
<tr>
<td>5e</td>
<td>PtdCho 34:1 (16:0/18:1, OA/Omega-9)</td>
<td>9%</td>
<td>0 50 100</td>
<td>-0.9</td>
<td>0.0</td>
</tr>
<tr>
<td>5f</td>
<td>PtdCho 34:2 (16:0/18:2, LA/Omega-6)</td>
<td>31%</td>
<td>0 50 100</td>
<td>-0.5</td>
<td>0.0</td>
</tr>
<tr>
<td>5g</td>
<td>PtdCho 36:4 (16:0/20:4, AA/Omega-6)</td>
<td>5%</td>
<td>0 50 100</td>
<td>-1.3</td>
<td>0.0</td>
</tr>
<tr>
<td>5h</td>
<td>PtdCho 38:6 (16:0/22:6,DHA/Omega-3)</td>
<td>38%</td>
<td>0 50 100</td>
<td>-0.4</td>
<td>0.0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>6</th>
<th>Gastrointestinal Tract Acids (GTAs)</th>
<th>%</th>
<th>Percentile (%)</th>
<th>Z</th>
<th>Z-Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>6a</td>
<td>Total GTAs</td>
<td>86%</td>
<td>0 50 100</td>
<td>1.0</td>
<td>0.0</td>
</tr>
<tr>
<td>6b</td>
<td>Short Chain GTAs</td>
<td>85%</td>
<td>0 50 100</td>
<td>1.0</td>
<td>0.0</td>
</tr>
<tr>
<td>6c</td>
<td>Long Chain GTAs</td>
<td>86%</td>
<td>0 50 100</td>
<td>1.0</td>
<td>0.0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>7</th>
<th>Iron Sufficiency</th>
<th>ug/dL</th>
<th>0 100 200</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>7a</td>
<td>Total Iron</td>
<td>37</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>Biosystem Function</th>
<th>Percentile (%)</th>
<th>Z-Score</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>8 Methyltransferase/Choline System</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8a Total Phosphatidylethanolamines (PEs)</td>
<td>17%</td>
<td>-0.9</td>
</tr>
<tr>
<td>8b Total Phosphatidylcholine (PCs)</td>
<td>25%</td>
<td>-0.6</td>
</tr>
<tr>
<td>8c Sphingomyelins (total)</td>
<td>1%</td>
<td>-1.9</td>
</tr>
<tr>
<td>8d Ceramides (total)</td>
<td>17%</td>
<td>-1.0</td>
</tr>
<tr>
<td>8e Homocysteine</td>
<td>11</td>
<td></td>
</tr>
<tr>
<td><strong>9 Mitochondrial Function</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9a PtdEtn 36:2 (18:0/18:2, Linoleic)</td>
<td>51%</td>
<td>-0.1</td>
</tr>
<tr>
<td>9b PtdEtn 38:4 (18:0/20:4, Arachidonic)</td>
<td>23%</td>
<td>-0.7</td>
</tr>
<tr>
<td>9c PtdEtn 40:4 (18:0/22:4, Adrenic)</td>
<td>21%</td>
<td>-0.4</td>
</tr>
<tr>
<td><strong>10 Inflammation</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10a Total GTAs</td>
<td>86%</td>
<td>1.0</td>
</tr>
<tr>
<td>10b C-Reactive Protein (HS)</td>
<td>1.63</td>
<td></td>
</tr>
<tr>
<td><strong>11 Elongase 5 Activity</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11a Overall ELOV5</td>
<td>83%</td>
<td>0.8</td>
</tr>
<tr>
<td><strong>12 Peroxisomal Function</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12a Total Phosphatidylethanolamines (PEs)</td>
<td>17%</td>
<td>-0.9</td>
</tr>
<tr>
<td>12b Total ethanolamine plasmalogens (PLEs)</td>
<td>61%</td>
<td>0.0</td>
</tr>
<tr>
<td>12c Total Phosphatidylcholine (PCs)</td>
<td>25%</td>
<td>-0.6</td>
</tr>
<tr>
<td>12d Total Choline Plasmalogens (PLCs)</td>
<td>77%</td>
<td>0.5</td>
</tr>
<tr>
<td>12e PlsEtn 40:6 (18:0/22:6, DHA)</td>
<td>50%</td>
<td>-0.3</td>
</tr>
<tr>
<td>12f PlsEtn 38:5 (18:0/20:5, EPA)</td>
<td>61%</td>
<td>0.2</td>
</tr>
<tr>
<td>12g PtdEtn 40:6 (18:0/22:6, DHA)</td>
<td>6%</td>
<td>-1.1</td>
</tr>
<tr>
<td>12h PtdEtn 38:5 (18:0/20:5, EPA)</td>
<td>19%</td>
<td>-0.8</td>
</tr>
<tr>
<td>12i Triacylglycerols</td>
<td>73</td>
<td></td>
</tr>
<tr>
<td><strong>13 Cholesterol Transport</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13a Total Cholesterol</td>
<td>127</td>
<td></td>
</tr>
<tr>
<td>13b HDL</td>
<td>45</td>
<td></td>
</tr>
<tr>
<td>13c LDL (Calculated)</td>
<td>67</td>
<td></td>
</tr>
<tr>
<td><strong>14 Kidney Function</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>14a Creatinine</td>
<td>1.3</td>
<td></td>
</tr>
<tr>
<td>14b Blood Urea Nitrogen</td>
<td>15.4</td>
<td></td>
</tr>
<tr>
<td>14c Uric Acid</td>
<td>5.0</td>
<td></td>
</tr>
</tbody>
</table>

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