

### You're a Champion.

/Thinking pattern.

## Champions fight for a cause.



About 6% of the population are Champions.

Champions create outcomes by fighting on behalf of others.

You have tough conversations for action.

# Champions Driven by Courage.











You are energized by tough challenges.

You take 'big' actions.

With Courage, you exercise will and champion. You set the when. You do what's difficult. You offer determination and risk-taking.

## Champions are anchored to Ethics.



You value accuracy and fairness.

You choreograph roles and responsibilities.

With Ethics, you have conversations for commitment

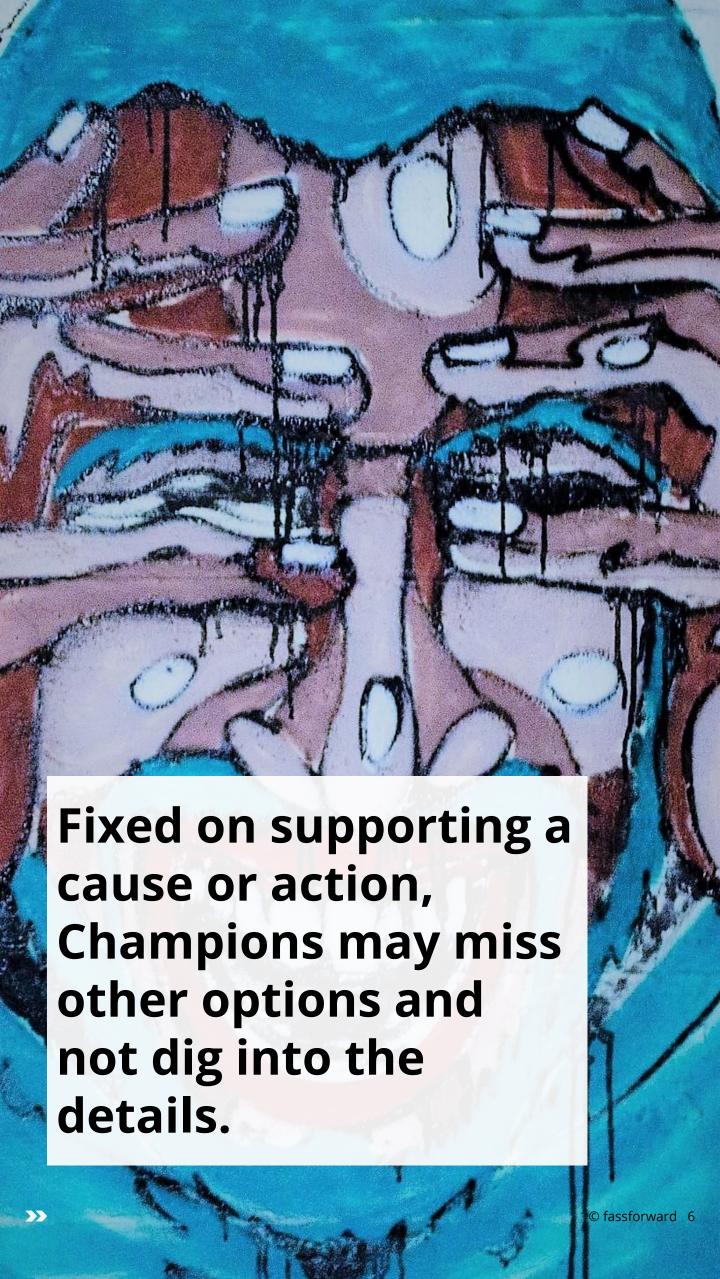
## You create outcomes with Vision & Reality



#### Aligning to a bigger picture.

Creating plans that give people a "how-to'.

With Vision, you inspire and set direction.
With Reality, you have conversations for facts and assessment.



## Generate 3 options.

When you find yourself reacting to problems and under stress, focus on Vision.

What could I do differently?
What are my options?
Is this critical to my future?

Ask, don't tell. Have conversations that are:

In context Have possibility Systemic

### Write the facts down.

When you find yourself reacting to problems and under stress, focus on Reality.

Do I have data to support this?

What are the other relevant facts?

How do I plan to do this?

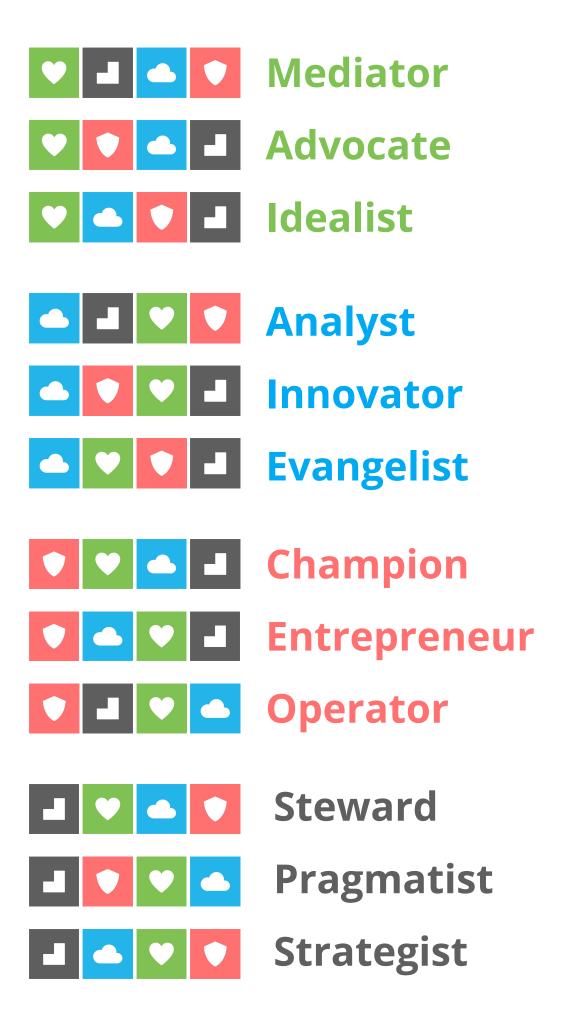
Ask, don't tell. Have conversations that are:

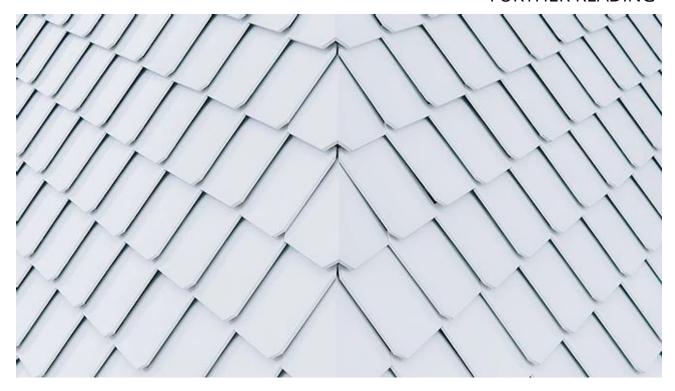
Fact-based

Planning-based

Detailed

### More Thinking Patterns™.





## Thinking Patterns — How you think, act, and lead.

I remember getting a call from a recruiter about a sales and marketing job for a high-tech start-up. I was working at a Fortune 500 company. After several promotions, I had a nice

... more



The How Company

#### About fassforward.

Over the years, clients have come to call us "The How Company" because we keep it practical, outcome-based, and rooted in neuroscience — all to help our clients learn, lead, and communicate more effectively.

We work in two areas: Business Leadership and Business Storytelling.

Our <u>Coaching</u> is a thinking partnership to help leaders think differently and create outcomes.

Our <u>Training</u> programs focus on closing the "Thursday-Monday gap" — the gap between 'aha' and practical application at work.