



25 Years of Caring



Message from the Board of Directors



On behalf of the Board of Directors for the Saskatoon Downtown Youth Centre Inc./EGADZ we are proud to present our 2015/2016 Annual Report.

As this year we celebrate our 25th Anniversary we would like to take this opportunity to thank all the managers, supervisors, staff, and volunteers who participated in the past and present work being done to improve the lives of so many people. It was a wonderful year of growth and celebration, new initiatives and planning for the future of this great organization.

I would like to thank my fellow Board members for their commitment to improve services EGADZ provides and assist to maintain the functionality of the organization. Their continued optimism and providing a positive atmosphere is felt throughout the organization.

We also need to thank our funders, sponsors and those individual funders for their financial support throughout the year. We also need to thank those who contribute goods and services that have a direct impact on the work we are doing. With all of this generous support EGADZ will continue into the future providing hope to the disadvantaged individuals we serve.

Terry Scaddan
Board Chair

(Left to right –Darin Felstrom-Inner City Council of Churches, Terry Scaddan-Board Chair, Shannon Hanson-City of Saskatoon, Carol McInnis-Greater Saskatoon Catholic Schools, Brenda Read-Ministry of Social Services, Randy Huisman-Saskatoon Police Service, Russ Friesen-Saskatoon Police Service, (front)-Edna Fischer-Conexus Credit Union,(missing)-Sheila Gagne - member at large, Loretta Whitecap-Brown-STC Urban First Nations Services, Coralee Pringle-Nelson - Saskatoon Public Schools Division.



Message from the Executive Director

It is an honor that as an organization we have been able to serve the most vulnerable in our community for the past 25 years. When EGADZ began in April 1990 we had a core staff of 7 people. Today we have a core staff of over 150 people. The organization has grown over the past 25 years to include Day Support-School Support programs, a School, Outreach Programs, Residential Services, and a compliment of services and programs that meet a specific need in hard to serve lives.

As we continue to grow based on needs as an organization, safety and outcomes for those we serve are first and foremost on our minds. Our Board of Director's, Management, and staff will continue to link outcomes to service delivery as to ensure the client's needs are being met.

Over the past 25 years we have expanded services which highlight needs and the diversity of the clients we serve. As an organization we continue to be leaders. We were the first Social Impact Bond in Canada, which brought in private investors, being paid only after agreed upon outcomes are reached. We also were the first to have housing in which the apprehended children lived with the mother while gaining skills to parent her children on their own. Our Street Outreach Program began operating 3 evenings per week, to a program that runs 7 days a week, 16 hours a day. We now have a summer camp, work programs, sports programs, cultural programs, Sexual Exploitation Intervention Committee, iamnot4sale.ca website and app, and elders that support the youth we serve.

As your Executive Director I need to thank the Board of Directors, over 150 employees that provide front line services, the administration staff in keeping the day to day operations running, ongoing funders, and last but defini ely not least, the clients we serve. We need to thank The Government of Canada, Government of Saskatchewan, City of Saskatoon, United Way, Community Initiatives Fund, Saskatoon Community Foundation, Canadian Tire JumpStart, Dave Deplaedt Foundation, Colleen and Wally Mah, Conexus and Affin y Credit Unions, 5 Days of Homelessness, Saskatoon Truck Centre, United Way, and the many donations we receive to assist in the ongoing operations of the organization. Every dollar makes a difference.

Our programming and services have changed immensely over the past 25 years. What has not, is our ongoing dedication to make people lives better by creating independence. Over the past 25 years it has been an honor to meet so many wonderful people who have dedicated their lives to helping those in need. It has been a pleasure to watch those whom against all odds make changes that not only improve their quality of life, but also for their families. We hope you enjoy reading our 25th Anniversary Edition of the Annual Report as we did doing the work.



(Hon. Donna Harpauer – Minister of Social Services, Don Meikle – Executive Director, Hon. Gordon Wyant Q.C – Minister of Justice and Attorney General at the 25th Anniversary celebration at EGADZ.)

Our Vision

- Every child grows up to become a contributing citizen.

Our Mission

- We are a non-profit community based organization that provides programs and services to children, youth and their families in making healthy choices that improves their quality of life.
- We are visionary leaders, catalysts and advocates for ensuring that children and youth have a voice in determining the programs and services that best meet their needs.
- We accept others unconditionally and without judgment.
- We are open, honest and respectful in our communications.
- We work collaboratively with our clients, staff and the community.

EGADZ Drop In Centre

Program Overview:

When the youth centre opened in 1990, the focus was to give youth a place to be. It was a safe hangout for youth other than the downtown. Over the years, the organization has adapted and grown. Programs within the organization have evolved based on the needs of the youth. The drop in centre has adapted the programming to the youth that access it. Funding has been accessed to offer balanced healthy meals, physical activity in the community, to feed the cultural knowledge, well-being of youth and to have capable staff available when needed. The atmosphere of the centre continues to provide a supportive family feel.

The Drop-In area at EGADZ is the hub of activity where the youth come and hang out outside of school hours. It is a safe, inclusive, and supervised environment where young people can access a broad range of services that increase their developmental opportunities and enhance their quality of life. This includes cultural programs, education and training programs, health programs, support, and information. The objective of the program is to provide a safe, supportive environment where children and youth experience new opportunities, overcome barriers, develop positive relationships, and build confidence and the skills of life. This past year youth, children and families accessed the Drop-In Centre 6073 times. This included some youth who accessed services just a few times to others who accessed services close to 300 times.



...“It a chill atmosphere, everyone is friendly and if u need to get away from problems at home go here...”

The Drop-In Centre received funding to offer the following projects in 2015-16 to support our objectives:

- **EGADZ Cultural Connections**

project, funded by Community Initiatives Fund, provided the youth who access services at EGADZ with weekly cultural supports and group activities at the Centre and in the community. The project gives youth the opportunity to plan and participate in their culture for the benefit of a balanced well-being. Youth enjoyed activities that engaged cultural teachings through Elder visits, Beading Workshops, Drumming, Sharing Circles, Moccasin Making, Archery, Sage and Sweet Grass Picking, Smudging, Traditional Foods, Traditional Parenting Workshops, Round Dances, Sweat Lodge Ceremonies, Feasts and Teachings of the Cree Language.

25 Years

**In the past 25 years,
the drop in centre
has been accessed
319,983 times.**





- **Meal Program** project, funded by Community Initiatives Fund, improved the overall nutritional health of the youth who access services at EGADZ. The project utilized a kitchen support worker who managed the kitchen facilities and organized a daily nutritious supper meal 6 days a week. The youth contributed by helping prepare the meals, washing their dishes and assisting with the kitchen clean up after supper. The project also provided healthy snacks during the day to youth who were accessing services. Learning opportunities took place throughout the project on proper kitchen procedures, cooking on a budget, baking, and how to prepare nutritious meals at home.



- **EGADZ physical activity and recreation** projects occurred throughout the year and included multiple funders. The projects focused on removing the barriers that prevent the youth who attend EGADZ Youth Centre from regularly accessing and benefiting from sport and recreation activities in their communities. The projects introduced youth to positive sport and recreation opportunities that increased their level of physical activity while building self-esteem and confidence, making it more likely for them to access these activities on their own.

Projects and Funders:

EGADZ Sports Participation Nights (ESPN)

The City of Saskatoon and Saskatchewan Lotteries

Various structured sports and physical activities

Canadian Tire Jump Start Program

EGADZ Summer project funding

Saskatoon Foundation Youth Endowment Strategy

Community Initiatives Fund, and Human Resources and Skills Development Canada

Wakaw Lake Camp

Dave Deplaedt Foundation, Human Resources and Skills Development Canada

Water-skiing project

The City of Saskatoon and Saskatchewan Lotteries

Art classes facilitated by a local artist

SCYAP



Objectives and Outcomes

Youth have access to basic necessities

Resource	Times Accessed
Laundry	202
Shower	121
Clothing	743
Personal Hygiene	508
Food Packs	173

Having access to basic needs makes a difference for many youth which many take for granted. For example, a shower and clean clothes increase the opportunities to obtain employment. A stick of deodorant or a toothbrush helps with not being alienated at school. An emergency food pack can mean a mom is able to feed her kids until her money arrives. Access to warm clothes is essential for Saskatchewan winters.

Example:

Three youth were homeless for the summer and fall of 2015. They used EGADZ 126 times in a 4 month period to access emergency services such as shower (45 times), laundry (50 times), personal hygiene (55 times), clothing (51 times) and snacks (91 times). They also worked on resumes with staff and used the computers for job search and housing options. One has gained valuable work experience and stable housing while another has acquired stable housing and received his GED this year.

25 Years

Over the past 25 years, youth have eaten supper 96548 times at the Drop In centre.



Young people choose productive and healthy lifestyles

	Number of Activities	Number of Participants	Number of Times Participated
Regular Structured Activities with EGADZ	145		647
Cultural Activities	104	124 youth	432
Nutrition	3664 nutritious snacks	2878 Well Balanced Suppers	
Summer Program		79 Youth	415



2015 Wakaw Lake Summer Camp

During the summer, EGADZ ran 5 multiple-day (overnight) camps and 10 one-day camps that focused on leadership skills, self-confidence, teamwork, and experiencing the joys of camping. Overall there were more than 100 youth who benefited from our summer camp programming. Numerous EGADZ programs were able to access our camps during the summer including; the Drop-In Centre, My Homes, Teen Parenting, Day Support, Baby Steps, Independent Homes, as well as Calder Youth Treatment Centre.

This summer a construction crew was able to build us a new screened-in deck attached to the cook house which provided sheltered area from the elements for eating and various activities. The camp now has a bunk house, flush toilets and heated showers, a full kitchen with clean running water, screened-in deck area, fire pit and picnic tables, multiple tents, kayaks, paddle boards, and a canoe, as well as a large sized garden.

In May and June youth were able to participate in the Youth Garden Project and day trips were made out to Wakaw Lake to learn how to plant and cultivate their own nutritious food.

All the food from the garden was harvested and brought back to EGADZ so the youth are able to reap the benefits of their labor.

The goals of the summer camps included providing safe and alternative opportunities for youth who may not otherwise have access to camping and water sport activities outside of Saskatoon. Many youth this summer were able to experience activities such as kayaking and paddle boarding for the first time, as well as learn survival skills such as fire-building. For some youth, their trip out to the EGADZ Wakaw Lake summer camp was their only opportunity of the entire summer to leave Saskatoon. The youth who participated this summer, particularly in the overnight camps, were able to learn cooperation and other skills in order to adapt to living in harmony with others, while sharing close quarters in a new setting.

Additionally, the camp grounds provided work opportunities for eligible youth who were part of the Day Support program. These youth were able to learn numerous skills such as operating lawn maintenance tools, chopping wood, screening the deck, and other various projects.

Overall, the EGADZ 2015 Wakaw Lake summer camps were successful in accomplishing our goals by providing a wonderful opportunity for the youth.



Youth are prepared to access appropriate remedial counseling services and programs, suitable to effectively address their individual personal needs and problem areas

Resource	Times Accessed
Crisis Support	63
One on One Support	1358
Referrals	270

Staff has compiled resource lists of community supports and resources that are available to youth

Youth access staff often for one on one support for a variety of issues such as school, relationships, health, employment and housing. All conversations focused on identifying steps to personal growth for the youth. A few examples:

- A small group of youth started accessing the Centre. When staff started a conversation with drop in youth about condoms, it became very clear that the sexual health of the new group was in a dangerous place. Through many one on ones and some resource presentations, this is slowly changing. Two have been to get tested for STI's from the Public Health Nurses and they recently asked to learn how to use a condom. There are regular conversations on healthy relationships with staff.
- A group of younger youth from a community school has started accessing the Drop in Centre regularly. After building relationships with youth, one on ones for this group have covered subjects including emergency housing, mental health, addictions, and grief and bullying.
- Three girls that are friends often come in together. Staff has noticed that one of the girls shows bullying behaviors towards the other two. As staff got to know the girls more, they realized that all the girls have little self-confidence but that the "bully" is the one with the lowest self-esteem. One on one conversations and activities for these girls are now focused on building confidence and also tolerance for each other and themselves.

25 Years

Up until 7 years ago, suppers were prepared by the youth workers with little food training. The Drop In centre now has a professional cook who prepares nutritious well balanced meals for the youth and also provides regular cooking and kitchen safety classes.

"This was one of the best Christmas's away from home :) EGADZ Youth Center. Thank you for all that you done for me :)"

Young People have access to positive activities in a structured setting

	Number of Activities	Number of Times Participated
Regular Structured Activities	447	2318
Volunteer Opportunities	2 volunteer opportunities	9 youth participating
Cooking Classes	44 classes	154
Wakaw Lake Camps	10 day camps 5 multiple day overnight camps	100 youth participating



In collaboration with SCYAP, the youth were able to do various art activities in a weekly art class facilitated by a local artist. This class allows youth to creatively express their emotions and feelings in a positive space as well as create some beautiful and interesting projects.

In 2015, a well-known international DJ contacted the Drop In Centre to offer an incredible opportunity for EGADZ youth. Skrillex and Diplo donated some very high quality DJ equipment to EGADZ and offered the opportunity for the youth to come to their show and learn the equipment with them. There were 33 youth from different programs throughout EGADZ that were able to attend. The DJ equipment is used regularly and the youth were able to DJ their own Halloween dance for the first time. Three youth DJ's practiced in preparation for the dance, and worked together to split the evening's sets. As a result, staff saw a confidence boost in all three youth. There has been steady growth of interest from other youth who want to try DJ'ing after seeing their peers perform, and the Centre is now hosting regular DJ nights. The more experienced youth DJ's mentor the newer ones. One of the youth that DJ'd the dance obtained a job DJ'ing for a New Year's Eve Party.

Youth have access to positive adult role models

	Number of Activities	Number of Participants
Elder Activities and Support	20	72
Sweats	12	36
Education Students Homework Night	28	
Community Events	41	318
Practicums - Practicum placements were facilitated at EGADZ this past year from various programs including ABJAC, Social Work, and Youth Care Worker programs		
Art Classes	43	208



Staff has built and is maintaining a positive support network amongst youth that feel detached from society. Staff provides a non-judgmental and supportive place for these youth to belong and feel safe. There has been an increase in conversations both in groups and one on one, about how to positively work through issues the youth are facing. Youth are supportive of each other and welcome and teach new youth. Youth are able to express themselves without fear of judgement. It is not uncommon to find a youth playing guitar and singing or practicing a new skill. Youth are standing up for each other and supporting differences instead of teasing each other. These are great indicators that staff and youth have cultivated an accepting and tolerant atmosphere.



Individuals have improved access to community supports and services that increase their developmental opportunities and enhance their quality of life

	Number of Times Participated
Resource Information	194
Taxes	122 youth completed and 46 received support around tax filin
Personal Identificatio	38
Passes to access YMCA	186
Workshops on kitchen safety and cooking/baking	44 sessions 154 times
Staff has boo marked youth computers with community supports and resources	

Staff has ound that making bathroom stall presentations to be a great way to get information to the youth. Subjects have covered tattoo and piercing safety, community supports, free fun activities in the city, sexual health, political engagement, nutrition and bullying.

Youth that have needed assistance when accessing supports previously are more often able to access resources on their own. The people who returned to do their taxes again this year, showed up with all the necessary slips and information ready. Youth that have needed help to navigate the steps of gaining personal identificatio are now applying by themselves.

Youth that were walked through the process of online job search or manual job search are now doing this on their own. Young parents that have accessed for funding for themselves in the past are now accessing Canadian Tire Jumpstart funding for their kids.

25 Years

In the first 15 ears, the drop in centre averaged 252 activities within the community. For the past 10 years, we have averaged 1100 activities per year in the community

This past year 135 EGADZ youth accessed over \$20,800 in funding for their sport and recreation activities.

The Drop-In Centre offers the youth tax clinics as well as one on one filin . Revenue Canada through the Canadian Volunteer Income Tax Program has trained one of the staff and provides support and software to file taxes. Last year youth were offered extra support to prepare for filing their taxes 27 times. Extra support included advocacy with Canada Revenue Agency (CRA), deciphering what was required by the youth, as well as general explanations of how taxes work and why they are paid. This extra support was in addition to the 93 clients the Drop In Centre helped file their taxes last year.



Youth have established and are using a support system that relies less on intensive services from the Ministry of Social Services and other human services

Education Support	119
Homework Help - Some examples: homework help, school supplies, registration assistance, confli t resolution, bus tickets	46
School Supplies	22
Registration assistance, confli t resolution, bus tickets	52
Employment Support	253
Resume Help	119
Job Search assistance	50
Work boots, tools, clothes	11
Became employed	26
Housing Support	82

Assisting youth in finding employment is a focus of Drop In Centre staff. Staff assists the outh in the following ways:

October through December 2015, 8 Youth gained meaningful employment

(Numbers below are supports that were accessed by youth during this time)

Build relationships, help identify needs and goals, conversations to establish what type of employment best suits youth and their circumstances, follow up regularly to motivate, individualized support, interview preparation, work clothes and transportation. Congratulations and positive re-enforcement for employment achieved and strategies to remain employed

One on Ones Regarding Employment	66
Youth, with the help of staff, build a professional resume	26
Assist youth to obtain necessary ID	9
Show youth how to find ailable employment opportunities and spend time searching for suitable jobs. Assisting in filling out applications both on-line and p int form.	38

Youth stories:

JK, who graduated high school last year with 3 awards after working hard with the tutors, has become a great mentor for the other youth at the Centre. JK was hired doing landscaping for the summer and when that ended in the fall, he immediately got employed with another company doing drywalling. His bosses have both given him responsibility after short periods of time because of his work ethic, reliability and commitment. JK now has a reliable vehicle, a stable place to live, is able to help support his ailing parents and is very involved with physical fitness. He recently got accepted into a mining training program. JK's success is due in part to the Drop in Centre and his ability to be unjudged and valued as a person while here, he was lacking that in his home life.

Times Accessing EGADZ	112
One on One Support	54
Employment Support	24
Activities Attended	43
Other support: tax help, army application, training research and application	

EGADZ has worked with TM's family for the past 20 years. TM has been a regular of the Drop in centre since she was 11. In the last year, her home life became increasingly challenging and she relied heavily on the supports of the drop in centre and staff. There were addiction issues in the home and little support for her while she was trying to keep up with school and look for a part time job. As her home life got unbearable for her, she started to look for other options. Staff helped her access the 16/17 year old program. It took a few tries, as the sense of loyalty to family kept her from proceeding, but she eventually got herself set up in a group home. She was stable and reliable enough that she is now living in supervised independent living. She has been maintaining her own place, going to school and is looking for a part time job. TM has stopped regularly needing to hang out at the Drop-In Centre since she got her own place although she checks in regularly with updates on school and living independently. The centre was the stable and safe place she needed until she was able to create one for herself.

Thank you for all the things you have done for me. to be honest to myself I thought you the mother I never have and this is just a little thank you note from me to you saying how I appreciate all the things you taught me and all the great times I had with you and the staff of egadz. it the best thing that I came to Egadz that day I did because I would have never met you and all the friends I have now I am proud to say that Egadz has become like a second home to me. Thank you for that

Months prior to getting her own place Apr 1 - Nov 6, 2015

Times Accessing EGADZ	172
One on One Support	74
Employment Support	4
Education Support	13
Activities Attended	126
Other Support: birth control reminders, STI testing, social services advocacy, help with getting glasses	

JF first started coming to EGADZ because she did not have friends outside of EGADZ. She had a traumatic brain injury from a car accident and had extremely high anxiety. She would come to the door but then staff would have to go and talk her into the Centre. Very slowly she became more comfortable and confident coming into the Centre and from there she started to make a friend or two. JF challenged herself to participate in activities out in the community and at EGADZ and over time became less overwhelmed by social situations. At this point in time, JF is a mentor to other youth that need extra help. She is often the one that will see the girl that is not participating or the boy that is nervous and invite them along or go and talk with them. She still has anxiety attacks and struggles with depression and self-harm but is getting much better at managing it.

JF often accesses the staff to contemplate options and situations. Staff has had many one on one s focusing on her mental health and the possibility that she needs to reconnect with mental health workers. After two years, she has finally started that process. JF also wants to start working full time until she starts school next fall. She has made an appointment to reconnect with the Abilities Council with drop in staff assistance.

25 Years

The Drop In centre has found funding to run projects specifically addressing challenges for youth in Education, Employment, Health, Driver's Training and Taxes

By the numbers

Times Accessing EGADZ	232
One on One Support	101
Employment Support	25
Education Support	12
Supper	210
Activities Attended	262
Other Support: mental health and therapy connections, abilities council referral, transportation and support to appointment	

"Honestly I don't think I've ever been more happy with my life than I am now. I love this. Everyone around me, all the things that fill my schedule, everything right down to cleaning my own home. I couldn't be happier"

Teen Parent Program

Teen Parent Program continues to be supported through Health Canada-The Community Action Plan for Children (CAPC)

The Teen Parent program is focused on assisting teen parents and/or expecting parents on becoming better equipped to raise healthy happy children so that they can enjoy the benefits of being a positive and loving family. The program's goals were achieved by offering individual support services as well as formal and informal information workshops to three parenting groups within EGADZ this past year.

The EGADZ Teen Parenting group- is a drop in group for the teen parents or young parents to be 19yrs of age and under who meet at the Centre. The Centre group meet twice a week in the evening and is open to all young parents who are in need of Parent support, information and services.

The My Home Parenting group- is a teen parent support group for the young Mom's 19 of age and younger who live in our residential programs. Group is held every 2nd Tuesday of the Month.

The Baby Steps Mature Mom's Parenting group- is a group that was developed for moms who reside in our residential programs who would not fit the mandated age at the centre. This group is held once a week at the Baby Steps.

With prevention at the heart of the program, specific positive parenting information on child safety, proper shelter, health, nutrition and nurturing love is delivered through three integral components within the program; Parent section, Family section, Emergency Supplies and Support Services section. Our commitment to child safety, protection, and prevention, are embedded through various sections and can be implemented immediately to produce maximum success.

Parent Section

Parent section offers opportunities for the teen parents to gain knowledge and understanding about themselves and their own children. The Parent section has three modules that were implemented to accomplish its goals: Nobody's Perfect, Positive Discipline and Life Skills.

Nobody's Perfect is a program designed to meet the needs of high risk, low income families across Canada. The program is based on three goals; preventing child injury, preventing child obesity, and child mental health. The program consists of 8- 2.5 hour workshops in which attendance is mandatory for a participant to receive their parent certificate. This year the Nobody's Perfect program was offered three times with 16 individuals attending and 7 receiving their parent certificates. Added assistance to help parents complete the program is offered through transportation, child care and snacks.

In this past year one of the parents who completed 24 of the Nobody's Perfect Programs was invited to take a Nobody's Perfect facilitator workshop. Once she completed she came to do her co-facilitator practicum for The Teen Parent Program and received her Facilitator Certificate from the Saskatchewan Prevention Institute. She is currently a part time employer as a co-facilitator for the Teen Parent Program.



There were 4 sets of parents who were expecting their first child and wanted to know what to do. The Nobody's Perfect offered information on what they would need to get ready for labor and delivery and the hospital stay. They learned about caring for a new born such as bathing baby, nutrition from the CHEP program, how to care for a crying baby, Dental care from the Regional Health Centre immunizations, safe sleep and traditional Parenting with elder Sheila and Allie. They were given resources they could





use for extra support in their new journey of becoming new parents.

The parents were invited to a Dental Health workshop presented by Julie Lalonde of the Regional Health Centre. There were 13 Parents who attended. The parents learned how to care for their children's teeth. Some of the parents were surprised to learn that some juices were no longer safe for their children's teeth and that they could use fresh fruit and water as an alternative. They also expressed concern about how very poor dental care could cause possible death.

The CHEP Program came to do a presentation on nutrition for the parents. The presentation offered information on Breast feeding and formula, toddler portions and snacks, as well as sugar levels in drinks. There were 2 parents who were very surprised at how much sugar was in some of the fruit drinks and decided that they would not give their children any of the drinks without reading the labels first. Both expecting moms decided to breast feed their newborns. One of the moms who recently had her baby is presently breast feeding.

Positive Discipline is a program for children being taught around the world. The program goals are to provide alternate methods to physical and emotional punishment and to increase knowledge of children's rights in a non-threatening

way. The program provides concrete and constructive tools for resolving parent-child conflict. The program consists of 8-2.5 hour weekly workshops and was offered twice throughout the year. Fourteen individuals attended the program and 8 parents achieved their positive discipline certificates. Transportation, snacks, and childcare was provided to assist parent's attendance.

The Teen Parent Program took the Positive Discipline Program to the Baby Steps residence for the older parents who were currently residing there. This was done to assist the moms in the home with strategies to deal with children's negative behaviours. The participants had many questions and positive comments on how the program gave them a clearer understanding on their children's behaviour. This understanding in turn has assisted them to engage positively to obtain the desired results from their children. The parents enjoyed the program so much that they have requested for their group to continue. The Teen Parent Program now meets every Monday afternoon with the residence as an ongoing group.

RR was struggling with her 3 year old daughter who started to suddenly have tantrums. RR was an expecting Mother as well. After offering the Positive Discipline she was able to figure out that her daughter was having a hard time dealing with the arrival of a new sibling. She also realized that her daughter was getting different parenting when going on home visits with the father. RR decided to include her daughter in preparing for the new baby and that she would talk to the father to see if they could get on the same level for their daughter's well-being. RR now lives in her own home and her daughter has settled down with her tantrums and loves her new baby brother.

BB and her family lost their home due to problems concerning addiction. The stress of looking for a stable home and trying to keep her family together was taking its toll on her. BB was becoming more aggressive and neglectful of her children's hygiene. Eventually The Ministry of Social Services had to step in and apprehend the children for their safety and to allow BB to work on herself and her situation. One of BB goals was to achieve her Culinary cooking certificates. She was supported in attending talking circles, case conferences, transportation and advocacy to agencies she needed to attend. She took the Positive Discipline program, assertiveness workshop, domestic violence workshop and is now seeing a psychologist. She has also moved into a Family group home which will supervise and monitor her and the father's daily activities. BB is presently attending an Adult learning school and is working toward getting into Sask Polytechnic for culinary cooking classes next year. The children will be moving in with them on a permanent basis. BB is planning on having a Birthday party in the next month for her daughter at EGADZ.

There have been some parents who have taken the program a couple times and have been using the information from the program with their children. They have observed and commented on how other families and child related programs should take the program when dealing with children. The parents who have taken the program a few times highly recommend other parents to take the program in order to understand their children better and deal with their tantrums in a non-violent manner.

Life Skills offers skills to parents that need assistance in dealing with everyday life situations. This is done through informational presentations and positive recreation on topics that teach the parents the importance of taking care of one's self in order to take better care of their children. This year there were 38- 2.5 hour Life Skill workshops and activities offered. There were 37 individual parents and 17 individual children who participated.

The cooking module consisted of 3- 2.5 hour workshops that ran twice throughout the year. The workshops taught planning, budgeting and cooking the meal. There were 10 parents who learned to cook nutritious affordable meals for their families.

This year there were 14 parents who took a 4hr Assertiveness Training workshop. The assertiveness Training workshop was done by Fawn Nielson Counsellor for Hear my Heart Books Inc. The majority of parents who attend program needed to learn how to deal with authority figures, organization workers, and their children in an assertive manner. The workshop offered information on the differences between assertiveness and aggression and how to use this tool in situations. It also taught the parents how to teach their children to be assertive if they ever had to deal with strangers and bullying. The parents all received Certificates and information books. They were very excited and loved the ability to understand clearly what the presenter was talking about.

The parents attended a Diabetes workshop presentation at the Drop-In Centre. The parents learned how to prevent diabetes and were able to do an assessment on their risk levels. They also learned how to care for someone who already showed signs and symptoms or were diagnosed with the disease.

Family Section

The Family section is for parents and children to learn how to build trusting relationships in a safe environment and then progress to independently building on those relationships. This program offers activities and workshops in two areas that focus on attachment and bonding and positive recreation.

Attachment and Bonding activities and workshops are designed to assist parents to build a healthy bond and attachment with their children. For the majority of the parents

positive play was not a normal practice in their homes.

There were 25 attachment and bonding type activities and workshops with 35 individual parents and 40 individual children who attended throughout the year.

There were 11 moms and 14 children who participated in a group outing to the forestry farm. The event was to celebrate Mother's Day and 2 of the children's Birthday. The group enjoyed a Barbeque and cake before going into the zoo to see the animals.

In July there was a Mom and tot camp with 14 moms and 15 children who participated. The group enjoyed nightly bonfires, mom and tot burger making, a cultural night with the elder Sheila, mom and tot crafts, swimming and nightly barbeques.



At Christmas there were 32 moms and 34 children who came to see Santa Clause and The Grinch. The children enjoyed having their faces painted, balloon toss and their faces painted by SCYAP face painters while waiting patiently for Santa to land. The parents and children were invited to have an EGADZ family supper and received gifts as well.



On Halloween there were 20 parents and 16 children who participated in the party. The parents had a variety of parent and tot crafts they could do with their children, face painting by SCYAP, and they learned about delicious healthy treats they could give their children in place of candy.



The Easter Bunny hid eggs for the children to do an Easter egg hunt at EGADZ. There were 6 parents and 7 children who participated. After the egg hunt the parents were invited to have snacks and paint eggs with their children.



Positive recreation is a component that teaches the parents to interact with their children through recreation activities in a positive environment. Participants enjoyed activities that included Swimming, The Fun Factory, The Children's Festival, Playtime in the Park, and a Night in the Haunted house on Warman Road.

There were 24 individual parents and 30 individual children who participated in these programs.



Emergency Supplies and Support Services for Teen Parents

Emergency supplies and services were available to teen parents on a continuous basis. The services were set up according to the needs of the parents. Emergency supplies were provided 255 times and included 22 one on one crisis support. These services include;

Bus Tickets	64	Support	29
Pregnancy Tests	15	Clothing	74
Baby Supplies	52	Medical Related	3
Home Visits	51	Formula	833
Referrals	31	Diapers	874
Food Packs	5		

Additional support services were offered to parents through Childcare and Outreach Services.

Outreach services and support was available to the participants. This helped to build a trusting relationship with the Teen Parent Coordinator who was able to provide information and support to new parents in the comfort of their own home. There were 51 home visits with 39 individual parents.

The Childcare Centre at EGADZ is a play area for children of the teen parents who attend the parenting programs. The children are supervised by a qualified childcare worker who develops crafts and games for the children to do during each session. There were 130 visits to the childcare centre last year.

School Support Program 2015/2016

In the spring of 1990, the need for a Program that was an alternative to custody became very apparent. EGADZ was contracted by the Department of Social Services, Young Offenders Program to deliver this “alternative to custody” program. Originally called the Back to School Program, this program provided a support network for youth ages 12 to 15, with the primary objective being to re-enter and maintain school placements. In 2000 the name was changed to School Support Program after continuing confusion with respect to the intent and purpose of the program.

Today the School Support Program has evolved into a community based intervention program designed to assist youth who are in conflict with the law and are experiencing an array of difficulties that are barriers to acquiring or maintaining an educational placement. Many of the clients we serve live in unstructured family environments with high levels of social-economical disadvantage. As a result many of these young people demonstrate negative responses stemming often from dysfunctional homes and parenting environments. Furthermore, issues such as truancy, substance abuse, gang involvement, homelessness, criminalized behaviors and mental/emotional/physical health concerns are significant factors that impact their education. The program is designed with the premise that while youth need to be accountable for their behavior, they may also require assistance in developing life skills to help them assume a positive role in the community.

The objective of the School Support Program is to provide the most inclusive support and assistance to the youth, family/guardian, community youth workers and school staff in facilitating school success. As a result of increased support, supervision and inclusion of the youth in their case plan, the opportunity to decrease the risk of breakdown of school/home placement has proven effective.

Staffs ensure we provide youth with support for legal issues by transporting and attending court, lawyer’s appointments and probation reporting. Further supports include visits and calls to the home and school, providing in school crisis interventions and suspensions, and support such as wake up calls, transportation to school, parent visits, and one-on-ones with youth. Moreover, staff attends case conferences, contact workers, make outside agency referrals such as Mental Health, Addiction Services, detox and/or treatment, and personal counseling.

Youth continue to be involved in program during extended school breaks and the summer months. The summer portion of the program provides structured programming that includes life skills, field trips, recreation, community awareness, physical education and camping. This provides consistency and structure in their lives and has proven to be very beneficial upon their return to the upcoming school year.

Youth are transported each day by staff ensuring a nutritious breakfast, relationship building and attend their educational placement. This approach offers consistency and structure in a young person’s life that has demonstrated to be beneficial upon their return to school.

The School Support Program is financially supported through the Ministry of Justice, Corrections and Policing, Young Offenders Program and is able to accommodate twelve individual youth between the ages of 12 and 17 at any given time throughout the year.

School Support Program 2015/16

Youth carried over from previous year	9
Total referrals for the year	50
Total participants	52
Total youth not intaked	7
Males referred	33
Females referred	26
School contacts/visits	139
Home/parent contacts	1110
One on One’s/Crisis interventions	38
Case conferences	6
Transportation	988
Lunches served	370
Breakfasts served	325

School Support Organized Activities 2015/16

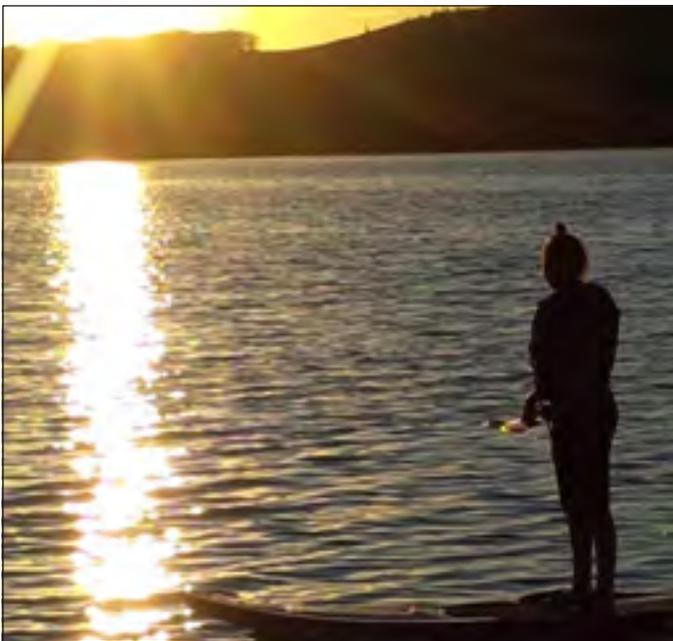
Sessions	Number of Sessions	Total Participants Hours
Recreation	121	1156.5
Life Skills	139	380.5
Volunteer	41	78
Field Trip	9	20.5
Physical Education	81	295
Art Therapy	12	15
Cultural	10	25.5
Random Acts of Kindness	12	
Speakers	6	

Highlights in 2015/16

During the summer of 2015 there were Twelve different youth who remained involved with the program. The summer was filled with many activities such as taking in local events such as the Fringe, the Ex, Taste of Saskatchewan, Wanuskewin, and local powwows. There were trips to Batoche, Forestry Farm, the Mendel and Beaver Creek. The youth also participated in community events such as the opening of Kinsmen Park, Police Station community BBQ, and UFC training session. The highlight of the summer had to be the Skrillex concert. Five of the top attenders were given the opportunity to go back stage to meet the artists.

The youth kept up with physical activity by doing yoga in the park, swimming, water skiing, disc golf, hiking, batting cages, bowling and walks by the river. The summer also had programming with life skills cooking, volunteering, Random acts of Kindness as well as a once a week youth committee meeting. The recreational aspect of the summer was not lost as youth spent time mini golfing, going to the beach, playing games at the centre, laser tag, spending time at the park, going to the arcade and playing pool. Of the twelve individual youth there were ten who re-entered school in the fall.

Another highlight was the combined four day camping trip that eleven youth attended. The youth participated in morning yoga and hikes, daily scavenger hunts, fear factor, kayaking, berry picking, rock painting, cards, fi eworks, nightly bonfi es, volleyball, baseball, nightly scary movies and the traditional camp T-shirt day where the youth receive a camp name.



At the end of summer the program had a Back to School family BBQ. The youth cooked burger, hot dogs and salad for family members/guardians. A slideshow of pictures was put together so the youth could show what activities they were involved in through the summer months. There were six parent/guardian participants.

Outcomes of 2015/16

Because of the consistent structure for youth during the summer months youth maintained stability. This year there was a transition rate of 82% of summer participants that re-entered an educational setting in the fall.

A summer youth who transitioned into the school in autumn and received transportation for three months had good enough attendance that the school gave him a monthly bus pass. His life circumstances did not afford him the money to be able to buy his own bus pass. He was able to continue going to school, on his own, with the help of just a phone call in the morning to make sure he was awake. He continues going almost every day and this will be his first complete year of school in three years.

A school contacted the School Support Program because they had a fourteen year old female who was not going to school regularly and thought that with the assistance of the School Support Program, she could be successful. She suffered from anxiety and had a fear of the dark so she was afraid to take a bus in the morning through winter. She went from going to school two or three times a month to going every day because of being given a ride to school every morning. There was one week where she was being taken to school and not going to class and the school counsellor contacted us to see what was happening with her rides. It turns out that she had had an issue with one of the teachers and was afraid and embarrassed to go back to class. The issue was addressed and the next day she was back on track. Now she is getting herself to school three days a week as there is continued support for her two days a week.

Late in the school year program staff came across a twelve year old female who staff ran into every morning staying at one of the program youth's house. When questioned as to why she was not going to school she told staff that she didn't go to school anymore. With some investigating and communications with the school she was supposed to be attending, it was discovered that she had not been in school for most of the school year. The school was very concerned at her lack of attendance and worried that she was not connecting with any community agencies. After meetings with the school it was thought it would be best if she could connect with the program and stabilize through the summer months to make the transition back to school in the fall successful. During the summer she did make a connection and had very good attendance in the program. She was back to school in September with continued support with transportation in place. It wasn't long before her school placement started to fall apart again due to struggles within her family. In order to stay connected she came back to the Day Program to stabilize and try again. She still struggles with family issues but has recently been registered in First Avenue Campus where she attends regularly and is getting her education.

Day Support Program 2015/2016

In 1994, because of the tremendous success of the Back to School (School Support) Program, EGADZ was contracted to develop and administer a Day Support Program. This prevention program was originally comprised of youth with open custody sentences and youth in care who have no school placements or were between schools or had been suspended from school. Youth were referred to the program to stabilize them and give them structure so they would be able to re-enter a school placement.

Today the Day Support Program has evolved into a community based intervention program for youth in conflict with the law. Additionally, the youth have lost their whole or partial existing educational placement and require an alternative avenue to stabilize as a means to re-integrate into an appropriate educational placement. The program is designed with the premise that while youth need to be accountable for their behavior, they may also require assistance in developing life skills to help them assume a positive role in the community.

The objective of the Day Program is to provide community based programming through Education, Life Skills, Cultural Awareness, Community Programming, and Employment Opportunities. The main objective of the program is to increase social stabilization then assist youth to reintegrate into an appropriate educational or work placement. This is done by reducing risk factors related to reoffending by providing intensive supervision that reduces recidivism and empowers positive behavioral change.

Youth are supported through daily contact with staff who provide wake up calls, breakfast/lunches, transportation, parent/home visits, one on one's with youth, daily contact with their workers, attend case conferences and medical support. Staff advocate for youth by making outside agency referrals such as Mental Health, Addiction Services, detox and/or treatment and personal counseling.

The Day Program is supported through the Ministry of Justice Corrections and Policing, Young Offenders Program and is able to accommodate twelve individual youth between the ages of 12 and 17 at any given time throughout the calendar year.

During the summer months the program shifts to an employment and recreational structured program that expose youth to positive alternatives that they may seek to gravitate to and continue on within their community. The summer component of the program provides youth with support, structure and stability that lends towards a more successful transition for them when re-entering an appropriate educational placement for their new school year.

Youth are provided with a variety of activities and experiences through sporting, recreation, field trips, swimming, water skiing, bowling, BBQs and a camping trip, all of which lends towards creating positive experiences and opportunities.

In keeping true to our Random Acts of Kindness, once a week the youth plan out what they will do to try and make someone else's life a little bit brighter. The youth did such things as handing out flowers to strangers, purchasing breakfast and coffees, handing out mitts and blankets, or popsicles on a hot day. The youth enjoy these experiences and find the insight to selflessness and generosity.

Day Support Program Statistics 2015/16

Youth carried over from previous year	14
Total referrals for the year	65
Total participants	73
Total youth not intaked	6
Males referred	49
Females referred	30
Home/parent contacts	838
One on One's/Crisis interventions	42
Case conferences	7
Transportation	1107
Lunches served	852
Breakfasts served	726

Day Support Organized Activities 2015/2016

Sessions	Number of Sessions	Total Participant Hours
Recreation	180	1893.5
Life skills	247	1009.5
Volunteer	88	346
Field trip	23	99
Physical education	140	502.5
Art therapy	30	133
Cultural	28	139.5
Parent participation	14	
Speakers	6	
Random acts if kindness	41	



Highlights 2015/16

During the summer of 2015 there were Ten different youth who remained involved with the program. The summer was filled with many activities such as taking in local events such as the Fringe, the Ex, Taste of Saskatchewan, Wanuskewin, and local powwows. There were trips to Batoche, the Forestry Farm, the Mendel and Beaver Creek. The youth also participated in community events such as the opening of Kinsmen Park, Police Station community BBQ, and UFC training session, but the highlight had to be the Skrillex concert. Five of the top attenders were given the opportunity to go back stage to meet the artists.



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Program participation included winter with compassionate sidewalk snow removal for the elderly. This year there were Three households that the youth volunteered for.

This year marks the 20th year the program has volunteered at Sherbrooke Community Centre. Both the youth and residents enjoyed the time spent together playing Bingo and participating in game days.



This summer was the second year that a garden project was added to the programs as a tool to teach, as well as a place to spend a few hours with certain youth that may need more one on one time because of life circumstances. It served as a therapeutic as well an educational.



Outcomes of 2015/16

A youth that spent three months in the Day Program started with an overall attendance of 20% in the first month and a 94% by the third month. He transitioned into school where he continues maintaining his educational placement.

A thirteen year male who had not been in school for over a year spent two months in the Day Program. With the support, transportation and the connections he made with staff his attendance improved from 50% to 100% and he was able to transition into a satellite school program in the fall. He continued with transportation and support and did so well that he was able to register into a mainstream school placement. He continues to receive School Support and goes to school every day. He is looking forward to being in the summer portion of the program.

A 14 year old male, who was on house arrest started in the Day Program. The school he attended was not able to supervise him to the degree of his probation order. Within two months of working with his school and his workers arrangements were made for him to be able to attend half days at school and half days in the Day Support Program. With the support and supervision of both the School and Day Support Programs this youth is able to continue with his education and be in the community accessing resources to help him move forward in his life while on strict legal conditions.

Because of the consistency of programing throughout the summer months there was a transition rate of 70% of summer participants that re-enter an educational setting.



Employment Readiness Program

Youth that are age appropriate can utilize this portion of the Day Program. Youth can work anywhere from two to six hours a week, one on one, to prepare for the workforce. This involves transporting youth to interviews/fairs, handing out resumes, online job search, as well as connecting youth with existing community employment support opportunities.

Employment Readiness Program Statistics 2015-2016

Number of youth utilized	8
Resumes Building Sessions	6
Job Hunting Sessions	4
Agency Referrals	1
One on One's	2
Acquire identification	7
Young Workers Readiness Exam	3
Attended Job Fairs	1
Employment gained	6

Outcomes 2015/16

All six of the youth gained summer employment, out of those six two youth continued employment after summer.

Day Support Work Program

Since 1995 the EGADZ Day Support Program has partnered with community members to provide summer employment for youth participants. Previous partners such as the Farm School, Gordo' Columbus Bosco Homes and All Green Recycling have opened their doors to create opportunity for youth participants who have current corrections involvement. Over the last five years the Dave Deplaedt Foundation has partnered with EGADZ providing a 5 acre parcel of land where youth have been able to learn employable skills while maintaining a campground for other youth to enjoy. Without the help of various outside funders this program would not be possible. However, strong outcomes, reduced recidivism and support from community agencies is beginning to change negative ideologies surrounding youth in corrections that "at risk" youth don't want to work. This is far from the truth and their contributions to their community and economy can be seen with the success of the work program. For the first time since its inception the EGADZ Day Support Work Program was proudly able to put youth on their payroll. Participants were required to have a Social Insurance Number, resume, Young Readiness Work Certificate if under sixteen and had to go through the interview process. They were employees of EGADZ, contributing dollars back into the economy, paying taxes and becoming positive role models within their community.

Thanks to the generosity of the Dave Depaedt Foundation and a shared vision with EGADZ that all youth need a safe and healthy environment to achieve growth. The youth have participated in helping the last five years with an empty parcel

of land to a working camp with a cook house, bunk house, flush toilets and showers. In addition to the building structures there are many different activities. Physical activities include a volleyball rec area, baseball diamond, and soccer field. Stand up paddleboards; kayaks and a canoe create fun on the water. Arts and crafts, movie nights, walks, sitting around the camp fire and going to the beach are some of the many planned activities that go on at Wakaw Camp. Over the last five years youth participants in the Work Program have played an important role in building up this camp and more importantly it has played an integral part in shaping new ideologies, building self-esteem and creating a place to give other youth an opportunity for healing and growth.

Quote from youth:



"I thought the program was pretty chill. You get to chill at the lake and observe life while you work. If EGADZ could somehow push some of the at risk older youth to take part in the program, or even some of the younger youth I think it would give them a sense of pride and accomplishment because they earned their money the hard way. The way I see it, most of them see EGADZ as a punishment, or even an embarrassment. If you could establish that EGADZ is nothing more than a place to build your life rather than destroy it more of the "at risk" youth would accept it. Last year when I attended the Day Program I thought of it as a punishment rather than a place that lends a hand. This year helped me look at EGADZ in a different way and I felt good about working." A.S.

Youth involved in programming have many employment barriers such as transportation, work clothing, food and other needs most employers cannot help with. Removing these barriers has proved to be beneficial, saving the government and taxpayers the financial responsibility of housing youth in prison. Instead, youth are putting dollars back into the community and are working hard to become contributing members of society. Youth participants are picked up in the morning and are provided with a small breakfast before the hour drive to Wakaw. When on the worksite all youth are provided with steel toe boots, reflective clothing, gloves and other protective clothing. Also, we provide a lunch and transportation home at the end of the work day. However, one of the biggest differences is having a patient qualified instructor who has experience working with hard to serve youth. The hour long drive to and from Wakaw has been important in building relationships and creates an

open dialogue where youth can express frustrations, concerns and have some good laughs. Without removing these barriers and creating relationships the Work Program would not be successful.

Nutrition was another area of concern for our participants. As a group we decided once a week we would go grocery shopping. Participant wanted nutritious meals that would provide a healthy mind and body (sustained energy). For breakfast a healthy choice of fruits and grains were provided and for lunch choices of vegetables, fruits and proteins.

Quote from youth:

"It felt good to have a job with EGADZ because it gave me the confidence and understanding of what it's like to have a job. Also, they taught me how to make a resume, get a Social Insurance number and open a bank account." S.L.

For most of the youth participants the thought of using a riding lawn mower or whipper snipper can be an overwhelming. During the first week, 16 hours is dedicated to learning the proper use of each machine (push lawnmower, riding lawn mower and whipper snipper) and until they can prove an understanding and proper use of that machine they are not allowed to use them. A track with pylons is set up in a field where youth learn proper riding skills (lawnmower) and need to show they can drive with a safety conscious attitude and an understanding of the different components of that particular machine. Youth are taught the different gas and oil mixtures for each piece of equipment. Furthermore, participants are taught what to listen for when equipment is not working properly to avoid injury to one's self, others and damage to the equipment. Within the first week youth are able to affectively change whipper snipper line, clean equipment, use the equipment and gauge how that equipment is running and continue training throughout the summer using hands on learning.

Further to the operation of landscaping equipment other projects were implemented throughout the summer. Participants are involved in the planning of projects such as building picnic tables where they learn how to read instructions, plan what materials are required and the use of carpentry tools. These skills are valuable as they are transferable for other employment opportunities.

Quote from youth:

"Been out of jail for 7 months, now I'm off curfew, I got myself a summer job lol egadz hooked it up I'll be getting paid ughhhh life's good right now I'm proud of myself smile emoticon anyways have a good day everyone". K.M.

2015 Outcomes

The 2015 Day Support Work Program had four youth participants. They worked three days a week for a total of sixteen hours per week with a wage of \$10.20 per hour. All

four youth remained in the work program throughout the summer without reoffending which reduced recidivism by 100%. According to Stats Canada (2012), it costs \$172 per day to imprison a provincial or territorial inmate and that number continues to escalate. After a successful summer all four youth have returned to educational placements in the hopes of having a better and brighter future.

The program had outcomes that reached far beyond statistics. Working alongside participants it was observed that their self-esteem and confidence grew to the point that the fear and anxiety of working with equipment subsided. Some participants started to ask for more responsibility and took on leadership roles. Participants bonded together, which for some, was their first step in building a healthy relationship.

Youth gained a much needed work reference to use on their resume.

Participants contributed dollars back into the economy, paid taxes and became positive role models within their community.

An unexpected outcome was to see the pride and confidence participants showed in the morning when putting on their gear. The gear became part of the change they were working towards and it was shown through the respect towards equipment, gear and themselves.

Ultimately, the end goal is to provide as much opportunity for youth involved in corrections to succeed in the workforce. As a non-for-profit service provider our biggest obstacle is funding, therefore the need for community partners is instrumental in the program's success.

For twenty years the Day Support Work Program has empowered and encouraged youth to be employable contributing members of society. Hope, perseverance and drive from those youth have empowered and encouraged us to create a program that works for them. Those opportunities and programs are rare for at risk youth. The stigma attached to youth involved in corrections is a hard obstacle to overcome. However, year after year these youth come and want an opportunity to escape poverty, gangs and criminogenic lifestyles. For the most part youth are told to "get a job" or "just leave your gang." Those are not the answers EGADZ gives. EGADZ believes in creating opportunity for youth so that escape from poverty or gangs can become a reality.

Two work program youth went on to other employment after the summer program.

The Day Support and School Support Programs are thankful for its Community Partners in 2015/16: Sherbrooke Community Center, Mental Health & Addictions Services Outreach Services, Y.W.C.A; Cosmo Civic Center, Saskatoon Community Youth Arts Programming Inc. (SCYAP), Child Hunger and Education Program and the Dave Deplaedt Foundation.

First Avenue Campus (FAC) 2015/16

First Avenue Campus is a partnership between the Separate and Public School Systems, the Ministry of Justice, Correction and Policing, and the Ministry of Education. Program funding has come from an Education in Custody grant.

First Avenue Campus is a classroom that runs from 9:00 a.m. until 3:00 p.m. that recognizes the transformative power of education and self-improvement. It is staffed with a teacher and an Outreach Support Worker. The classroom provides a continuum of services to meet the complex needs of youth involved in the justice system. This provides a seamless transition from custody to a quality educational program. This is accomplished by teaching a variety of skills including social, literacy, and mathematics in a comfortable educational setting. Each student is given an individualized curriculum that best fits the individual student to prepare them for future education experiences. First Avenue Campus is a short term transitional placement that recognizes the transformative power of education and self-improvement. First Avenue Campus is able to accommodate six individual youth between the ages of 12 and 17.

The partnership started in 2009/10 and for the first three years the classroom only ran on a half day schedule and in 2012/13 full day scheduling was implemented. In the last seven years there has been one hundred and sixty one youth who have utilized this program.



First Avenue Campus Statistics 2015/2016

Females	4
Males	17
On role as of March 31, 2016	5
Transportation	471
Breakfasts	557
Lunches	471
One on One's	18

The youth that come to be involved with First Avenue Campus face a multitude of factors which are barriers to school and community engagement. Issues such as: truancy, substance abuse, gang involvement, homelessness, criminalized behaviors as well as mental/emotional/and physical health concerns.

Highlights 2015/16

Seven youth successfully transitioned back into a community school placement.

In the month of March, 5 youth had above 80% attendance at school. All of these youth worked hard to get to school despite several barriers to regular attendance.

One of the youth developed the confidence to try out and make the basketball team at a local collegiate after transitioning to a community education placement.

One youth is still connected with and attending her community education placement 8 months after transitioning from 1st Ave Campus.

Outcomes 2015/16

A thirteen year old student came to First Avenue Campus late in the school year from an elementary school that he was no longer allowed to attend because of legal issues. He started out as a troubled, quiet youth who had trouble fitting in. By the end of the school year he had worked on many of his problems and was able to finish the school year with 100% attendance.

He was transferred into the Day Support summer recreation program where he flourished into a positive leader to the other youth and actively participated in all the activities. He was able to return to his home school in fall where he currently attends regularly, with the help of the School Support Program, and is graduating grade 8 and looking forward to going to high school. This youth success came with the support of being able to access FAC, the Day Support Program and the School Support Program

A fourteen year old female from open custody who had not regularly attend school for years, was enrolled full time in FAC at the beginning of the school year. Within two months she was doing well enough to be transferred to her home school half time while still attending FAC half time. While becoming engaged in her home school she made the basketball team. She started to feel like she belonged and was proud to be a part of a school environment. Two months after starting half time she was attending her home school full time and regularly.

To help maintain consistency for youth, during extended school breaks and on alternate school days, an extension to class component was added. This helped youth stay on schedule and helped with relationship building between the student and the classroom outreach worker.



Extended Class Program Statistics Sept 1, 2015 - Mar 21/2016

Sessions	Number of Sessions	Total Participant Hours
Recreation	17	226.5
Life Skills	23	243
Volunteer	1	5
Field Trip	2	6
Physical Education	12	60.5
Random Acts of Kindness	1	
Guest Speaker	1	

Residential Services

This year marks 19 years since EGADZ opened the doors to its first residential home.

Since that day EGADZ has expanded in the residential area to include 15 homes and the new construction of a Child Care Centre.

Without the support from the Government of Saskatchewan, The Homelessness Partnering Strategy, City of Saskatoon, Wally and Colleen Mah, the Conexus Credit Union and many private donors, creating homes for vulnerable children, youth and adults would not have been possible.

Along with the financial support is the need for capable and dedicated staff members who not only understand the struggles and the needs of the clients, but also have a true investment in the health and welfare of the youth and their families.

The Residential services that EGADZ has to offer include Staffed Homes, Mentored Homes, Structured Independent Homes, Supported Independent Homes and a home for children in care of the Ministry of Social Services whose parents are working on reunification.

Since 1997 EGADZ has been able to provide homes with support services for over 500 separate youth and 275 of their children. Many of these clients have lived in the homes long term and others have utilized the Residential Services multiple times over the past 19 years.

The My Homes

Mentored Model Statistics

From April 1st of 2015 to March 31st of 2016 we were able to give housing to 42 separate females and 10 infants/children in the Mentored Homes.

Outcomes of Mentored Homes

Transitioned to Supported Independent	3
Transitioned to Independent Living	6
Transitioned to Family	4
Employed	15
Graduated High School	3
All Attended Educational Programming	



Structured Independent Home Statistics

From April 1st of 2015 to March 31st of 2016 we were able to give housing to 19 females and 12 infants/children in the Structured Independent Homes.





Outcomes of Female Staffed Homes

Transitioned to Family	2
Transitioned to EGADZ lower risk home	9
Employed	5
Healthy Baby Born	9
Placed in Intense Stabilization	2
Graduated High School	2
All attended Educational Programming	

Staffed Home Statistics (Males)

From April 1st 2014 to March 31st of 2015 we were able to give housing to 9 male youth.

Outcomes of Male Staffed Homes

Transitioned to Independent Living	0
Transitioned to Adult Supported Living	1
Employed	2
All attended Educational Programming	



Outcomes of Independent Homes

Transitioned to Independent Living	6
Transitioned to EGADZ lower risk home	1
Transitioned to Family	5
Graduated High School	2
Accepted into Secondary Education	6
Employed	11

Staffed Home Statistics (Females)

From April 1st of 2015 to March 31st of 2016 we were able to give housing to 56 females and 10 infants/children in the Staffed Homes.





When the first My Home opened in 1997, it was a pilot project created to meet the needs of youth who were being sexually exploited and did not have adequate housing and support to keep them safe.

Although providing safe housing was the most immediate need, support with education, addictions, health and mental health were imperative in order to help youth heal and begin to create a healthy future for themselves.

Over the years many of the youth that came to live at the My Homes were not directly involved in the sex trade, but were the children of the women who were entrapped in sexual exploitation.

These children had either been apprehended at birth or a young age and became long term wards of the province, or had lived a large portion of their lives witnessing drug use, violence and sexual exploitation.

Many of the youth bare the burden of Fetal Alcohol Syndrome, Attention Deficit/ yper Activity Disorder, Post-Traumatic Stress Disorder, Sleeping Disorders, Anxiety Disorders, Depression, Dissociative Disorders, Obsessive Compulsive Disorder and Autism Spectrum Disorder.

With the increase in various needs, the My Homes have evolved to include many different specialty support areas such as Parent Support, Action to Employment and Crisis Support.



My Home Highlights

S. C. has lived within the My Home programs for 8 years. Growing up S. was in and out of foster homes as her mother suffered from mental health issues and her father battled with alcoholism. S. herself struggles with mental health issues, alcohol/ drugs and childhood trauma.

Since coming to live at the My Homes she has worked her way through the staffed model, mentored model and has successfully transitioning to a Supported Independent home. She has graduated high school, completed treatment and attends regular counselling to work on her past trauma. S. also works in the Action To Employment program year round and has excelled at learning skills and building her confidence. She has also been accepted into the University of Saskatchewan – College of Arts & Sciences beginning September 2016. S.'s long term goal is to attend the University of British Columbia where she will study to become an Art Therapist. Although her mental health continues to be a struggle at times, she is able and willing to continue to try different avenues and work with her supports.

K.U. came to live at the My Home when she was 14 years old. As a child who had been in and out of care, K had a difficult time adjusting. Although the environment was healthy and the home offered everything she needed, as with many children in care, her longing to be with family crippled her ability to focus on her daily and basic needs. K. was a "habitual" runaway who eventually left the program.

After a short time K. asked to return to the My Home because she felt she deserved a better life and was ready to focus on herself. She sought out cultural healing and guidance and connected with Outreach Services. K. worked hard on her education and eventually graduated from grade 12 earning 3 awards and one scholarship. After high school K. completed an employment training program through Radius and found a full time job at a company at which she is still currently employed. This past year K. transitioned to her own independent home.



T. N. was a long term ward of the province that moved into the My Home at the age of 15. She was one of several siblings who would spend their entire childhood in care.

T. suffered abuse while in foster care and had also been the victim of sexual assault all before the age of 16, because of this; she struggled with building relationships and trusting adults. To cope with her past abuses and separation from family, **T.** used drugs and alcohol to cope. Her fear of repeating her family's negative choices and self-doubt led her to suicidal ideation and many attempts of trying to take her life.

It took many months for her to believe that people really did care about her and years for her to believe that she was worth the care and that her life really did matter. **T.** would go through years of succession and regression before she was truly ready to deal with the past and understand the connection to her poor coping skills.

Some of the remarkable accomplishments **T.** obtained during her time at the My Home are successfully completing a 40 day addictions program at Cree Nations Treatment Haven, graduating high school and receiving an Aboriginal Youth Award, gaining full time employment in the food and beverage industry, (eventually she began working in the Egadz Action to Employment program where she also served as a mentor to the other youth), contributed hugely in the creation of the "I AM NOT 4 SALE" website and app, entered the Women in Trades Program through YWCA and began school in February of 2016, obtaining her driver's license and eventually transitioning into independent living in March of 2016.

E.W. is a cognitively impaired youth who has struggled with maintaining his mental health. As a child he had been a victim of physical, mental and sexual abuse by family. Once apprehended and placed in care, **E.** spent many years circulating through foster homes and protective service providers such as the Children's Shelter. When we first began working with **E.** he would tell staff daily that he was thinking about hurting someone or himself. This was then exacerbated when he learned that his mother had passed away. He has a very complicated history with his mother and he was left confused, sad, and angry.

As staff we worked hard to ensure that **E. W.** had a safe and caring place to grieve while ensuring that we advocated for him to receive the appropriate professional support. We allowed him the time and space to explore his reaction to this tragic news and were always readily available to discuss his feeling with him.

Recently, E.'s homicidal ideation reached a critical point where neither he nor staff felt that he could maintain his or the home's safety. Staff assisted him throughout the process of being admitted to Dube Mental Health Centre and advocated strongly for him throughout the process, but most important, it was E. who felt supported enough to be able to advocate for himself. He was ultimately admitted to the facility and underwent a psychiatric evaluative period. My Home staff visited with him often and encouraged him to take the time to heal, grow, and shift his focus.

E. has return to My Home and overall, has shown marked improvements in many different areas such as his coping skills, addictions and maintaining employment.

It has been an honour to walk with this amazing young man through such a tumultuous period of his life and be able to stand next to him as he makes such incredible progress.

L.C. We were alerted to L.C. by her school as she was pregnant with her first child and homeless. L. had been couch surfing, and as a result was unable to focus in school, lacked nutrition, was not making it to important appointments and did not have any other positive support system besides for her school.

She moved into a My Home and when her son was born he suffered from health complications and was hospitalized for the first 2 months. L. was extremely stressed, and although she spent most of her time at the hospital with her son, she was unable to develop to a bond. As a result of this, she signed him into care for three months.

During the three months L. successfully transitioned from a Mentored Home into a Supported Independent Home, she participated in parenting classes, Food for Thought and Learn and Earn, regularly visited with her son, attended school and is on time to graduate in June of 2016 and has ultimately been able to bond with her child who has returned to her care.

Her goals at this time are to graduate grade 12 and work on creating independence for her and her son.

L. B. originally moved in to the homes due to having no one



able or willing to care for her. L.'s mother was an alcoholic who passed away when K was very young. L. was then sent to live with her father and his step wife but unfortunately her father began to abuse.

Upon coming to the My Homes, L. suffered with anxiety, anger and fear. She was not able to attend school, work or communicate with staff or peers as it often resulted in angry outbursts. Charges were laid on her father and court proceedings continued on over many years. L. began to struggle to continue to cope and began using cocaine. After years of court proceedings L. had a break down and at the last trial, she reverted to childlike behaviour and could not speak. Unfortunately she was unable to testify and her father was then found not guilty.

Over the years L. attended counselling, went on medication and has been able to begin to move on with her life. She is able to function in school, work, with her peers and in the community. She has graduated high school, remained sober, created healthy coping skills, maintained consistent employment and has been accepted into post-secondary education. She is now pregnant with her first child, and has been able to function extremely well without her medication.



S. Q. moved into the homes as she was living with her mother and step-father and it was not a healthy environment for her daughter. Growing up S. had witnessed and suffered emotional, physical, and sexual abuse from a family member. The abusive dysfunction in the home led her to be involved in an abusive, controlling relationship with an older man and then again with another man. The support and safe environment of the My Home has enabled her to create boundaries for herself. The trauma of her past reflects in an overly protective nature with her daughter. She fears having males around her daughter whether they are 4 years old or 40 years old. She has just begun to discuss these fears with staff and be in seeking help through counselling. When first moving in S. was unable to speak with or form relationships with staff or the other members of the house. She had been

holding secrets of abuse all her life and trusted no one. Over the years she has been able to learn to trust people and has developed very positive and trusting relationships with staff. She is the Junior Mentor in the home providing support, guidance and leading by example for her peers. She has graduated grade 12, is currently studying to be an addictions counsellor at Saskatchewan Polytechnic, and has maintained long term employment. S.Q.'s long term goals are to become an addictions counsellor and she has begun working with staff on a plan to one day purchase her own home.

V.N. is a long term ward who came to the My Home when she was 15 years old. The first year V. had struggled to dig her feet into the program and to create relationships with staff. She was with a boy that was physically, emotionally and mentally abusive and controlling. She struggled to come home on a regular basis and struggled to attend school. With patience the staff slowly began to build a trusting relationship with her. With the help of her support team she was able to connect with a counsellor who then was able to teach V. to recognize healthy relationships and unhealthy relationships. V.N. eventually found the courage to end the abusive relationship. As she began to feel more and more secure, she created a home for herself and wanted to explore new opportunities. She attends school consistently, comes home on a regular basis, she joined her high school basketball team, tried out and was accepted on to a softball team and has started taking voice and guitar lessons. V. and her sister who also lives at the My Home, both attended the STC Winter Games in Onion Lake as part of the volleyball team.



Activities

Throughout the year the youth are involved in various activities and special events. As a group they experienced downhill skiing, Skrillex Concert, WE Day, MMA Self Defense classes, purchased a table at the Fringe and sold their art and celebrated holidays together. As individuals, they joined activities such as basketball, volley ball, baseball, art classes, equestrian therapy, drama classes, and piano.

After a long year of working on their life skills, education and employment skills, the youth in the Staffed and Mentored homes set out on a summer adventure with Staff. It is important for us to show the youth that with good planning, you don't have to go far or be wealthy to enjoy a wonderful holiday.

This past summer the homes took their annual summer vacation at The Kootenay National Park. For 5 days the kids and staff enjoyed river rafting, a day with Rat's Nest Cave Tours, relaxing at Radium Hot Springs, hiking in the mountains, shopping and camping. The cost averaged out to \$168 per person (excluding fuel).

Baby Steps Program

The program offers 3 different stages of housing: Baby Steps, Mah's Place and McPherson House. Mah's Place and McPherson house are safe and structured environments for mothers transitioning to independence and are in the process regaining custody of their child or have had their children returned back into their care. Baby Steps is a staffed home for children/babies in the care of the Ministry of Social Services. Mothers are given the opportunity to have up to 24 hours a day to bond with their children and develop their parenting skills through coaching and teaching. All of the mothers in the Baby Step program are encouraged to build community support networks as well as utilize the supports offered through the program. There are 2 Baby Steps Outreach workers who are there to support and assist the mothers with case planning, income assistance, employment, education, medical needs and life skills. The Baby Steps program offers parenting support to mothers and provides a safe and healthy environment in which they can grow and develop life skills and work through underlying struggles that may hinder their ability to parent.



From April 1, 2015-March 31, 2016 17 mothers and 37 children resided in the Baby Steps program. 6 mothers have successfully completed the Baby Steps program and are living independently with their children.

Baby Steps Highlights

J.K. is a mother of 6 who began her journey at Baby Steps and eventually moved to Mah's place. After moving to Mah's place and regaining custody of her youngest son, she continued to participate in community programs, maintained her sobriety and built a network of healthy supports. She started school again and was in the process of completing her grade 12. J.K. continued to work on transitioning her other children back into her care and soon her second youngest child was returned to her care. In August 2015 J.K. felt ready to leave the Baby Steps program and moved on to independent living with her two children and is continuing to live a healthy and sober lifestyle. She is working on transitioning her other three children home and is working on overturning an indefinite PSI order with one of her other children.

When **T.L.** entered Baby Steps she faced struggles with addictions and domestic violence. She has worked extremely hard to overcome a crystal meth addiction and maintain her sobriety by working with an addictions worker and developing healthy coping skills for when she is faced with the desire to use. She has come a long way in her personal growth and development and now sees a personal counsellor for her depression and is currently being medically treated for ADHD.

A.R. was working on transitioning her oldest son into the Baby Steps program, as the two younger children were already residing in the home, but in the spring of 2015 she made the very difficult decision to place her oldest son back into the care of some family members as she did not believe she could provide him with appropriate care. Not long after that, A.R. changed her mind and felt confident that with support she would be able to successfully transition all of her children back into her care and her oldest son came back to the Baby Steps house. A.R. worked extremely hard on her parenting, coping and self-care skills and in October 2015 her two youngest sons were returned to her care. A.R. continued to work on building a new relationship with her oldest son and has been working with community support workers who have helped her understand childhood attachment and trauma. In January 2016 A.R.'s oldest son was returned to her care. A.R. is currently working full-time and her sons attend daycare. She is working towards getting her driver's license and is starting to prepare for moving out on her own with her 3 boys.

K. B. is a young mom who was experiencing domestic violence with her current partner and suffers from depression. M.V. grew up in the foster care system and spent much of her adolescence moving between foster homes and group

homes. At a young age she was diagnosed with severe depression and has continuously experienced extreme "highs" and "lows" throughout her life and to add to this she lost a child due to illness. K.B. entered the Baby Steps program with the goal of regaining custody of her son who had been placed into the care of the Ministry of Social Services. She herself identified that she was struggling with her depression and did not feel that she could adequately care for her child. Shortly after moving into the Baby Steps house K. found out that she was pregnant. This was a very confusing time for her because she was excited to have another baby, but was also scared because of birth complications with her other two children. Within one month of being in the Baby Steps house K. had transitioned to Mah's place and had her son returned to her care. She was excelling in all areas (parenting, health-both physical and mental, coping skills), however she had stopped taking her anti-depressants and started to enter into a deep depression. She was struggling to get motivated, sad more often than not, having suicidal ideation, and was struggling to care for her son. She was feeling angry and sad and not wanting to receive support or help from the people around her. As time went on M.V. required more support than living at Mah's place could offer her and the concerns for her ability to care for her son increased. She was given the opportunity to move back into the Baby Steps house to continue to work on herself and to be in an environment where there was 24 hour support for her and her son. Initially she was not receptive to moving back into the Baby Steps house and was having feelings of low self-worth, anger and confusion. In March 2016, she moved back into the Baby Steps house with her son. She began to actively work on her mental health and is on the wait-list to see a psychiatrist. She has started seeing her counsellor again and has been working with an Elder to grieve the loss of her daughter, which is something that she has never had the opportunity to do. She started consistently taking medication for her depression and has started to develop healthy ways to cope. K. is doing well with her parenting and is attending community based programming and has established healthy, supportive relationships with staff and community supports. She is looking forward to entering the Aboriginal Policing program in the fall.

B.F. struggled with addictions to crystal meth and alcohol and was on probation when she moved into the Baby Steps home with her daughter. She immediately began working with the staff in the program and it was evident that she had a strong bond with her daughter. She followed the conditions of her probation, attended community based programming in the areas of parenting and life skills, attended domestic violence class and worked with an addictions worker. She eventually transitioned into the McPherson House and began to prepare for independent living. Shortly after, her daughter was returned to her care. B.F. continued to utilize the supports of the program as well as those which she had established in

the community and in October 2015 she was ready to live independently with her daughter.

T.I. is a mother of 4 who came into the Baby Steps Home because she was pregnant and had all 3 of her previous children apprehended. She was tired of the street life style and was committed to creating change. With hard work she was able to work her way through the various stages of housing. She has had to overcome many obstacles during her journey through the Baby Steps program, including long-term addiction. Another huge obstacle for her was the belief that she did not have the intelligence to learn or the ability to work and create her own income. Today she attends school full-time and works with supports to continue to enhance her parenting skills, has been employed for the first time and has started to build stronger relationships with her two older children. She is currently working on finishing her grade 10 with her long term goal of wanting to take a nail technician course. She is also connecting with community for long term support and is working on an independent living plan.

Sweet Dreams

Sweet Dreams opened its doors in June of 2014. This program is an outcome based program that provides a safe, healthy and supported home for mother and children. This home affords parents the opportunity to acquire their education, employment and work towards full independent living. The financing for this program was made possible by a funding model called a Social Impact Bond, the first of its kind in Canada. The bond is between the Conexus Credit Union, Colleen and Wally Mah and EGADZ. The Province of Saskatchewan only pays if we meet our set outcomes.

Since opening its doors in June of 2014, Sweet Dreams has been able to give housing and support to 22 mothers and 30 of their children.

From April 1st 2015 to March 31st 2016, Sweet Dreams was able to provide housing for 15 separate mothers and 18 of their children.



Sweet Dream Highlights

T.C. was a 26 year old pregnant mother who moved into Sweet dreams in June 2015. She had no home and had been transient moving from couch to couch while pregnant. While she was at Sweet Dreams she completed treatment, gave birth to a healthy baby boy, worked with Parent support and Sweet Dreams Outreach and went to weekly community programming. In October of 2015 she was able to move out of Sweet Dreams into her own home but continues to work with EGADZ parent support and Sweet Dreams outreach. This young lady has now started training through the mother's center to become a breast feeding instructor and has also has been accepted in to Polytechnic in the fall to finish her Adult 12.

M. T. was a young mother with a 2 year old daughter who was

in desperate need of a stable home. She was a very bright and intelligent young mom who excelled in academics but struggled to attend school because her and her child had no stable home and no healthy supports. While they resided at Sweet Dreams, Outreach supported her with getting her driver's license, life skills and helped her connect with legal aid so she could receive child support from her child's father. M. was able to complete her Gr.12 and apply for secondary education and begin to prepare herself for independence. In August of 2015 she moved out into a low income rental property and is currently taking Arts & Sciences at the University of Saskatchewan with plans of studying nursing.

C.T. was a 21 year old pregnant female who moved into Sweet Dreams in July; she had no safe housing or support. While she was at Sweet dreams we were able to help her with prepare for parenthood, work on life skills, provide counselling services and help her get her learners license and all the while she was attending school. C. gave birth to a healthy baby girl in November and by February she was equipped and ready to move out into her own apartment. She continues to go to school at Mount Royal West and once she graduates, she plans on finding a fulltime job. She would eventually like to attend university one day. This young woman continues to work with Parent Support and Sweet Dreams Outreach.

S.C. is a 23 year old mother who transitioned from a Supported Independent My Home to Sweet Dreams with her son. Initially when she entered the My Home she had many struggles due to past trauma. She is a very resilient loving mother who mentored in the My Homes and now mentors the other women in Sweet Dreams. During her time at Sweet Dreams so far we have helped her with getting into a driver's preparation course, helped her apply for funding for school and connected her with an Elder. The young woman is currently enrolled in a 4 week food and beverage course thru Skill and Trades. Once she has completed the course she would like to find a part-time job for the summer until she starts school at Polytechnic in the fall for Business Administration.



Parent Support

Parent Support is a specialty program developed specifically for the EGADZ residential continuum. The focus of this program is to assist single parents who are in need of parental skill building through teaching and education.

Parent Support staff not only work hands on with moms, they also connect parents to numerous resources throughout the community to help our moms get the most up to date life skills and parenting education.

Parent Support Statistics

Contacts	916
In Home Aid / Coaching	359
Doctors Appointments	35
Parent & Child Recreation	146
Case Conferences / Planning	70
Other, Appointment Transports	294
Child Safety Education	224

Parent Support Highlights

Parent Support has an eighteen year old client who they have been working with since her son was 5-6 weeks old. This mother has been through a lot in the last year. During her son's early infancy, he suffered from severe health problems and spent a lot of time hospitalized. Attachment was difficult for this young mother in the initial months of her son's life. She had trouble forming a bond with her often-ill baby; we believe this may have been the result of post-partum depression. She showed little interest in parenting programs and resources and eventually lost custody of her son mid-2015. As a result of this separation, a major turnaround occurred where this mother realized how much she wanted to parent her son. Since then she has completed a great deal of programming and Parent Support worked with this mother to complete various parent educating literature. They have worked with this mother's support team, including the child protection worker and home supports, to create a plan for her to succeed in her role as a mother and get her son back in her care. They have helped to conduct a child safety audit in her home, offered suggestions and information regarding baby and toddler activities that will help reinforce the strong bond that has been growing since this mother's turnaround, and have been facilitating recreational outings during the transition period. Her son is presently home with his mother on an extended visit and will be returned to her custody by the end of the month.

Parent Support has a twenty-six year old client that they have been worked with since she was 6 months pregnant. Having lost custody of 2 of her children previously, this mother requested support in building the skills, self-confidence, and social safety net needed to parent her new baby and ensure

that this child remained in her care. Throughout this client's pregnancy, and since her son's birth, Parent Support has worked with her to build her parenting skills and knowledge as well as connect her with additional community resources to strengthen the fabric of her social connections. This client's son is now 8 months old and thriving in her care. This mother pursues every opportunity to grow and learn as a parent, with involvement in several local parenting resources. She has recently taken training to become a breastfeeding advocate and mentor to other mothers in the community. She has been breastfeeding her son since birth and has faced many challenges, yet continued to nurse him without getting discouraged. Parent Support has continued to provide support to this mother through this as well as several personal challenges to help her stay on track with her parenting goals. She has transitioned out of the residential program and now lives independently with her son.

Parent Support has a twenty-one year old client who came into one of our residences 24 weeks pregnant and very nervous about being a first-time mom. Parent Support worked with this mother to help her reach her goals of feeling ready and comfortable to be a new mom by providing her with in-home and community resources to help her learn about childbirth and newborn/infant care. They worked through information about pregnancy, newborn and infant care, and breastfeeding and made themselves available to talk about concerns and fears related to childbirth and parenting. They connected her with a variety of community resources to build her support network as her mother had recently moved to another city and becoming a first-time parent without that hands-on maternal support was an additional concern for her. Parent Support connected this mother with a local program supporting healthy pregnancies and also connected her with a local pregnancy center. These programs allowed her to earn free baby clothing and supplies so she would feel better prepared in providing for her child, as well as continue to build her parenting skills and knowledge through videos and exercises. This mother has been exclusively breastfeeding her daughter (now five months old) since birth and continues to do so. She recently transitioned out of the residential program and now lives independently with her daughter.

Operation Help

Operation Help is a partnership between the Saskatoon City Police, Adult Addiction Services – Mental Health Outreach, Ministry of Social Services, EGADZ, and the services of an Elder. All of these community organizations work together to provide immediate services to individuals involved in the sex trade in Saskatoon. The circle used to take place at the police station during an undercover operation. The circle provided support to any individual, not limited to age or gender, looking to exit the lifestyle. Individuals were given 60 days to work with Operation Help, and if the client has made an attempt to improve their lifestyle, then the charges would be withdrawn. In December of 2013, The Supreme Court of Canada ruled the solicitation laws to be unconstitutional and as a result, the City Police have not been charging any sex trade workers with 213 charges. Operation Help continues to work with individuals involved in the sex trade but on a volunteer and referral basis.

On a day to day basis, Operation Help is faced with multiple barriers. These include but not limited to: housing, medical (physical/mental/addictions), food, clothing, abuse issues, legal (criminal and family courts), education, and trust issues. Many have never known any life but street life. They are youth exploited through the sex trade or adults who began working in the sex trade by being exploited as youth.

The Operation Help Program is accessible to 265 clients (as of March 31, 2016):

18 Years & Under	7
19-24 Years	24
25-29 Years	67
30 Years & Older	167
Female Clients	262
Male Clients	3
Deceased Clients	33

Royal West High School

Operation Help continues to work with students at Royal West High School. Staff is at Royal West once a week to offer support to the students. Operation Help's goal is to connect with students that are in need of non-academic support including, addictions, housing, domestic violence, pregnancy and much more. The Staff are there to assist students in attending school through transportation or bus tickets as well as connecting them to various community supports. Throughout the year Operation Help has made many connections with the students and have provided them with prenatal support, housing, personal hygiene, transportation, parenting classes, and any other necessary referrals.

Youth Intervention Committee and Cyber Outreach Program

Over the last year Operation Help has worked closely with the Youth Intervention Committee to create a website and app that provides immediate 24-hour support to sexually exploited men and woman. With much hard work and dedication from the Youth and staff at EGADZ, the website www.iamnot4sale.ca and the App I am not 4 sale has been created and activated. Both are available for download on Apple and Android devices.

Direct Services		Direct Referrals	
Aboriginal Client Contacts	1359	Crisis Counselling	23
Non-Aboriginal Client Contacts	59	Education	37
Adult Probation	28	Employment Support	7
Bus Tickets	199	Food Packs	9
Case Conferences	31	Addiction Services	30
Clothing	24	Adult Probation	8
Court Support	82	AIDS Saskatoon	2
Cree Nations Treatment	5	Health Bus	5
Court House	10	Income Assistance	15
Family Legal Aid	2	Interval House	3
Food Bank	11	Child & Family Services	2
Home Visits	32	Larson House	20
Housing Support	75	Legal Aid	4
Larson House Visits	6	MACSI Saskatoon	7
Medical	99	Mobile Crisis	2
Personal Hygiene	53	Emergency Housing	25
Phone Contacts	737	Westside Clinic	9
School Contact	61	Counselling	5
Nutrition	132	Healthy Mother, Healthy Baby	2
Street Contacts	124	Saskatoon Pregnancy Centre	3
Transports	381		
Treatment Visits	21		
Visual Contacts	811		
Advocacy	40		

Day of Mourning – “Remembering the Victims of the Sex Trade”

The Day of Mourning is an annual event that takes place every August 14th to remember the lives lost through murder, suicide, overdoses and disease as the result of sexual exploitation. This event is coordinated by the EGADZ Youth Committee under the guidance of Operation Help. August 14th 2015 marked the 16th annual Day of Mourning. According to the guestbook, over 150 people were in attendance.



Outcomes for Operation Help

T.C. is a 19 year old woman who has grown up being sexually exploited and brought into the sex trade at a very young age. She struggled with drug addiction, mental health and being transient. Due to her biological mother using drugs in vitro, T.C. is also challenged with cognitive deficiencies. Upon finding out she was 4 months pregnant, T. made the decision to enter a detox and treatment program and thereafter, an approved supported home. With intense support from Operation Help in the areas of counselling, doctors' appointments, encouragement and advocating, she gave birth to an average weight baby boy in August of 2015 and her child has continued reside in her care. After hard work and commitment, T was moved to a more independent home. She has had one minor relapse and has otherwise managed to remain sober. T.C. continues to live in safe and stable housing and care for her child. She continues to make great progress in her parenting skills, lifestyle skills and sobriety with the goal of her parenting on her own someday.

L.S. was a 15 year old ward of the Province who was living a very high risk lifestyle often homeless with no place to turn. L. was very gang affiliated and struggling with addictions. She realized that she is in desperate need of support and felt that she could not live her life this way any longer. L. reached out to many of her community supports and checked into a detox facility in Saskatoon. She then was able to obtain a bed at Valley Hill Treatment Center in Prince Albert where she completed 5 weeks of inpatient treatment. L. completed treatment but has struggled since she has returned home. She now resides at the My Homes and working on her case plan of attending school daily and utilizing her community supports to stay sober and safe.

L.E. is a 20 year old long term client of Operation Help who has been in the program since the age of 15. She is a young lady who was sexually exploited and introduced to the sex trade by family. The ripple effect of that is she will now battle long term illnesses. In the past year L. has graduated from grade 12

and plans on attending University. She continues to maintain connection with her medical team, maintains a stable place to live and continues to be in a healthy relationship with her current partner. L.E. has recently found out that she is pregnant and has taken all necessary steps to ensure she has a healthy baby. She is attending the Pregnancy Option Centre weekly where L. is learning about her pregnancy and collecting baby supplies.

D.Q. has always struggled with stable housing, usually sleeping on the streets or going from shelter to shelter. In the last year D.Q. has found safe, stable housing in a supportive living program and has remained there for over 10 Months. This is a huge accomplishment for C.P as it ensures she is safe and off the streets. D.Q. continues struggling with her addiction and mental health but has reconnected with her addiction worker and would like to continue addressing her mental health.

S. T. has been connected quite closely with Operation Help this past year. She had been living on the streets for a number of years and living a very high risk lifestyle. She had no community supports and was heavily using drugs. Over the last nine months S.T. has made some very drastic lifestyle changes and is doing considerably better. After spending 30 days in a women's shelter; she was accepted into a Supportive living Program where she remained clean and sober for three months. She completed treatment and found housing in a housing program where she has lived for 5 months. S.T. has built a great support team and is utilizing her community supports regularly. She also maintains keeping up with her appointments regularly and also has consistent contact with her daughter who is has now been permanently placed with her aunt on the reserve.

Challenges in 2015

Housing remains to be an issue over the last number of years as it is becoming harder and harder to find emergency beds. However; we have found that clients are able to access more long term supportive living programs.

We have also seen an increase in longer waiting lists for treatment and detox and it is becoming more difficult to transition from detox to treatment.

Street Outreach Program

The Street Outreach program started in September of 1993. The program has grown from the van out in the evenings 3 nights per week, to the van out 7 nights a week. The overall focus of the Street Outreach program is to connect with people involved in “at risk” or already leading “high risk” lifestyles. The greatest group of concern continues to be with individuals who are exploited and abused through the sex trade.

Street Outreach provides services in the community seven nights a week in the outreach van, as well as most afternoons. Street Outreach provides immediate assistance with nutrition, clothing, condoms, personal hygiene supplies, referrals or just someone to talk to. Outreach also provides emergency assistance with baby supplies such as formula and diapers.

The Street Outreach also provides follow up assistance during the day, Monday - Friday, from the hours of 9:30 am – 5:30pm. They provide assistance in many different areas; addictions, education, employment, housing, advocacy, crisis counselling and court services.

Comparing statistics from April 1st, 2015- March 31st, 2016 with statistics from April 1st, 2014-March 31st, 2015, we see a concerning trend. The statistics show that nutritional needs have almost doubled since 2014-2015. There has also been a significant rise in people in need of clothing, baby supplies, personal hygiene, emergency food packs and crisis counselling. Emergency housing referrals have neither increased nor decreased since 2014-2015.

Service	Night Streets	Day Streets	Day Contacts	Total
Nutrition	4799	1441	82	6322
Condoms	413	18	0	431
Information	41	0	12	52
Clothing	258	3	6	267
Emergency Baby Supplies	1195	7	157	1359
Personal Hygiene	388	19	10	417
First Aid	16	16	2	20
Home Visits	1053	13	208	1274
Court Supports	0	0	12	12
Telephone Contact	249	24	264	537
Crisis Counselling	188	4	69	261
Medical Appt.	7	0	116	123
Violent Johns Reports	2	0	0	2
Abused	1	0	0	1
Transports	876	30	844	1750
Go-Pass	60	0	56	116
Emergency Food Pack	83	0	4	87

Service	Night Streets	Day Streets	Day Contacts	Total
Agency Referrals	52	0	29	81
Case Conferences	0	0	158	158
Employment Assistance	29	0	27	56
Education Assistance	0	0	15	15
Christmas Gifts	42	0	0	42
Emergency Housing	13	0	71	8

Street Outreach Program Statistics 2015 / 2016

Age Group	Night Streets	Day Streets	Day Contacts	Total
1-3 years	14	74	3	92
4-6 years	76	238	4	318
1-11 years	98	663	3	764
12 years	23	286	1	310
13 years	25	26	4	85
14 years	46	2	5	53
15 years	52	2	5	59
16 years	173	12	17	202
17 years	62	8	17	87
18 years	152	16	21	189
19 years	106	17	26	149
20 years	198	25	46	269
21 years	168	17	22	207
22 years & up	6092	67	1640	7799
Total	7285	1484	1814	10583

Court

Outreach staff attends Provincial Court when clients ask for assistance. This includes helping them connect with legal counsel, explaining the court process and how to follow through on court orders and/or alternative measures programming. In 2015/2016 staff assisted 8 individuals in court.

Addictions Counseling and Treatment

In 2015/2016 Outreach continued to support individuals work through their addiction issues. Outreach provides immediate crisis counselling, as well as information for addiction services. The Outreach Services also provides referrals to detox and treatment facilities.

In 2015/2016 Outreach referred 21 individuals to various detox and treatment centers in Saskatchewan. Additionally, Outreach provides personal hygiene and after care planning through the treatment process.

Nutrition

Street Outreach provided 6322 people with nutritious snacks in 2015/2016. The Outreach uses nutrition as a tool to get to know people and build trusting relationships with individual's

in the community. Outreach staff give out fruit, sandwiches, beverages and other snacks when they are available. Street Outreach works at having safe and trusting relationships with people in the community.

Through community support we are able to provide nutrition and other emergency services. EGADZ street outreach also receives nutrition through personal donations, church groups and small businesses.

Youth Alerts

Awareness regarding youth alerts continues to grow. EGADZ staff assists in gathering and sharing information on missing youth to hopefully locate and bring the youth home safely.

High Risk Homicide Registry

The High Risk Homicide Registry (H.R.H.R) is a voluntary self-descriptive form that is utilized by EGADZ for individuals involved in the sex trade. The purpose of the HRHR is to record, on a voluntary basis, personal information on each person engaged in the sex trade. In the event of an unidentified homicide, the information document can be unsealed and used to assist in identifying the deceased or to provide valuable information for a criminal investigation into a death. There are a total of 100 individuals registered to date.

In 2015/2016 4 women passed away that were actively working in the sex trade.

Christmas 2015

EGADZ Outreach had their annual Christmas in the van on December 23rd 2015. People in the community who have developed strong relationships with EGADZ received personalized stockings and gifts as a result of the generosity of Canadian Tire and various community donations. Outreach distributed 42 gifts to adults and children this year,

Street Outreach Highlights

Street Outreach has a twenty two year old client who they have worked with for many years. This client has been living a transient lifestyle with her 6 year old daughter and 1 year old son for the past 5 months. She has battled with family and substance abuse. She now has her own place with her children, attending school to complete her grade 12 and is on assistance. She is now utilizing community resources on her own in order to provide for her family. Her daughter is enrolled in school and our client has surrounded herself with much more positive people in order to give her children the best life possible. She continues to use Street Outreach frequently as a support system.

The Outreach has a twenty-seven year old client who has worked with them closely for over 5 years. This client has battled with addiction, mental illness, homelessness, and has been involved in the sex trade. This client has completed detox and is living in a supportive environment working with community resources to build a healthy lifestyle. She has

worked very hard at being open and as a result has developed strong connections and relationships with all of the Outreach team.

Street Outreach has a forty year old client who has worked on and off with them many years. This client has battled with heavy addictions issues, homelessness and was involved in the sex trade. In the last year she has completed a one year supportive living program and has s been working hard to maintain her sobriety. She continues to use street outreach as her positive support system.

They have also been working with a 24 year old woman who had recently went through a very traumatic experience that led her to having her 2 sons apprehended. She suffered from substance abuse and grief from the incident. In the last year she has completed treatment, went to counselling and has connected back with her spiritual and cultural beliefs. She has now moved into supportive living program and has her 2 children back in her care. She has been involved many positive programs in the community and continues to work closely with outreach.

Action to Employment



The Action to Employment program is a multi-partnered project aimed to support the health, wellbeing and future of youth and community members. This program was created in 2011 for young people who struggle with addiction, mental health issues and social anxiety.

This program initially set out to give youth the opportunity to learn resume building, interview techniques and through yard care and snow removal, build work ethics and earn income.

The satisfaction and self-esteem that the youth built led them to propose a new element to the program. It was important for them to give back and help other vulnerable people, so in 2015 the program began to provide seasonal lawn care and snow removal to low-income seniors and other individuals in the city that need extra assistance. This service is "by donation" only and a fee for service is not expected.

Statistics

From April 1st 2015 to March 31st 2016 the Action to Employment Community Crew did on going yard care and snow removal for 27 separate clients year round and 14 separate one time cleans ups for a total of 41 separate clients. The Action to Employment Residential Crew cared for 15 EGADZ Residential Service homes year round. Action to Employment employed 10 full-time, 10 part-time and 4 casual youth.

Action to Employment Highlights

One of our team members has been with us from day one. She has shown up every day with a smile and determination. You would never know that she was fighting severe depression, recovering from addiction and working toward getting her children out of the care of the Ministry of Social Services. In the beginning she had a hard time with routine, taking direction, not always on time or understanding what exactly she was being instructed to do. With time and trust she has now become one of our star employees. She is never late and needs little to no direction. Her demeanor with the clients is to be admired and she almost always has an instant connection. Since beginning with Action to Employment she has been able to successfully go off of all her depression meds, regularly attends all mental health appointments and has been able to successfully have all of her children returned to her care.

"Without this program I don't know where I would be today. Having a routine and working with great women has helped me in more ways than I can express. When you're at the point of hopelessness and feel nothing but darkness, help really does come from the least expected places. I only hope that other women will be able to use this program as a gateway into a better life like I have. Thank you." S.K

The first team member to join action to employment was hired on a temporary basis. With a past of serious addiction and depression, she shared her goal of becoming a youth worker or addictions worker. Being able to openly discuss her past, present and future, she really opened up about her current struggles and worries now that she is a mom. She has moved on from Action to Employment to a full time job in the hospitality industry and she is doing well.

"I believe that everything happens for a reason. I know that I was presented with this opportunity for a reason and my hard work finally paid off. I hope that others going through the Action to Employment Program see it for what it really is, an opportunity to help yourself." A.L.

Action to Employment has a youth Team Leader. This young woman started with Action to Employment right after returning from a treatment facility for addictions. She was shy at first but once she was a bit more comfortable she began

to open up. Her dedication, positive attitude and willingness to learn have exceeded all expectations. She openly talked about sobriety and the struggles she has gone through her entire life. Her smile and laugh is infectious. A week into the program staff started to notice she was coaching other team members, encouraging them and giving them props for a job well done. Naturally taking on a leadership role and a clear understanding of what Action to Employment is all about, earned her this position

"I am grateful to have this opportunity. Having somewhere to go and a purpose every day is an awesome feeling. Having a stable work environment with great people that love their job means more to me than I can express in words." S.M

"It's really nice to actually see and hear the difference we are making in the community. It's cool to feel like an actual person who is appreciated for doing a good job. I have never had that before." N.S



Client Testimonials

"My husband reached out to Action to Employment requesting some continuous yard work from the girls. In the past weeks I have seen the girls out working in the yard. I am unable to socialize with them due to being bed bound with Cancer and M.S. From what I have seen the girls are very enthusiastic and work with pride, they waste no time and accomplish their work very fast. As the yard work in the main reason for them to be here what really stands out in my mind is when we had made a small donation to the program and in return the girls had suggested that they should buy me some flowers out of the kindness of their hearts. They have never met me or even seen me, I only see them through the window. This in my mind proves that the program is working. Not only do the girls show up and do an excellent job but they are always happy and in turn seeing them smiling and laughing really brightens my day, they have renewed my hope and helped me remember what it's like to

be young and happy. They have added some extra pep in my step and restored my faith in the younger generation. I hope this program is as huge of a success in everyone else's lives as it has been in mine. Thanks you very much. I cannot put into words how much action to employment has impacted my life."

Sincerely, Victoria

"I am overwhelmed by the kindness and willingness to help me to remain in my home and I am extremely grateful."

Shirley

"They're life savers and they're good girls. God Bless them."

Dorothy

"I cannot say enough about the program. I think that it was a God Sent. They are so talented and have such kindness towards me. I was excited every time the crew came. Keep it going. It means so much to my wellbeing."

Cheryllynn

"Wonderful! I have been telling everyone I know what a great program this is. I can't overstate how excellent the program is. Everybody wins."

Karen

"Thank you so much for your snow removal at our home. They all did a great job. My husband passed away Jan. 31st so I need the girls more than ever. "

Evenlyn

"This has been a pleasant experience. Everyone I spoke with was polite and caring – concerned for my wellbeing!"



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