

For Further Information

*you can check us out on our web
site at www.egadz.ca,
or contact us (306)931-6644*

*Successful mothers are not
the ones that have never
struggled...*

*They are the one that never
give up, despite the
struggles*

- Sharon Jaynes

**Saskatoon Downtown Youth
Centre Inc./EGADZ**



***The Place...
For New Beginnings***

***Teaching, Learning,
Growing***



Sweet Dreams

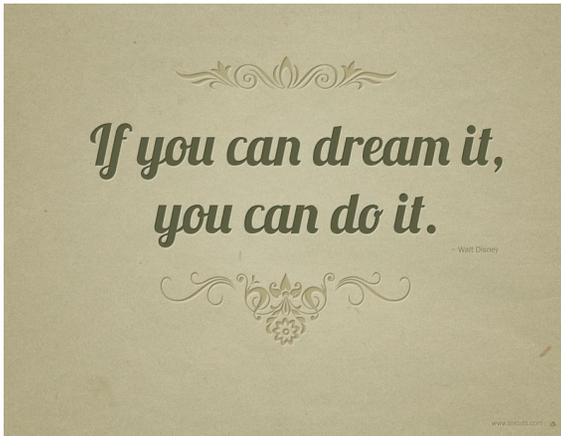


***Focused on Creating Safety,
Building Community, and
Creating Opportunity***

**Saskatoon Downtown Youth
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What's in the name?

"Sweet Dreams" is a phrase often used by parents as they say good night to their children. The spirit and vision for the Sweet Dreams Home is to create a safe and secure home for young mothers and their children. The programs ultimate goal is to strengthen and encourage young women to nurture themselves and their children, and for mothers to create a future where "Sweet Dreams" is no longer just a phrase, but their reality.



Overview of the Sweet Dreams Program

Often the challenge for young parents is the issue of becoming homeless, food insecurity and not having safe and affordable housing. Barriers created because of addiction or mental health struggles can not be addressed due to daily survival and instability.

The mission of the Sweet Dreams Program is to support young mothers who are wanting to achieve positive outcomes for themselves and their young children.

When a family enters the Sweet Dreams Program, nutrition and affordable, safe housing is no longer a problem. Young mothers can eliminate their barriers by focusing on learning, growing, and becoming independent parents who no longer are vulnerable.

Families living at Sweet Dreams are supported by EGADZ Youth Workers, Parent Supports and Street Outreach.

Creating Community

Staff also connect each parent and their children to the community services which best suite their needs such as Addiction's, Mental Health, FASD Network, Education and Employment services and many others.

The Sweet Dreams Home, which was once a communal living environment, supplies each family with their own complete unit. Families residing in the complex are brought together through activities, sharing circles, positive social gatherings and life skills training, to promote growth of their community and bonding.

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