



MITCHELL & LINDSEY

• ELECTRICAL SAFETY SPECIALISTS •

ARC FLASH PPE GUIDANCE

INCIDENT ENERGY ANALYSIS METHOD Based on NFPA 70E Table 130.5(G)

calories/cm²

Protective Clothing and PPE

<1.2

There is no requirement to provide the employee with Arc Flash Protection when the incident energy is estimated to be below 1.2 cal/cm² since the expected injury from an incident will be survivable and nonpermanent. However, it is not prohibited to provide protection for the employee at this level.

For Shock Protection

- ✓ Rubber insulating gloves with leather protectors when inside the Restricted Approach Boundary.



>1.2
to
≤ 12

Arc Rating equal to or greater than the estimated incident energy

- ✓ Arc rated long sleeve shirt and pants or arc rated coverall or arc flash suit
- ✓ Arc rated face shield and balaclava or arc flash suit hood
- ✓ Hard hat with arc rated hard hat liner (as needed)
- ✓ Safety glasses or safety goggles
- ✓ Hearing protection
- ✓ Rubber insulating gloves with leather protectors
- ✓ Leather footwear



>12


Arc Rating equal to or greater than the estimated incident energy

- ✓ Arc rated long sleeve shirt and pants or arc rated coverall or arc flash suit
- ✓ Arc rated arc flash suit hood
- ✓ Hard hat with arc rated hard hat liner (as needed)
- ✓ Safety glasses or safety goggles
- ✓ Hearing protection
- ✓ Rubber insulating gloves with leather protectors
- ✓ Leather footwear



Note: This chart is designed to illustrate the PPE requirements for protection against arc flash hazards. Electrical shock can still occur even when the risk of an arc flash event is low. Shock protection in the form of voltage rated gloves and insulated equipment should be utilized when the voltage is >50 volts regardless of the incident energy and arc flash risk.

Disclaimer: This guide is for reference purposes and is not meant to replace any standard, regulation or electrical safety program principle. Reference NFPA 70E 2021 for full guidance on protective clothing and equipment.

|  WARNING | |
|--|--|
| Arc Flash and Shock Hazard Appropriate PPE Required | |
| 2' - 0" 2.3 | Flash Hazard Boundary cal/cm2 Flash Hazard at 18 Inches |
| 0.48 3' - 6" 1' - 0" | kV Shock Hazard when cover is removed Limited Approach Restricted Approach - Class 00 Voltage Gloves |
| Equipment Name: PNL-3 (Fed by: BL-2) | |

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