



Mentoring

Each leader is unique, just like your business. Our mentoring programs are tailored to each leader and are designed specifically to meet their individual areas of development.

Our mentoring programs are tailored to each leader and are designed specifically to meet their individual areas of development in managing staff, building productive teams and developing leadership skills.

The coaching sessions involve a combination of reflective learning (“how have my actions impacted the team and individuals?”) and theory based training on managing human resource issues and leadership skills.

Topics which may be covered in the coaching include:

- Developing effective communications skills
- Having difficult conversations
- Performance management
- How to train people
- Managing stress
- Time management
- Providing effective and timely feedback
- Improving confidence in speaking

Individualised Coaching

Conduct monthly, one on one coaching sessions with participating managers and supervisors (the program may be run over either a six monthly or 12 monthly period).

In the initial meeting we would identify where their biggest frustrations are or a particular leadership skill they would like to develop and put in a plan as to how this skill set can be developed.

Each participant will have a different leadership style the objective from the coaching is for them to understand their style, develop personal confidence, use thoughtfulness in how they need to modify their behaviour to get the best outcome and as a result have the skills, confidence and ability to create high performing and resilient teams.

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“The team at HR Dynamics have been very professional and responsive. Work related to human resources is constantly increasing, especially while having to navigate through a pandemic and HR Dynamics have assisted with alleviating some of this workload and associated pressures. Staff at Lifestyle Connections have also greatly benefited from the mentoring program resulting in identifying efficiencies and new found confidence.”

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Leo Brunner, Manager, Lifestyle Connections

Training and Strategy Costs	
▪ Group Half Day Training Session	\$1500 +GST
▪ 6 Hours Mentoring	\$1500 +GST



Your tailored HR solution starts here – we take the stress out of HR and leave you with extra time and peace of mind.

HR Dynamics was established in 2008 after identifying a need for organisations to access local HR solutions in Far North Queensland and employs 13 consultants to deliver a range of HR solutions to organisations in Queensland ranging from Cape York Peninsula in the North, West to Mount Isa and South to Brisbane, as well as providing HR services to the Pitjantjatjara Yankunytjatjara Education Committee Aboriginal Corporation in the APY Lands of South Australia.

HR Dynamics offer a full range of HR services including leadership mentoring and training, HR systems, establishing tailored HR frameworks, recruitment, staff performance reviews, staff counselling sessions, formal mediation, drafting and consultation of Enterprise Agreements, and Industrial Relations compliance advice.

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“HR Dynamics has gone above and beyond to support local businesses during the COVID-19 crisis.

Thank you for your ongoing help and guidance. Highly recommended!”

Barbara Callaghan

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With a passion for the regions they support, HR Dynamics have a proven track record developing leaders with purpose through a number of key activities.



Providing personalised mentoring to Queensland business owners through the **Queensland State Government's Mentoring for Growth Panel and the Gulf Savannah Regional Mentoring Business Panel**



Undertaking the role of on the ground Human Resources provider in **North Queensland for the Chamber of Commerce and Industry Queensland (CCIQ)**



Contracted by CCIQ to contact **5000 business owners in Regional Queensland** to provide phone support through COVID-19 (QLD Government funded program)



Conducting group and one-on-one training and mentoring on **effective leadership and managing workplace stress** to a range of industries and audiences



Guest Speaker at **North Queensland Certified Practicing Accountant (CPA) Forum** in Cairns for past two years at HR Specialist



Contracted by **Tourism Tropical North Queensland (TTNQ)** we provided HR services for COVID-19 recovery to TTNQ members during 2020-2021



Guest Speaker and Mentor for **Y(E)P - Y(E)P** a free service with the objective of encouraging entrepreneurship in the Cairns, Ipswich and surrounding regions

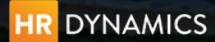


Contracted during 2020 by **Douglas Shire Council** to provide HR advice to businesses in the Douglas Shire (Port Douglas and Mossman) affected by COVID-19

Contact HR Dynamics for more information

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■ QUEENSLAND ■ NORTHERN TERRITORY ■ SOUTH AUSTRALIA ■ NEW SOUTH WALES



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HR Dynamics recommendations do not constitute legal advice. Effective 1 January 2022.