



Recipient tells personal story of how furniture donations changed his life

Home Again Furniture Bank raising funds to help people like Thomas and decrease waitlist

Since 2016, Home Again Furniture Bank has delivered gently-used furniture to 2,135 homes - individuals and families in need - living in the Northeast Avalon region of NL.

That means 2,135 unique stories from the people within these homes - individuals and families of all ages, from all backgrounds and circumstances.

One of these stories belongs to Thomas Young who graciously shared his appreciation and story with us to share with others.

Thomas was a business owner for years but after several incidents of theft he unfortunately no longer had the means to run his business and lost everything. He found himself homeless for a short period, and as he says, "because of Home Again, I have a home." Thomas says having furniture means he can have friends and family visit in comfort, in a place that feels "homey" and where they no longer "hear their own echo" as they did pre-furniture delivery. "It was great to get that sense of life back - the communication, to be able to have people around me because they have somewhere to sit, to have meals cooked..."

"We're so grateful that Thomas shared his story with us. By doing so, he may help people in a similar situation, inspire people to help, and remind us and our supporters of why we do what we do," says Maureen Lymburner, Director of Development, Home Again Furniture Bank. "A home is more than four walls and a roof. It's the sofa and chairs to comfortably sit with family and friends, it's a table to share meals around, it's a bed to lay down on to have a good night's sleep. A well-furnished home is safer and healthier - mentally and physically, and brings stability."

Home Again is just over half way through "[Heads Without Beds](#)," a fundraiser where participants seek monetary sponsorships from friends, family and their networks to go one night without their beds. The initiative began on April 4, 2022 and runs until April 29, 2022 when participants will take to their floors so others won't have to.

About Home Again Furniture Bank:

[Home Again Furniture Bank](#) is a nonprofit organization that provides gently-used furniture to individuals and families in need. Our partner referring agencies rely on our service for their clients' furniture needs.

Central to Home Again is a cycle of giving and receiving that provides our most vulnerable citizens the means to create a stable home life. Home Again provides furniture with a focus on generating comfort, dignity and stability.

Getting a good night's sleep on a proper bed positively impacts work, study, relationships and overall well-being. Having a sofa to relax on with family makes life more enjoyable. Being able to offer family and friends a chair to sit on or a table to gather around brings dignity. Home Again helps to build pride in homes, self and our community.

Our Impact

- 350+ volunteers brought comfort to neighbours
- 2,135 homes are now furnished
- 2082 donors supported those in need
- 434 tonnes of furniture saved from a landfill

About Heads Without Beds

[Heads Without Beds](#) is an important opportunity to make a difference in the lives of our region's most vulnerable. By sleeping without their bed for just one night and finding sponsors to support their efforts, participants are helping to ensure others in our region won't have to do without. Every head deserves a bed.

Starting now, donors can double their impact for Heads Without Beds through matching funds from East End Dental and Orthodontic Associates. Together, these businesses will match each donation, dollar for dollar, to a maximum of \$10,000.