

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:00 Chapel (Terrace Room)	2 9:30 Sit n Be Fit (2) 10:00 Coffee & Chat (2L) 10:30 Hangman (2L) 2:00 Darts (2) 6:30 Hymn Sing (4)	3 9:30 Chair Yoga (2) 10:30 Walking in the Park (meet on 2 nd floor) 2:00 Mandala Colouring (2L) 6:30 Games Night (4L)	4 9:30 Sit n Be Fit (2) 10:00 Coffee & Chat (2L) 10:30 Weekly Prayer Meeting (3) 2:00 Horse Racing Game (2L) *Sign up to get your photo taken on Friday	5 9:30 Bible Study (3) 10:30 Mental Aerobics (4L) 2:00 Mother's Day Reminisce (2L) 6:30 Musical Memories (4)	6 9:30 Sit n Be Fit (2) 10:00 Coffee & Chat (2L) 10:30 Current Events (2L) 2:00 Mother's Day Photos (2)	7 9:30 Sit n Be Fit (2) 10:15 Walking in the Park (meet on 2 nd floor) 11:00 Mother's Day Puzzles (2L)
8 2:00 Chapel (Terrace Room) 2:00 – 3:30 Mother's Day Tea (2L) Mother's Day	9 9:30 Sit n Be Fit (2) 10:00 Coffee & Chat (2L) 10:30 Cryptogram Puzzles (2L) 2:00 Bean Bag Toss (2)	10 9:30 Chair Yoga (2) 10:30 Decorating Challenge Judging (meet on 2 nd floor) 1:00 Blood Pressure Clinic (4L) 2:00 Spring Wreath Craft (4L) 6:30 Movie Night (4)	11 9:30 Sit n Be Fit (2) 10:00 Coffee & Chat (2L) 10:30 Weekly Prayer Meeting (3) 2:00 Poetry Reading (2L) 3:00 Hillcrest Church Virtual Hymn Sing (4)	12 9:30 Bible Study (3) 10:30 Mental Aerobics (2L) 2:00 Ice Cream Social in the Bistro (2L) 6:30 Band (Terrace Room) "Happy Gang"	13 9:30 Sit n Be Fit (2) 10:00 Coffee & Chat (2L) 10:30 Hangman (2L) 2:00 Games (2L)	14
15 3:00 Chinook Village Choir Presentation (Terrace Room)	16 9:30 Sit n Be Fit (2) 10:00 Coffee & Chat (2L) 10:30 Scattergories (2L) 2:00 Decorating Flower Pots (2L)	17 9:30 Chair Yoga (2) 10:30 Walking in the Park (meet on 2 nd floor) 2:00 Birthday Party (Terrace Room) 6:30 Games Night (4L)	18 9:30 Sit n Be Fit (2) 10:00 Coffee & Chat (2L) 10:30 Weekly Prayer Meeting (3) 2:00 Resident Council Meeting (2L) 3:00 Shuffleboard (3)	19 9:30 Bible Study (3) 10:30 Mental Aerobics (4L) 2:00 Cards (2L) 6:30 Band (Terrace Room) "Melody & Song"	20 9:30 Sit n Be Fit (2) 10:00 Coffee & Chat (2L) 10:30 Chicken Soup for the Soul Stories (2L) 2:00 Crosswords (2L) 3:30 Band (Terrace Room) "Capo"	21 9:30 Chair Yoga (2) 10:15 Walking in the Park (meet on 2 nd floor) 11:00 Yahtzee (2L)
22 2:00 Chapel (Terrace Room)	23 9:30 Sit n Be Fit (2) 10:00 Coffee & Chat (2L) 10:30 Sentimental Journey Reminisce Game (2L) 2:00 "Royal" Happy Hour (Terrace Room)	24 9:30 Chair Yoga (2) 10:30 Wheel of Fortune (2L) 2:00 Walk and Coffee in the Park (meet on 2 nd floor) 6:30 Movie Night (4)	25 9:30 Sit n Be Fit (2) 10:00 Coffee & Chat (2L) 10:30 Weekly Prayer Meeting (3) 1:30 Hillcrest Church Virtual Hymn Sing (4) 3:00 Crib (2L)	26 9:30 Bible Study (3) 10:30 Mental Aerobics (2L) 2:00 Just Dance Line Dancing Group (Terrace Room) 6:30 Musical Memories (4)	27 9:30 Sit n Be Fit (2) 10:00 Coffee & Chat (2L) 10:30 Current Events (2L) 2:00 Bingo (Terrace Room)	28 9:30 Sit n Be Fit (2) 10:15 Walking in the Park (meet on 2 nd floor) 11:00 Sudoku (2L)
29 2:00 Chapel (Terrace Room)	30 9:30 Sit n Be Fit (2) 10:00 Coffee & Chat (2L) 10:30 Balloon Tennis (2) 2:00 Jeopardy (2L)	31 9:30 Chair Yoga (2) 10:30 Walking in the Park (meet on 2 nd floor) 12:00 Men's Luncheon (2L) 2:00 Virtual Bowling (3) 6:30 Games Night (4L)	May 2022 Chinook Village Recreation Calendar 			