Land of Plenty

RETAIL

Retail Food Catalogue
FY22 v4

www.landofplentyfood.co

Land of Plenty
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Product Catalogue FY22

Sales Ambassadors

Orders & Enquiries
Orders@landofplentyraw.co
p 02 8068 8330

Head of Sales and Product
Nick@landofplentyraw.co
m 0403 600 330

Address

Unit 11, 133-137 Beauchamp Road,
Matraville, Australia NSW 2036

Our Story

Welcome to Land of Plenty Retail.

Your destination for innovative Australian growers, producers and creators in both Retail and Food Service across NSW and ACT.

With over 35 years of combined experience at Land of Plenty Food Co., we have taken our passion and commitment for premium ingredients and quality products and expanded our offering to market.

At Land of Plenty Retail, we want to connect emerging Australian brands with our incredible network, to help grow sales for both our suppliers and customers across the Retail and Food Service market.

Through our Australia First sourcing policy, we are committed to Australian farming, manufacturing and produce by focusing on brands that are locally grown or produced in Australia.

Land of Plenty Retail is an Australian owned and operated family-run company.

Sourcing the best, for your kitchen and ours.

Karen Lavecky
Founder & Creative Director

AUSTRALIAN OWNED
AUSTRALIAN MADE

Index

Chilled

Bondi Yoghurt 1
Fremantle Octopus (marinated octopus) 2
Vegan Made Easy 3

Frozen

Dim Sum & Co 4
Fremantle Octopus (raw and cooked) 5
Lotus & Ming 6
Il Gelato 7
Our Family Table 9
Paloma Pops 10

Ambient

Mt Elephant 11
Dirty Clean Food – OatUp 13

BONDI YOGHURT

Hand-crafted, small batch, pot set premium yoghurt that is gluten free and naturally incubated with probiotics and cultures. We use fresh certified Jersey milk for our dairy yoghurt and baby coconut flesh & coconut water for our dairy-free coconut yoghurt. All our yoghurts are preservative free, contain no raw sugar, no thickening agents and no starches. Our sweetened yoghurts are naturally sweetened with our proprietary Australian fruit.

Product	Code	Units/Shipper	Unit	Unit Size
100% Jersey Milk	2BY DY01	6	box	500g
100% Jersey Milk	2BY DY02	6	box	1kg
100% Jersey Milk - sweetened	2BY SDY01	6	box	500g
Dairy Free Coconut	2BY CY01	6	box	250g
Dairy Free Coconut	2BY CY03	6	box	500g
Dairy Free Coconut - sweetened	2BY SCY01	6	box	250g

NATURAL JERSEY

COCONUT

NATURALLY SWEETENED

FREMANTLE OCTOPUS

The worlds rarest premium Octopus, sustainably wild-caught in the pristine waters off the Western Australian Coastline. Fremantle Octopus adhere to the highest Marine Stewardship Council (MSC) standards. Whilst continually innovating and striving for more sustainable fishing practices, to ensure we are leading the charge for the Global Fishing Industry.

Product	Code	Units/Shipper	Unit	Unit Size
300g Octopus Original Marinated	2FRE OCT05	6	box	300g
500g Octopus Original Marinated	2FRE OCT06	6	box	500g
5kg Octopus Original Marinated	2FRE OCT07	1	box	5kg

MARINATED OCTOPUS

VEGAN MADE EASY

100% plant based, vegan, vegetarian, gluten f ree, palm oil f ree.
Healthy made easy with 3 minutes heat and eat.
The perfect meal solution for families with varied dietry needs.

Product	Code	Units/Shipper	Unit	Unit Size
Smoky Bean Salsa	2VME RM09	8	box	430g
Classic Bean Nachos	2VME RM07	8	box	430g
Puy Lentil Cassoulet	2VME RM04	8	box	430g
Cherry Tomato Dahl	2VME RM01	8	box	430g
Coconut Veg Dahl	2VME RM02	8	box	430g
Lime Spinach Dahl	2VME RM03	8	box	430g

DIM SUM & CO.

A modern range of dim sum using an abundance of fresh Australian produce, traditional spices and no MSG.
Enjoy the delights of Yum Cha at home with ease.

Product	Code	Units/Shipper	Unit	Unit Size
Steamed BBQ Pork Buns	2DSC BU01	8	box	225g
Pork & Asian Greens Dumplings	2DSC DP02	8	box	270g
Chicken & Water Chestnut Sui Mei	2DSC SM01	8	box	270g
Crispy Peking Duck Spring Rolls	2DSC SR01	8	box	300g
Homestyle Chicken Spring Rolls	2DSC SR02	8	box	300g
Farm Fresh Vegetable Spring Rolls	2DSC SR03	8	box	300g

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Product	Code	Units/Shipper	Unit	Unit Size
300g Raw Tentacles	2FRE OCT01	14	box	300g
1kg Raw Tentacles	2FRE OCT02	5	box	1kg
200g Cooked Tentacles	2FRE OCT03	14	box	200g
1kg Cooked Tentacles	2FRE OCT04	5	box	1kg

RAW TENTACLES

COOKED TENTACLES

LOTUS & MING

Made with premium seafood & a delicate coating, we've taken our classic recipes & recreated them to deliver a delicious selection of certfied gluten free bites.

Product	Code	Units/Shipper	Unit	Unit Size
S&P Whiting GF certified	2OFT SF04	10	box	250g
S&P Squid Chips GF certified	2OFT SF05	10	box	250g

IL GELATO

We all know gelato is different to ice cream. The way it's made (it's churned slowly), gives it a smooth and silky texture. It's so creamy, yet we use fresh milk and much less cream. It's all in the craft. What that means for you is that the intensity of the flavour is enhanced; it's a flavour explosion from the first spoonful. We like the fact it contains a whole lot less fat, too.

Product	Code	Units/Shipper	Unit	Unit Size
Bambino Cups				
Sensational Strawberry*	2IGL BCP01	12	box	12 x 125ml
Creamy Vanilla Bean*	2IGL BCP02	12	box	12 x 125ml
Heavenly Choc Hazelnut*	2IGL BCP03	12	box	12 x 125ml
Smooth Milk Chocolate*	2IGL BCP04	12	box	12 x 125ml
Gelato Cakes				
Dark Chocolate Gelato Cake*	2IGL CAK02	4	box	4 x 900ml
Berries & Cream Gelato Cake*	2IGL CAK03	4	box	4 x 900ml
Choc Tops				
Choc Tops Classic (9 x 32g)*	2IGL TOP01	8	box	9 x 32g
Choc Tops Summer (9 x 32g)*	2IGL TOP02	8	box	9 x 32g
Gelato				
Double Dutch Chocolate Gelato*	2IGL GEL01	6	box	1lt
Roasted Hazelnut Milk Chocolate Gelato*	2IGL GEL02	6	box	1lt
Sublime Sicilian Pistachio Gelato*	2IGL GEL03	6	box	1lt
Madagascan Vanilla Bean Gelato*	2IGL GEL04	6	box	1lt
Sorbet				
Vegan Strawberry Sorbet*	2IGL SOR01	6	box	1lt
Vegan Mango Sorbet*	2IGL SOR02	6	box	1lt

IL GELATO (continued)

GELATO

SORBET

CHOC TOPS

GELATO CAKES

BAMBINO CUPS

OUR FAMILY TABLE

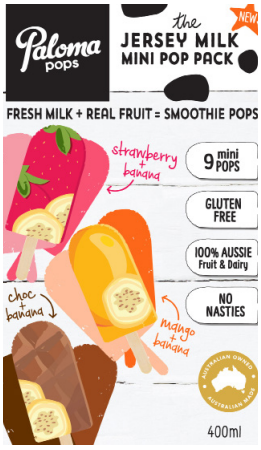
Introducing a hearty new retail range of crumbed New Zealand Hoki by Our Family Table. Each pack contains all natural, whole fillets, hand-cut and prepared in Australia. We source wild caught, sustainable fish to bring you wholesome food which nourishes the soul.

Product	Code	Units/Shipper	Unit	Unit Size
Gluten Free Squid Chips	2OFT GF02	5	box	300g
Gluten Free Fish Goujons	2OFT GF05	5	box	315g
Gluten Free Premium Whiting Fillet	2OFT GF04	5	box	295g
Gluten Free Alaskan Flounder Fillet	2OFT GF03	5	box	315g
Gluten Free Australian Prawn Croquettes	2OFT GF06	5	box	270g

PALOMA POPS

Our hand-crafted, all natural whole fruit ice pops are lovingly created to always showcase the freshest seasonal produce. Made in Australia with no added sugar, preservatives or artificial flavours in exciting flavour combinations. Gluten-free, vegan & dairy free options available. 100% Australian fruit and dairy used in all recipes.

Product	Code	Shipper	Unit	Unit Size
Strawberry, Banana & Cream*	2PP SC01	6	box	6 x 75ml
Mango & Cream*	2PP MC01	6	box	6 x 75ml
Watermelon Lemon*	2PP WL01	6	box	6 x 75ml
Tropical Fruit*	2PP TF01	6	box	6 x 75ml
Jersey Pop Mini's (3 Flavour)*	2PP JP01	6	box	9 x 45ml



AUSTRALIAN DAIRY PRODUCT COMPETITION 2021 DIAA SILVER

MT ELEPHANT

Everything we create is specially formulated to provide you with nutritional support to help your mind and body shine. Fuelled with the goodness of 100% Australian sown and grown hemp, our powerful products are here to elevate the everyday.

Product	Code	Units/Shipper	Unit	Unit Size
Hemp Seed Oil EV	2MTE OIL01	6	bottle	250ml
Hemp & Olive Oil Blend EV	2MTE OIL02	6	bottle	250ml
Dehulled Hemp Seeds	2MTE POW01	5	pouch	250g
Hemp Flour	2MTE POW02	5	pouch	250g
Hemp Powder High Protein	2MTE POW03	5	pouch	250g
Honey and Nut Bar 12 x 35g *	2MTE BAR01	1	display box	35g
Apricot and Nut Bar 12 x 35g *	2MTE BAR02	1	display box	35g
Salted Caramel Bar 12 x 35g *	2MTE BAR03	1	display box	35g
Apricot and Nut Bar 5 x 35g*	2MTE BAR04	8	value box	175g
Salted Caramel Bar 5 x 35g *	2MTE BAR05	8	value box	175g
Honey and Nut Bar 5 x 35g*	2MTE BAR06	8	value box	175g
Vanilla Pancake Mix	2MTE POW04	5	box	230g
Cocoa Pancake Mix	2MTE POW05	5	box	230g
Choc Cherry Protein Ball Mix	2MTE POW06	5	pouch	250g
Salted Caramel Protein Ball Mix	2MTE POW07	5	pouch	250g
Banana Bread Mix	2MTE POW08	5	pouch	300g
Savoury Bread Mix	2MTE POW09	5	pouch	300g
Hemp & Oat Mylk Original	2MTE MYL01	6	carton	1lt
Hemp & Oat Mylk Chocolate*	2MTE MYL02	6	carton	1lt
Vegan Cheesy Spice Sprinkles*	2MTE SPR03	4	shaker	60g
Seriously Smokin Sprinkles*	2MTE SPR01	4	shaker	70g
Umami Bomb Sprinkles*	2MTE SPR02	4	shaker	70g

MT ELEPHANT cont.

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SPRINKLES

MYLKS

HEALTH FOODS

BARS

OILS

BALLS

BAKING

OAT UP

OatUP is a dairy free milk alternative. As the only plant-based milk in the world that is carbon-neutral certified* and made using Western Australian (WA) oats, when you buy OatUP you are choosing to load up on nutrients, show up for your community and step up for the planet.

Product	Code	Units/Shipper	Unit	Unit Size
Australian Oat Milk - Barista Blend	2DCF OAT01	6	carton	1lt

REGENERATIVELY FARMED OATS

Our local farming partners focus on healthy soils, the water cycle, biodiversity, and holistic management to ensure the best quality oats in the world!

OATUP IS MADE FROM NATURAL GMO FREE INGREDIENTS

OatUP's neutral, creamy slightly oaty flavour is right at home on your granola, in your smoothie, your baking or your latte.

100% NATURAL

With simple, natural ingredients OatUP has no added sugar and is fortified with calcium and vitamins.

CARBON NEUTRAL

Certified carbon neutral from the farm, through growing, processing and shipping to

PERFECT FOR BARISTAS OR WANT TO BE BARISTAS

Perfect your latte art with OatUp, guaranteed thick and creamy and wont split on heating.

100% VEGAN FRIENDLY

Pure plant-based dairy alternative that is also free from nuts, gums, GM, etc.

Unit 11, 133 - 137 Beauchamp Road Matraville NSW, Australia 2036
p + 612 8068 8330 f + 612 8569 0326