

Materials

STEAM

- Playdough - white and red
- 2 Baking trays
- 2 Baking pans
- 2 Spatulas
- 2 Measuring cups
- 2 Cookie molds
- 2 Rolling pins
- 2 Playdough knives
- Sensory mat
- Sensory table or bin
- Water
- 4 Buckets
- 4 Cups
- Water toys
- 1 Bowl/small bin of water
- 1 Bottle of child-safe glitter
- White construction paper
- 4 to 5 Tooth tracers
- 4 to 5 Markers
- 4 to 5 Watercolor sets
- Pictures of various foods
- Paper plates
- 4 Glue sticks
- 1 Small basket of markers
- 1 Small basket of crayons
- 1 Small basket of colored pencils
- 1 Stack of manila drawing paper



- Chart paper
- Poem: “Route Healthy”
- 2 Different color markers
- Song: “Healthy Choices”
- Video: “How to Wash Your Hands Video”
- Video: “Trolls: Can't Stop the Feeling | GoNoodle”
- Book: “The Pigeon Needs a Bath!” by Mo Willems
- Book: “Let’s Explore Needs and Wants” by Laura Hamilton Waxman
- 1 Candy bar or 1 piece of candy
- 1 Printed picture of a typical dwelling for the children in the class (apartment, single family home, row house, duplex, etc)
- 1 Toy
- 1 Bottle of water
- 1 Game
- 1 Pair of shorts or pants
- 1 Tablet or Cell phone
- 1 Apple or other fruit
- 1 Poster board
- 1 Box of markers
- Song lyrics to “Healthy Choices” song
- 1 Large bag



- 20 Construction paper circles
- Sand table or sandbox area
- Sand toys
- Toy rakes
- Playground map
- Playground rules
- Playground equipment



- Book: “Oh, The Things You Can Do That Are Good for You,” by Tish Rabe
- Book: “Cutie Sue Fights the Germs,” by Kate Melton
- Book: “Healthy Heath and his Magic Fruits and Vegetables,” by Kristen Poe
- Book: “The Pigeon Needs a Bath!” by Mo Willems
- Book: “Get Up and Go!” by Nancy Carlson



- Small pictures of various healthy items
- White Strips of Paper
- Glue
- 4 to 5 Pencils
- Highlighter
- 26 Heart cutouts
- 15 Apple cutouts
- Construction paper in 6 colors- red, yellow, orange, green, blue, purple
- Items to sort
- White paper
- Markers or Crayons

