

Post-Procedure Protocol Micro needling

Name_____

Date of Appointment_____

After procedure, the skin will be red and flushed in appearance in a similar way to moderate sunburn. You may experience skin tightness and mild sensitivity to touch on the area being treated. This will diminish greatly after a few hours following treatment and within the next 24 hours the skin will be completely healed. After three days there is barely any evidence that the procedure has taken place.

During first 72 hours following micro needling avoid strenuous exercise, saunas, hot yoga steam rooms, because sweating and excess blood flow can cause irritation and hinder results. Minimising sun exposure for a full week after the procedure.

Do not put anything on skin in the procedure area other than products in the Skinfuse® treatment kit. Other products may contain ingredients which could cause complications rather than assisting the skin's natural healing process.

The **Skinfuse® treatment kit** contain

PURIFY Cleansing Complex

- RESCUE Calming Complex, soothing post- micro needling gel
- RECLAIM Hydrating Support, which supplies essential skin cell nutrients and hydration
- FORTIFY Vita C Serum, post- microneedling antioxidant
- SHIELD Zinc Oxide 21% SPF 30, which is a sunscreen

Following these protocols insure optimal micro needling results.

Print Name_____

Signature_____

Date_____

Practitioner Signature_____ Date_____