

Welcome

[Physio Academy](#) are delighted to be partnering with the CAMPT to help support ongoing continuing education for CAMPT members. We are a New Zealand based online learning company founded by one of New Zealand's registered Specialist Physiotherapists (Musculoskeletal), who has completed an IFOMPT accredited manipulative physiotherapy programme and has experience teaching on their programmes. We understand the importance of ongoing learning that leads to an improvement in clinical and professional skills and this is reflected in our courses. We hope you enjoy the learning journey with us.

About Physio Academy

Physio Academy provides online learning and practical courses for physiotherapists who are committed to lifelong learning and reaching the highest standards of clinical practice in musculoskeletal physiotherapy. Our internationally recognised instructors design clinically relevant, evidence-informed courses covering key clinical and professional competencies suitable for general, advanced and specialist scopes of practice. CPD certificates are provided for all courses. Learning activities include pre-reading, video presentations providing background theory and clinical application using real patient case studies, quiz self-assessments and post-course support through online communities, live Q&A's, discussion forums and digital learning resources.

CAMPT Benefits

We are delighted to provide benefits to CAMPT members. Benefits include course discounts, membership to online communities and group packages for enrolments of 11 or more people. The CAMPT benefits are listed in this document. All the discounted courses available to CAMPT members can be found here:

Link: <https://learning.physioacademy.co.nz/pages/campt-member-benefits>

How it works

- Click on any course on the CAMPT Membership page to find out more about the course
- From the course page you can go directly to the checkout
- Click on the **"have a coupon?"** link, enter your CAMPT discount code
- Start learning!

CAMPT Discount Code:

The discount code for all courses is: **CAMPT2023**.

Group Discounts

We are happy to provide additional discounts and benefits for bulk enrolments. If you would like to enrol 11 or more people in a course please contact us learning@physioacademy.co.nz. We can invoice you for payment.

Shoulder Courses

With [Dr Angela Cadogan](#), PhD, NZRPS



A structured series of courses covering pathoaetiology, diagnosis, imaging indications, evidence-informed management and referral indications for stiff and unstable shoulder conditions, rotator cuff, acromioclavicular and sternoclavicular joint disorders. The surgical management course covers surgical decision-making, techniques, complications and post-operative rehabilitation for common surgical procedures. Especially suited for those who want to extend their knowledge or work in advanced practice or triage roles.

Online Courses

Online Course	Study time	Normal Price (NZD)*	CAMPT Benefit	Discount Code:
The Shoulder Course Bundle includes 5 modules (see below) (Modules also available separately)	65 hrs	\$800	10% discount PLUS 1 year free membership to Shoulder Academy	CAMPT2023
1. Shoulder Screening	15 hrs	\$250	10% discount	
2. Stiff Shoulder	9 hrs	\$100		
3. Unstable Shoulder	9 hrs	\$100		
4. Rotator Cuff	20 hrs	\$200		
5. Acromioclavicular Joint	10 hrs	\$150		
Surgical Management and Post-operative Rehabilitation of the Shoulder With Mr Khalid Mohammed , MBChB, FRACS Bundle includes 4 modules (Modules also available separately)	12 hrs	\$340		
1. Stiff Shoulder	3 hrs	\$100		
2. Unstable Shoulder	3 hrs	\$100		
3. Rotator Cuff	3 hrs	\$100		
4. Acromioclavicular Joint	3 hrs	\$100		

Group discounts

[Contact us](#) if you would like to enrol 11 or more people in these courses (payment on invoice). You will receive additional discounts and complimentary access to additional courses and webinars.

Online Course	Study time	Normal Price (NZD)*	CAMPT Benefit	Discount Code:
The Shoulder Course (all 5 modules).	65 hrs	\$800	11-20 enrolments: 15% discount (\$680) 21-30 enrolments: 20% discount (\$640) >30 enrolments: contact us Also receive these webinars FREE (Value \$40): <ul style="list-style-type: none"> Frozen Shoulder: What's New in Physiotherapy Management Problem Solving the Problem Shoulder 	CAMPT2023
The Shoulder Course PLUS Surgical Management and Post-Operative Rehabilitation	77 hrs	\$1140	11-20 enrolments: 15% discount (\$969) 21-30 enrolments: 20% discount (\$920) >30 enrolments: contact us Also receive these webinars FREE (Value \$40): <ul style="list-style-type: none"> Frozen Shoulder: What's New in Physiotherapy Management Problem Solving the Problem Shoulder 	

Shoulder Courses

With [Dr Angela Cadogan](#), PhD, NZRPS



Recorded Webinars

Webinar	Study time	Normal Price (NZD)*	CAMPT Benefit	Discount Code:
Frozen Shoulder: What's New in Physiotherapy Management	1 hr	\$20	10% discount	CAMPT2023
Problem Solving the Problem Shoulder	1 hr	\$20		
The Older Shoulder	1 hr	\$20		
The Tricky Scapula	1 hr	\$10		

Shoulder Academy

With [Dr Angela Cadogan](#), PhD, NZRPS

Join a community of therapists with an interest in shoulder conditions. Share cases and get help with patients, as well as access to live Q&A's, course discounts, free webinars, eBooks, other learning resources and more...

Annual subscription includes:	Normal Price (NZD)	Benefits
50% off online shoulder courses*	Monthly: \$10 Annual: \$200 (until 31 March 2023).	CAMPT benefit: Free 1 year membership with enrolment in the full 'Shoulder Course' (Value NZD \$200) Membership value: Save up to \$600 NZD with course discounts and free webinars.
15% off select practical courses*		
EXCLUSIVE Live Q&A's with Instructor(s)		
FREE webinars		
PRIVATE Online community <ul style="list-style-type: none">• Learning resources• Discussion forum• Sharing case studies		
PRIORITY booking at limited-place events		

Lumbar Spine Courses

With [Dr Mark Laslett](#), PhD, NZRPS



A structured series of courses full of real patient video case studies that will make you proficient in assessment, diagnosis and management of low back pain. Courses start from beginner level (101) through to advanced (201) and specialist level (300 series).

**All prices exclude NZ taxes (not payable by international students).*

Online Courses

Online Course	Study time (excludes reading time)	Normal Price (NZD)*	CAMPT Benefit	Discount Code:
3 Cases of Persistent Low Back Pain	4 hrs	\$80	10% discount	CAMPT2023
Back Pain 101: Basic Assessment & Treatment	10 hrs	\$160		
Back Pain 201: Advanced Assessment	10 hrs	\$249		
Back Pain 300 Starter Pack Bundle (300 & 301)	31 hrs	\$300		
Back Pain 300: Introduction to Advanced Diagnosis & Management	11 hrs	\$95		
Back Pain 301: Mechanical Discogenic Pain	20 hrs	\$250		
Back Pain 302: Lumbar Radicular Syndromes	15 hrs	\$200		
Back Pain 303: Sacroiliac Joint and Pelvic Girdle Pain	15 hrs	\$280		

Group discounts

[Contact us](#) if you would like to enrol 11 or more people in these courses (payment on invoice). You will receive additional discounts and complimentary access to additional courses and webinars.

Online Course	Study time (excludes reading time)	Normal Price (NZD)*	CAMPT Benefit	Discount Code:
Back Pain 201: Advanced Assessment Back Pain 300: Introduction to Advanced Diagnosis & Management Back Pain 301: Mechanical Discogenic Pain Back Pain 302: Lumbar Radicular Syndromes Back Pain 303: Sacroiliac Joint and Pelvic Girdle Pain	102 hrs	\$1074	11-20 enrolments: 15% discount (\$913) 21-30 enrolments: 20% discount (\$859) >30 enrolments: contact us Also receive FREE (Value \$259): <ul style="list-style-type: none">3 Cases of Persistent Low Back PainDiagnostic Accuracy CourseAll lumbar spine webinars.	CAMPT2023

Recorded Webinars

Online Course	Study time (excludes reading time)	Normal Price (NZD)*	CAMPT Benefit	Discount Code:
Lumbar Spine Webinar Bundle: <ul style="list-style-type: none">Is Low Back Pain Really Non-Specific?Is a Specific Diagnosis Possible for the Painful Lumbar Spine?Sacroiliac Joint PainTwo Big Don'ts in Low Back Pain Care	4 hrs	\$40	10% discount	CAMPT2023
Is a Specific Diagnosis Possible for the Painful Lumbar Spine?	1.5 hrs	\$20		
Is Low Back Pain Really Non-Specific?	1 hr	\$20		
Two Big Don'ts in Low Back Pain Care	1.5 hrs	\$20		
Sacroiliac Joint Pain	1 hr	\$20		
The SIJ and Pelvic Girdle Pain: What are we Treating?	0.5 hrs	\$10		
Loaded Lumbar Flexion: Friend or Foe?	0.5 hrs	FREE		

Enhancing Muscular Performance

With [Professor John Cronin](#), PhD, BEd, Dip PE



The missing link in physiotherapy rehabilitation. Learn about the 3-component model of muscle and tendon function and how to vary muscle length, load and velocity to target specific contractile or connective tissues for optimal tissue adaptation in rehabilitation. Learn how to assess limb asymmetry and its role in minimising injury risk and optimising performance.

NOTE: All prices are in USD

Online Courses

Online Course	Study time	Normal Price (USD)	CAMPT Benefit	Discount Code:
Enhancing Muscular Performance Physiotherapy Bundle (all 4 courses)		\$295	10% discount	CAMPT2023
1. Optimising Strength and Power	10 hrs	\$95		
2. Eccentrics, Concentrics and Isometrics Unpacked	10 hrs	\$90		
3. Shaping and Shifting Muscle	10 hrs	\$90		
4. Movement Screening, Landings and Asymmetry	10 hrs	\$90		
Diagnosing and Addressing Asymmetry	12 hrs	\$90		

Recorded Webinars

Webinar	Study time	Normal Price (USD)
Eccentric Loading: Rehab vs Performance	1 hr	FREE
Force Plate Fundamentals for Physiotherapists	1 hr	FREE