



Newsletter No. 5 | May 2021

#### **Dear Students and Parents**

It is pleasing to see more of a student voice in our newsletters. What is especially heartening for me, was experiencing Year 12's Thought for the Week at the conclusion of this week's assembly. For the last four weeks, our teachers have been presenting the Thought for the Week on the topic of Family Wellbeing. It has been lovely to experience the various "mini-topics" within this, and to appreciate each person's view on what Family Wellbeing means to them. Our students had the final "Thought" on this topic, which was inspirational. Year 12 created an entertaining video, highlighting a key message that close friends are like family. As tight-knit classmates, they joke, they bicker, they joke some more, and they ultimately support one another; they can be confident that they have one another's back. I was really impressed with their message, along with some hilarious video editing. Over the next five weeks, we cover various aspects of Friends Wellbeing, and I look forward to hearing more from our students regarding this topic.

Term Two is always a busy term with loads of extra-curricular activities and winter sports taking place. We seem to be offering more experiences outside the classroom than ever before, as partially evidenced by our gym and turf being fully booked after school every day this term with volleyball, basketball, fitness classes, athletics, football, netball, and (the best sport in the world) <u>hockey</u>. I salute our students who have taken advantage of these and other opportunities; learning a range of skills and making great memories!

#### **Dates & Events to Note:**

- Public Speaking Workshop,
   Years 10 to 13 Thursday 3<sup>rd</sup>
   June
- **UN Day** Friday 4<sup>th</sup> June
- Queen's Birthday, School Closed
   Monday 7<sup>th</sup> June
- Cross Country Day Friday 11<sup>th</sup>
  June
- Matariki Celebrations –
   Thursday 17<sup>th</sup> June
- World of Maths Roadshow Friday 18<sup>th</sup> June
- **Senior Ball** *Saturday* 19<sup>th</sup> June
- Takou Bay Cross Country –

  Monday 21st June
- Readers Cup Thursday 24th June
- **40 Hour Famine** Friday 25<sup>th</sup> & Saturday 26<sup>th</sup> June



#### Northland Secondary Schools (NSS) Orienteering

Springbank School was happy to host the NSS Orienteering competition over our wider school grounds on Friday 14<sup>th</sup> May. Students from Huanui College, Otamatea, and Whangarei Boys High School joined our students to race around our fitness track to find all the orienteering markers. The competition was open to students from Years 7 to 10, and they could compete individually and in team relays.

We had over 40 Springbank School students participating in or helping at the event, and it was great to see the various schools cheering each other on and putting in a huge effort finding all their markers around the course.

We would like to congratulate all the students who took part and would especially like to acknowledge the following students on some successful top finishes:

#### **JUNIOR BOYS - Years 7 & 8**

1st - Clay Blakeman

2<sup>nd</sup> – Charlie Robertson

3<sup>rd</sup> - Sebastian Mottl

#### **JUNIOR GIRLS - Years 7 & 8**

1st - Annabelle Welling

2<sup>nd</sup> - Chloe Whyman

3<sup>rd</sup> - Imogen Malcom-Solly

#### SENIOR BOYS - Years 9 & 10

3<sup>rd</sup> - Samraat Gill

4<sup>th</sup> – Leonardo Fisher

#### **IUNIOR TEAM - Years 7 & 8**

1st – Springbank 8's Team E

2<sup>nd</sup> – Springbank 8's Team!









# **Senior Mixed-Volley Fest**

On Friday 14th May, Mr. Epley took two teams to the Senior Mixed-Volley Fest. This event's purpose was for people to have a fun, relaxed day of volleyball, whilst getting to meet new people and play with both the boys' and girls' teams.

The Springbank Jalapenos were made up of Eva, Poppy, Rebecca, Sapphire, Jaluka, William, and James. They played very hard and managed to win the most important game of the day against Keri High. Jack said and I quote "That game was better than any professional sports games I've witnessed in my life."

The Springbank Habaneros won all but one game, as a result of fatigue and lack of concentration. The Habaneros were Jack, Josh, Malindi, Melissa, Bethany and I (Ellie). We lost the last game of the day and everyone else was leaving and packing up so I'd say it didn't even count. In all of the other games, we played very well and were the only team with 4 girls on court at all times. All other teams were composed of 3 girls and 3 boys. They barely set the girls up for spikes whereas we were only setting the girls up for spikes. When Melissa got a good hand on the ball, no one knew what hit them!

Overall it was a great day and a great opportunity for us to meet others and conclude the competitive senior volleyball season for the vear!

- Ellie Epley (Prefect)







## Pink Shirt Day & Gumboot Day

We combined Pink Shirt Day and Gumboot Day together this year, encouraging students to wear a pink shirt and their gumboots on Thursday 13<sup>th</sup> May.

Pink Shirt Day is all about raising awareness to take a stand against bullying and acknowledging the diversity amongst our peers and promoting kindness and inclusiveness.

Gumboot Day is a fun way for students to raise money for the I AM HOPE charity, which supports young New Zealanders with mental health challenges.

It was fantastic to see so many students throw on a pink shirt and gumboots for the day and support both of these important causes.

A total of \$310 was raised for I AM HOPE.



#### Springbank Book Fair

We ran our annual Book Fair on Wednesday 26<sup>th</sup> May for the third year running. A big thank you to everyone who either donated books to the fair, or came along and bought some new books to take home.

All money raised is going to our school's 'Chosen Charity", St John Kerikeri.

Together we raised a superb total of \$444!

The money will go towards the St John initiative of getting AED machines around our community positioned outside shops and businesses, so that the public have easy and quick access to them 24 hours per day, 7 days per week.





## <u>Ugly Shakespeare - Performance</u>

Lo, what light from yonder window breaks?

It is....Ugly Shakespeare!

On 6th May, our Middle and Senior School students were treated to a hilarious version of the Bard's *Romeo and Juliet*.

We've always enjoyed the irreverent escapades of the visiting crews, but this year the Ugly Shakespeare Company was especially polished, relevant, and highly entertaining. Isy, Caitlin, and Frankie transported the star-crossed lovers to Kerikeri, whilst keeping the essence of the original. Adapting Romeo and "Jools" to Instagram mad teens, with a penchant for emo angst and bad music (cue Olivia Rodrigo's *Driver's Licence*), and the obligatory crew of "bois" - Mercutio, Benvolio and the gang, they had students and staff in stitches.

The clever, quick, and creative use of space, costume, and interchangeable roles (complete with talking tree, balcony, and bush) helped make the play more engaging and accessible for our younger students.

Definitely one for the books!

- Mrs Druery



#### <u>Ugly Shakespeare - Workshop</u>

At the beginning of Term 2, the Middle School was lucky enough to take part in the Ugly Shakespeare workshops.

We learnt about high and low status characters by defining certain characteristics and behaviours related to people's different status. We also discussed body language and how it affects the way people see you on stage. Little things, like the way you hold your head or if you 'walk with your chest' can create the image of you being of a higher status, for instance.

Everybody gave it a go, and it was great to see how people worked together to re-enact the death of Juliet, and the reactions from different characters, based on their status and their relation to Juliet.

A big thank you to Caitlin, Frankie, and Isy for taking the time to come to Springbank to perform Romeo and Juliet for us and to teach the Ugly Shakespeare Workshops. We gained a lot from the workshops and had a lot of fun.

- Amelia Malcolm-Solly, with contributions from Kate, Cerys, and Alexis.





## **AS Marine Science Field Trip**

The intrepid group of marine scientists journeyed to Opito Bay and Paihia on Friday 21<sup>st</sup> May to investigate the distribution pattern of several marine species on a rocky shore and compare the species diversity on a rocky shore, sandy shore, and mangrove.

The work was carried out under the perfect conditions of sunshine, light cloud cover and a soft, cooling breeze. The students produced some interesting results that showed how the distribution of rock oysters, periwinkles, and black nerites differs over the inter-tidal zone. They then observed the diversity of species (or lack of) on a sandy shore and compared their littoral zone morphologies.

The boardwalk through mangrove allowed students to see colonisation by mangrove and the ideal environment for fish nurseries. They followed up the field work with an analysis of their findings and produced line graphs to represent distribution patterns.

- John Haydock









#### Far North District Youth Council

I am very grateful to have been selected as one of the 12 youth representatives for the Far North Youth Council for 2021.

The Far North Youth Council is a youth-led, youth development initiative, that is hoping to provide a new and unique outlook on some problems that the council is deliberating on.

I and the other youth representatives will get an opportunity to build our networks and be an advocate for issues that we are passionate about in the Far North.

On Thursday 13<sup>th</sup> May, I attended our first meeting, where we got to meet the other representatives as well as talk and listen to some council members. We also attended a meeting in chambers where they discussed the Far North long term district plan, which was very interesting but also quite full on.

Overall, I am very grateful to be a part of this youth voice, and I am excited to see what we can achieve this year.

- Malindi Reihana-Ruka



#### **Skytower Challenge 2021**

We would like to give a huge congratulations to Tracy Schuetze, Year 13, who competed in the Skytower Firefighter Challenge over the weekend.

There were 950 firefighters taking part in several categories, with one being the 'Firefighter of Steel'. In this advanced category, participants run in full gear (25kgs) plus a steel cylinder (an extra 9kgs) beyond the standard 51st storey, right up to the 60th storey of the Sky Tower. Tracy took part in this category and finished 10th in her age & gender!

It was an outstanding result, and we are so proud of Tracy's determination and strength.

The whole event raised a phenomenal \$1.35 million for the Leukaemia & Blood Cancer Foundation!





# Students' Voice

# **Study Northland Auckland Tertiary Trip**

Malindi, Jaluka, and I have previously written about the Study Northland Ambassador program that we are a part of. From Wednesday 19<sup>th</sup> May to Thursday 20<sup>th</sup>, we had the opportunity to tour AUT, Auckland University, and Massey University. This trip was incredibly eye opening to the many opportunities offered at university. We learnt all about how the universities support their students academically, how they help students find jobs and internships, and how they house them in halls. We even got to stay in a new AUT hall overnight and experience what real Uni life is like. It was so cool getting an insight into the facilities they offer. There were so many cute study nooks and lounge areas for people to cram for exams or socialize with friends. We also walked through classes and spoke with some students who were working on creative technology projects. One of the groups was designing a pillow that stays cool, which would be a very cool product idea if their idea wasn't just to put an icepack in a pillow case.

At Auckland University we spoke with professors from the faculty or area of study that we were interested in. We walked past a volleyball court near the Japanese linguistics department which had me very excited. We also ate lunch at the newest hall called Waipuru and experienced first-hand what meals at a hall would be like. Later that day we boosted over to Massey Albany and listened to two lectures in a gorgeous classic lecture hall. Personally, after all the excitement of the city, Albany was too quiet for me but the campus was the loveliest of them all. If I was looking for a more relaxed environment it would easily be my top pick.

We were all so fortunate to be chosen to go on this trip. It was fully funded by the universities and Study Northland, which was amazing considering how many things we did in the span of two days. Thanks to this trip I now know where achieving my current academic goals can take me, and what I have to look forward to after high school.

- Ellie Epley (Prefect)

#### **World Vision Youth Conference**

On Monday 10<sup>th</sup> May, Shaelyn, Charli, Rebecca, and I went down to Auckland to attend the World vision Youth Conference. We were joined by 100 other young passionate leaders to attend this global leadership event designed to spark a passion for justice in young Kiwis and equip us with leadership tools to create change both locally and globally.

Throughout the day we learnt how to step into our leadership potential and to be strong advocates in our school and community. We also heard from inspiring guest speakers who are at the forefront of change in Aotearoa, which gave us insight into some of the systemic injustices facing today's society.

This was such an inspirational and empowering day, and I would highly recommend it to anyone who hopefully gets the opportunity to attend it in the future!

A huge thank you to Shaelyn for organising the trip and to Mrs Whitehead for taking us down and looking after us.

- Malindi Reihana-Ruka





## Friends of Springbank

The Friends of Springbank Committee held their AGM on Wednesday 26<sup>th</sup> May and elected their committee officers for another year. Erica Wells was re-elected as Chairperson. Susanna Booth continues as Secretary and Taryn Lynn takes over as Treasurer from Jo Warren.

The Coffee Squad is up and running for Term Two, serving delicious hot coffee every Monday morning from the school café. Please pop along before assembly starts and grab yourself a hot drink to start your day for only \$3.00. The Coffee Squad is an initiative proudly supported by the Friends of Springbank to give senior students the opportunity to gain their barista certificate.

Friends have funded several activities and student-led initiatives for 2021.

- World Vision Youth Conference
- Volleyball Competition
- Funding towards to the AIMS Games for the Springbank Futsal team
- Senior Ball
- MUNA
- Lit Quiz
- Leadership Day
- Endometriosis Awareness
- Production Catering



The next Friends of Springbank meeting will be on June 23<sup>rd</sup> at 2:00pm in the school staff room. All parents from Preschool, Headstart, and School are welcome to attend.





## <u>Swirling Waters | Ngā ripo wai</u>

Kerikeri was due to celebrate its 200<sup>th</sup> year last year with a variety of events and a festival down at the Stone Store. Unfortunately this was cancelled due to Covid-19. One of the projects that was associated with the Tuhono Kerikeri Bicentennial Celebrations was the creation of a book called Swirling Waters | Ngā ripo wai.

Northland's publishing company, Pavlova Press, asked for submissions for poetry and short prose of (fiction, non-fiction, historical or contemporary) about Kerikeri, past, present and future.

Mrs Hittle, our Year 8 & 9 English teacher is very proactive at encouraging our students to enter literary competitions and opportunities. So, several students submitted a piece of writing to be considered for inclusion in the book.

We are thrilled to announce that four of our students had their work accepted and will feature in the new book, Swirling Waters | Ngā ripo wai.

- Lilly Hulse, Year 8
- Bella Booth, Year 9
- Lucy Spice, Year 10
- Sophie McEntee, Year 10

Please help us congratulate them on this fantastic achievement, and we look forward to putting a copy into our school library, once the book is officially published.



#### **Hospice Battle of the Ballroom 2021**

As previously mentioned in the April newsletter, our very own Principal, Mike Warren, was a dancer in the 2021 Hospice Battle of the Ballroom. Sixteen people from around our local community stepped out of their comfort zones in the aid of charity to help raise vital funds for Hospice Mid-Northland.

Mike and his dance partner Deb Yarrall danced the Waltz, and they floated across the dance floor beautifully!

Supporting Hospice and raising a huge amount of money was the drive behind all the dancers taking part. As per previous Battle of the Ballroom events, there were celebrity judges there to award placings for the top three couples. We are thrilled and again so proud, that Mike and Deb placed 2nd with their beautiful waltz. They glided across the dance floor like a dream, and its a real credit to them for all their hard work and practice.

The big winner on the night was Hospice with an outstanding **\$138,800** being raised over the two night event!

Springbank School was delighted to welcome four of the eight couples to school a couple of weeks after the event, to put on a performance for school and guests from the Kerikeri Retirement Village. There were lots of oohs and aahhs as the couples danced across the gym, spinning, twirling and doing some amazing lifts in the Samba.

Together, we raised an additional \$534 for Hospice!





# **Swimming Lessons Term Two**

Having knowledge and confidence in and around the water is highly important living here in the Bay of Islands. Our Headstart to Year 6 students participate in swimming lessons held at Little Dippers in Term Two and Four every year.

It is wonderful to see the students extending on their swimming skills each week, encouraging each other in the water and giving themselves a pat on the back for giving it a go.

"I did really well at swimming today, I'm getting brave now and put my whole face in the water." – Headstart student





#### Year 4 - Owl Artwork

There is some beautiful artwork happening in our Year 4 class. The students are working on sketching techniques and depth of shading.









#### **Futsal**

We had 12 students from Year 7 & 8 play in a Futsal tournament on Tuesday 18<sup>th</sup> May against other teams from Kerikeri High School and Okaihau College.

Springbank Team 1 (Vlad, Isaac, Seb, Charlie, Taisei, and Warren) won all five games and did not concede goals for three of the games.

Springbank Team 2 (Clay, Liam, Sol, Simon, Patrick & Morgan) won one game, drew one game and lost three games.

It was awesome experience and great practice for everyone involved. A big thank you to Coach Alin for supporting the players and James Coleman for organising the event.

Our Year 8 Futsal team is gearing up to head to the national AIMS Games in September. The games are being held in Tauranga and is an interschool sporting competition with over 10,000 athletes from around New Zealand, competing in 23 different sports.

In order for the Springbank team to get there, they are going to be running a series of fundraising events with the aim to raise \$10,000.



To help support the team with their fundraising, you can buy delicious mandarins for \$10.00 a bucket or \$5.00 a bag. The team will also be running a BBQ outside New World in Kerikeri on Sunday 20<sup>th</sup> June and Sunday 4<sup>th</sup> July. So if you're in the area on those days and feeling a bit hungry, do go along and support them by buying a sausage or two.

Other events coming up will include some Friday lunchtime BBQs, a Salt & Oil fundraiser where you can purchase some lovely 2 in 1 bath soaks & body scrubs, plus a special evening with mystery auctions is also in the planning. So, keep an eye and ear out for more details soon.

Thank you so much in advance for all your support in helping getting the team to the AIMS Games for 2021.

- The Futsal Team



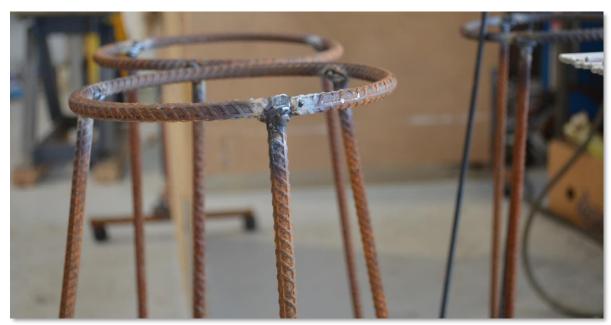
# AS Design Technology

Students from our AS Design Technology class visited the Kerikeri Men's Shed in May, as part of their research into tools and manufacturing processes. They explored both the metalwork and woodwork areas. This is preparation for designing and prototyping their own products.

- Gwyneth Hulse











#### **Monarch Show**

We had a show called "Monarch" come to our school for our Headstart to Year 6 students to watch. The show was performed by two actors playing multiple characters with some basic acrobatics and great humour. Even three of our students got involved playing reporters. The show taught us about butterflies, speech making, scientists, and the environment. It was a well-executed, informative show, with good acting and a great message.

Some comments from Year 3:

Susanna "It was interesting learning the facts about the monarch butterflies."

<u>Tane</u> "The show was entertaining, especially Mrs Collingwood trying to build her highway."

Nick "I liked the jokes."

Robert "The costumes were so good."

<u>Austin</u> "We learnt lots of new words, like a kaleidoscope of butterflies, and lepidopterology (the study of butterflies)."









#### **Attitude Seminars**

Our Year 7 to 13 students participated in the Attitude Seminars on Friday 28<sup>th</sup> May. These seminars are held annually at school and are part of the youth education division of the Parenting Place. The seminars are geared to provide our teenagers with the information and skills they need to negotiate their adolescent years and build meaningful lives.

The seminars were broken into three areas, covering:

<u>Hauora</u> – the concept of holistic wellbeing. This programme looked at the physical, mental, spiritual, and social wellbeing of every teenager and teaching them how to be the best version of themselves.

<u>Hardwired</u> – addressed the issues of how to develop good habits rather than bad. The programme looked at how to access the risks and temptations around them to make positives choices and deal with peer pressure.

<u>Relationships & Attitude</u> – this session provided guidance on how to make good decisions when choosing relationships and how to set boundaries for oneself with others. It challenged our students to think about the options in their future and acknowledge who they are as a whole person.





# **Headstart Report**

Our tamariki have been exploring their interest of all things art so far this term. We have been looking at different art techniques and how we can use nature to make beautiful paintings and prints. We also had a wonderful visit to the big school's art room and met with Mrs Hulse and her class. We learnt about portraits and how to look at our features and position of our eyes, ears, nose, and mouth. We were so inspired by what we saw, we headed back to our class to create our own masterpieces. We have also enjoyed a lovely autumn visit to Roland's Wood where we talked about the change of seasons and walked through a colourful rainbow of fallen leaves.













#### **Preschool Update**

This month has been another busy one for Preschool. Our Mothers' Day pamper morning was a huge success and was a wonderful way for us to celebrate our beautiful mums. Thanks to everyone who came along and supported us.

We have started gymnastic classes for our younger groups and this is happening every Wednesday. It is another way for us all to keep our bodies moving and challenge ourselves physically.

We have all been training for the Cross Country in June and we cannot wait. This month is also the first time we have introduced swimming lessons at Preschool, and because of its success we will continue this each term and select different children to go.

We would like to welcome Skylah, Declan, Lucija, Hazel, Leo, Maggie and Mohi to Preschool. Renee has returned back from maternity leave to the Infant and Toddler room and we bid farewell to Nikki, who is off on another adventure.





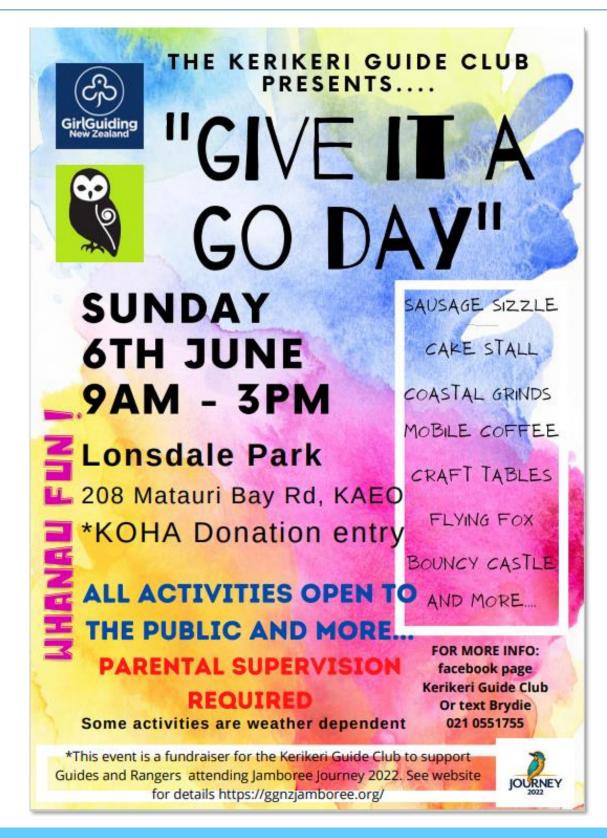


















# AFTER-SCHOOL

Do the kids need to burn off some energy?
Come join our twice weekly sessions for 10+ year olds



# Tuesdays

A mix of bootcamp style exercises and fun



A mix of Boxfit and Kickboxing

# **DURING TERM 2**

4.30pm at Studio 39, Paihia

(above the Post Shop)

\$12 per session **Bring your best mate for free for your first class!**Pre-booking and completion of pre-screening essential

Get in touch on Facebook or email for more info & to book

www.outfitnorth.com | coach@outfitnorth.com | 022 111 8591

OutFit North is owned and operated by Nadine Amsler who was Springbank School's Head Girl in 2009. You can check out her website for full fitness options for adults as well.



Springbank students are invited to attend our Kids Aerial Yoga classes. And your 1<sup>st</sup> class is on us! Our gift to you! All students above the age of 8 are eligible.

Kids Aerial Yoga is hosted on Mondays & Thursdays at 3:30 pm. 2 Aranga Road, Kerikeri.

Our current students absolutely love the freedom it gifts them & we have witnessed their confidence soar!

For further details & to see where parents can book, visit: yourprana.com/kids-aerial & yourprana.com/classes



# The Sharing Shed

It has been fantastic to see the Sharing Shed being used again this year. Lemons, pumpkins, honey, seedlings and more have been spotted in there for our families to take home.

The concept is for a school community space for sharing. Our families can leave excess produce, eggs, flowers or preserves and possibly more as we go along, from home, to share with everyone.

- There is no charge. It is purely just sharing with other families.
- No baking please, as it is too hard to keep ants away.
- Please label and put on a use by date if applicable.
- The Sharing Shed will be cleared out each Friday by Jo.
- The Sharing Shed has been made with 100% recycled products and untreated timber.

In order for the Sharing Shed to be effective, families must also take the shared goods. They are free to Springbank families, and there is no expectation that you must share anything in return. Of course if you would like to, then it also helps the Sharing Shed!



Wow, we are half way through Term Two already! There are plenty of experiences and activities happening this term, and I look forward to showcasing these in our next newsletter. Until then, stay safe and stay warm!

Kind regards,

Mike Warren, Principal

## Thoughts for the Week 2021:

#### Term 2, Week 2:

"The family that plays together stays together."

- Courtesy of Mrs Hittle

#### Term 2, Week 3:

"Try your best to see what is good and wonderful in your family."

- Courtesy of Mr Horgan

#### Term 2, Week 3:

"Family traditions ... help us define who we are; they provide something steady, reliable, and safe in a confusing world."

- Susan Lieberman, Life Coach
  - Courtesy of Mrs Larkan

#### Term 2, Week 4:

"Family is not by blood but by heart."

- Soumen Das

- Courtesy of Year 12