

WEEK 3

DISCUSSION GUIDE

THE EXCHANGE

We all make exchanges — all the time, in fact! Whether you're shopping, texting your best friend, swapping snacks at the lunch table, or returning a wave to a neighbor, most of the exchanges we make aren't very memorable. But the exchanges that stick with us are the exchanges we have with people who impact our lives for the better. Maybe you've exchanged meaningful advice, wisdom, or encouragement with your friends, family members, heroes, coaches, pastors, or younger people you've invested in. Those exchanges are what this series is all about. In this four-week series from 2 Timothy, we'll explore some advice the apostle Paul gave to Timothy, a guy he was mentoring, because we can learn from Paul's wisdom too. Through it, we'll see how we can all exchange wisdom with each other (no matter our age) by helping each other **discover our gifts, develop discernment, get equipped, and find strength.**

THIS WEEK

BIG IDEA

We can help each other get equipped.

BIBLE

2 Timothy 3:14-17; Psalm 119:97-105;
Hebrews 4:12

- Tell us about a time you were really unprepared for something.
- When you realize you're really unprepared for something, how do you usually feel or respond?
- What are some examples of difficult situations we might feel unprepared to handle?
- On a scale of 1-10, how useful does the Bible feel in your everyday life? Tell us why you think so!
- Has Scripture ever helped you handle a difficult situation? If so, how? If not, why do you think that is?
- If you're familiar with the Bible, what's one thing it can teach us? What's one way it might correct us? What's one way it can train us?
- Read Hebrews 4:12. How would you explain what this passage is saying? Have God's words ever done this for you?
- If someone wanted to start reading the Bible for the first time, what advice would you give them?
- When it comes to the Bible, what are your biggest challenges or questions? How can we help?
- This week, what's one thing you'll do to:
 - Get equipped with God's words?
 - Help someone else get equipped with God's words?



Open Habits, the spiritual habit-tracker app by Grow Curriculum. Create at least one habit that will help your whole group spend time with Scripture this week. Then make a plan to check in on each other throughout the week.