

WEEK 2

DISCUSSION GUIDE

THE EXCHANGE

We all make exchanges — all the time, in fact! Whether you're shopping, texting your best friend, swapping snacks at the lunch table, or returning a wave to a neighbor, most of the exchanges we make aren't very memorable. But the exchanges that stick with us are the exchanges we have with people who impact our lives for the better. Maybe you've exchanged meaningful advice, wisdom, or encouragement with your friends, family members, heroes, coaches, pastors, or younger people you've invested in. Those exchanges are what this series is all about. In this four-week series from 2 Timothy, we'll explore some advice the apostle Paul gave to Timothy, a guy he was mentoring, because we can learn from Paul's wisdom too. Through it, we'll see how we can all exchange wisdom with each other (no matter our age) by helping each other **discover our gifts, develop discernment, get equipped, and find strength.**

THIS WEEK

BIG IDEA

We can help each other develop discernment.

BIBLE

2 Timothy 2:7-15; Proverbs 3:5-6;
Proverbs 4:6-7

- **What's one question you wish you knew the answer to?**
- **What are some of the big questions about life, relationships, or faith that people your age wish they had answers to?**
- **What are some of the common reasons you and your friends give each other advice? How confident are you that advice is worth following?**
- **Has a friend ever asked you for advice, but you didn't feel qualified to help? What happened?**
- **When we're not sure what to do, how can looking to Jesus help you decide what to do? Do you think looking to Jesus helps in every situation? Why or why not?**
- **Read Proverbs 4:6-7. What are some of the best places we can go for wisdom? What are some of the worst?**
- **When you don't feel qualified to give a friend advice, what can you do?**
- **How do you think we can tell if the advice or wisdom we receiving is actually good?**
- **When you're in a confusing or uncertain situation, what holds you back from asking more people for help?**
- **This week, what's one thing you'll do to:**
 - **Help someone develop discernment?**
 - **Ask someone to help you develop discernment?**