



KNIGHTSVILLE FEBRUARY 2023 SCHEDULE

GROUP FIT

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	MORNING						
9:00AM					ZUMBA® (60)		
9:30 AM				AMPD Burn (60)			
	AFTERNOON						
5:30 PM	WERQ (60)						

*SUBJECT TO CHANGE. PLEASE SEE APP FOR MORE INFORMATION