

Our Facilities



HIMALAYAN SALT SAUNA 喜马拉雅盐桑拿

Modelled after traditional Jjimjilbangs in Korea, our unique Himalayan Salt Sauna will leave you feeling energised and ready to go!



FINNISH SAUNA 芬兰浴

Our modern electrically heated Finnish sauna will improve your vascular health and flush out toxins in your body to give you a rosy glow.



JADE ROOM 缅甸玉房

Relax on one of our premium Myanmar jade beds, which promotes chiropractic and acupuncture benefits to correct imbalances in your musculoskeletal system and "Qi".



CASSIA SEED SAUNA 决明子桑拿

Also modelled after traditional Jjimjilbangs in Korea, our Cassia Seed Sauna helps to relieve congestion, redness, and vision-based ailments.



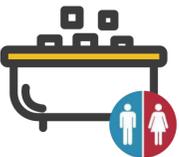
STEAM ROOM 蒸汽房

Our generous steam room is filled with menthol to energise your senses, reduce congestion, and improve your cardiovascular health.



HOT BATH 温泉

Sink into one of our hot baths and feel your stress melt away. Our hottest bath runs between 40 - 42°C for a true "Onsen" experience!



ICE BATH/SHOWER

A secret weapon used by top athletes, the cold bath will tighten your blood vessels to drain the lactic acid from your muscles, leaving you feeling blissfully refreshed.



RESTING LOUNGE 休息室

Kick back, relax, nap, do whatever it takes to catch up on your sleep debt here in our quiet resting lounge. Fully furnished with sofa beds so luxurious you'll fall right into dreamland!



CAFE 餐厅

Gain access to our cafe that serves delicious vegetarian meals direct from our professional kitchen. Free-flow light snacks and refreshments are also provided.



FOOT SPA 水疗泡脚

For those who have tired achy feet, our foot spa can bring relief and a reduction of stress. It can help provide circulation, and a reduction in inflammation.

*Additional charges apply



OXYGEN ROOM 氧气室

Extra O2 boosts the performance of white blood cells, reducing headaches and sinus problems. Blood becomes more efficient at transporting oxygen to muscle tissues, thus relaxing the body.



GRAND SPA THERAPY 水疗调理

Let our ultrasonic bubble-bath reverse the pressures of daily life! 15 minutes in the bath is equivalent to the blood circulation of a 3-5km jog

*Additional charges apply