



ST. MARY'S CATHEDRAL

219 - 18 AVE. SW
CALGARY, AB. T2S 0C2
PH: (403) 228-4170 FAX: (403) 244-1965

JUNE 20, 2021
Twelfth Sunday in Ordinary Time



SUNDAY MASS TIMES

Saturday 5:00 PM
Sunday 8:00 AM, 10:00 AM,
12:00 PM and 4:00 PM

WEEKDAY MASS TIMES

Monday - Friday, 7:30 AM & 5:00 PM
Saturday 9:00 AM

Register on line for all Masses at
www.stmaryscalgary.ca
Please wear a MASK

SACRAMENT OF RECONCILIATION

Tues - Sat. 4:30—5:00 PM
Friday 8:00-9:00 AM & 3:00-4:40 PM

EUCCHARISTIC ADORATION

Friday 8:00 AM—4:30 PM

SACRAMENT OF BAPTISM

Please contact Deacon Dennis at the
Parish Office (403) 228-4170.

DONATIONS OVER THE PHONE, ON LINE & IN PERSON. If would like to donate to help with the costs and maintenance of the Parish, please call Lillian at (403) 228-4170.

STAFF DIRECTORY

Rev. John Nemanic, Rector
fr.john@stmaryscalgary.ca
Rev. Julian Studden, Assistant Rector
fr.julian@stmaryscalgary.ca
Rev. Mr. Deacon Dennis Foraie
dennis.foraie@calgarydiocese.ca
Lillian Illescas, Accounting & Finance
Lillian@stmaryscalgary.ca
Marilyn Belle-McQuillan, Volunteer Coordinator,
Marilyn@stmaryscalgary.ca

OFFICE HOURS: Monday to Friday
8:30 AM - 4:00 PM
Closed Statutory Holidays

In today's gospel (Mk 4:35-41) Jesus and the disciples are caught in a great gale arose, and the waves beat into the boat, so that the boat was already being swamped. But (Jesus) was in the stern, asleep on the cushion. They woke him up and said to him, 'Teacher, do you not care that we are perishing?' His reply to them: 'Why are you afraid? Have you still no faith?' And they were filled with great awe and said to one another, 'Who then is this, that even the wind and the sea obey him?'

There are many times in my life when it seems the Lord's asleep during the upheavals of daily life. As the disciples ask Jesus, I do the same: *do you not care that I am perishing?* In turn he says to me, as he said to the disciples: 'Why are you afraid? Have you still no faith?'

So, how do we turn to faith to God in such moments? The answer: humility. The Catechism of the Catholic Church defines humility as *the virtue by which a Christian acknowledges that God is the author of all good. Humility avoids inordinate ambition or pride, and provides the foundation for turning to God in prayer*" (CCC 2559 and 2546). Another way to describe humility is from C.S. Lewis' book *Mere Christianity: True humility isn't thinking less of yourself; but it is thinking of yourself less.*

What has helped is praying the *Litany of Humility* daily. I invite you to join me in praying this Litany daily so that when we feel like we're perishing by life, we humbly turn to the Lord in prayer so that we can grow in awe by his love for us.

Lord Jesus. Meek and humble of heart, *Hear me.*
From the desire of being esteemed, *Deliver me, Jesus.*
From the desire of being loved, *Deliver me, Jesus.*
From the desire of being extolled, *Deliver me, Jesus.*
From the desire of being honored, *Deliver me, Jesus.*
From the desire of being praised, *Deliver me, Jesus.*
From the desire of being preferred to others, *Deliver me, Jesus.*
From the desire of being consulted, *Deliver me, Jesus.*
From the desire of being approved, *Deliver me, Jesus.*
From the fear of being humiliated, *Deliver me, Jesus.*
From the fear of being despised, *Deliver me, Jesus.*
From the fear of suffering rebukes, *Deliver me, Jesus.*
From the fear of being calumniated, *Deliver me, Jesus.*
From the fear of being forgotten, *Deliver me, Jesus.*
From the fear of being ridiculed, *Deliver me, Jesus.*
From the fear of being wronged, *Deliver me, Jesus.*
From the fear of being suspected, *Deliver me, Jesus.*
That others may be loved more than I, *Jesus, grant me the grace to desire it.*
That others may be esteemed more than I, *Jesus, grant me the grace to desire it.*
That, in the opinion of the world, others may increase and I may decrease, *Jesus, grant me the grace to desire it.*
That others may be chosen and I set aside, *Jesus, grant me the grace to desire it.*
That others may be praised and I unnoticed, *Jesus, grant me the grace to desire it.*

Readings for June 27 — Thirteenth Sunday in Ordinary Time

First Reading: (Wisdom 1:13-15, 2:23-24) through the devil's envy death entered the world.

Second Reading: (2 Corinthians 8:7, 9, 13-15) Your present abundance should cover their needs.

Gospel: (Mark 5:21-24, 35-43) Little girl, get up!

Stewardship of Treasure — June 5 to June 11, 2021

General Collections

Envelopes/Loose/Debit/etc.
Other

Last Week

\$4,270.
\$5,579.

Together in Action

Together in Action is an annual diocesan-mandated parish charitable appeal that funds diocesan, local, national & international initiatives: <https://www.catholicyc.ca/tia2020.html>

Goal: \$41,552. Donations to date: \$7,072.

Thank you for your financial support to St Mary's Cathedral during this difficult time. It is now possible to make a donation through a variety of means. Please visit stmaryscalgary.ca/content/donations to make an **online** donation. If you have questions about charitable giving, please contact: Lillian at 403-228-4170.

New Lights in the Cathedral

Thank you everyone for your generosity toward the Cathedral's LED lighting installation. Phase 1 of the project in the Cathedral church is done! Would you consider a donation toward it?

Goal: \$50,000. Donations to date: \$27,105.

Sacrament Preparation for Children at St. Mary's Cathedral Parish

St. Mary's Cathedral Parish will be offering Sacrament Preparation for **First Reconciliation and First Eucharist** beginning September, 2021 for children currently in Grade 1.

Children in Grade 6 or higher are eligible to receive the Sacrament of **Confirmation**, sometimes called the sacrament of the Holy Spirit. Preparation for this sacrament will begin in January 2022.

Registration forms for any of these sacraments are now available on-line, in our parish office and at the main entrance of the Cathedral. If you have any questions on the preparation program for children's sacraments, please contact Marilyn@stmaryscalgary.ca or call 403-228-4170.



Curious about the Catholic faith? Feeling drawn toward discovering if becoming a member of the Catholic Church is for you?

The Rite of Christian Initiation of Adults (RCIA) offers the opportunity for those discerning "becoming Catholic" to journey with others toward coming to know God and building a strong relationship with our Father. If you have any questions or would like more information on the RCIA process, please contact Deacon Dennis Forai at 403-228-4170 (ext. 226).



Society of Saint Vincent de Paul – Financial donations are welcomed by marking your envelopes to St. Mary's "SSVP".

If you require assistance, please contact us at 403-397-6028.

Mass Intentions FOR THE WEEK



Monday, June 21

7:30 am Peter McGourty (RIP)
5:00 pm Luis Illescas (INT)

Tuesday, June 22

7:30 am Adelina Quintero (RIP)
5:00 pm Muthucumaru Kanagalingam (RIP)

Wednesday, June 23

7:30 am Arlene Christie (RIP)
5:00 pm Rose Lutula (RIP)

Thursday, June 24

7:30 am Nathan Chudleigh (INT)
5:00 pm Juan Bautista & Juan Nelson Pizarro (RIP)

Friday, June 25

7:30 am Immaculate Heart of Mary (INT)
5:00 pm Encarnita Peralta Canos (RIP)

Saturday, June 26

9:00 am Lily Illescas (INT)
5:00 pm Lilia Corredor (RIP)

Sunday, June 27

8:00 am Jacob Eisner (INT)
10:00 am Priests of the Diocese (INT)
12:00 Noon St. Mary's Parishioners



PRAYER CORNER INTENTIONS: For the sick, the suffering, the elderly, the lonely and all who find themselves on the margins of society, that they may be empowered by God's special care of them. In particular, let us remember *Michael O'Brien-Kelly, Maria Fraser, Luis Illescas Jr., Laura Meier, James Lipowy, and Karl Beischroth.* For those who have died in Christ, that they may be resurrected with Him into eternal life.

Thank you to our 8:00 am violinist, Fatima Salazar, who will be away for much of the summer before she continues her musical studies in the fall. All the best in your future endeavours.

GIFT AND INFORMATION BOOTH: The Cathedral gift booth has a selection of gifts for those receiving the first Sacraments (rosaries, prayer cards, plaques, bracelets, necklaces, etc.) as well as a wide selection of Bibles (including large print or compact), books to enhance your knowledge of the Catholic faith, the monthly Word Among us, the Sunday Missal (discounted) and much, much more. We even have Father Day's cards. Please help support the Cathedral through your purchases.

We can also provide information on the Cathedral, sacrament preparation, supply you with offering envelopes or set you up for direct debit. We are looking for volunteers for the Gift Booth in order to be open before/after each weekend Mass. If you would like to be part of our team, please contact marilyn@stmaryscalgary.ca.