



# SPRING MENU

**WE'VE PREPARED A SEASONAL MENU WITH FRESH  
INGREDIENTS FROM LOCAL SUPPLIERS FOR YOU TO ENJOY!**

Wi-Fi Password – Feedwifi  
feedgeneralstore.co.uk – 0161 3124148  
Instagram – @feedgeneralstore

Please inform us of any allergies or dietary requirements before ordering.

All of our food and drinks may contain traces of alcohol, nuts, fish, microorganisms, carbon molecules, nitrogen molecules, all molecules essential to organic matters, and possibly others which are not essential to organic matters, as well as many other airborne particles.

In particular, there will certainly be traces of celery, gluten, crustaceans, eggs, fish, lupin, milk, molluscs, mustard, nuts, peanuts, sesame seeds, soya, and sulphur dioxide, as they are regularly used in our kitchen.

Our staff are very happy to advise on the key intended ingredients for each dish. We also advise seeking medical professions for special dietary requirements and allergies.

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# SUPPLIERS



## LITTLEWOODS BUTCHERS

5 School Lane, Stockport SK4 5DE (round the corner!)

Makers of all things meaty. An amazing traditional butchers specialising in dry aged, grass fed, free range and local meat. However if your after our sausages you won't find them on the counter...its a secret recipe! You won't be short on choice for any occasion.



## THE GOOD EGG FELLAS

Unit D27 New Smithfield Market, Manchester M11 2WP

The Good Egg Fellas is an award-winning independent free range egg producer and supplier that sells direct from its farm to businesses across the UK. Grab yourself a six pack from our grocery section and get cracking!



## LOVINGLY ARTISAN BAKERY

Located in Kendal Cumbria & Altrincham Market

Hand crafted sourdough bread. Head baker Aiden recently won National Baker of The Year 2019! Pick up a loaf to take home from our grocery section.



## ORGANIC NORTH

Unit D27 New Smithfield Market, Manchester M11 2WP

Largest co-op wholesaler of organic/biodynamic produce & whole foods in the North. Soil Association certified since 1997. Committed to zero food waste.



## STRAWBERRY CATERING

12 Norbury Court, Manchester, UK M11 2NB

Manchester based supplier of fresh quality produce, direct from the source to the kitchen.



## LONG BOI'S

40 Forest Range, Manchester, M19 2HP

Neighbourhood bakery in levenshulme, serving fresh cakes and pastries daily. We worked together to create a beauty of a bun for you! The sweet potato brioche bun can be found providing a tasty home to all our smash patty burgers. An exclusive FEED X Long Boi's collaboration.



## SINGLE VARIETY JAMS

12 Norbury Court, Manchester, UK M11 2NB

Nicola started Single Variety Co back in 2016 determined to make the very best tasting fruit preserves and chilli jams that you can buy. We think she's nailed it and her jalapeño jam is our favourite as featured in our 'Staff Sandwich'. Find more flavours in our rainbow collection in store.



## PASSIONFRUIT COFFEE

25 Ayres road, Old Trafford, Manchester, M16 9WA

Since day dot we have used passionfruit mcr as our main espresso bean. We like to mix things up with guest espressos to support other independent roasteries all over the world but rest assured you will always find passionfruit to take home and in our hopper!

# OUR SUPPLIERS

# SPRING FOOD MENU

## SOURDOUGH TOAST (V/VE) – £3.30

White or 5-grain sourdough & FEED'S homemade organic butter. Your choice of ;  
Honey / Single Variety raspberry jam / Seville orange marmalade or peanut butter .

## FEED GRANOLA & YOGHURT (V/VE) – £6.25

Contains nuts (N), Homemade granola, Greek yoghurt, organic fruit compote, fresh seasonal fruit & honey drizzle  
- Available with dairy-free yoghurt + Maple syrup £1.50 (VE)

## BACON SANDWICH – £5.25

Three rashers of Littlewoods free-range cured bacon on a toasted sourdough ciabatta

- Add egg £1.25 - Add sausage £2.00

## SAUSAGE SANDWICH – £5.25

Two Littlewoods secret FEED blend sausages on a toasted sourdough ciabatta.

- Add egg £1.25 - Add bacon (2) £2.00

## HEY PESTO EGGBOWL (V) – £7.55

Soft herby scrambled egg, chestnut mushrooms, cavolo nero pesto topped with shaved gran moravia cheese and served with a slice of sourdough toast & FEED'S homemade organic butter

- Add smoked streaky bacon £1.75

- Add black pudding £1.50

## SAVOURY SCONE & JAMMY EGGS (V) – £7.25

50/50 whole wheat, cheddar and chive scone. Served toasted with FEED'S homemade organic butter, soft scrambled eggs and house herby tomato jam!

- Add black pudding £1.50 / streaky bacon £1.75

## WILD SPRING FARE (V)(N) – £8.25

Tenderstem broccoli, roasted Jerusalem Artichoke, charred spring onion, lemon & thyme sourdough croutons, organic Lancashire cheese, red pepper romesco sauce, toasted seeds and parsley oil.

-Add Poached egg 1.25

-Add Smoked Streaky Bacon £1.75

## FULL FEED – £12.00

Two slices of bacon, two sausages, Portobello mushrooms, roasted vine tomatoes, homemade beans, homemade hash brown, your choice of egg and sourdough toast (white or 5-grain) with FEED'S homemade butter.

- Add black pudding £1.50

## VEGGIE FEED (V) – £12.00

Veggie Sausage, Portobello mushrooms, roasted vine tomatoes, homemade hash brown, homemade beans, pan-fried greens, your choice of egg and sourdough toast (white or 5-grain) with FEED'S homemade organic butter.

## VEGAN FEED (VE) – £12.00

Two Vegan sausages, Portobello mushrooms, roasted vine tomatoes, homemade hash brown, homemade beans, pan-fried greens and sourdough toast (white or 5-grain) with vegan butter.

## SMASHING FEED BURGER – £6.95

4oz beef smashed patty, house pickles, organic cheddar, shredded lettuce, ketchup & house mustard. All served inside a toasted 'Long Bois' sweet potato sesame brioche bun.

- Double up patty £2 / Add smoked streaky bacon £1.75

## BAD BOY BHAJI BURGER (V/VE) – £8.25

Root vegetable bhaji burger, baby gem lettuce, house coriander green sauce, sweet chilli carrot & lime sauce. Served inside a toasted sourdough ciabatta.

It's Feed's sweet & spicy tower burger!

## NO DRAB KEBBAB – £10.95

Slow cooked crispy lamb or Stockport shrooms (v) fresh tzatziki, baby gem lettuce, pickled carrot and fennel, fermented chilli wild garlic hot sauce and fries!

Served on top of a local levy flat bread.

- Go veggie swapping lamb for Stockport grown oyster mushrooms.

## HOT HONEY FRIED CHICKEN SANDWICH £8.75

Hot sauce honey and sesame coated buttermilk fried chicken, pickled slaw, crisp baby gem lettuce & a cooling minty yoghurt all served inside a toasted sourdough ciabatta.

- Add mature organic cheddar £1.25

- Add smoked streaky bacon £1.75

## FEED FRIES – £3.50

A portion of FEED fries grown and chipped on Massey's potato farm. Available plain or with house chipotle salt.

## ROAST CAULIFLOWER SOUP(V)(VE) – £6.50

Roast cauliflower & coconut soup, topped with crispy onion and chive oil. served with toasted sourdough and FEED'S homemade organic butter!

Vegan butter available on request

## REALLY GOOD SANDWICH (V/VE) – £7.95

Black turtle beans, chipotle mayo, crispy kale, red onion, tomato, red pepper & jalapeño herby salsa, choice of vegan/organic cheddar. All inside a toasted sourdough ciabatta.

## BACON STAFF / MUSHROOM STAFF (V/VE) – £7.25

Named after a staff member's accidental creation became a best seller!

Littlewood's free range bacon or Portobello mushrooms.

Tomato, red pepper, red onion sweet & spicy salsa, jalapeño jam & organic cheddar cheese on a toasted sourdough ciabatta.

-Ask to swap cheddar for vegan cheese

- Add fried egg £1.25

## ADD-ONS

Homemade hot sauce - 50p

Bacon - £1.25

Two bacon slices - £2.00

Streaky bacon - £1.75

Sausage - £2.00

Free range egg - £1.25

Sautéed greens - £1.50

Mushrooms - £1.25

Black pudding - £1.50

Cheese - £1.25

Vine cherry tomatoes - £1.25

Home-made beans - £1.25

Gluten Free sourdough now available! (sur charge + 50p)

## FOOD MENU

# FEED THE KIDS

## BUILD A BREAKFAST

Scrambled egg - £1.25  
Littlewoods sausage - £2.00  
Homemade veggie sausage - £2.00  
Bacon - £1.25  
Mushrooms - £1.25  
Homemade beans - £1.00  
Slice of sourdough - £1.00

## KIDS GRANOLA - £3.50

Small portion of our home made granola, greek yoghurt, seasonal fruit compote, fresh fruit & honey  
- also available with coconut yoghurt & maple syrup + £1

## CHEESEY TOAST - £2.95

Organic cheddar cheese melted on sourdough toast

## KIDS FRIES - £2.00

Kids portion of plain fries

# DRINKS

## HOT DRINKS

### LOOSE LEAF TEA

**Small pot – £2.50 / Large pot – £4.50**

Earl Grey + Cornflower  
Castlefield Breakfast  
English Peppermint  
Spiced Chai  
Green Tea  
Rooibos  
Peach berry crush  
Blackcurrant & Elderflower  
Reggae refresh  
Do not disturb - A relaxing blend of chamomile, lemongrass, lavender & rosehip.

### COFFEE

Cappuccino - £2.80  
Espresso - £2.20    Americano - £2.60  
Macchiato - £2.40    Mocha - £3.10  
Cortado - £2.60    Babyccino - £1.25  
Flat White - £2.70  
Latte - £2.80

**Add syrup + 0.50**

**Caramel (sugar free) / Vanilla /  
Speculoos / Hazelnut**

### HOT CHOCOLATE

Adult - £3.00  
Kidult - £2.00  
w/ homemade marshmallow - 50p

### BEETROOT / MATCHA LATTE – £3.50

(Does not contain coffee)

### AURA CHAI LATTES – £4.00

Original Chai Latte  
Turmeric Chai Latte  
Chocolate Chai Latte  
Peppermint choc chai

## SOFT DRINKS

### FOLKINGTON'S JUICE 250ML – £2.30

Orange / Apple / Pink Lemonade /  
Summer berries/ Elderflower / Pineapple

### KARMA BOTTLES 330ML – £2.60

Kola / SF Kola / Orangeade / Lemony Lemon  
/ Gingerella / Razza Raspberryade

### FOLKINGTON'S FIZZY 250ML – £1.50

Apple & Rhubarb / Lemon & Mint/  
Elderflower presse

### HIPHOP KOMBUCHA – £2.95

- Blueberry & Ginger  
- Strawberry & Pineapple  
- Ginger & Yuzu

### BOTTLED WATER – £1.10

Still / Sparkling

## MILKSHAKES - £5.50

-ALL OF OUR ICE CREAMS ARE MADE IN HOUSE  
& SUBJECT TO AVAILABILITY

### HONEYCOMB

Honeycomb ice-cream, organic milk, house  
caramel, and honeycomb crumble.

### DOUBLE CHOCOLATE

Rich chocolate ice-cream,  
organic milk, chocolate fudge sauce & a salted  
dark chocolate crumb.

### MBB – MALTED BANANA BISCOFF

Malted banana biscoff ripple ice cream,  
organic milk, biscoff sauce and dark chocolate  
curls.

**+ Peanut butter £1**

### VANILLA BIRTHDAY CAKE

Vanilla bean ice-cream, organic milk,  
raspberry sauce, birthday cake crumb and  
rainbow sprinkles.

## SEASONAL SPECIALS

### PEACH BERRY ICED TEA - 4.00

A juicy blend of apple, peach, melon & hibiscus with a tropical splash of pineapple & papaya.  
Cold brewed and served over ice with a lemonade top.  
**+ tarsier pink gin for a tasty tea tippie + £2**

### REGGAE REFRESH ICED TEA - 4.00

Mango and papaya with a lemon grass base. A touch of ginger is added and a dash of lavender  
to create this Jamaican inspired tea. Cold brewed and served over ice with a lemonade top.  
**+ rum to make it boozy + £2**

### "AFFOGATO" £3.50

Espresso + Ice cream, Choice of either honeycomb / vanilla bean/ chocolate.  
(All of our ice cream is made in house!)

### ADD-ONS

#### MAKE IT BOOZEY – £2.50

Cointreau / Baileys / Kahlua / Amaretto / Bourbon

#### ALTERNATIVE MILK – 40p

Oat milk, Sproud pea milk (gf), Almond milk (N)

## KIDS' MENU + DRINKS

# BEER, CIDER, WINE + COCKTAILS

DRINKS SERVED ALL DAY!

## BEER

### DRAUGHT

We serve our draught beers in ½, ⅔, & 1 pint glasses.  
To promote as many breweries as possible we like to switch up the kegs we stock.

Please visit the counter or ask a member of staff for more info on what we have available today.

### BOTTLES + CANS

#### SHINDIGGER CAN - 440ML

Sessions - £3.30

Mango Unchained - £3.70

Lager - £3.30

## CIDER

**GALIPETTE ORGANIC CIDER 330ML – £3.50**

**CAREYS ORGANIC CIDER 500ML – £4.00**



## WINE LIST

### RED

175ml 250ml Bottle

#### DAO RED (VE)

£5.95 £6.95 £18.95

From a co-operative of small vineyards of the Dao region. It has a light cherry aroma and a touch of peppery spice. Dry, lively, juicy and fresh! A perfect house wine.

#### SAMURAI SHIRAZ

£5.95 £7.95 £24.95

Samurai Shiraz Free Run Juice, natural wine, low intervention, ripe and raw Aussie red, crimson red, plum, spice and vanilla.

### ROSE

#### DAO ROSE

£5.95 £6.95 £18.95

A salmon pink modern style rose, light, fresh and fruity with notes of minerals and red berries. Made by a co-operative of small vineyards in the Dao region of Portugal.

### WHITE

#### DAO WHITE

£5.95 £6.95 £18.95

Made by a co-operative of small vineyards in the Dao region of Portugal. An aromatic mix of peach, pear and almonds it has a delicate texture that makes it far more interesting than the average house white.

#### SAMURAI CHARDONNAY

£5.95 £7.95 £24.95

Samurai Chardonnay Free Run Juice, natural wine, low intervention, clean, fresh and fruity. Vegan friendly

## COCKTAILS

### HOUSE BLOODY MARY – £8.00

Pressed tomato juice, house jalapeno pickle, Worcester sauce (ve & gf), garlic, fresh cucumber, house hot sauce, cracked black pepper & lime served with ice, pickled green beans and a glug of sacred spiced vodka.

**A Perfect brunch companion or hair of the dog!**

### RED SNAPPER – £8.00

Pressed tomato juice, house jalapeno pickle, Worcester sauce (ve & gf), garlic, fresh cucumber, house hot sauce, cracked black pepper & lime served with ice, pickled green beans and a dash of Tarsier Khao San Gin\* (founded & distilled in Stockport).

**A perfect brunch companion or hair of the dog!**

### ICED G & TEA – £6.00

Cold brewed loose leaf iced tea\*

Peach berry crush & Gin, strawberries & lemonade  
Reggae Refresh & Rum, lime and ginger ale.

**\*Stockport's own Tarsier gin available to purchase in store**

BEER, CIDER, WINE + COCKTAILS