



Cheryl Lutz

Resting Securely in God's Embrace

“You can shatter the people-pleasing idol and find rest in God's embrace.”

About Cheryl

While serving as a pastor's wife, Bible study teacher, and women's ministry leader, Cheryl was finding her identity in the approval of others for many years. The endless striving brought her to a place of complete spiritual, physical, and emotional exhaustion.

She was not living as one who was secure in her Heavenly Father's love until a therapist helped her realize she had made people an idol.

As the founder of Securely Held Ministries, Cheryl helps women live free from the lies of their past as they make their Heavenly Father's arms their place of refuge and strength.

"He will cover you with His feathers, and under his wings you will find refuge."
(Psalm 91:4)



Booking Information

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Signature Message

Shattering the People-pleasing Idol

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do." Ephesians 2:10 (NIV)

Are you exhausted from finding your identity in your accomplishments and other peoples' opinions of you?

Using Scripture, engaging stories, and an infectious laugh, Cheryl brings a message of learning to untangle ourselves from the expectations of others, so we can run freely in the path our Heavenly Father has set for us!

Audience Benefit: You will create space in your life for the people and ministries that matter most, as you realize that over-committment (even in good works!) is not what He designed for you.



"Cheryl is funny, spirit-filled, and has a graceful way of sharing JESUS."
- Natasha, AL

"Cheryl is authentic & real! The message "Securely Held" is one that every woman needs to hear!"
- Shelly, FL