

Clinic Policy

We have updated some of our clinic policies to align with current federal and state prescribing recommendations. These changes have been made with your best interests at heart and will help us to continue to provide the highest level of care.

Health Summary

If you haven't seen a Heyday doctor in **12 months**, we may ask for a health summary from your regular GP. Don't worry, health summaries are easy to get and we can even request them for you. They help us understand your current health status so we can continue providing the best care possible.

If you've had significant changes in your health, we might ask for a health summary even if you've been coming for regular follow-ups. This ensures safe and responsible ongoing prescribing of medical cannabis.

Required Follow-ups

It's important to have regular check-ins with your doctor, as required by the TGA. For any patient using THC flower, this will now need to be every **3 months**, or as advised by your Heyday doctor.

If we haven't seen you for **12+ months**, we'll need a longer consultation along with a health summary from your regular GP. This \$150 consultation allows us to thoroughly review your current health status and future health goals.

Overdue Follow-ups

Appointment reminders are sent via text **14 and 7 days** before the due date from Hotdoc. If you are due for a follow-up but haven't booked, Hotdoc will send you an automatic email reminder.

If you do not book an appointment as required, your prescriptions may be held or cancelled until you've been reviewed by your doctor. This would only occur for safety reasons.

Script Repeat Limit

Maximum of 5 repeats per medication once you are stable on your medical cannabis regimen.

Maximum 4 inhalation products including vape cartridges.

Monthly Flower Limit

Over 25 years old

No more than 60 grams per month.

Under 25 years old

No more than 40 grams per month.

- Must use CBD medication if using THC flower to protect the developing brain.
- THC flower max strength will not exceed 25%.