

Deanna Cohen *Feng Shui*

EAST / WEST Directions School (aka) Eight Mansions System

The purpose for this program is to give you the tools to implement one of the important schools of Feng Shui. It has to do with furniture placement and orientation, so that your environment supports you in having good health, loving relationships, professional success, financial success and peace of mind. There are 2 other schools of Feng Shui that I implement when doing a complete Feng Shui consultation, but this is a good place to begin and a system you can do on your own to get started.

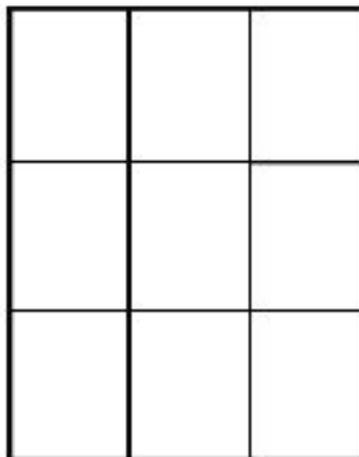
THE PROCESS

(read through from start to finish before starting the process)

Firstly,

Create an **accurate floor plan** of your home or work place or any space you want to work on. From here on end I will refer to the environment you are working on as the “space”.

Once you have your floor plan drawn you will superimpose a grid over it. The grid is made up of 9 equal parts or what are called quadrants, that looks like this.



Make it fit so that it covers the entire floor plan. If it doesn't fit perfectly, not to worry, you may have some areas that are empty or partially empty. This is not a problem. The grid may need to be made longer or wider to fit your floor plan. The important thing is that the quadrants all be the same size. ***In each of the quadrants write the compass direction for that quadrant based on your compass reading.***

Secondly: How to Take the Compass Reading

Determine where to stand to take the compass reading. Where you stand is determined by which area of the house is the most Yin. I have listed the characteristics of what determines a yin space and a yang space below. Stand with your back against the wall so that you are facing into the room that is the YIN side of the space. The following are the qualifications for what makes the area yin or yang.

Yin

Private areas
Darker areas
Bedrooms and less active areas
Closed

Yang

Public areas
Lighter, brighter areas
Spacious and more active area
Open

Once you have taken the compass reading you will now have what is called the space's **direction**. It will be one of the 8 compass directions; North, South, West, East, North West, North East, South West or South East.

Now that you know your COMPASS DIRECTION determine which Trigram Type is yours by referring to the list of directions below.

Once you've determined your **TRIGRAM TYPE**, place the **LETTER, A, B, C, D, E, F, G, H**, in each of the 8 compass directions on your floor plan that correspond to the 8 areas of your space, omitting the center quadrant.

You will then refer to the letter for each quadrant to find out the **attributes** for each area of the house. For example, the **North West** for a space that has a **West** direction and the **Trigram Dui** put the **LETTER A**. **A** stands for good fortune, great fame and the best location for productivity, and so on.

Direction is WEST

Trigram Type DUI: The element is Metal. Colors are: white, gold, silver & grey

FAVORABLE Directions:

North West **A** Good fortune, great fame, best location for productivity

South West **B** Good for wealth and helpful friendships

North East **C** Good for health and family harmony and good public relationships

West **D** Best for sleeping and meditation, peace and good management

UNFAVORABLE Directions:

- North** **E** Arguments and potential lawsuits
- South East** **F** Misfortune and malicious influences
- South** **G** Accidents, disasters, evil influences
- East** **H** Worst Direction, unproductive career and poor finances, robberies

Trigram Type: NORTH EAST

GEN: **The element is Earth. Colors are: yellow, tan, and earth tones**

FAVORABLE Directions:

- South West** **A** Good fortune, great fame, best location for productivity
- North West** **B** Good for wealth and helpful friendships
- West** **C** Good for health and family harmony and good public relationships
- North East** **D** Best for sleeping and meditation, peace and good management

UNFAVORABLE Directions:

- South** **E** Arguments and potential lawsuits
- East** **F** Misfortune and malicious influences
- North** **G** Accidents, disasters, evil influences
- South** **H** Worst Direction, unproductive career and poor finances, robberies

Trigram Type: SOUTH WEST

KUN: **The element is Earth. Colors are: yellow, tan and earth tones**

FAVORABLE Directions:

- North East** **A** Good fortune, great fame, best location for productivity
- West** **B** Good for wealth and helpful friendships
- North West** **C** Good for health and family harmony and good public relationships

South West **D** Best for sleeping and meditation, peace and good management

UNFAVORABLE Directions:

East **E** Arguments and potential lawsuits

South **F** Misfortune and malicious influences

South East **G** Accidents, disasters, evil influences

North **H** Worst Direction, unproductive career and poor finances, robberies

Trigram Type: NORTH WEST

QIAN: The element is Metal. Colors are: white, gold, silver and grey

FAVORABLE Directions:

West. **A** Good fortune, great fame, best location for productivity

North East **B** Good for wealth and helpful friendships

South West **C** Good for health and family harmony and good public relationships

North West **D** Best for sleeping and meditation, peace and good management

UNFAVORABLE Directions:

South East. **E** Arguments and potential lawsuits

North. **F** Misfortune and malicious influences

East **G** Accidents, disasters, evil influences

South **H** Worst Direction, unproductive career and poor finances, robberies

Trigram Type: NORTH

KAN: The element is Water. Colors are: blue and black

FAVORABLE Directions:

South East **A** Good fortune, great fame, best location for productivity

- East** **B** Good for wealth and helpful friendships
- South** **C** Good for health and family harmony and good public relationships
- North** **D** Best for sleeping and meditation, peace and good management

UNFAVORABLE Directions:

- West** **E** Arguments and potential lawsuits
- North West** **F** Misfortune and malicious influences
- North East** **G** Accidents, disasters, evil influences
- North West** **H** Worst Direction, unproductive career and poor finances, robberies

Trigram Type: EAST

ZHEN: The element is Wood Color is green

FAVORABLE Directions:

- South** **A** Good fortune, great fame, best location for productivity
- North** **B** Good for wealth and helpful friendships
- South East** **C** Good for health and family harmony and good public relationships
- East** **D** Best for sleeping and meditation, peace and good management

UNFAVORABLE Directions:

- South West** **E** Arguments and potential lawsuits
- North East** **F** Misfortune and malicious influences
- North West** **G** Accidents, disasters, evil influences
- West** **H** Worst Direction, unproductive career and poor finances, robberies

Trigram Type: SOUTH EAST

XUN: The element is Wood Color is green

FAVORABLE Directions:

- North** **A** Good fortune, great fame, best location for productivity
- South** **B** Good for wealth and helpful friendships
- East** **C** Good for health and family harmony and good public relationships
- South East** **D** Best for sleeping and meditation, peace and good management

UNFAVORABLE Directions:

- North West** **E** Arguments and potential lawsuits
- West** **F** Misfortune and malicious influences
- South West** **G** Accidents, disasters, evil influences
- North East** **H** Worst Direction, unproductive career and poor finances, robberies

Trigram Type: SOUTH

Li The element is Fire. Colors are red, purple, maroon, or magenta

FAVORABLE Directions:

- East** **A** Good fortune, great fame, best location for productivity
- South East** **B** Good for wealth and helpful friendships
- North** **C** Good for health and family harmony and good public relationships
- South** **D** Best for sleeping and meditation, peace and good management

UNFAVORABLE Directions:

- North East** **E** Arguments and potential lawsuits
- South West** **F** Misfortune and malicious influences
- West** **G** Accidents, disasters, evil influences
- North West** **H** Worst Direction, unproductive career and poor finances, robberies

Thirdly,

You will now want to discover which areas of the house are your personal best areas, and your best directions for furniture placement. In order to do that you will want to look up the year of your birth. This will give you your personal trigram.

Female Years are different than Males Years so be sure you are looking at the correct list.

THE YEAR OF YOUR BIRTH, TRIGRAM, DIRECTION, THE ELEMENT AND COLORS ASSOCIATED WITH THE DIRECTION

Once again, please note: **Females and Males are different.**

Every 9 Years it Repeats

IF YOU WERE BORN BEFORE FEBRUARY 4TH THEN YOU WERE BORN IN THE PREVIOUS TRIGRAM THAN THE ONE INDICATED FOR YOUR YEAR

FOR FEMALES:

<u>Birth Year</u>	<u>Trigram</u>	<u>Direction.</u>
1930, 1939 1948, 1957	Gen	Northeast
1931, 1940 1949, 1958	Li	South
1932, 1941 1950, 1959	Kan	North
1933, 1942 1951, 1960	Kun	Southwest
1934, 1943 1952, 1961	Zhen	East
1935, 1944 1953, 1962	Xun	Southeast
1936, 1945 1954, 1963	Gen	Northeast
1937, 1946 1955, 1964	Qian	Northwest
1938, 1947 1956, 1965	Dui	West
1966, 1975 1984, 1993	Gen	Northeast

1967, 1976 1985, 1994	Li	South
1968, 1977 1986, 1995	Kan	North
1969, 1978 1987, 1996	Kun	Southwest
1970, 1979 1988, 1997	Zhen	East
1971, 1980 1989, 1998	Xun	Southeast
1972, 1981 1990, 1999	Gen	Northeast
1973, 1982 1991, 2000	Qian	Northwest
1974, 1983 1992, 2001	Dui	West

IF YOU WERE BORN BEFORE FEBRUARY 4TH THEN YOU WERE BORN IN THE PREVIOUS TRIGRAM THAN THE ONE INDICATED FOR YOUR YEAR

Every 9 Years it Repeats

FOR MALES

<u>Birth Year</u>	<u>Trigram</u>	<u>Direction</u>
1930, 1939 1948, 1957	Dui	West
1931, 1940 1949, 1958	Qian	Northwest
1932, 1941 1950, 1959	Kun	Southwest
1933, 1942 1951, 1960	Xun	Southeast
1934, 1943 1952, 1961	Zhen	East
1935, 1944	Kun	Southwest

1953, 1962

1936, 1945
1954, 1963

Kan

North

1937, 1946
1955, 1964

Li

South

1938, 1947
1956, 1965

Gen

Northeast

1966, 1975
1984, 1993

Dui

West

1967, 1976
1985, 1994

Qian

Northwest

1968, 1977
1986, 1995

Kun

Southwest

1969, 1978
1987, 1996

Xun

Southeast

1970, 1979
1988, 1997

Zhen

East

1971, 1980
1989, 1998

Kun

Southwest

1972, 1981
1990, 1999

Kan

North

1973, 1982
1991, 2000

Li

South

1974, 1983
1992, 2001

Gen

Northeast

Once you know your **Personal Trigram** return to the **Trigram Type** so that you can determine your personal favorable and unfavorable directions so that you can determine what areas of the house are your **favorable** areas and which are not. Again, place your **personal favorable** or **unfavorable LETTER** in each of the areas of the space that match your **Personal Trigram**.

If the favorable and unfavorable areas of the house do not match your personal favorable and unfavorable areas, the house's favorable areas takes precedence. Utilize the favorable areas of the house and place your furniture in the directions that are your favorable personal directions. This creates the balance you need.

You will want to arrange your furniture so that you are sitting or lying in your favorable directions whenever possible. Your head when lying down should be in your favorable direction. When sitting your back should be in your favorable direction.

It is VERY IMPORTANT to know how to understand your personal directions so you don't get them backwards!!!

Think of it this way: When you are lying down, put the top of your head in your favorable direction. That's your favorable direction. Now when you sit up in bed, your back is now in the same direction your head was. So now your back is in your favorable direction, not your face. Your face is looking toward your unfavorable direction, while your back is in your favorable direction. Very important to get right, otherwise everything is wrong.

Fourthly,

You will want to improve your Feng Shui by using the **colors** that are associated with your **personal trigram** for the colors used in your bedroom. Your colors are listed beside your Trigram Type. For example, if you are a TRIGRAM TYPE **DUI**, you will want to use the colors white, grey, gold or silver predominately in the bedroom. You could for example paint the walls in your personal colors. This will make a difference to your well being. The bedroom is the most important room to create good Feng Shui, so it is best that the bedroom be in a favorable area of the house and that your bed direction is one of your 4 favorable directions and that you are surrounded by your personal colors.

Finally,

If you have any difficulty with placing the grid on your floor plan and figuring out your favorable and unfavorable areas, and the placement of your furniture, you can schedule a private consultation with me where I will place the grid on your floor plan for you, take you through the entire process of implementing the system, and answer your concerns and questions.

Wishing you *Good Feng Shui!*

Deanna Cohen